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Trilogy tied up

THIRD AND FINAL SEASON OF HIT DRAMA SPLIT AIRING ON BBC1

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Soul-soothing Indian cuisine

Most chefs have a few stories about cooking as a child – food is a passion, and for many, this starts young.

While Asma Khan has plenty of food-related stories from her youth though, she didn't actually learn how to cook until she got married.

In fact, Khan had no desire to cook at all growing up – "I just wanted to eat," she says with a laugh – and didn't see a need to learn. "I didn't imagine I would leave home and leave India. The presumption was, I would have an arranged marriage into another family similar to mine, where people would have cooks and other people – grown-ups – who would cook," she recalls. "I thought I was a child, people are going to feed me – I'm never going to grow up in my life."

Khan did have an arranged marriage, but found herself somewhere quite different – the UK. "I was suddenly in a foreign land with a stranger," she says – and she swiftly realised the best way to connect back to her family and the country she left was through cooking.

"Food became my way of going home, but it also became my language of love,"

BY PRUDENCE WADE

she explains. "I was cooking not because I enjoyed cooking – I was cooking to heal, and feed and nourish others. I realised Ammu (her mother) did that her whole life, too."

Luckily, Khan's first adventures in the kitchen were relatively successful. She started with easy dishes, like parathas and koftas, and the recipes came easily because she was already so familiar with them.

"I knew how to cook, but I didn't know how to cook," she says. Reflecting on her childhood in the kitchen, she explains: "The food that was being cooked, even though I didn't know how it was being made, I knew the aromas, I knew the sounds – the sizzle of the cumin, the popping of the mustard seeds, the smokiness of the dried chillies... I knew how to recreate these dishes very quickly, because you just have to watch it done once from beginning to end."

That's why Khan spends so much time

in her new cookbook, Ammu, describing the sensory experiences of cooking – how dishes should taste and smell, rather than focusing purely on things like cooking times. "Ammu" is the affectionate term for "mother" for Bengali Muslims – and it was

important for Khan to write it in her mother Faizana's lifetime.

It's full of family recipes, stories from both Khan and her mother's childhoods, and plenty of pictures – something Faizana was shocked Khan managed to collect.

Khan's top tip for cooking is to take your time.

"The most expensive ingredient you put into a dish – time. For me, that is the core of how I still cook," she says.

"It's about time and generosity – I don't cook to impress. Heal and nourish has been my philosophy from the time I learned to cook."

● **Ammu: Indian Home-Cooking To Nourish Your Soul by Asma Khan is published by Ebury Press, priced £26. Photography by Laura Edwards.**



ZARDA RECIPE – SWEET RICE WITH SAFFRON AND NUTS

(SERVES 4-6)

INGREDIENTS

- ½tsp saffron strands
- 2tbsp milk
- 250g basmati rice
- 100g ghee or butter (or flavourless vegetable oil), plus extra for greasing
- 6 cloves
- 8 green cardamom pods
- 40g each shelled unsalted pistachios and unsalted blanched almonds, cut into thick slivers
- 30g dried apricots, cut into small cubes
- 150g granulated sugar
- 2tbsp kewra (screwpine) water or rose water

METHOD

1. Put the saffron in a small bowl, warm the milk to tepid and pour over the saffron strands.

2. Gently wash the rice in a large bowl with cold water (not under running water as this will break the tips of the rice, which will make the rice sticky). Change the water several times until it looks clear, then soak the rice in cold water for at least 30 minutes or up to three hours. Drain the rice well in a strainer.

3. Bring one and a half litres of water to the boil in a large pan. Add the rice once



the water is boiling and boil until it is half done. It is hard to give an exact time for this as there are too many variables, but the way to check is to remove a single grain of rice from the hot water and squeeze it between your fingers – there should still be a hard core of slightly uncooked rice. Drain the half-cooked rice in a strainer and spread the rice thinly on a platter to cool and prevent it from continuing to cook.

4. Preheat the oven to 180°C/160°C fan/ Gas 4.

5. Heat the ghee or butter in a heavy-based pan over a medium-high heat. Add the cloves and cardamoms, followed by

the pistachios, almonds and apricots. Add 250ml of cold water and the sugar and stir until the sugar dissolves.

6. Butter a casserole dish and add the rice, then pour over the warm, spice-infused sugar syrup. Add the saffron-infused milk and stir gently to ensure the saffron is evenly distributed. Cover tightly with foil and bake for 15 minutes.

7. Take the dish out of the oven. Gently fluff the rice, then re-cover and bake for another 10-15 minutes. Remove the foil and leave the dessert to stand for a few minutes.

8. Sprinkle the kewra or rose water over the warm rice before serving.

CHICKEN BIRYANI

(SERVES 6)

INGREDIENTS

- 200g plain flour
- 500g good-quality basmati rice
- 5tbsp salt
- ½tsp saffron strands
- 80ml full-fat milk
- 8tbsp ghee or vegetable oil (sometimes I mix both and it works really well)
- 2 white onions, thinly sliced into half moons
- 1kg skinless chicken thighs, on the bone
- 3 garlic cloves, crushed
- 5-6cm piece of fresh ginger, grated
- 2tbsp full-fat Greek-style yoghurt
- ½tsp chilli powder
- 2 green cardamom pods
- 2 cloves
- 1cm piece of cinnamon stick
- 1cm piece of mace, crushed
- ¼tsp grated nutmeg
- ¼tsp sugar
- Juice of ½ lemon

METHOD

1. Mix the flour with enough water to make a firm dough, cover and leave to rest.
2. Wash the rice in a bowl of cold water, moving your hand in gentle circular movements in one direction to avoid breaking the delicate tips of the rice (the virtually invisible tips, if broken off, will boil rapidly when the rice goes into the hot water, because of their size, and turn into glue-like starch, which will make all the rice sticky).
3. Wash the rice in several changes of cold water until the water remains clear. Next, soak the rice. There should be at least 15-20cm of water in the bowl above the rice level. Add six teaspoons of the salt and soak the rice for at least two hours. The long soaking allows the rice to absorb water. As the rice is not hollow and dry when it is put into boiling water, the cooking time is minimised – this will help keep your rice grains long and separate.
4. Put the saffron in a small bowl. Warm the milk to tepid. My mother would describe it as blood temperature – if you touch the milk it should feel only slightly warm. If you are using a microwave to heat the milk, remember to stir the milk before checking the temperature as there may be hot spots. Pour the tepid milk over the saffron and set aside to infuse.

5. Heat the ghee or oil in a heavy-based pan over a medium-high heat and fry the onions until caramelised. Using a slotted spoon and leaving as much of the oil in the pan as possible, remove the onions to a plate, spreading them across the plate to cool.

6. Remove half the oil from the pan and set aside. In the remaining oil add the chicken and cook over a medium-high heat until golden brown on both sides. Add the garlic, ginger, yoghurt, chilli powder and two teaspoons of the salt and cook over a medium-high heat until the garlic and ginger have lost their raw smell and the yoghurt has reduced. Add half the caramelised onions, then add warm water to cover the chicken, bring to the boil, then cover and simmer for about 25 minutes. You do not want the chicken to be tender – it should still be firm, as it will be cooked further with the rice.

7. Drain the soaked rice. Boil the kettle and pour the water into a large pan. Bring back to the boil, add another six teaspoons salt, then add the drained rice and boil until the rice is three-quarters cooked (this should not take more than five minutes). To test, remove one grain from the boiling water and squeeze it. There should be a hard core to the grain of rice. When the rice reaches this stage, drain and spread it on a tray to prevent it from continuing to cook.

8. To assemble the biryani you will need a heavy-based pan with a tight-fitting lid. Using a slotted spoon, remove the chicken from its cooking liquid and place it in the pan. Strain the cooking liquid and pour over the chicken. Try to squeeze as much as you can from the onion/ginger/garlic residue, so the stock is nice and thick. It should just about cover the chicken pieces. Next, add the cardamom, cloves, cinnamon, mace and nutmeg. Add half the saffron milk, the sugar and squeezed lemon juice. Then add the rice, ensuring it covers the chicken. On top of the rice add the remaining caramelised onions, the remaining saffron milk and the reserved oil.

9. Put the biryani pan over a high heat and wait until the steam starts coming out. Let the steam come through for one minute. Meanwhile, roll the dough into tubes and use the dough to seal the lid of the biryani pan. Put the pan on top of an iron frying pan or tawa over a medium-high heat – this is to diffuse the heat. If you do not have an iron pan, put the biryani into a preheated oven at 190°C for 10 minutes. After 10 minutes, turn the oven to 150°C and leave for 20 minutes. If you are using a tawa on the hob, reduce the heat to low, cover the top of the pan with a folded clean kitchen cloth and leave for 20 minutes.

10. When ready to serve, unseal the biryani lid. Using a large spoon and starting from one side, gently lift the chicken up and mix with the rice. You need to gently merge the wet rice with the dry rice on top, so each grain is perfectly moist.

Drinks

TWO RUNWAY-READY COCKTAILS INSPIRED BY FASHION INDUSTRY ICONS

"Much like the outfits we choose to wear, the cocktails we choose to drink can say a lot about who we are," Jennifer Croll writes in her new book, *Dressed To Swill: Runway-Ready Cocktails Inspired By Fashion Icons*.

The book promises 60 tribute cocktails dedicated to fashion icons including Karl Lagerfeld, Kate Moss, Lady Gaga and David Bowie. Here are two favourites to get the fashionable party started...

THE VIVIENNE WESTWOOD

"Fashion's punk godmother Dame Vivienne Westwood knows how to raise hell. The ground-breaking designer helped create a subculture with her provocative clothing,

and today uses her runway shows as a stage for activism.

"Despite her anti-authoritarian tendencies, she's been embraced as a British cultural icon. Westwood's cocktail is green, much like her politics..."

● **INGREDIENTS:** 2 shots Hendrick's Gin, 1 shot matcha syrup, 1 shot fresh lemon juice, 1 egg white. Lemon twist to garnish.

● **METHOD:** Half-fill a cocktail shaker with ice. Add all ingredients and shake. Strain into a coupe glass and garnish.

THE ALEXANDER MCQUEEN

"The controversial creative impulses of Alexander McQueen made an indelible mark on fashion during his too-short reign

as the industry's most-beloved provocateur.

"McQueen's death at age 40 rocked the world. His memorial was attended by 2,500 people including fashion royalty such as Kate Moss and Naomi Campbell. The cocktail he inspired contains Scotch and a healthy dose of nonconformity."

● **INGREDIENTS:** One-and-a-half shots single malt Scotch, half shot crème de cassis, half shot fresh lemon juice, 3 shots ginger beer. Lemon wedge to garnish.

● **METHOD:** Half-fill a cocktail shaker with ice. Add all ingredients except ginger beer and shake. Strain into a large rocks glass filled with ice, top with ginger beer, and garnish.



The Vivienne Westwood cocktail

A Simple recipe for success

Jim Kerr is reflecting on his time in Simple Minds.

"We had no idea the road this thing was going to take," he says. "We had no idea if it would last more than 40 weeks, never mind 40 years. We knew nothing."

The exuberant, chatty frontman has cause to look back.

The band he formed with childhood friend, guitarist Charlie Burchill, is finally setting off on a greatest hits tour – a little later than expected due to Covid – and has a new single out marking the anniversary of its first gig – at Glasgow's Satellite City on January 17 1978.

The best-known Simple Minds songs – for example, the classy, radio-ready hits Don't You (Forget About Me) and Alive and Kicking – sound miles away from the band's rough and tumble origins on the Glaswegian pub and club circuit in the late '70s.

The group's new song, the post-punkish Act Of Love, reimagines the track they used to open their sets with.

"We thought it was really good and all that because you had to really make an impression – you had no reputation," explains Kerr.

"People were there and the song, if they didn't like it, they would soon let us know."

"And you may not get to finish the rest

BY ALEX GREEN

of the set because it was rough, some of the places."

Since those early days, Simple Minds have sold more than 60 million records and scored five No 1 albums in the UK.

The band has featured an ever-changing roll call of members, though Kerr and Burchill have maintained its core.

"The first impression was gratitude," says Kerr, when asked how he feels about the last four decades.

"How lucky... How many people get to live their dream? We're so fortunate to have this passion to begin with."

"A lot of people, they either can't decide what their passion is or they never really find a passion – or they do find it but somehow they don't get to make a life out of it. And we feel very fortunate to have had the opportunity that we've had."

"We also worked really hard. We also sacrificed a lot. At the end of the day, if you can make your life out of something that otherwise you would have done for free... What a gift."

Did he struggle with the fame? "No, that's what we wanted. We wanted to go on the road. We wanted to go and play live."

"That was the culture. It was those



clubs. Some of them were rough around the edges. It's the best job in the world."

Nowadays, Kerr, 62, is more likely to be spotted in the Sicilian hilltop town of Taormina, where he has spent much of the past two decades and owns a boutique hotel. He has two adult children – Yasmin, from his marriage to Chrissie Hynde of the Pretenders; and James, from his marriage to actress and model Patsy Kensit.

The immense influence of Simple Minds (the most commercially successful Scottish band of the '80s) might go to one's head. But if that was ever the case during the group's heyday, Kerr is now

more tranquil. Asked about the key to lasting success, he says: "There's a million factors. I always say luck and then well-meaning people around me will say, 'It's not just luck – you work hard.' But it is luck. Well, at least luck is a huge thing."

He also credits the influence of Burchill, a friend since the age of eight. "If we hadn't been in the same class together, hadn't met, I would be driving a taxi," he admits.

At the heart of Simple Minds is the relationship between Kerr and Burchill – two rock and roll survivors who have never allowed their friendship to sour.

Kerr is candid about their closeness.

"I have been saying a lot how lucky we

Latest music OUR PICK OF THIS WEEK'S

WALT DISCO
UNLEARNING

Dressing for an evening at the Blitz Club in 1981, the six-piece take musical inspiration from that time also, specialising in melodramatic New Romantic styles with a contemporary twist. Unlearning was mostly recorded in a Glasgow flat during lockdown, though you would never guess as it is expansive and exuberant rather than claustrophobic. There are earworm tunes like Selfish Lover and My Dear, and lyrical themes of discovery and heartbreak, and the idea that it is never too late to become what you might have been.

ALBUM OF THE WEEK

MICHAEL BUBLÉ
HIGHER

Although his dulcet tones throw you back to the era of Frank Sinatra, this album also has a touch of modern pop, particularly in Barry White's You're The First, The Last, My Everything. Of the 13 tracks on this album, just three are original songs, showcasing the jazz singer's song-writing skills which are often overlooked in favour of covers.

The opening number, I'll Never Not Love You is a love anthem tailor-made for a Hollywood rom-com, in contrast with

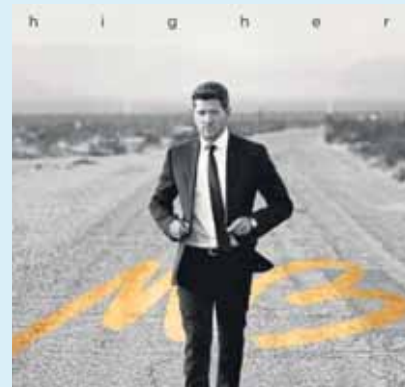
Higher which feels as though it could accompany an Argentine Tango, while Mother is a slow and emotional piece.

The album is a star-studded ensemble, featuring country legend Willie Nelson's grizzled voice in a duet of Crazy.

The album ends with Charlie Chaplin's classic Smile, alongside a gospel choir elevating it to new heights.

Bublé gives a fresh take on timeless classics – the recipe to his long-lasting success.

But the original songs on this album are so good that you cannot help but crave more.



NEW TO STREAM

SLOW HORSES 6 EPISODES, APPLE TV+ THRILLER

Gary Oldman leads a six-part espionage thriller based on the first book in author Mick Herron's series of novels. MI5 agent River Cartwright (Jack Lowden) pays a heavy price for a bungled operation and is sidelined to Slough House, known as a dumping ground for operatives who have made career-ending mistakes. River joins other agents, considered liabilities in the field, under misanthropic boss Jackson Lamb (Oldman), who expects team members to eventually resign through boredom. The "slow horses", as they are known, unexpectedly gallop back into action when they become entangled in a dangerous plot.



WELLINGTON PARANORMAL – SEASON 4 6 EPISODES, NOW COMEDY

This fourth series of Wellington Paranormal is reportedly the final helping of the New Zealand-based police comedy with a supernatural twist, which screens on Sky Comedy and streams exclusively on Now. Season four begins with Minogue (Mike Minogue) and O'Leary (Karen O'Leary) investigating the theft of shiny objects from around the country's capital, including the "W" from the Wellington sign. The perplexed duo eventually come face-to-face with their suspect – a half-bird, half-human creature.



Deep-dish nostalgia

LICORICE PIZZA (15) BUY, DOWNLOAD OR STREAM COMEDY/ROMANCE

No-nonsense 25-year-old photographer's assistant Alana Kane (Alana Haim) entertains romantic overtures from teenage star Gary Valentine (Cooper Hoffman). She chaperones him to New York for a public appearance and then briefly dates his rival (Skyler Gisondo) to the dismay of her smitten ward. The topsy-turvy relationship recalibrates when Gary starts a waterbed business and invites Alana to dip her toes into the shallow end of the showbusiness pool where he paddles. Close encounters with gung-ho actor Jack Holden (Sean Penn), sexually voracious film producer Jon Peters (Bradley Cooper) and fresh-faced mayoral candidate Joel Wachs (Benny Safdie) give Alana bountiful food for thought. Taking its title from a California music store chain and the slang term for a vinyl record, Licorice Pizza is a nostalgia-drenched coming-of-age yarn which chronicles pangs of first love in 1973 San Fernando Valley. Haim delivers an endearing portrayal of a free spirit, who is California dreamin' of something better than the wandering hands of her boss.



Hoffman is almost as beguiling in his debut role, exuding optimism in every impeccably period-detailed scene. Their first meeting is captured in the zinging dialogue of writer-director Paul Thomas Anderson's script, where prideful boasts ("I'm a showman – it's my calling") are offset by flashes of painful and piercing self-realisation ("I don't know how to do anything else"). Licorice Pizza is scruffily charming and aimless like the characters.

THE BUBBLE (15) NETFLIX COMEDY/ACTION/ROMANCE

Hollywood in-jokery abounds when writer-director Judd Apatow and co-writer Pam Brady conceive an all-star action franchise about flying dinosaurs, which shoots its sixth instalment during the pandemic. A group of actors quarantine in a hotel in England during production of the fantasy epic Cliff Beasts 6. Returning cast members Carol Cobb (Karen Gillan), Dustin Mulray (David Duchovny), Howie Frangopolous (Guz Khan), Lauren Van Chance (Leslie Mann) and Sean Knox (Keegan-Michael Key) are joined by fresh faces as tensions run high in front of and behind the cameras.



BETTER NATE THAN NEVER (PG) DISNEY+ MUSICAL/COMEDY

Better Nate Than Never is a feelgood musical comedy for the whole family. Rueby Wood plays Nate Foster, a 13-year-old student from Pittsburgh who yearns to see his name in the bright lights of Broadway. Alas, the teenager is repeatedly overlooked for a scene-stealing part in his school play. When his parents are out of town, Nate heads to New York to pursue his dream with best friend Libby (Aria Brooks). A chance meeting with Nate's aunt Heidi (Lisa Kudrow) sets the teens on an exciting new trajectory and the plucky hero must banish self-doubt to accept everything he desires is within his grasp.



Simple Minds co-founders Jim Kerr, front, and Charlie Burchill, centre, with the rest of the current band line-up

feel. But I also feel lucky because who else gets a chance to hang out with their best pal every day? Not every day, but almost every day!

"It's been a remarkable thing, the friendship and what has come from it."

Fans will be pleased to hear a new album is on the way. The band took part in recording sessions in Hamburg throughout 2020 and 2021 but the finished product is being held until its anniversary tour is wrapped.

● Simple Minds kicked off their 40 Years Of Hits tour on Thursday at the SSE Arena Wembley. They play P&J Live, Aberdeen, on Tuesday.



NEW RELEASES

TEMPERS MULTITUDES

New York duo Jasmine Golestan and Eddie Cooper's new album features the sort of half-whispered vocals and monochrome new wave melodies that are very much in vogue. Their chosen topic is also relevant – these songs explore our coping mechanisms. The title track has a strange pulsating groove that owes something to the more ominous side of house music, as Golestan sings, "I wanna go missing". Their take on moody synth-pop is not groundbreaking, but is delivered with enough class to stick.

CONFIDENCE MAN TILT

The Aussie indie electro pop band return with a follow-up packed full of dance tracks with nods to house, disco and funk. The album opens with single Woman, which, along with its house vibes, belongs on the dancefloor. Feels Like A Different Thing takes influence from the '90s with drum and bass sounds similar to Chase & Status, whereas What I Like appears inspired by the weirdo acid jazz of Jamiroquai. Tilt is a step forward for the group and could earn serious airplay on radio and in clubs if their fame transcends past the land of Oz.



KIRBY AND THE FORGOTTEN LAND

NINTENDO SWITCH, ADVENTURE, £49.99

At first glance, Kirby's first 3D platform adventure follows a familiar pattern, with the pink, dusky cheeked blob rescuing similarly adorable friends through a variety of themed levels. But what sets this latest game apart from the rest of the genre is the sheer inventiveness and imagination that shines throughout. The game's highlight has to be the new mouthful mode, a twist on Kirby's infamous inhaling abilities, where the floating rosy orb takes on the shape of cars, traffic cones and lightbulbs by somewhat awkwardly stretching over them. Driving through levels with an almost-covered Kirby car is a genuine delight, as is exploring with a friend in the seamless co-op mode. Although you're unlikely to plough hundreds of hours into it, hidden tasks and the ability to upgrade Kirby's abilities lend the game decent replayability, even if the difficulty is unsurprisingly low.



GHOSTWIRE: TOKYO

PS5/PC, FIRST-PERSON SHOOTER, £54.99+

Tango Gameworks' latest adventure takes place in a haunted Tokyo, where most of the city's inhabitants have been turned into spirits by a shadowy villain. You play as Akito, a young man possessed by a spirit calling itself KK, and together you must save Tokyo. Akito has a number of supernatural abilities including the ability to shoot magic "weaves". These function like guns, and while they look impressive, they're functionally quite dull. With only three to choose from and few other tools in your arsenal, combat quickly becomes a chore. Thankfully, Tokyo is a joy to explore, whether on the streets or on rooftops. It features a beautiful and atmospheric open world with lots of collectibles, making full use of the PS5's powerful hardware.



STRANGER OF PARADISE: FINAL FANTASY ORIGIN

PLAYSTATION 4/5, XBOX ONE/X/S, PC, ACTION/ROLE PLAYING GAME, £59.99

Despite the name, 1987's Final Fantasy was the beginning of a series with 15 instalments and countless spin-offs since. This outing goes back to that first game, remaking and reinterpreting the "warriors of light" fighting the forces of chaos and their monstrous minions. Series fans who know their chocobos from their cactuars will get the most out of this choppy plot, and have fun spotting locations which are based on previous games. There are generous difficulty levels, but the most compelling part of the game is mastering its combat classes and smashing monsters, so don't make it too easy or you'll have to invest in the story.

Criminal not to catch GTA in 4k



GAME OF THE WEEK

GRAND THEFT AUTO 5 AND GTA ONLINE

PS5/XBOX SERIES S/X, ACTION, £34.99

Grand Theft Auto 5 and GTA Online, originally released in 2013, now make their debut on next-generation consoles – allowing players to

experience the world of Los Santos and Blaine County in stunning 4k 60 FPS, along with ray tracing, HDR, improved textures and audio. Whether it's exploring the story mode through the eyes of Franklin, Michael and Trevor, or building your own criminal empire in GTA Online, there's endless

hours of action-packed content for new and returning players alike. Saved games and online profiles can be migrated from previous-generation platforms. It may be nearing a decade old but with this latest release, Rockstar Games have proved GTA5 and GTA Online have lots of life in them yet.

Changing people's home life

A "life-changing truck" may sound like a bold concept, but it's one presenters Nick Grimshaw and Emma Willis stand by when it comes to their all-new Channel 4 show.

The duo teamed up to front *The Great Home Transformation*, a six-part series which sees them renovate homes across the country in just three days. All with the help of said revolutionary truck.

Their aim: To give families a functional home that works for them, as opposed to against them.

"It's quite a bold statement, that, isn't it? 'This truck is gonna change your life'," says Willis, 46.

"It is, but it's not like one of those shows where we've gone in and been like, 'Pink is in, so we're just going to paint your lounge pink and give you a big couch'," points out Grimshaw, 37.

"I do love those as well," he quickly adds. "But this show was about solving problems and remodelling houses that weren't working for families."

"So actually, it has been life-changing, because we made their houses work for them, from dinner time to family time and working from home."

"It completely changed how they felt about being in their house, and hopefully that led to them all feeling happier and having a better way of life."

It does sound dramatic, notes the former radio host, "but your surroundings

BY GEMMA DUNN

and your house are so important to how you feel and how you behave to one another. We saw really emotional reactions from people who felt like this huge problem, which they didn't know how to tackle, had been solved by the truck!"

So what's so special about it?

Inside the vehicle is an immersive mobile mood board where each family (there are six, one per episode) has the chance to experience a bespoke vision of their new home, with zero structural changes required, based simply on their own activities and needs.

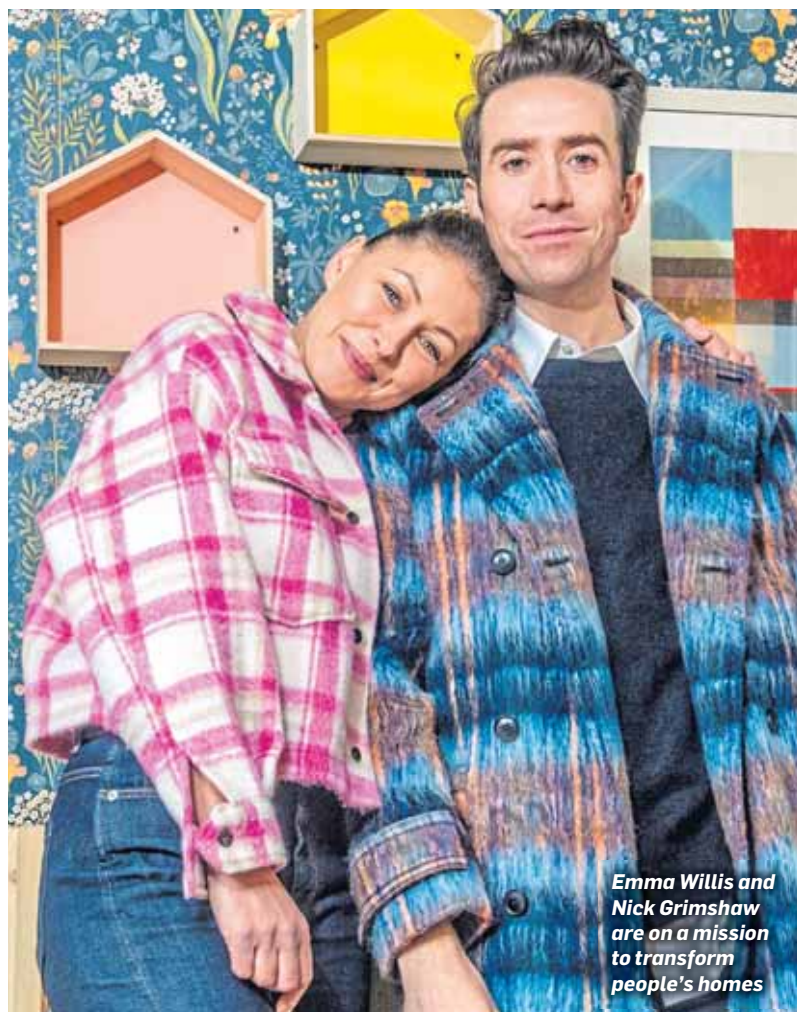
Informed by specialist technology and interior design intelligence, the work itself will mostly be realised by Grimshaw, Willis, and the family themselves, showing just how achievable it is to radically change your home for the better through smart, yet accessible, design.

With additional and unexpected secret room reveals for one family member in every episode too, it's fair to say the unveilings make for an emotional watch.

"There's a couple of stories that are quite traumatic, and those people were incredibly deserving and needing of the change to happen in their house to help shift themselves forward," reveals Willis.

"Swansea, for me, was a really emotional one," Grimshaw shares.

"It was a family of four that had gone through various hardships and they just felt so much lighter and happier and relieved when we left. It actually felt like a



Emma Willis and Nick Grimshaw are on a mission to transform people's homes

transformation of them as a family, which is mad to say because it was only three days, but they just felt so different."

"It's incredible how in such a short amount of time, you can make such a massive difference," Willis says.

"But the past two years have really drummed that home as well, haven't they? "Because every day you kind of woke up thinking, 'I've got a roof over my head, there is outdoor space around me, and I've got my health'."

"And then you go into these homes, and you see what a difference it can make if you're happy where you are."

Across the six episodes, the famous pair – along with interior design expert Alex and craftsman Tim – will showcase innovative and sustainable design solutions for families of all shapes and sizes, from homeowners to renters.

It's an opportunity that arose after the presenters both enjoyed working on their own homes.

"We decorated in lockdown," begins Grimshaw. "Being home a lot more, there's more time to pay attention to stuff. So I thought I really liked the lounge being really dark, but I'd come in here in the day, and as soon as I sat down to do any work, I'd be falling asleep! So I had to change that."

"And then my bedroom, we did a renovation."

"When I moved in, I always felt like everything was the wrong way round in that room."

"So in lockdown, we got a builder and we literally drew him the plans on Post-It notes, and thankfully he understood it and did it!"

Meanwhile Willis's country home

renovations have been on a somewhat larger scale.

"I'd like to say I did it all myself, but obviously it involved builders," she quips, having bought a new house and "ripped it apart" eight years ago.

"We tried to inject a little bit of something into it that we felt like it was lacking."

"So we did the first phase of it, and that took about nine months. And we had loads of problems with it. And we were like: 'Maybe we'll not do that again!'"

The DIY takeout is one of the appeals of a show like this, they agree.

"You get so many tips from it," Willis says excitedly. "We both wanted to do a show where we could get our hands dirty and actually get involved because we love this area anyway, outside of watching on telly."

"It was nice to be able to work on something where if you wanted to strip or paint, or if you wanted to learn how to hang wallpaper or wanted to learn how to tile, you could. We wanted to know how to do all of those skills, and if we can do them, anyone can."

"Absolutely true!" finishes Grimshaw. "I love watching shows like this or watching a cooking show because it's passive learning."

"It often feels quite scary house stuff, like, 'I don't know if I can do that'. But, actually, there's loads you can just do yourself!"

THE GREAT HOME TRANSFORMATION

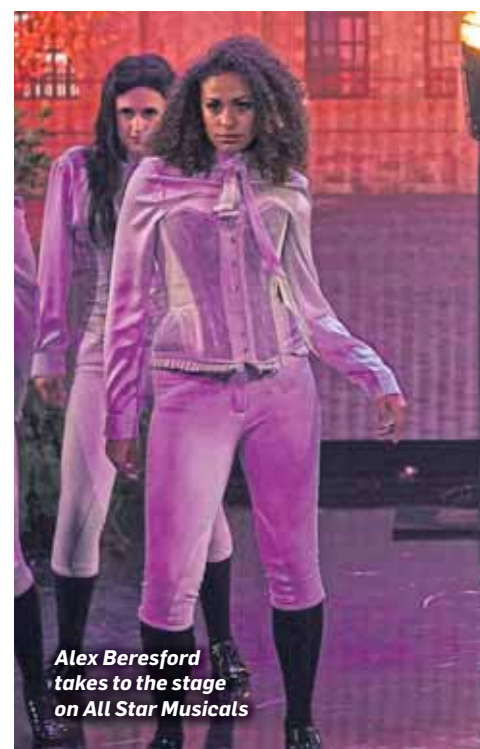
STARTS ON CHANNEL 4 ON WEDNESDAY APRIL 6



Nick Grimshaw and craftsman Tim get busy with paint



Michaela Strachan



Alex Beresford takes to the stage on All Star Musicals

Jossa's live show



Jacqueline Jossa

All Star Musicals is back in town, accompanied by a healthy dose of jazz hands and falsetto for good measure.

Following a host of celebrity names as they battle it out to be crowned television's ultimate triple-threat, the popular ITV show looks set to return, bigger and better than ever before.

This year's line-up includes Good Morning Britain's Alex Beresford, former EastEnders' star Jacqueline Jossa, wildlife presenter Michaela Strachan, Coronation Street's Lisa George, James Bond actor Colin Salmon, and rugby star Danny Care.

A diverse mix of abilities, the one-off instalment will see the celebrities once again stand centre-stage in a bid to impress the live theatre audience and panel of West End stars.

Returning to the judging panel, theatrical icon Elaine Paige will sit alongside Les Misérables actress Samantha Barks and Aladdin star Trevor Dion Nicholas as they feed back to the performers. Not only that, but the show will feature a special performance to mark The Phantom Of The Opera's 35th anniversary in London's West End, alongside a special rendition of Grease, performed by the panel, alongside host John Barrowman.

Ahead of the new series landing on our screens, we sit down with Jossa, 29, to discover more...

BY DANIELLE DE WOLFE

WE'RE EXCITED TO CATCH THE NEW EPISODE, HAVE YOU ALWAYS BEEN A FAN OF MUSICALS?

I've always loved musicals. I'm a musicals geek. My favourite thing to do is to go and watch a musical, so to get a chance to be on the other side of that, to do something a bit different, push myself a little bit – it was a no-brainer, really.

WAS THERE A SENSE OF COMRADESHIP AMONG THE CELEBRITIES?

It was a relief that you had someone else going through what you're internally going through. At the end of the process, we finally got to meet each other. So then it was kind of clung on and supported and it really made everyone feel better, I thought.

DID YOU FIND PERFORMING LIVE A CHALLENGE?

I haven't done much live stuff ever really. EastEnders, if you mess up, you can go again. And then in the I'm A Celebrity... jungle I was just being myself and I found that quite natural. I kind of realised about 20 minutes before going on, 'Oh, this is the first time – apart from a karaoke session, a little bit drunk with my pals – I've actually sung a whole song on my own in front of a live audience'. I started panicking a little bit then. Stupid idea, really, but it was 20 minutes



jitters

before going on. I psyched myself out a little bit. And it was really scary. It was really nerve-racking.

DID YOU PICK UP ANY GOOD PERFORMANCE ADVICE?

I got loads of advice I have kept with me. Some of the things I was taught by Samantha Barks – I'm her biggest fan anyway, so it was a bit crazy to even meet her. Then to sing in front of her and get advice from her, I've definitely locked it away in my little toolbox for the future. And we were so lucky to work with Mary. It did unlock a new part of my voice I didn't even know I had – a new confidence. And I really enjoyed it.

DID YOU GET TO PICK YOUR SONG?

This is a song I've never sung before and never would have attempted to sing. No thank you. It's not me at all. I had hopes and dreams – I really wanted to do a different song. I was hoping for a bit of, you know, Eponine or something because it's something I know well and I enjoy. It definitely took me out of my comfort zone. I felt a lot more comfortable singing other songs but I guess that was the challenge of it. They wanted each of us to have our own challenges, and not make it easy for us. And that definitely worked – I think we were more proud in the end because of it.

WILL WE RECOGNISE IT?

Nans, grandads, four-year-olds – every age knows this song. It's probably the biggest song a Disney Princess has ever sung.

DID YOU HAVE FRIENDS AND FAMILY IN THE AUDIENCE?

I actually prefer not to have people but you can't not in something like this. I think it's selfish not to let my kids come and watch, and my mum and dad. They always get first dibs when I do something like this, because it's been a dream of mine for my whole life. So if this is all I get to do, I want them there. They loved watching and my little girls sat through the whole thing and they honestly loved everyone's performance. They were so excited to be there. They just loved it. And Ella was like, 'I might be on telly because the camera came our way'.

WHO WOULD YOU SAY IS YOUR HARSHTEST CRITIC?

My harshest critics are my daughters, genuinely, I'm not just saying that. They're very honest with me. If I'm singing around the house, I get told to shut up quite a lot. It's one of the things that they can watch – they love musicals and Disney just as much as me.

ALL STAR MUSICALS

RETURNS TO ITV AND ITV HUB TOMORROW

THIS IS YOUR BINGO GAME FOR THE WEEK AHEAD, KEEP IT SAFE!



Evening **Telegraph**

£250



WEEKLY



BINGO

HERE'S THIS WEEK'S BINGO GAME, FIND TODAY'S NUMBERS ON PAGE 13 OF YOUR Weekend Telegraph



HOW TO PLAY:

A selection of numbers will be printed in the Evening Express daily; if any numbers published in-paper appear on your bingo grid here – mark them off! When you've marked off all 15 numbers on your grid for the game in play, you can make a claim for that game and the £250 weekly prize money. The first person to claim on a full house will scoop the £250 jackpot. In the event of more than 1 winner on the same number then the jackpot will be split between the winning players.

HOW TO CLAIM:

■ To claim a full house prize, you must call the claim line on **01224 343187** before 10am on the Monday following the final numbers being printed on Friday.

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Maximum of five claims paid out per week. First five claims will be honoured. If you are a digital subscriber and wish to play, please call **01224 343187** to arrange your card.

When calling to claim, please leave a message with your contact details and quoting the unique code from your bingo grid.

UNIQUE CODE

DATE

GAME

TERMS & CONDITIONS: Persons under the age of 18 are not permitted to take part in the weekly bingo. Please see the website for full terms and conditions: www.eveningtelegraph.co.uk/competition-terms/

Evening **Telegraph**



EMMERDALE: Vanessa bumps into Suzy, pictured

Linda has love rival in sights

OUR ROUND-UP OF ALL THE BIG SOAP ACTION FOR THE WEEK AHEAD

CORONATION STREET

Imran says an emotional farewell to Elsie after deciding to concentrate on helping Abi fight for custody of their son. As Toyah tries to get her head around the revelation of Alfie's parentage, she learns that Imran has been reported to the Solicitors' Regulation Authority over his involvement in the case.

Fiz has doubts about moving away, and Tyrone finally admits how much he misses her and the girls.

Craig's delight at rejoining the police could be ruined when Jon turns up at the flat to see Emma. It leads to the truth

about her and Faye's involvement in his granddad's death finally coming out, and the trauma may have a tragic impact on Faye's unborn child.

Kelly's joy at winning Best Trainee Stylist at the hairdressing awards is tempered by the fact her mother has just hours left to live. Sam takes part in a junior chess tournament, Summer admits she hasn't been taking care of her diabetes and Daisy becomes suspicious about Nicky's past.

EASTENDERS

Linda returns to Walford for Tina's funeral, but she's not much comfort to the Carters as she's distracted by Janine's presence. Then when Mick breaks down while delivering his eulogy, it's Janine who comforts him.

Matters get even worse when Linda hits the bottle and causes a scene at the crematorium, getting herself banned from the wake. That doesn't stop her turning up to the Vic to confront her love rival, but it seems she's already lost as Mick later kisses Janine – although he does then say they can't be together until his divorce comes through.

Some words of wisdom from Sonia leave Janine wondering if Mick is really ready to move on, but when a drunken Linda then takes her anger out on Frankie, will her husband decide that it is time to start a new relationship after all?

Jean tries to play Cupid for Rocky and Kathy by locking them in the car lot together, Zack misses his cooking competition to support Nancy, and Billy embarrasses Will in front of Jada.

EMMERDALE

Manpreet decides she will testify at Meena's upcoming trial, but she's still nervous about taking the stand. Ethan offers to help her prepare for being cross-examined, but she's rattled when she



EASTENDERS: Linda, Mick, Shirley, Frankie, Nancy and Zack at Tina's funeral



CORONATION STREET: *Abi's surprised to find Toyah in the neonatal unit gazing at Alfie in his incubator*

discovers Wendy is being called as a defence witness, wondering exactly what her sister is planning.

Meanwhile, Meena can't wait to be the centre of attention in court, and when a prison guard slips her a newspaper, she's thrilled to discover she's already front-page news.

Elsewhere, Kim is suspicious when Hazel claims Millie is poorly and can't attend Thomas's christening, so she suggests delaying the ceremony until her granddaughter can make it. Gabby still wants to push ahead, but when the big day finally arrives, there's a shock in store.

A drunken Nate spends the night with Chloe, but she's hurt when he makes it clear it was a one-off. Will that make her more willing to give Noah a chance?

Belle decides to dream bigger at work, and Al is happy to encourage her – mainly because he plans to steal her ideas.

HOLLYOAKS

James's gambling problem is so out of hand, he even approaches his interrogation with DS Cohen as a high-stakes game. However, the copper may be able to call his bluff with a secret that could ruin his relationship with Ste.

Later, Donna-Marie stages an intervention to tackle James's addiction, leading him to arrange a family meeting of his own where he makes some shocking announcements.

Elsewhere, Dave tries to stop Sid seeing Lizzie. Leela intervenes on Sid's behalf, but risks making things worse when she lets slip about a secret

from his past that even his girlfriend didn't know about.

Leela's loose lips strike again when she fills Ethan in on Sienna's colourful history, leaving him wondering if he's chosen the right person to help him launder his dirty money before Sam jeopardises his drug business.

Goldie discovers she has a psychic gift after becoming convinced that a litter of acorns are a message from Sylver, and Eric's arrival in the village reopens some

old wounds for Tony and Diane when they bring him up to date with what's been going on.

HOME AND AWAY

Dean and Ziggy's efforts to get back on track look set to be derailed until Karen cooks them a homemade meal. She also confesses just how afraid she is of being hurt, prompting Dean to act as a mediator between her and Brett.

While Alf learns more about Theo's

problems, Roo tries to connect with Ryder after becoming increasingly concerned about his mental health. Later, she and Alf join forces in an attempt to persuade her nephew to return home.

Mia and Tane grow increasingly concerned about Ari, who is no longer taking their phone calls – and it seems their fears may be realised when Mia receives a disturbing message from the prison. Ari has been admitted to hospital.

Chloe goes missing and Jasmine is forced to admit the truth about Cash while under pressure from Felicity.

NEIGHBOURS

Roxy and Kyle take the settlement offer and look forward to starting a new life in Darwin thanks to Gemma and Adam's generous gesture. However, a conversation with one of their benefactors leaves Roxy stunned when she's forced to look at the situation in a new light.

Fashion Week continues to make its mark on the residents, despite the fact that Terese is worried it might not go ahead. That doesn't stop Amy making rash decisions that could put the van in jeopardy. Paul, meanwhile, isn't happy about Leo's growing closeness to Montana Marcel, while Mackenzie offers her services as an unpaid intern. Karl is also keen to speak to Montana after realising she may be able to help him with his investment dreams.

David becomes overwhelmed by guilt when a note left in his office suggests that someone knows what he and Freya did to Gareth, and Kiri's arrival makes a big impression on Nicolette.



HOME AND AWAY: *Ryder accepts Alf's apology, much to the delight of Roo*



Lara Pulver as
Kate in *The Split*



Stephen Mangan
as Nathan

Loose ends tied up in final *Split* series

For most, the post-lockdown transition out of solitude has been a slow and tentative one. But for actress Nicola Walker, it is an experience that can only be described as jarring.

With filming for her previous project, the Bafta Award-winning crime drama *Unforgotten*, severely disrupted due to Covid, Walker was fully aware of the potential perils that lay ahead as shooting for the third and final series of *The Split* got under way.

Reprising her role as tenacious divorce lawyer Hannah Defoe in the hit BBC drama, it is a shoot that would once again see her line up alongside on-screen husband Nathan Stern, played by Green Wing star Stephen Mangan.

But as the world around her slowly returned to normal, life on-set remained regimented.

Stringent Covid protocols meant regular testing, while strict social bubbles prolonged the actors' sense of isolation.

"I had no social life, I couldn't go out anywhere," says Walker, best known for playing intelligence officer Ruth Evershed in hit BBC series *Spooks*.

"You can't lose an actor for a week, it

BY DANIELLE DE WOLFE

would throw the schedule into complete disarray. It just seemed impossible that anything would ever get back to normal."

However, as filming for the forthcoming series successfully came to a close, a final location shoot forced Walker into an overnight stay at a local hotel.

What the evening offered was a remarkable glimpse into the normalities of the outside world.

"I opened the doors to this hotel and it was like *Alice In Wonderland*," says the actress, reminiscing with a grin.

Surveying the scene in front of her, Walker recalls the unfamiliar noise and fervour as the hundred or so guests in the hotel foyer laughed, drank and merrily listened to music.

"I think I was one of the few people wearing a mask," says Walker with a laugh. "And I thought, 'Oh, I see, so this is what's really happening in the world?!'"

A series set in the midst of London's high-end divorce circuit, the witty – and at times heartbreaking – show is an examination of modern relationships and the realities and legacy of divorce.

Centred around the three Defoe sisters, Hannah (Walker), Nina (Annabel Scholey) and Rose (Fiona Button), the family of

esteemed divorce lawyers is led by the matriarchal figure of Ruth Defoe (Deborah Findlay).

Created by Bafta-winning screenwriter Abi Morgan (*Suffragette*/*River*/*The Iron Lady*), *The Split* has garnered something of a cult following since series one aired in 2018.

With series two of the drama averaging six million viewers upon its release, the long-awaited third series acts as something of a crescendo, marking the finale of the much-loved trilogy.

"As with any kind of birth, you never know entirely what the mix of DNA is going to be," says Morgan of the final series' influences.

The daughter of divorced parents herself, the creator says she's long been interested in the complex nature of separation.

It is a subject that became an "important watermark" on her own life, with the creator continuing to draw influence from her own female friendships.

Inspired by "the marriages we admire, those marriages we saw fall apart, and the marriages that surprised us" according to the writer, she says much of her material comes from conversations that take place "over a glass of wine with a girlfriend".

"It's a great way to play detective," says Morgan with a smile.

Describing *The Split* as like being part of "the best gang in town", Walker reflects on the series as being something of a "Trojan Horse" when it comes to subject matter.

On its surface a series about the fashionable, fast-paced lives of London lawyers, series three sees Walker's character navigating her own fraying marriage – all while handling the divorce proceedings of others.

"It's a Trojan Horse to talk about love and the compromises we make – the big ones and the tiny daily ones," says Walker with a nod.

"For Hannah and Nathan, those have become incrementally damaging.

"Those tiny little compromises we make day to day with someone that you love."

With the set being dismantled around them during the final days of shooting, Walker recalls her character's name plate being slowly peeled from her office door as she continued to film.

The climax fans have been waiting for, the forthcoming series also includes "one of the most excruciating scenes" Walker claims to have ever filmed.

The dinner party set-up in question, acting as the perfect illustration of Morgan's writing finesse. Uncomfortable,

**FOUR PAGES OF FUN
START HERE**

MIND THE GAP

Can you place a well-known three-letter word in the spaces of each row to complete the eight-letter word? Do it correctly, and the shaded letters should spell out a hot drink.

A	T	H				I	C
U	N	W				E	D
E	S				I	S	M
V	I	C	A				E
A	C	C				I	T
M	E				T	A	R
D	R	E	S				G
U	N				V	E	N

SET SQUARE

Place each of the digits 1 to 9 in the grid to make the sums work. We've started you with two numbers.

	×		+		= 15
+		+		+	
4	×		-		= 27
×		÷		-	
	-		÷	6	= 1
=		=		=	
42		11		8	

SUGURU

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3; and so on. The same digit must not appear in neighbouring cells, not even diagonally.

1					4
	2		2		
3		3			2
	4				
		3			

SKELETON

With this puzzle the black squares have to be filled in as well as the words to form a grid with central symmetry, from top right to bottom left.

[illegible]

ACROSS

- 1 Murder
(a political figure)
- 8 Gullibly
- 9 Fine porcelain
- 11 Back of the neck
- 12 Police identification picture
- 14 Expenditure
- 15 Inequitable
- 18 Egg-whites and sugar mixture
- 20 Bean rich in protein
- 22 Entry of a sum owed
- 23 Crowd attendant
- 24 Words on a monument, eg

DOWN

- 2 Fragment (of information)
- 3 Measurement of surface
- 4 Curved reaping tool
- 5 Harmful cigarette element
- 6 Pickpocket
- 7 Not clued up
- 10 Subsequently, next
- 13 Possessing powers of attraction
- 16 Pear-shaped fruit with a leathery skin
- 17 Swiss breakfast cereal
- 19 Common garden bird
- 21 Outer citrus skin

SPIRAL

In this spiral crossword the last letter of the previous clue forms the first letter of the next clue. The shaded squares will reveal an act of stagecraft.

- 1 Turn sharply (4)
- 2 Griff ____ Jones, TV presenter (4)
- 3 Lively noisy party (7)
- 4 Wide stretch of water (4)
- 5 Sweet chewy oatcakes (9)
- 6 Smudge (5)
- 7 Having a steady beat (8)
- 8 Idle TV watcher! (5,6)
- 9 Porridge (7)
- 10 Grants permission to (8)
- 11 Crab-like (motion) (8)
- 12 Spend money freely (6,3)
- 13 Expression of gratitude (5,3)
- 14 London's Tube (11)
- 15 Flat circular object (4)
- 16 Persuaded (9)
- 17 Period between dawn and dusk (8)
- 18 John ____, star of *Grease* (8)
- 19 A really long time (4)
- 20 Olympic ball throwers (4-7)
- 21 Underwater swimming (3-4)
- 22 Hospital gas used to knock you out (11)
- 23 Bread scrap (5)
- 24 Small shops that sell clothes (9)
- 25 Main stem of a plant (5)
- 26 Hit with your foot (4)
- 27 Wise guy! (4-3)

[illegible]

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MORE BRAINTEASERS OVER THE PAGE • SEE BACK PAGE FOR ANSWERS

SUDOKU

Each row and each column must contain the numbers 1 to 9, and so must each 3x3 box. This is a logic puzzle, and you should not have to guess.

EASY

								2
		9	2					3
2				7	3			
			7	1		5		
6	7				2	9		
	3	8			4		7	
	8		6					4
4		6	3	8				
1	2			9		8		

MEDIUM

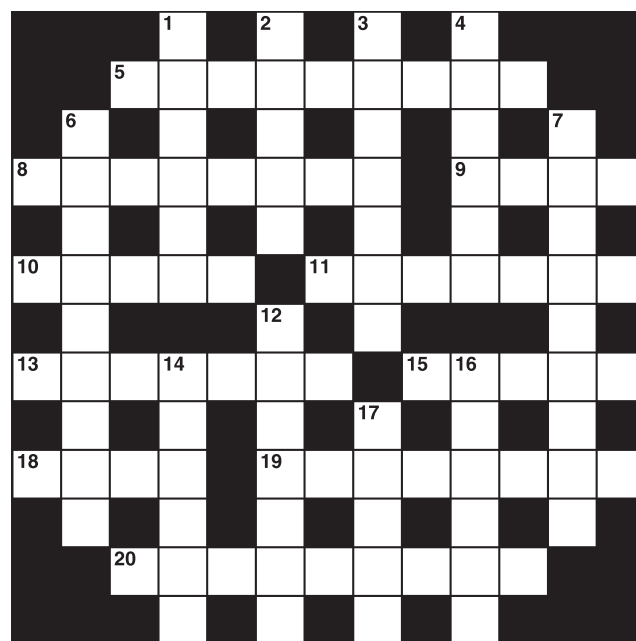
	5							
			7	1			2	
	3	1		2		8		9
	1	4						5
				7	6	3		
	7	9						8
	8	2		5		4		6
			2	6			8	
	9							

HARD

			7	8				6
			1			3	9	
6		8		3		5		
7			2		6			9
				5		7	6	
		6	3		2			5
		3			8			
8				6		1		4

CROSSWORDS

CRYPTIC



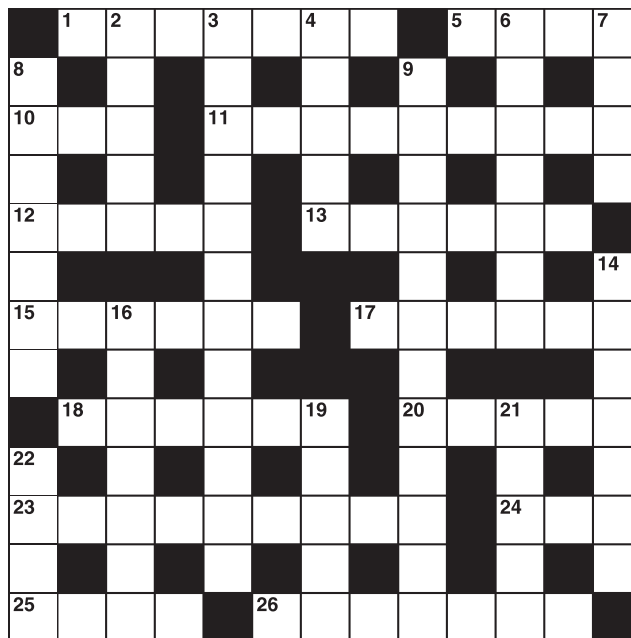
ACROSS

- 5 Banker's car in fine shape (9)
- 8 Loss paid out by sale of shares (8)
- 9 Staff keeping away from avenue (4)
- 10 Wader in the West Orkneys (5)
- 11 Oil, non-starter in mixed diesel (7)
- 13 Ungraceful bird heard, needing room (7)
- 15 Yes-man caught nobleman returning (5)
- 18 Seabird seeing others heading west (4)
- 19 Grumble about endless minor illness (8)
- 20 Defiance of maverick rugby player (9)

DOWN

- 1 Breakfast for one in bed? (6)
- 2 Wood or a block of concrete lifted (5)
- 3 A hundred demand applause (7)
- 4 Brides removed rubbish (6)
- 6 Young cat, we hear, to rouse the bird (9)
- 7 Had the nerve to join wicked adventurer (9)
- 12 Fine example of a firework (7)
- 14 We state positively one works a loom (6)
- 16 I can't wait for non-spray deodorant (4-2)
- 17 Politician gets in drink, more than enough (5)

QUICK



ACROSS

- 1 Pulled out (hairs) (7)
- 5 Read quickly (4)
- 10 Make an engine run faster (3)
- 11 Came together again (9)
- 12 Wall painting (5)
- 13 Keep (6)
- 15 Propulsive force (6)
- 17 Car hood (6)
- 18 Related to the backbone (6)
- 20 Jockey (5)
- 23 From that day (4,5)
- 24 Harbour pilot's vessel (3)
- 25 Outhouse (4)
- 26 Act in front of an audience (7)

DOWN

- 2 Fruit-machine arm (5)
- 3 Sloppy attitude, negligence (12)
- 4 Keen (5)
- 6 Cartoon's text (7)
- 7 Naked (4)
- 8 Monkey or ape, for example (7)
- 9 Home repairs done by the householder (2-2-8)
- 14 Space for keeping spare things (7)
- 16 Sated, full (7)
- 19 Fencing move (5)
- 21 Discourage (5)
- 22 Row of houses converted from stables (4)

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HOW WELL HAVE YOU DONE? • SEE BACK PAGE FOR ANSWERS

KILLER SUDOKU

Just like conventional Sudoku the aim is to fill each row, each column and each 3x3 box with all the numbers from 1 to 9. Your clues are the numbers in the dotted-line shapes, which represent the sum of the numbers within that shape. The same number cannot be used twice within a dotted-line shape.

24		9	13		7	17	10	9
	9		13	4				
		21			13			14
15			12		7			
8				20		14		
14		13	4			12	26	
			21					
7	17		20					8
	7				17			

KAKURO

Fill in the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column.

30	16	40	26	12			21	16	19	32	17
35						37	24	36			
	16			24		23		16			
	3			23				17			
11	23			36			34		8		6
	16			7		17			3		
23						30		19			
	6	11				16					
15	32			26		20	38		38	24	
6			3			12			12		
3			17			23			17		
	3		19	24				3	21		
	4			23				4	4		
26						25					
19						21					

ADD UP

If the number in each circle is the sum of the two below it, how quickly can you figure out the top number? Try this one in your head, before writing anything down.

9	2	6	3	8

1	7	5	4	9

WORDSEARCH

The words that precede and follow SERVICE can all be found in the grid. Words may run either forwards or backwards, in a horizontal, vertical or diagonal direction, but always in a straight, unbroken line.

G	B	E	R	I	F	F	W	S	N	C	S	U
G	N	M	A	C	T	I	V	E	S	I	O	P
D	A	E	N	S	R	S	H	E	O	V	T	A
D	B	U	C	O	E	T	D	E	N	I	S	S
I	O	A	O	N	L	C	T	L	E	L	T	D
N	C	M	L	A	A	G	R	E	R	A	M	R
N	N	H	E	E	A	L	G	E	T	O	P	E
E	S	H	U	O	T	R	U	I	T	F	W	V
R	I	H	E	R	A	L	O	B	U	A	N	L
S	E	C	O	H	C	N	D	R	M	T	I	I
A	B	T	C	E	L	H	G	N	M	A	S	S
O	R	A	T	I	R	E	D	I	V	O	R	P
A	E	H	Q	Q	P	L	I	P	W	N	U	E

ACTIVE	FIRE	SECRET
AMBULANCE	HATCH	SILVER
CHARGE	HEALTH	STATION
CHURCH	LIP	WORLD
CIVIL	PROVIDER	
DINNER	ROOM	

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MISSING LINKS

The three words in each of these clues have a fourth word in common, and that's your answer. For instance, the clue to 13 Across, 'Balboa • Mountains • Road (5)' gives you the answer Rocky (Rocky Balboa, Rocky mountains, Rocky Road).

1		2		3		4		5		6	
7						8					
9								10			
11				12		13	R	O	C	K	Y
15		16		17		18				19	
20						21					

ACROSS

- 7 Box • Clothes • Power (5)
- 8 Book • Tape • Visual (5)
- 9 Hidden • Natural • Prodigious (7)
- 10 Around • Big • Questions (3)
- 11 Folk • Hall • Piped (5)
- 13 Balboa • Mountains • Road (5)
- 15 Beam • Flower • Rising (3)
- 17 Beef • Teeth • Yeast (7)
- 20 Film • Mural • Ordinary (5)
- 21 Beam • Printer • Surgery (5)

DOWN

- 1 Ear • Gun • Put (4)
- 2 Fire • Hammer • Pneumatic (6)
- 3 Bag • Baked • French (4)
- 4 Curtain • Fund • Hell (6)
- 5 Big • Novel • Sudden (4)
- 6 Derby • Jacket • Nodding (6)
- 11 Bedroom • Mind • Old (6)
- 12 Augustus • Julius • Salad (6)
- 14 Escape • Indemnity • Subordinate (6)
- 16 Ginger • Pea • Pine (4)
- 18 Fore • Off • Tale (4)
- 19 Bakewell • Custard • Treacle (4)

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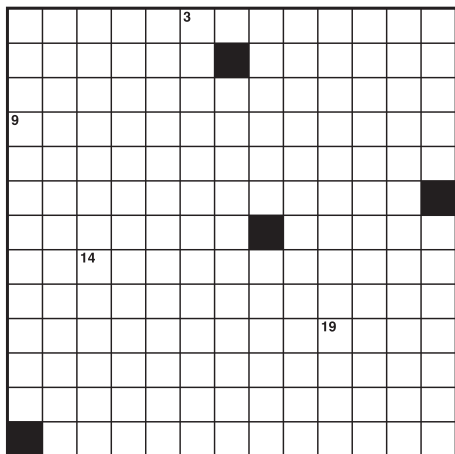
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SKELETON

Have double the fun with this puzzle: you've got to fill in the answers and the black squares! We've given you the bare bones to start and it will help you to know that the black squares in the finished grid form a symmetrical pattern, so that every black square has at least one other corresponding black square.



- 20** Inconsiderate
21 Cause to feel insulted

DOWN

- 1** Soccer forfeit
2 Exercise electoral privilege
3 Former name of Iran
4 Autumn Hindu festival
5 Going against the current
6 Hemmed
12 Relating to the Milky Way, eg
13 Spooky, weird
15 Second-rate
16 Milliner's packing
17 Gleamed
19 Carry through the air

ACROSS

- 7** Erase
8 Block
9 Wind indicator
10 Alarmed
11 Disgraced, shamed
14 Speaking irreverently about religion
18 Supermarket cash-desk
19 Scottish term for a child

Pathfinder

Beginning with the M in the square box, follow a continuous path to find 20 stew-related words. The trail passes through each and every letter once, and may twist up, down or sideways, but never diagonally.



- DUMPLINGS
FLAVOUR
GARLIC
HERBS
HOTPOT
LEEK
MUTTON
PEPPER
POTATO
SALT
SHALLOTS
STOCK
SWEDE
TURKEY
TURNIP
VEGETABLES

BARLEY

CARROT

BEEF

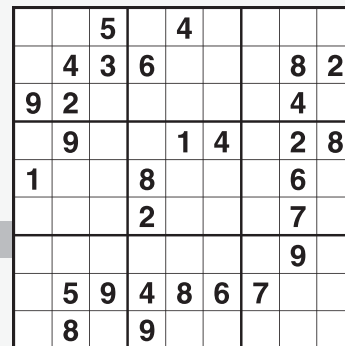
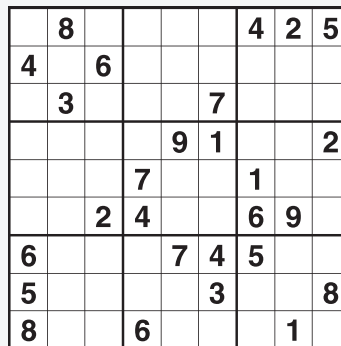
CELERY

TURKISH
VEGETABLES

Sudoku

Place the numbers from 1 to 9 in each empty cell so that each row, each column and each 3 x 3 block contains all the numbers from 1 to 9 to solve these tricky Sudoku puzzles.

Easy



Medium

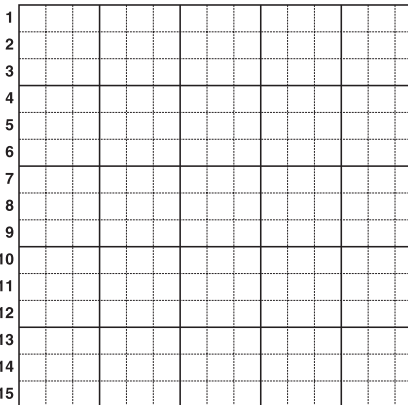
Pieceword

With the help of the Across clues only, can you fit the 25 pieces into their correct positions in the empty grid (which, when completed, will exhibit a symmetrical pattern)?

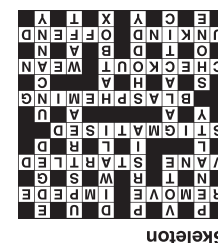
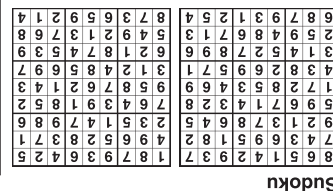
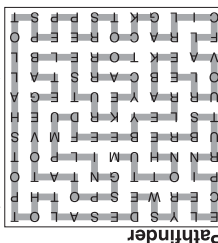
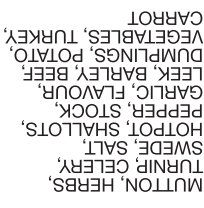


ACROSS

- 1** Noise made by a contented cat • Drive off, push back
2 Provable account of a suspect's whereabouts
3 Military colour • Reduce the time
4 Strainer
5 In that place • Gun
6 Fourth largest of the Great Lakes
7 Shirt wristband • Farm trailer
8 Curved gateway • Lout
9 Aid (a criminal) • Restaurant list
10 German term of address equivalent to Mr
11 Makes corrections to (text) • Blue-green gemstone
12 Cheerful or slightly drunk
13 Chair a meeting • Easily creased cloth
14 Field of sporting contests
15 After a while • One fifty-second part of the year



SOLUTIONS



Nicola Walker as Hannah
and Stephen Mangan as
Nathan In *The Split*



entirely relatable and "utterly humiliating", according to the actress, it is a story arc that has taught her "how it feels to be trapped, and for every decision you make to feel like the wrong one".

A drama that has garnered something of a cult following, series three marks the lead directorial debut of Dee Koppang O'Leary.

Graduating from second unit director on the long-awaited second series of *Bridgerton*, as well as *The Crown*, O'Leary says the sheer number of women involved in the project cements it as something of a landmark in the midst of a traditionally male-dominated industry.

"It's two female directors, it's all-female producers and execs – and we have such a strong female crew. It's very much a female project through the female lens," says O'Leary.

That being said, she is quick to note how relatable the series remains.

"I think people expect this to be quite a female-watched show, but guys love it," says O'Leary with enthusiasm.

"Damien Molony, who plays Tyler, said that he's never been stopped by

more male white van drivers and lorry drivers. He's always at service stations being asked 'What's happening with Nathan and Hannah then?'"

"Part of the exciting thing for me has always been the way an audience responds," agrees Morgan with a nod, describing the way in which the public can be "very nice but also very rude" in their feedback. Noting she looks forward to more conversations with strangers that begin with, "I saw your show last night – I hated it", Morgan ends our conversation with a titbit of advice.

"One of the best things I heard from a divorce lawyer was 'I don't see divorce as failure, I just see some marriages as finite'," recalls the creator.

"And I suppose, if anything, this is all about trying to take the sting out of failure in divorce."

THE SPLIT

**LAUNCHES ON BBC ONE ON MONDAY
APRIL 4, WITH ALL EPISODES
AVAILABLE TO STREAM ON
BBC IPLAYER**



Hannah is played
by Nicola Walker

TELEVISION

THE BEST OF TODAY'S TELLY

CRITIC'S CHOICE



Starstruck: The Final

(STV, 8.30pm-9.40pm)

From Billie Eilish to Freddie Mercury, over the past few weeks we've seen some remarkable transformations as members of the public took to the stage to perform as their pop idols. For most of the contestants, it was a one-night-only deal, but tonight it's

the final, which gives the best impersonators from the heats a chance to come back and battle it out for the £50,000 prize. While they previously had to take to the stage with two other singers, now they'll be going it alone. Panellists Adam Lambert, Sheridan Smith, Beverley Knight and Jason Manford are on hand to offer their support.



Killing Eve

(BBC1, 9.15pm-10pm)

Is it possible to kill for altruistic reasons? Villanelle seems to think so, as she sets out to use her murderous talents for good. However, it isn't long before she decides to abandon that idea in favour of going after the people who oppressed her. Meanwhile, Eve manages to make a few interesting discoveries.



Take That at the BBC

(BBC2, 9.35pm-10.35pm)

Celebrating one of Britain's best-loved boy bands, with fans from all over the world sharing their stories of how the group touched their lives. Robbie Williams rejoins Gary Barlow, Howard Donald and Mark Owen to share favourite memories, and there's a glimpse of preparations for their anniversary album.



Hidden

(BBC4, 9pm-10pm)

Under cover of darkness, Cadi and Vaughan bring Piotr Korecki in for questioning, showing him incriminating CCTV footage. But will he talk? The DCI realises she has made a mess of her personal life, while a farewell to the island house turns into a sombre occasion. Crime drama, starring Sian Reese-Williams.



8 Out of 10 Cats Does Countdown

(More4, 11.05pm-12.05am)

Jimmy Carr hosts the comedy words and numbers quiz. Guest captain Richard Ayoade is joined by Rob Beckett, going up against Jon Richardson and Claudia Winkleman, with Adam Riches in Dictionary Corner and Rachel Riley dishing out the consonants, vowels and numbers.

EARLY

BBC1

- 6.00** Breakfast
10.00 Saturday Kitchen Live
11.30 Marcus Wareing's Tales from a Kitchen Garden (r)
12.00 Football Focus
1.00 BBC News; Weather
1.15 Bargain Hunt (r)
2.00 Escape to the Country (r) Jules Hudson helps a couple of keen horticulturalists to find a home in the Yorkshire Dales.
3.00 Garden Rescue (r)
4.00 SportsScene Results Classified results and a round-up of the afternoon's football news.
5.30 Superman & Lois
6.15 BBC News
6.25 Reporting Scotland; Weather
6.35 Celebrity Mastermind

- 7.05** The Wall Game show which sees a father and son from Plymouth answer questions that combine knowledge, strategy and luck for the chance to win a life-changing prize. Hosted by Danny Dyer.
7.50 Pointless Celebrities Alexander Armstrong and Richard Osman host a sport special, with Gus Fraser, Mike Gating, Suzi Perry, Jules Breach, Bianca Walkden, Bianca Williams, Phil Vickery, and Mark Foster.
8.35 Casualty Iain risks his life and his relationship with Chrissie to find Keidi's sister. When Jan is called out to an accident at a farm, she stumbles on a clue that could help him find her.
9.15 Killing Eve Carolyn tracks down a leading member of the Twelve, Villanelle embraces killing again, while Eve delves into the past of her target and unearths a few secrets..
10.00 BBC News; Weather
10.20 Match of the Day Gary Lineker presents highlights of the latest Premier League matches, including Liverpool v Watford and Burnley v Manchester City.
11.45 SportsScene Saturday

12.45 MOTD Top 10: Players to Have Never Won the Premier League **1.15** Weather for the Week Ahead **1.20** BBC News

Casualty,
8.35pm.



BBC2

- 6.40** The Engineers (r)
7.10 Blue Peter (r)
7.40 Malory Towers (r)
8.30 Deadly 60 (r)
9.00 Forces of Nature with Brian Cox (r)
10.00 Earth's Great Rivers II (r)
11.00 Interior Design Masters with Alan Carr (r)
12.00 Great British Menu: Banquet Special (r)
1.00 The Best Dishes Ever (r)
1.50 FILM: Calamity Jane (1953) Musical comedy Western, starring Doris Day.
3.30 Florida: America's Animal Paradise (r)
4.30 Live Women's Six Nations Wales v Scotland (Kick-off 4.45pm).

- 7.05** Grand Tours of Scotland's Lochs (r) Paul Murton sets sail through the Kyles of Bute to the Holy Loch and on to Ardentinn, his childhood home overlooking Loch Long. Journey's end is on the summit of the Cobbler.
7.35 TOTP: The Story of 1993 A review of the year via Top of the Pops performances, featuring 2Unlimited, Saint Etienne, Suede, Shaggy, M People, East 17, Take That, the Bluebells and New Order.
8.35 TOTP: Big Hits 1993 Top of the Pops performances from the year, featuring Haddaway, Sub Sub, Ace of Base, Robin S, Suede, Radiohead, Bjork, Meat Loaf, Gabrielle, Jamiroquai and Chaka Demus & Pliers.
9.35 Take That at the BBC A selection of performances by the group, from their early days with Robbie Williams as a five-piece, through to their current line-up of Gary Barlow, Mark Owen and Howard Donald.
10.35 Take That: We've Come a Long Way (r) Celebrating one of Britain's most successful and best-loved boy bands.
11.35 Meat Loaf: In and Out of Hell (r)

12.35 FILM: Amundsen (2019) **2.35** This Is BBC Two

TOTP: Big Hits 1993,
8.35pm.



STV

- 6.00** CITV
9.25 ITV News
9.30 James Martin's Saturday Morning
11.40 Simply Raymond Blanc
12.45 ITV News; Weather
1.00 STV Racing: Live from Ayr Coverage of the 3.35 Coral Scottish Grand National from Ayr, which follows races at 1.15, 1.50, 2.25 and 3.00. Plus, races at 1.35, 2.10 and 2.45 from Newbury.
4.00 Tipping Point: Best Ever Finals (r)
4.30 The Chase Celebrity Special (r) With Perry Fenwick, Jenny Eclair, Ore Oduba and Richard Madeley.
5.30 ITV News; Weather
5.45 STV News; Weather
6.00 Celebrity Catchphrase

- 7.00** Ant & Dec's Saturday Night Takeaway Alan Partridge (Steve Coogan) is in the Star Guest announcer booth, and George Ezra performs Anyone For You in a stunning End of the Show Show.
8.30 Starstruck: The Final Olly Murs hosts as the six heat winners battle it out for the £50,000 prize, taking to the stage in the guise of their idols to sing one of their hits. Last in the series.
9.40 ITV News; Weather
10.00 Paul Sinha's TV Showdown Anita Rani, Sarah Hadland, Ed Byrne and Jamie Laing join team captains Fay Ripley and Rob Beckett on the TV-themed comedy quiz show.
10.40 FILM: Lucy (2014) A courier is kidnapped and forced to become a drug mule. When she is exposed to the experimental chemicals she is smuggling, it boosts her intelligence and reflexes to superhuman levels. She uses her newfound abilities to get revenge on her captors, but as the process continues, she evolves into something more than human. Sci-fi thriller, starring Scarlett Johansson and Morgan Freeman.

12.20 Starstruck: The Final (r) **1.20** Shop: Ideal World **3.00** Living on the Veg (r) **3.55** Unwind with STV **5.10** Alphabetical (r)

Ant & Dec's Saturday Night Takeaway,
7pm.



PRIME TIME

LATE

RADIO LISTINGS

BBC RADIO 1

5.00 Radio 1 Relax. **6.00** The Happy Hour. **7.00** Adele Roberts. **10.00** Radio 1 Anthems. **10.32** Radio 1 Anthems. **11.02** Dean McCullough. **1.00** Matt and Mollie. **4.00** Dance Anthems. **7.00** 1Xtra's Takeover with DJ Target. **9.00** 1Xtra's Rap Show. **11.00** Radio 1's Soundsystem. **1.00** Radio 1's Classic Essential Mix. **3.00** Future Dance Mix with Sarah Story. **3.30** Pete Tong's Hot Mix. **4.00** Dance Anthems.

BBC RADIO 2

5.00 Radio 2 in Concert. Presented by Jo Whitley. **6.00** Sounds of the 60s with Tony Blackburn. Chart hits and rarities. **8.00** Dermot O'Leary. Music and guests. **10.00** Claudia Winkleman. Music and chat. **1.00** Pick of the Pops. Paul Gambaccini recalls the chart from this week in 1979. **2.00** Pick of the Pops. Paul Gambaccini recalls the chart from this week in 1998. **3.00** Scott Mills. Scott Mills sits in for Rylan with music and guests. **6.00** Liza Tarbuck. Music and chat. **8.00** The Rock Show with Johnnie Walker. Mick Jagger joins Johnnie to talk about his new solo track. **9.00** Romesh Ranganathan: For the Love of Hip-Hop.

The comedian and broadcaster shares his love of hip-hop. **10.00** The DJ Spooky House Party. DJ Spooky spins the discs for Craig Charles. **11.30** The DJ Spooky House Party Mixtape. Funk and soul sounds with DJ Spooky sitting in for Craig Charles. **12.00** Ana Matronic's Dance Devotion. **2.00** Gary Barlow - We Write the Songs. Gary Barlow chats to the Divine Comedy's Neil Hannon. **3.00** Friends Will Be Friends. The stories behind lasting friendships. **4.00** The Elton John Show. The musician plays a selection of his favourite records.

BBC RADIO 3

7.00 Breakfast. **9.00** Record Review. **11.45** Music Matters. **12.30** This Classical Life. **1.00** Inside Music. **3.00** Sound of Gaming. **4.00** Music Planet. **5.00** J to Z. **6.30** Opera on 3. **10.00** New Music Show. **12.00** Freeness. **1.00** Through the Night.

BBC RADIO 4

5.33 Shipping Forecast. **5.43** Prayer for the Day. **5.45** Lent Talks. **6.00** News and Papers. **6.07** Ramblings. **6.30** Farming Today This Week. **6.57** Weather. **7.00**

Today. **9.00** Saturday Live. **10.30** The Kitchen Cabinet. **11.00** The Week in Westminster. **11.30** From Our Own Correspondent. **12.00** News. **12.04** Money Box. **12.30** The Now Show. **12.57** Weather. **1.00** News. **1.10** Any Questions? **2.00** Any Answers? **2.45** From Fact to Fiction. **3.30** Rap Gets Real. **4.00** Weekend Woman's Hour. **5.00** Saturday PM. **5.30** The Bottom Line. **5.54** Shipping Forecast. **5.57** Weather. **6.00** Six O'Clock News. **6.15** Loose Ends. **7.00** Profile. **7.15** This Cultural Life. **8.00** Archive on 4: The Ministry of Fun. **9.00** GF Newman's The Corrupted. **9.45** Border Crossing. **10.00** News. **10.15** How Things Fell Apart, with Jon Ronson and Louis Theroux. **11.00** Round Britain Quiz. **11.30** Papageno and the Poetry of Disquiet. **12.00** The Midnight News. **12.15** Letter from Ukraine. **12.30** Short Works. **12.48** Shipping Forecast. **1.00** As BBC World Service.

BBC RADIO 5 LIVE

5.00 5 Live Boxing. **6.00** Saturday Breakfast. **9.00** Scott Mills and Chris Stark. **11.00** Fighting Talk. **12.00** 5 Live Sport. **5.00** Sports Report. **6.00** 6-0-6. **8.00** Kermode and Mayo's Film Review. **9.00** Stephen

CHANNEL 4

6.00 Mike & Molly (r)
6.45 The King of Queens (r)
7.35 The Simpsons (r)
10.50 Four in a Bed (r)
12.20 Four in a Bed (r)
12.55 Four in a Bed (r) The rivals reunite to discuss their feedback and find out the winner.
1.25 FILM: The Next Karate Kid (1994) Wise mentor and karate expert Mr Miyagi helps another teenager and takes her to a Zen monastery to hone her martial arts skills. Adventure sequel, with Pat Morita.
3.35 A Place in the Sun
4.20 FILM: Grease (1978) Romantic musical, with John Travolta and Olivia Newton-John.
6.30 Channel 4 News

7.00 Matt Baker: Our Farm in the Dales (r) Janice says an emotional goodbye to some of her beloved Hampshire Down sheep, and Matt's plan to build a patio and seating area in front of the farmhouse begins to take shape.
8.00 Chernobyl: The New Evidence How far Soviet leaders were willing to go to cover up the disaster.
9.00 FILM: The Hitman's Bodyguard (2017) A man is hired to protect a hitman about to testify at the International Criminal Court. Comedy action thriller, starring Ryan Reynolds and Samuel L Jackson.
11.25 FILM: Assassin's Creed (2016) A convict facing execution is recruited for a secret experiment where his consciousness is sent back in time to experience the life of his ancestor – a 15th-century ancestor battling a secret society. With the same evil organisation plotting world domination in the present, he must master his predecessor's skills and unlock his secret knowledge to defeat them. Action adventure based on the video game series, starring Michael Fassbender.

1.20 Ramsay's Kitchen Nightmares USA (r) **2.10 Come Dine with Me** (r) **3.00 Hollyoaks Omnibus** (r) **5.05 Moneybags** (r) **5.55 Kirstie's House of Craft** (r)

Matt Baker: Our Farm in the Dales, 7pm.



Nolan. **12.00** Newscast. **1.00** As BBC World Service.

CLASSIC FM
7.00 Alan Titchmarsh. **10.00** Aled Jones. **1.00** Alexander Armstrong. **4.00** Moira Stuart's Hall of Fame Concert. **7.00** Saturday Night at the Movies. **9.00** David Mellor's Melodies. **10.00** Smooth Classics. **1.00** Katie Breathwick. **4.00** Sam Pitts.

BBC RADIO SCOTLAND
6.00 Our Lives with Michelle McManus. **6.30** Out of Doors. **8.00** Good Morning Scotland. **10.00** Shereen. **11.30** Breaking the News. **12.00** Off the Ball. **2.00** Sportsound. **6.00** It's a Small World. **6.30** The Reveal. **7.00** Take the Floor. **9.00** Pipeline. **10.00** Billy Sloan. **1.00** As Radio 5 Live.



Limitless, Sky Showcase, 9pm.

CHANNEL 5

6.00 Milkshake!
10.00 SpongeBob SquarePants (r)
10.25 Entertainment News on 5
10.30 Friends (r)
12.00 Friends (r)
12.30 Our Yorkshire Farm (r)
1.30 Our Yorkshire Farm (r)
2.30 Cruising the Caribbean with Jane McDonald (r) The singer heads off round the Caribbean in mega cruise ship MSC Divina.
4.00 Kew Gardens: A Year in Bloom (r)
5.00 Cornwall: A Year by the Sea (r) Cameras focus on professional surfer Sam.
5.55 5 News Weekend
6.00 The Two Ronnies: The Lost Sketches (r) Material from the duo's Australian TV series.

7.30 Queens of Mystery An incident from the past may be the key to solving the case.
8.30 Dad's Army: All the Laughs & More (r) Behind the scenes of the comedy, revealing what the cast were like in real life and telling the stories of some of their own heroic efforts in the two world wars. Featuring interviews with some of the original cast and their wives and children, who give an insight into the drinking, the affairs, the personal problems and the tragedies that befell them during nine series of the show.
10.00 Most Shocking Celebrity Moments Memorable incidents from the 2000s, including Katie Price and Peter Andre finding love in the Australian jungle in front of millions of I'm a Celebrity viewers. Plus, the birth of reality classics The Osbournes and Big Brother, and the rivalry between Geri Halliwell and the Spice Girls at the Brit Awards. With contributions from Louis Walsh, Jenny Powell, Robert Elms, Vanessa Feltz, Bobby Norris, Sinitta, Stefan Dennis, Nish Kumar, Caprice and Kerry Katona.

12.00 Greatest Ever Celebrity Wind Ups (r) **1.00** The 21.co.uk Live Casino Show **3.00** Dubai: Lives of the Super Rich (r) **3.45** Now That's Funny! (r) **4.35** Wildlife SOS (r) **5.00** House Doctor (r) **5.25** Peppa Pig (r) **5.30** Paw Patrol (r)

Queens of Mystery, 7.30pm.



SATURDAY APRIL 2

Satellite & Digital

OUR TOP PICK OF THE CHANNELS

BBC3

7.00 Laugh Lessons. **7.05** EastEnders. **7.55** Gossip Girl. **9.15** Love in the Flesh. **10.00** Obsessed with... Killing Eve. **10.30** Mood. **11.15** FILM: What We Do in the Shadows (2014). Horror comedy, starring Jemaine Clement and Taika Waititi. **12.40** Becoming... The Batman. **12.55** Love in the Flesh. **2.25** Mood. **3.10** Freeze: Back on Thin Ice. **3.55** Close.

BBC4

7.00 The Normans. **8.00** Rick Stein's Long Weekends. **9.00** Hidden. **10.00** Hidden Wales with Will Millard. **11.00** Wogan: The Best Of. **11.45** Yes, Prime Minister. **12.15** Keeping Up Appearances. **12.45** A Slow Odyssey: A Turtle's Journey. **1.15** Rick Stein's Long Weekends. **2.15** The Normans. **3.15** Close.

ITV2

6.00 Totally Bonkers Guinness World Records. **6.25** Coronation Street Omnibus. **9.05** Love Bites. **11.10** Dress to Impress. **1.10** You've Been Framed! Gold. **2.15** FILM: Dr Seuss' The Lorax (2012). **3.15** FYI Daily. **3.20** FILM: Dr Seuss' The Lorax (2012). **4.00** FILM: Despicable Me (2010). **5.00** FYI Daily. **5.05** FILM: Despicable Me (2010). **5.50** FILM: Man of Steel (2013). **6.55** FYI Daily. **7.00** FILM: Man of Steel (2013). **8.30** FILM: Fast & Furious 8 (2017). Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. Action adventure sequel, with Vin Diesel and Charlize Theron. **9.30** FYI Daily. **9.35** FILM: Fast & Furious 8 (2017). **11.10** Celebrity Juice. **11.55** Family Guy. **12.55** American Dad! **1.50** Plebs. **2.45** Unwind with ITV. **3.00** Teleshopping.

ITV3

6.00 Man About the House. **7.00** Martin Clunes: My Travels and Other Animals. **8.00** Agatha Christie's Poirot. **9.05** Midsomer Murders. **11.00** FILM: The Booze Cruise (2003). Five men set off on a shopping trip to a French hypermarket, and the wives back home take full advantage of their husbands' absence. One-off comedy drama, starring Martin Clunes. **1.10** Law & Order: UK. **2.05** Unwind with ITV. **2.30** Teleshopping.

ITV4

6.00 The Protectors. **6.25** Tenable. **7.20** Hornblower. **9.30** ITV Racing: The Opening Show. **10.30** Match Time Revisited. **12.30** World of Sport. **12.45** Snooker: Tour Championship Live. **4.00** Monster Carp. **6.00** Match Time Revisited. **7.05** Dramatic Finishes. **7.15** Snooker: Tour Championship Live. The Tour Championship. Jill Douglas presents coverage of the evening session on day six at Venue Cymru in Llandudno,

featuring the conclusion of the second semi-final. **10.30** FILM: Firefox (1982). **11.35** FYI Daily. **11.40** FILM: Firefox (1982). **1.10** The Professionals. **2.20** The Protectors. **2.50** Unwind with ITV. **3.00** Teleshopping.

SKY SHOWCASE

6.00 Battle of the Alphas. **8.00** The Simpsons. **9.30** Soccer AM. **11.00** Live WSL. **2.00** Football's Funniest Moments. **3.00** Gillette Labs Soccer Saturday. **5.00** Curse of the Ancients. **6.00** Caesar's Domsday War. **7.00** Impossible Animals. **8.00** Micro Monsters with David Attenborough. **9.00** FILM: Limitless (2011). A failed writer acquires a drug that increases his brain power, but his new abilities attract dangerous attention. Sci-fi thriller, starring Bradley Cooper and Robert De Niro. **11.00** Peacemaker. **12.00** Resident Alien. **1.00** Caught on Dashcam. **2.00** The Force: North East. **3.00** Nothing to Declare.

SKY MAIN EVENT

6.00 Sky Sports News. **7.00** Live Super Rugby. **9.00** Good Morning Sports Fans. **9.30** My Icon: Maggie Alphonsi. **9.45** Live Super Rugby. **11.45** My Icon: Maggie Alphonsi. **12.00** Live EFL. **3.00** Gillette Labs Soccer Saturday. **5.00** Live: SNF. **8.00** Live Fight Night. Savannah Marshall v Femke Hermans. Live coverage of the middleweight world title bout from Newcastle Arena, plus the undercard. **11.00** Live MLS. Columbus Crew v Nashville SC (Kick-off 11pm). Live coverage of the inter-conference clash from Lower.com Field. **1.10** My Icon: Chris Hughton. **1.20** My Icon: Michael Holding. **1.30** Live ICC Women's World Cup.

SKY CRICKET

6.00 Best of the Women's World T20. **6.15** Best of the ICC Women's World Cup. **6.30** ICC Women's World Cup. **7.30** Test Cricket. **8.30** Live Test Cricket. **10.50** Live Indian Premier League. **2.50** Live Indian Premier League. **7.00** Test Cricket. **8.00** IPL. **10.00** One-Day International Cricket. **11.00** Best of the ICC Women's World Cup. **11.30** ICC Women's World Cup. **1.30** Live ICC Women's World Cup.

BT SPORT 1

6.00 BT Sport Reload. **6.15** ESPN FC. **6.45** MotoGP: ICYMI. **7.00** Live: Isuzu UTE A-League. **9.00** WWE Friday Night SmackDown. **10.30** Scottish Football Extra. **11.00** DIY Pundit. **11.30** Live Premier League. **3.00** BT Sport Score. **5.00** Live Vanarama National League. **7.30** Live: Serie A. Salernitana v Torino (Kick-off 7.45pm). Coverage of the Italian top-flight clash from Stadio Areechi. **9.45** Vanarama National League Highlights. **10.15** UEFA Champions League Magazine. **10.45** BT Sport Reload. **11.00** One Day International

Cricket. **12.00** DIY Pundit. **12.30** Inside Sailing. **1.00** Live: National Lacrosse League. **3.30** 30 for 30: Doc & Darryl. **5.00** FIM X-Trial World Championship Highlights.

BT SPORT 2

10.15 The Cricket's On. **11.15** MotoGP: ICYMI. **11.30** The Run-In. **12.30** MotoGP Rewind. **12.45** MotoGP: ICYMI. **1.00** Live MotoGP. **4.00** Live MotoGP. **8.00** One Day International Cricket. **9.00** WWE Friday Night SmackDown. **10.30** Ariel Helwani Meets. **11.00** Ligue 1. **1.00** Hockey. **2.00** Vanarama National League Highlights. **2.30** UEFA Champions League Magazine. **3.00** UFC Main Event. **4.00** UFC Fight Camp. **4.30** Badminton Unlimited. **5.00** Gearing Up. **5.30** BT Sport Reload.

EUROSPORT 1

6.00 Cycling: Tour of Flanders. **7.00** World Superbikes. **8.00** Formula E. **9.00** Figure Skating World Championships. **10.00** Cycling: Tour of Flanders. **12.00** Figure Skating World Championships. **1.00** The Cycling Show. **1.30** Cycling: Across Flanders. **2.30** Live Cycling: GP Miguel Indurain. **4.30** Cycling: Tour of Flanders. **7.00** Ski Jumping. **8.00** Cycling: GP Miguel Indurain. **9.00** Cycling: Gent-Wevelgem. **10.00** Olympic Games Hall of Fame – Beijing 2022 Alpine Skiing. **11.00** Formula E. **12.00** Cycling: GP Miguel Indurain. **1.00** Cycling: Gent-Wevelgem. **2.00** Ski Jumping. **3.00** Alpine Skiing. **4.00** Olympic Games Hall of Fame – Beijing 2022 Alpine Skiing. **5.00** Cycling: GP Miguel Indurain.

MORE4

8.55 Food Unwrapped. **9.30** A Place in the Sun. **12.25** Location, Location, Location. **1.25** Come Dine with Me. **4.05** Four in a Bed. **6.45** The Great Big Tiny Design Challenge with Sandi Toksvig. **8.00** Matt Baker: Travels with Mum & Dad. **9.00** 24 Hours in A&E. **11.05** 8 Out of 10 Cats Does Countdown. **12.05** Father Ted. **1.15** 24 Hours in A&E. **3.20** Father Ted. **3.50** Close.

BBC ALBA

6.00 Alba Today. **4.00** Pompon Am Mathan Beag/ Pompon Little Bear. **4.10** Treubh an Tuathanais. **4.25** 'S E Iasg a Th'Annann. **4.30** Piseag & Cùleann/Kit & Pup. **4.35** Creag nam Buthaidean. **4.40** Gudrun – A' Bhana-phrionnsa Lochlannach. **4.45** Sionnach agus Maigheach. **5.00** Na Moomins/Moomin Valley. **5.25** Caractaran. **5.30** Port Pàipeir. **5.45** An Là. **6.00** Scottish Premiership Football. **7.45** Julie Fowlis: Ceol Aig Baile. **8.00** Cearcall. **8.30** An Cuan Sgith. **9.00** Cuirm@Celtic Connections. **10.00** Eadar na Dha: 1918-1935/Clash of Futures: 1918-1935. **10.55** Scottish Premiership Football. **12.40**

Port – Druthrag Bheag Eile. **1.00** Alba Today.

BBC SCOTLAND

12.00 This Is BBC Scotland. **7.00** The Seven. **7.15** The Edit. **7.30** SportsScene Saturday. **8.30** The Mart. **9.00** Best of Chewin' the Fat. **9.30** FILM: Iona (2015). A woman fleeing a violent crime returns to her island home town, introducing her teenage son to a simpler way of life. Drama, starring Ruth Negga and Douglas Henshall. **10.50** Loop. **11.00** One More Tune. **11.30** Let's Talk About Sex. **12.00** Close.

GOLD

6.00 Teleshopping. **7.00** Ever Decreasing Circles. **7.45** Citizen Khan. **9.00** Desmond's. **9.35** Only Fools and Horses. **9.50** All Round to Mrs Brown's. **10.00** The Royle Family. **11.20** Live at the Apollo. **12.20** Citizen Khan. **1.40** All Round to Mrs Brown's. **2.45** The Royle Family. **4.00** Teleshopping.

PICK

6.00 Nothing to Declare. **11.00** Stop, Search, Seize. **12.00** Air Ambulance ER. **1.00** Police Force: Australia. **2.00** Highway Cops. **3.00** Police Ten 7. **4.00** Motorbike Cops. **5.00** Stop, Search, Seize. **6.00** Road Wars. **8.00** The Force: Manchester. **9.00** Caught on Dashcam. **10.00** Killer Neighbours. **11.00** Ross Kemp: Extreme World. **12.00** Night Cops. **1.00** Killer in My Village. **2.00** Nothing to Declare. **2.30** Border Security: Australia's Front Line. **3.00** Nothing to Declare. **4.00** Police Force: Australia.

FILM4

11.00 Akeelah and the Bee (2006). **1.15** Shrek Forever After (2010). **3.05** Transformers: Age of Extinction (2014). **6.20** Ghostbusters (2016). **9.00** The Rhythm Section (2019). A grieving woman veers down a vengeful path when she discovers the plane crash that killed her family was a terrorist attack. Thriller, starring Blake Lively and Jude Law. **11.15** Get Out (2017). Thriller, starring Daniel Kaluuya. **1.20** Blue Velvet (1986). **3.45** Close.

DAVE

6.00 Teleshopping. **7.10** Cop Car Workshop. **8.00** Rick Stein's Long Weekends. **9.00** Rick Stein's French Odyssey. **9.30** Storage Hunters UK. **10.00** Top Gear. **11.00** American Pickers. **12.00** Storage Hunters UK. **1.00** Top Gear. **3.00** Red Bull Soapbox Race. **4.00** Top Gear. **6.00** Would I Lie to You? **8.00** Not Going Out. **10.00** Mel Giedroyc: Unforgivable. **11.00** QI XL: Quizmas. **12.00** Have I Got a Bit More Old News for You. **1.00** Jon Richardson: Ultimate Warrior. **2.00** Dave Gorman: Terms and Conditions Apply. **3.00** QI XL. **3.30** Ladhoo. **4.00** Teleshopping.

TELEVISION

THE BEST OF TODAY'S TELLY

CRITIC'S CHOICE



Peaky Blinders

(BBC1, 9pm-10.20pm)

It's the moment fans of the Birmingham-set gangster drama have been both looking forward to and dreading. Steven Knight's much-loved show reaches an emotional conclusion tonight after six seasons, but as a pay off, we will get to see if there really is

'one last deal to be done' before the Peaky Blinders rest. Although specific details are being kept under wraps, we do know that Tommy will have to face the consequences of his experiences and actions over the years. As the clouds of the coming storm gather, what will be become of the leader of the Shetbys in a world on the road to war?



Thatcher & Reagan: A Very Special Relationship

(BBC2, 9pm-10pm)

Charles Moore, author of the authorised biography of Margaret Thatcher, reveals his personal view of how the relationship between the former UK Prime Minister and US President Ronald Reagan changed the course of world history.



Muhammad Ali

(BBC2, 10.20pm-11.10pm)

There have been plenty of documentaries and films about Muhammad Ali but Ken Burns' eight-part series offers a definitive look at the life and legacy of the man known as 'The Greatest'. With so much ground to cover in and out of a boxing ring, each episode focuses on a different aspect of Ali's life.



The Piano: A Passion

(BBC4, 7pm-8pm)

Alexander Waugh searches for other like-minded piano obsessives around the concert halls and homes of classical and pop pianists such as Paul Lewis, Jools Holland and Damon Albarn. The film also captures Waugh's effort to teach a novice how to play the instrument in a week.



A Farmer's Life

(More4, 9.55am-10.55am)

New series. The successes and struggles of farming in Ireland from the perspectives and experiences of a range of farmers and their families. In a second episode at 10.25am, Jack is under pressure to win Star of the Future, and vet Diane deals with an emergency.

EARLY

PRIME TIME

LATE

BBC1

- 6.00 Breakfast**
7.30 Match of the Day (r)
9.00 Sunday Morning
10.00 The Sunday Show
10.30 Wanted Down Under Revisited (r)
11.15 Heavenly Gardens with Alexander Armstrong (r)
12.15 Bargain Hunt (r)
1.00 BBC News; Weather
1.15 Songs of Praise The Rev Kate Bottley visits Hereford Cathedral.
1.50 The Boat Race Live coverage of the annual races between Oxford and Cambridge Universities.
4.20 Dodger (r)
5.05 BBC News
5.20 Reporting Scotland; Weather
5.30 Countryfile
6.30 Extraordinary Portraits

- 7.00 Antiques Roadshow** Fiona Bruce presents the show from the Royal Botanic Garden Edinburgh, where finds include a set of traditional Highland dress that once belonged to a clan chieftain.
8.00 Dynasties On Zambia's plains, a cheetah mother must keep her cubs safe, preparing them for life without her. They take on dangerous prey and learn that even tiny neighbours can bite back.
9.00 Peaky Blinders Final episode of the period gangster drama. As the clouds of the coming storm gather, Tommy faces the consequences of his experiences and his actions.
10.20 BBC News
10.45 Reporting Scotland; Weather
10.50 Match of the Day 2 Mark Chapman reviews the day's Premier League action, featuring West Ham United v Everton at London Stadium and Tottenham Hotspur v Newcastle United at Tottenham Hotspur Stadium.
11.50 SportsScene Rangers v Celtic. Steven Thompson presents extended highlights of the Premiership clash between the Old Firm rivals at Ibrox.

- 12.55 The Women's Football Show 1.30**
Weather for the Week Ahead 1.35 BBC News

Antiques Roadshow, 7pm.



BBC2

- 6.50 Christine's Garden (r)**
7.20 Gardeners' World (r)
8.20 Countryfile (r)
9.15 Saturday Kitchen Best Bites
10.45 Marcus Wareing's Tales from a Kitchen Garden (r)
11.15 The Hairy Bikers' Northern Exposure (r)
12.15 MOTD Live: Women's Super League Leicester City v Arsenal (Kick-off 12.30pm).
2.40 FILM: Move Over, Darling (1963) Comedy, starring Doris Day and James Garner.
4.20 Perfect Partners: Talking Pictures
5.20 Inside the Factory (r)
6.20 Britain's Ancient Capital: Secrets of Orkney (r)

- 7.20 Stanley Tucci: Searching for Italy** The actor starts his exploration of Tuscany, with Renaissance scholar Elisabetta Di Giugno taking him on a tour of Florence's wine bars, before he attends a threshing festival.
8.00 The Speedshop Titch Cormack and his team use all their military experience as they battle time constraints to refurbish and upgrade Exmoor Search and Rescue's 30-year-old Land Rover Defender.
9.00 Thatcher & Reagan: A Very Special Relationship Charles Moore examines the alliance between prime minister Margaret Thatcher and US president Ronald Reagan in the 1980s.
10.00 Falklands War Stories (r)
10.20 Muhammad Ali New series. Ken Burns' documentary about the sporting legend and activist.
11.10 FILM: All the President's Men (1976) Fact-based political drama about investigative journalists Bob Woodward and Carl Bernstein, who brought the Watergate scandal to light. Starring Robert Redford and Dustin Hoffman.

- 1.25 Sign Zone: Question Time (r) 2.25 Holby City (r) 3.10 This Is BBC Two**

The Speedshop, 8pm.



STV

- 6.00 CITV**
9.25 ITV News
9.30 The Pier
10.00 Love Your Weekend with Alan Titchmarsh With Petula Clark, Fiona Dolman and Adam Kay.
12.00 The Pet Show (r)
1.00 ITV News; Weather
1.10 The Masked Singer US (r)
2.05 Midsomer Murders (r) When a farmer is discovered bound to a tree, doused in truffle oil and mauled to death by a wild boar, the investigation leads Barnaby to a tyrannical celebrity chef.
4.05 FILM: Evan Almighty (2007)
6.00 ITV News; Weather
6.15 STV News; Weather
6.30 Tipping Point: Lucky Stars

- 7.30 All Star Musicals** John Barrowman hosts as celebrities Michaela Strachan, Jacqueline Jossa, Alex Beresford, Lisa George, Colin Salmon and Danny Care perform songs from hit musicals including Hamilton, Les Misérables, Frozen and The Greatest Showman. West End stars Elaine Paige, Samantha Barks and Trevor Dion Nicholas judge their efforts, while the performer who gets the most votes from the studio audience will be crowned the winner.
9.00 The Ipcress File Harry is handed over to the Chinese military and subject to a bewildering regime of mental torture, while Chico and Alice are suspicious of gaps in Lavotchkin's personal history.
10.00 ITV News; Weather
10.20 Joanna Lumley's Great Cities of the World (r) Joanna visits Berlin, including the Festival of Lights, meets an all-female motorcycle club, and witnesses a replica of a western town. Last in the series.
11.15 Gallagher Premiership Rugby Union Highlights David Flatman and Topsy Ojo present action from the 22nd round of fixtures.

- 12.10 Shop: Ideal World 3.00 Don't Rock the Boat (r) 3.50 Unwind with STV 5.05 Tipping Point (r)**

The Ipcress File, 9pm.



RADIO LISTINGS

BBC RADIO 1

5.00 Radio 1 Relax. **6.00** Radio 1's Chillout Anthems. **7.00** Adele Roberts. **10.00** Radio 1 Anthems. **10.32** Radio 1 Anthems. **11.02** Dean McCullough. **1.00** Matt and Mollie. **4.00** Radio 1's Life Hacks. **6.00** The Official Chart. **7.00** Radio 1's Chilliest Show. **9.00** Rock Show with Daniel P Carter. **11.00** BBC Introducing on Radio 1. **12.00** Radio 1's Future Soul with Victoria Jane. **1.30** Radio 1's UK R&B Mix. **2.00** Radio 1's Decompression Session. **3.00** Radio 1's Chill Mix. **3.30** Radio 1's Chill Mix. **4.00** Radio 1 Dance.

BBC RADIO 2

6.00 Good Morning Sunday. **9.00** Steve Wright's Sunday Love Songs. **11.00** The Michael Ball Show. **1.00** Samantha Barks on Sunday. **3.00** Sounds of the 70s with Johnnie Walker. **5.00** Rob Beckett. **7.00** Sunday Night Is Music Night. **9.00** Wogan: In His Own Words. **10.00** Dr Rangan Chatterjee. **12.00** OJ Borg. **2.30** One Hit Wonders with OJ Borg. **3.00** Tracks of My Years. **4.00** Owain Wyn Evans.

BBC RADIO 3

7.00 Breakfast. **9.00** Sunday Morning. **12.00** Private Passions. **1.00** Radio 3 Lunchtime Concert. **2.00** The Early Music Show. **3.00** Choral Evensong. **4.00** Jazz Record Requests. **5.00** The Listening Service. **5.30** Words and Music. **6.45** Sunday Feature: I Arrive Without Leaving - The Story of Women Surrealist Poets. **7.30** Drama on 3: Beethoven Can Hear You. **9.00** Record Review Extra. **11.00** The Art of Accompaniment. **12.00** Sounds Connected. **12.30** Through the Night.

BBC RADIO 4

5.33 News Briefing. **5.43** Bells on Sunday. **5.45** Profile. **6.00** News Headlines. **6.05** Something Understood. **6.35** Natural Histories. **6.57** Weather. **7.00** News. **7.10** Sunday. **7.54** Radio 4 Appeal. **7.57** Weather. **8.00** News. **8.10** Sunday Worship. **8.48** A Point of View. **8.58** Tweet of the Day. **9.00** Broadcasting House. **10.00** The Archers. **11.00** The Reunion. **11.45** Lent Talks. **12.00** News. **12.04** Just a Minute. **12.32** The Food Programme. **12.57** Weather. **1.00** The World This Weekend. **1.30** The

Listening Project. **2.00** Gardeners' Question Time. **2.45** 1922: The Birth of Now. **3.00** Drama: Rossum's Universal Robots. **4.00** Bookclub. **4.30** The Open Box. **5.00** Dirty Work. **5.40** Profile. **5.54** Shipping Forecast. **5.57** Weather. **6.00** Six O'Clock News. **6.15** Pick of the Week. **7.00** The Archers. **7.15** Desolation Jests. **7.45** Spring Stories. **8.00** Feedback. **8.30** Last Word. **9.00** Money Box. **9.25** Radio 4 Appeal. **9.30** Analysis. **9.59** Weather. **10.00** The Westminster Hour. **11.00** Loose Ends. **11.30** Something Understood. **12.00** News and Weather. **12.15** The Lullaby Project. **12.45** Bells on Sunday. **12.48** Shipping Forecast. **1.00** As BBC World Service.

BBC RADIO 5 LIVE

5.00 Sports Desk. **5.30** 5 Live Sport. **6.00** 5 Live Science. **7.00** Sunday Breakfast. **10.00** Laura Whitmore. **11.45** 5 Live Sport. **12.00** 5 Live Sport. **2.00** 5 Live Sport. **4.00** 5 Live Sport. **4.30** 5 Live Sport. **6.30** 6-0-6. **8.00** Teach Me a Lesson with Greg James and Bella Mackie. **8.45** Life Hacks. **9.00** Stephen Nolan. **12.00** Stacey Dooley: Fresh Starts.

CHANNEL 4

6.05 Mike & Molly (r)
7.15 The King of Queens (r)
8.30 The Simpsons (r)
9.30 Sunday Brunch
12.30 The Simpsons (r)
12.55 The Simpsons (r)
1.25 The Simpsons (r)
1.55 The Secret Life of the Zoo (r)
2.40 The Great Celebrity Bake Off for Stand Up to Cancer (r) Ruby Wax, Gareth Malone, Laura Whitmore and Yung Filly bake for charity.
4.00 Grand Designs (r) A couple planning to create a hybrid structure in Cumbria.
5.00 Channel 4 News
5.30 Ukraine: On the Front Line with Johnny Mercer
6.00 One and Six Zeros

7.00 Britain's Most Expensive Houses (r) Company director Jason is determined to bag Otterburn Castle in Northumberland, which was once in his family, and John takes on a Surrey property which has links with Hollywood.
8.00 Inside the Superbrands New series. Helen Skelton uncovers the inside secrets of some of Britain's most popular brands. In the first episode, she is joined by Ed Sheeran to go behind the scenes at Heinz.
9.00 The Big Fat Quiz of Everything 2022 Jimmy Carr hosts the panel show, joined by celebrity guests including Rob Beckett, Richard Ayoade, Rosie Jones, Roisin Conaty, Mawaan Rizwan and Joanne McNally. Charles Dance heads up a cast of celebrity question-setters, posing puzzling queries on the world's hottest chilli, bomb disposal dogs, and what Ringo Starr doesn't want people to do.
11.00 8 Out of 10 Cats Does Countdown (r) Sean Lock and Harry Hill take on Jon Richardson and Rose Matafeo, while Alex Horne and the Horne Section join Susie Dent in Dictionary Corner. Hosted by Jimmy Carr.

12.00 Rescue: Extreme Medics (r) **1.00** Chernobyl: The New Evidence (r) **1.55 FILM:** Patti Cake\$ (2017) **3.40** Come Dine with Me (r)

One and Six Zeros, 6pm.



12.40 5 Minutes On. **1.00** As BBC World Service.

CLASSIC FM
7.00 Aled Jones. **10.00** John Brunning. **1.00** Catherine Bott. **4.00** John Humphrys. **7.00** Smooth Classics. **9.00** From Couch to Opera House (in Seven Weeks). **10.00** Smooth Classics. **1.00** Bill Overton.

BBC RADIO SCOTLAND
6.00 Our Story. **6.30** It's a Small World. **7.00** The Reveal. **7.30** New Every Sunday. **8.00** Sunday Morning. **10.00** The Sunday Show. **11.30** Sportsound. **3.00** Off the Ball. **4.00** (MW) Sportsound. **5.00** (FM) Your Requests with Gary Innes. **6.30** (MW) Your Requests with Gary Innes. **7.00** Classics Unwrapped. **9.00** Jazz Nights. **11.00** Iain Anderson. **1.00** As Radio 5 Live.



NCIS: New Orleans, Sky Showcase, 10pm.

CHANNEL 5

6.00 Milkshake!
10.00 SpongeBob SquarePants (r)
10.25 Entertainment News on 5
10.30 Friends (r)
12.00 Friends (r)
12.30 Friends (r)
12.55 FILM: Joe Kidd (1972) Western, starring Clint Eastwood.
2.00 Entertainment News on 5
2.05 FILM: Joe Kidd (1972) Concluded.
2.45 FILM: Wyatt Earp (1994)
3.45 5 News Update
3.50 FILM: Wyatt Earp (1994) Concluded.
6.25 5 News Weekend
6.30 When Posh Holidays Go Horribly Wrong (r) Interviews with the people whose holidays ended in disaster.

8.00 Happy Campers: The Caravan Park It is high summer and at Crealy Theme Park & Resort duty manager Graham is concerned about some dogs in a vehicle, but has to follow the correct protocol. In Tencreek Holiday Park, Cornwall, head yellowcoat Matt is preparing for a bingo evening with a supersized prize fund.
9.00 Holidaying with Jane McDonald: The Caribbean Jane heads to St Lucia, taking and a boat ride from the north to the south of the island en route to an outdoor hot tub heated by a volcano.
10.00 Monaco: Lives of the Super Rich (r) Eamonn Holmes and Ruth Langford explore the millionaires' playground of Monte Carlo, including a visit to the exclusive club of former Formula 1 boss Flavio Briatore.
10.55 Funniest Royal Cock-Ups (r) Gyles Brandreth narrates a selection of mishaps involving members of the royal family, including Prince Harry falling off his horse during a polo match and Prince Charles recreating the Hot Stuff routine from The Full Monty.

1.00 The 21.co.uk Live Casino Show **3.00** A Country Life for Half the Price with Kate Humble (r) **3.45** Casualty 24/7: Every Second Counts (r) **4.35** Wildlife SOS (r) **5.00** House Doctor (r) **5.25** Peppa Pig (r)

Happy Campers: The Caravan Park, 8pm.



SUNDAY APRIL 3

Satellite & Digital

OUR TOP PICK OF THE CHANNELS

BBC3

7.00 EastEnders. **8.00** The Drop. **9.00** Love in the Flesh. **9.45** Hot Property. **10.15** Laugh Lessons. **10.20** Obsessed With – Peaky Blinders. **10.50** Becoming – Tommy Shelby. A Peaky Blinders Special. **11.05** The Drop. **12.05** Love in the Flesh. **1.35** Hot Property. **2.05** Freeze: Back on Thin Ice. **2.50** Mood. **3.35** My Mate's a Bad Date. **4.00** Close.

BBC4

7.00 The Piano: A Passion. **8.00** Much Ado About Nothing. **10.45** Arena: All the World's a Screen – Shakespeare on Film. **11.45** Imagine – Becoming Cary Grant. **1.15** The Beauty of Maps. **2.15** The Piano: A Passion. **3.15** Close.

ITV2

6.00 Totally Bonkers Guinness World Records. **6.25** Love Bites. **8.30** Dress to Impress. **11.30** Celebrity Catchphrase. **12.30** You've Been Framed! Gold. **2.00** **FILM:** Yogi Bear (2010). **3.00** FYI Daily. **3.05** **FILM:** Yogi Bear (2010). **3.35** **FILM:** Shark Tale (2004). **4.35** FYI Daily. **4.40** **FILM:** Shark Tale (2004). **5.25** **FILM:** Shrek (2001). **6.25** FYI Daily. **6.30** **FILM:** Shrek (2001). **7.10** **FILM:** Johnny English (2003). A bumbling British secret agent tries to unmask a mysterious villain responsible for stealing the Crown Jewels. Comedy, with Rowan Atkinson, John Malkovich and Natalie Imbruglia. **8.15** FYI Daily. **8.20** **FILM:** Johnny English (2003). **9.00** Family Guy. **11.25** American Dad! **12.25** Deep Heat. **1.25** Don't Hate the Playaz. **2.10** CelebAbility. **2.50** Unwind with ITV. **3.00** Teleshopping.

ITV3

6.00 Emmerdale Omnibus. **8.50** That's My Boy. **9.55** Midsomer Murders. **1.50** Agatha Christie's Poirot. **5.00** Midsomer Murders. **9.00** An Audience with Victoria Wood. **10.05** **FILM:** The Boozie Cruise II: The Treasure Hunt (2005). Dave, Rob and Maurice embark on a two-day charity treasure hunt, while trying to be nice to an unpleasant client. Comedy drama sequel, starring Mark Benton. **12.10** Law & Order: UK. **3.00** That's My Boy. **3.25** Emmerdale Omnibus. **5.50** Unwind with ITV.

ITV4

6.00 World of Sport. **6.10** World Superbikes Season Preview. **7.05** Extreme E: Electric Odyssey. **7.40** Motorsport Mundial. **8.10** Auto Mundial. **8.40** **FILM:** The Great Outdoors (1988). **9.50** FYI Daily. **9.55** **FILM:** The Great Outdoors (1988). **10.30** Hornblower. **12.45** Snooker: Tour Championship Live. The first session of the final. **4.00** Monster Carp. **6.05** Match Time Revisited. **7.05** Nine Dart Finishes. **7.15**

Snooker: Tour Championship Live. Jill Douglas presents the conclusion of the final from Venue Cymru in Llandudno, with the winner taking home 150,000 pounds. **10.30** **FILM:** Oblivion (2013). A repairman salvaging resources from a devastated future Earth discovers a secret that threatens the human race. Sci-fi adventure, starring Tom Cruise and Morgan Freeman. **11.35** FYI Daily. **11.40** **FILM:** Oblivion (2013). **12.50** The Professionals. **1.55** The Protectors. **2.30** Unwind with ITV. **3.00** Teleshopping.

SKY SHOWCASE

6.00 Hour of Power. **7.00** Where's Wally. **9.05** The Simpsons. **10.00** Magnum P.I. **11.00** NCIS: New Orleans. **12.00** The Equalizer. **1.00** David Attenborough's Global Adventure: Home Planet. **2.00** David Attenborough's Global Adventure: The Rise of Nature. **3.00** The Simpsons. **6.30** Live WSL. **9.00** Magnum P.I. **11.00** NCIS: New Orleans. **11.00** Saturday Night Live. **12.30** SEAL Team. **1.30** The Force: North East. **2.30** Road Wars. **3.00** Nothing to Declare. **5.00** The Early Rundown.

SKY MAIN EVENT

6.00 Live ICC Women's World Cup. **10.00** Super Sunday Matchday. **11.00** Live SPFL. **2.00** Live Renault Super Sunday. **4.00** Live Renault Super Sunday. Tottenham Hotspur v Newcastle United (Kick-off 4.30pm). **7.30** Live WSL. Chelsea v Reading (Kick-off 6.45pm). Live coverage of the match from Kingsmeadow. **9.30** Live PGA Tour Golf. The Valero Texas Open. Live coverage of the fourth and final day at TPC San Antonio. **11.00** Live LPGA Tour Golf. The Chevron Championship. Live coverage of the fourth and final day at Mission Hills Country Club in Rancho Mirage, California. **2.00** Sky Sports News.

SKY CRICKET

6.00 Live ICC Women's World Cup. **10.00** Live Test Cricket. **2.50** Live Indian Premier League. Chennai Super Kings v Punjab Kings. **7.00** ICC Women's World Cup. **8.00** Test Cricket. **9.00** IPL. **10.00** Ace: A Programme For Change. **10.30** ICC Women's World Cup. **11.30** Test Cricket. **12.30** IPL. **1.30** Ace: A Programme For Change. **2.00** ICC Women's World Cup. **3.00** Test Cricket. **4.00** IPL. **5.00** Best of the ICC Women's World Cup. **5.15** Women's World T20 Classics.

BT SPORT 1

6.00 Serie A. **7.00** Live: Isuzu UTE A-League. **9.00** BT Sport Reload. **9.15** Live: Isuzu UTE A-League. **11.15** BT Sport Reload. **11.30** Vanarama National League Highlights. **12.00** Live Ligue 1. **2.00** Live Gallagher Premiership Rugby Union. **5.15** Live Rugby Tonight.

6.00 Rugby Stories. **6.30** Vanarama National League Highlights. **7.00** Live: Golazzo Live. **7.45** Live: Serie A. Juventus v Inter Milan (Kick-off 7.45pm). Coverage of the Italian top-flight clash from Allianz Stadium. **10.00** UEFA Europa League Magazine. **11.00** Gallagher Premiership Rugby Highlights. **12.31** PSA Squash. **1.30** One Day International Cricket. **2.30** Live: One Day International Cricket.

BT SPORT 2

6.00 Live AFL. **9.00** WWE Raw Highlights. **10.00** WWE SmackDown Highlights. **11.00** ESPN FC. **11.30** Live: Serie A. **1.30** UEFA Champions League Magazine. **2.00** Live MotoGP. **3.15** Live MotoGP. **5.00** Live MotoGP. **6.30** Live MotoGP. **8.00** Live MotoGP Chequered Flag. Post-race show featuring analysis, highlights and interviews with all the key riders following the Grand Prix of Argentina. **9.00** WWE NXT UK. **10.00** WWE SmackDown Highlights. **11.00** WWE NXT. **12.45** BT Sport Reload. **1.00** Isuzu UTE A-League. **3.00** Freeride World Tour. **4.00** Gallagher Premiership Rugby Highlights. **5.30** BT Sport Reload.

EUROSPORT 1

6.00 Cycling: Tour of Flanders. **7.15** Live: Paris Marathon. **10.00** Live Cycling: Tour of Flanders. **3.45** Live Cycling: Tour of Flanders. **5.00** Paris Marathon. **6.30** Olympics: Legends Live On. **7.05** Ski Jumping. **8.00** Cycling: Tour of Flanders. **10.00** Olympic Games Hall of Fame – Beijing 2022. **11.00** Formula E. **12.00** Cycling: Tour of Flanders. **2.00** Cycling: Gent-Wevelgem. **4.00** Lakeside WDF World Championship Darts Highlights.

MORE4

8.55 Matt Baker: Travels with Mum & Dad. **9.55** A Farmer's Life. **10.55** George Clarke's Old House, New Home. **12.00** Come Dine with Me. **2.40** Four in a Bed. **5.20** Come Dine with Me. **8.00** Devon and Cornwall: Coastal Lives. **9.00** The Great Big Tiny Design Challenge with Sandi Toksvig. **10.00** 24 Hours in A&E. **11.05** Emergency Helicopter Medics. **12.10** Father Ted. **1.15** Devon and Cornwall: Coastal Lives. **2.15** The Great Big Tiny Design Challenge with Sandi Toksvig. **3.20** Food Unwrapped. **3.50** Close.

BBC ALBA

6.00 Alba Today. **4.00** Scottish Challenge Cup Football. **6.25** An Là. **6.40** Seachd Là. **7.30** Slighe Andra. **7.55** Fraochy Bay. **8.00** Èirpea. **8.30** Vets: Gach Creutair Beo. **9.00** Farpaisean Chon-Chaorach. **10.00** Ceòl Dùthchasach/Ken Burns' Country Music. **11.55** Fraochy Bay. **12.00** Alba Today.

BBC SCOTLAND

12.00 This Is BBC Scotland. **7.00** The Seven. **7.15** SportsScene. **8.20** Scottish Cup Facts. **8.30** Fish Town. **9.00** Paramedics on Scene. **10.00** Still Game. **10.30** Raiders of the Lost Archive. **11.00** Seven Days. **12.00** Close.

GOLD

6.00 Teleshopping. **7.35** Citizen Khan. **8.45** Only Fools and Horses. **8.20** Dad's Army. **9.00** Newark, Newark. **11.00** The Royle Family. **12.20** Royle Family Portraits. **2.25** The Interviews. **3.25** The Royle Family. **4.00** Teleshopping.

PICK

6.00 Border Patrol. **8.00** Police Force: Australia. **10.00** Highway Patrol. **11.00** UK Border Force. **12.00** Road Wars. **2.00** Nothing to Declare. **2.30** Border Security: Australia's Front Line. **3.00** Nothing to Declare. **4.00** Highway Cops. **5.00** Caught Red Handed. **7.00** Motorbike Cops. **8.00** Brit Cops: Law & Disorder. **9.00** **FILM:** Senna (2010). Documentary exploring the life of Formula One world champion Ayrton Senna, examining his achievements on the track in the 10 years before his death during the San Marino Grand Prix. **11.00** The Killer Within. **12.00** Killer Colleagues. **1.00** Britain's Most Evil Killers. **2.00** Police Force: Australia. **4.00** Border Patrol.

FILM4

11.00 The Pink Panther (1963). **1.20** The Longest Ride (2015). **3.50** Deep Impact (1998). **6.10** The Martian (2015). **9.00** Independence Day: Resurgence (2016). Two decades after the world was saved from an alien attack, a second even deadlier invasion begins. Sci-fi adventure, starring Jeff Goldblum and Liam Hemsworth. **11.20** Legend (2015). Biopic of the Kray brothers, exploring their rise to power from the point of view of Reggie's wife Frances. Starring Tom Hardy as both twins, with Emily Browning. **1.55** A Fantastic Woman (2017). **4.00** Close.

DAVE

6.00 Teleshopping. **7.10** Cop Car Workshop. **8.00** Rick Stein's French Odyssey. **9.00** Storage Hunters UK. **10.00** Top Gear. **12.00** American Pickers. **1.00** Border Force: America's Gatekeepers. **2.00** Special Ops: Crime Squad UK. **3.00** Top Gear. **4.00** Would I Lie to You? **6.00** Top Gear. **7.00** Border Force: America's Gatekeepers. **8.00** Mortimer & Whitehouse: Gone Fishing. **8.40** QI XL. **10.00** The Island. **11.00** QI XL. **12.00** Alan Davies: As Yet Untitled. **1.00** All Girls Live at the Apollo. **2.00** The 'Christmas' Misadventures of Romesh Ranganathan. **3.00** QI XL. **3.35** Ladhoo. **4.00** Teleshopping.

BBC 1

6.00 Breakfast
9.15 Morning Live
10.00 Scam Interceptors
10.45 Defenders UK
11.15 Homes Under the Hammer (r)
12.15 Bargain Hunt
1.00 BBC News at One; Weather
1.30 Reporting Scotland; Weather
1.45 Doctors
2.15 Shakespeare & Hathaway – Private Investigators (r)
3.00 Escape to the Country
3.45 The Repair Shop
4.30 Bridge of Lies
5.15 Pointless
6.00 BBC News at Six; Weather
6.30 Reporting Scotland; Weather
6.55 Party Election Broadcast

BBC 2

6.30 Bargain Hunt (r) **7.15** The Repair Shop (r) **8.00** Sign Zone: Great Coastal Railway Journeys (r) **8.30** Inside Culture with Mary Beard (r) **9.00** BBC News 10.00
BBC News 1.00 Ready Steady Cook (r)
1.45 Eggheads (r) **2.15** Street Auction (r)
 Raising funds for an inspirational resident of Gloucester.
3.00 The Heights (r) A letter for Kam sparks excitement.
3.30 The Customer Is Always Right (r)
4.15 Indian Ocean with Simon Reeve (r)
 The adventurer travels around the coastline of the Indian Ocean.
5.15 Flog It! (r)
6.00 Richard Osman's House of Games
6.30 Lightning

STV

6.00 Good Morning Britain
9.00 Lorraine
10.00 This Morning
12.30 Loose Women
1.30 ITV Lunchtime News; Weather
1.55 STV News; Weather
2.00 Dickinson's Real Deal (r) David Dickinson and the team visit Aerospace Bristol.
3.00 Lingo (r)
3.59 STV Weather Central
4.00 Tipping Point (r) Quiz, hosted by Ben Shephard.
5.00 The Chase (r)
6.00 STV News at Six; Weather
6.25 Party Election Broadcast
6.30 ITV Evening News; Weather

CHANNEL 4

6.00 Food Unwrapped (r)
6.05 Countdown (r)
6.45 Cheers (r)
7.40 Everybody Loves Raymond (r)
9.05 Frasier (r)
10.35 Ramsay's Kitchen Nightmares USA (r)
11.30 Channel 4 News
11.35 Undercover Boss USA (r)
12.30 Steph's Packed Lunch
2.10 Countdown
3.00 A Place in the Sun (r)
4.00 A New Life in the Sun (r)
5.00 Sun, Sea and Selling Houses
6.00 The Simpsons (r) Homer becomes a masked vigilante.
6.30 Hollyoaks (r)

CHANNEL 5

6.00 Milkshake!
9.15 Jeremy Vine
12.15 George Clarke's Build a New Life in the Country (r)
1.10 5 News at Lunchtime
1.15 Home and Away (r)
1.45 Neighbours
2.15 FILM: A Criminal Affair (2021) Premiere. Thriller, starring Savvy Shay.
4.00 Filthy House SOS (r) A three-bedroom house suffering from floor to ceiling clutter.
5.00 5 News at 5
6.00 Neighbours (r) Roxy and Kyle decide to take the settlement offer.
6.30 Eggheads

7.00 The One Show
7.30 EastEnders
8.00 Disclosure: The Truth About Scotland and Racism
8.30 Scotland's Home of the Year New series. Anna Campbell Jones, Michael Angus and Kate Spiers are in the Highlands.
9.00 The Split
10.00 BBC News at Ten
10.25 Reporting Scotland; Weather
10.35 Obesity: Who Cares If I'm Bigger? – Panorama
11.05 Have I Got a Bit More News for You (r)
11.50 Paddy and Christine McGuinness: Our Family and Autism (r)

12.50 Killing Eve (r) **1.35** Weather for the Week Ahead **1.40** BBC News

7.00 Doctors (r)
7.30 Rick Stein's Cornwall (r)
8.00 Mastermind Clive Myrie hosts the sixth and concluding semi-final.
8.30 University Challenge The grand final of the student quiz.
9.00 House of Maxwell New series. Documentary charting an extraordinary family saga.
10.00 Live at the Apollo (r) Dara O Briain hosts, with sets by Felicity Ward and Mo Gilligan.
10.30 Newsnight Headline analysis.
11.10 Weather
11.15 Couples Therapy
11.40 How to Sleep Well with Michael Mosley (r)

12.40 Sign Zone: Countryfile (r) **1.40** Antiques Roadshow (r) **2.40** MasterChef (r) **3.40** This Is BBC Two

7.30 Emmerdale Meena puts on a show in court.
8.00 Coronation Street Jon offers Emma a new life in Australia.
9.00 Holding PJ uncovers the truth behind the body and is forced to confront his own personal demons as he attempts to bring the killer to justice. Conleth Hill stars. Last in the series.
10.00 ITV News at Ten
10.30 STV News; Weather
10.40 Scotland Tonight; Weather Current affairs show.
11.10 All Elite Wrestling: Rampage (r) Hard-hitting, high-flying wrestling action.

12.00 Shop: Ideal World **3.00** Loose Women (r) **3.50** Unwind with STV **5.05** Tipping Point (r)

7.00 Channel 4 News
8.00 Cadbury Exposed: Dispatches The truth behind Britain's best-loved chocolate brand.
8.30 Travel Man: 48 Hours in the Basque Country Joe Lycett is joined by James Acaster for a long weekend in the Basque Country.
9.00 Rescue: Extreme Medics A trauma team based in Aberdeen attend a plane crash outside of Elgin in Moray.
10.00 Police Custody USA The Narcotics squad fights a war against meth, which is ravaging Kansas City.
11.05 In the Footsteps of Killers (r) Emilia Fox and David Wilson investigate the disappearance of Suzy Lampugh.

12.05 Emergency (r) **1.05** Ramsay's Kitchen Nightmares USA (r) **1.55** Come Dine with Me (r) **2.50** Location, Location, Location (r) **3.45** Ugly House to Lovely House with George Clarke (r) **4.40** Grayson's Art Club (r) **5.35** Bidding Wars (r)

7.00 Police Interceptors (r) A speeding car crashes, leaving a passenger trapped inside.
7.55 5 News Update
8.00 Traffic Cops The road crime team leads a county lines drugs crackdown.
9.00 Inside the Force: 24/7 The return of the documentary going behind the scenes at a police station, showing what life is really like for the officers and staff at South Park in Lincoln.
10.00 Casualty 24/7: Every Second Counts (r) A 58-year-old woman is rushed to A&E after having a life-threatening allergic reaction to nuts.
11.05 Ambulance: Code Red (r)

12.05 The Boy Who Grew a New Brain: Extraordinary People (r) **1.00** The 21.co.uk Live Casino Show **3.00** George Clarke's Build a New Life in the Country (r) **3.45** Now That's Funny! (r) **4.35** Wildlife SOS (r) **5.00** House Doctor (r) **5.25** Peppa Pig (r) **5.30** Paw Patrol (r)

Bridge of Lies,
 4.30pm.



Mastermind,
 8pm.



The Chase,
 5pm.



Cadbury Exposed: Dispatches,
 8pm.



Eggheads,
 6.30pm.



BBC3

7.00 MasterChef Australia. **8.10** The Catch Up. **8.15** Freeze: Back on Thin Ice. **9.00** The Drop.
10.00 Hot Property. **10.30** Gavin & Stacey. **11.30** FILM: The Miseducation of Cameron Post (2018). **12.55** The Drop. **1.55** Hot Property. **2.25** Freeze: Back on Thin Ice. **3.05** Gavin & Stacey.
3.35 My Mate's a Bad Date.

BBC4

7.00 Pubs, Ponds and Power: The Story of the Village. **7.30** The Story of Slate: Inside Museums.
8.00 Neanderthals: Meet Your Ancestors. **9.00** Ian Hislop's Fake News: A True History. **10.00** The Challenger. **11.30** Tomorrow's Worlds: The Unearthly History of Science Fiction. **1.30** Pubs, Ponds and Power: The Story of the Village. **2.00** The Story of Slate: Inside Museums. **2.30** Ian Hislop's Fake News: A True History. **3.30** Close.

ITV2

6.00 Totally Bonkers Guinness World Records. **6.10** Dress to Impress. **7.05** The Ellen DeGeneres Show. **8.00** Love Bites. **9.00** Celebrity Supermarket Sweep. **10.00** Dress to Impress. **11.00** Secret Crush. **12.00** Love Bites. **1.00** Dress to Impress. **2.00** The Ellen DeGeneres Show. **3.00** Hart of Dixie. **4.00** One Tree Hill. **5.00** The OC. **6.00** Catchphrase Celebrity Special. **7.00** Superstore. **8.00** Bob's Burgers. **9.00** Family Guy. **10.00** Deep Heat. **10.30** Family Guy. **11.30** American Dad! **12.25** Bob's Burgers. **1.20** Superstore. **2.20** The Stand Up Sketch Show. **2.45** Unwind with ITV. **3.00** Teleshopping.

ITV3

6.00 Classic Coronation Street. **7.00** Classic Emmerdale. **8.05** That's My Boy. **9.10** Upstairs,

Downstairs. **11.30** Heartbeat. **1.40** Classic Emmerdale. **2.45** Classic Coronation Street. **3.45** Midsomer Murders. **5.45** Heartbeat. **8.00** Vera. **10.00** Law & Order: UK. **11.00** Scott & Bailey. **12.05** Inspector Morse. **2.15** Unwind with ITV. **2.30** Teleshopping.

SKY SHOWCASE

6.00 The Early Rundown. **7.00** Kay Burley. **8.00** Gangs of Baboon Falls. **9.00** Nothing to Declare. **10.00** The Flash. **11.00** NCIS: New Orleans. **1.00** Hawaii Five-0. **2.00** S.W.A.T. **3.00** Modern Family. **4.00** Will & Grace. **5.00** The Simpsons. **5.30** The Fresh Prince of Bel-Air. **6.30** The Simpsons. **8.00** Anyone Can Sing. **9.00** The Great Debate. Trevor Phillips host the weekly live discussion programme. **10.00** Phoenix Rising. **11.30** Last Week Tonight with John Oliver. **12.10** The Force: North East. **1.05** Road

Wars. **2.00** Caught on Dashcam. **3.00** Hawaii Five-0. **4.00** S.W.A.T. **5.00** The Early Rundown.

SKY MAIN EVENT

6.00 Sky Sports News. **7.00** Good Morning Sports Fans. **7.30** Early Kick-Off. **8.00** Good Morning Sports Fans. **8.30** Live Test Cricket. **2.50** Live Indian Premier League. **7.00** Live MNF. **11.00** Sky Sports News. **12.00** Live: Total Access. **1.00** Sky Sports News.

SKY CRICKET

6.00 Ace: A Programme For Change. **6.30** ICC Women's World Cup. **7.30** Test Cricket. **8.30** Live Test Cricket. **2.50** Live Indian Premier League. **7.00** Test Cricket. **8.00** Ace: A Programme For Change. **8.30** Best of The 2017 IPL. **9.00** IPL. **10.00** Test Cricket. **11.00** IPL. **4.10** Best of The IPL 2015. **4.35** Best of The 2018 IPL. **5.00** Best of The 2015 IPL. **5.30** Best of The 2017 IPL.

BT SPORT 1

11.15 BT Sport Cricket Reload. **11.30** Vanarama National League Highlights. **12.00** ESPN FC. **12.30** UEFA Champions League Magazine. **1.00** Premier League Review. **2.00** Ligue 1 Highlights. **3.00** Vanarama National League Highlights. **5.00** ESPN FC. **5.30** Live: Serie A. **7.30** Live: Serie A. **9.45** BT Sport Goals Reload. **10.15** UEFA Europa League Magazine. **11.15** Rugby Tonight. **12.00** Live College GameDay. **2.00** Live NCAA Basketball Tournament. **5.00** Fishing: On the Bank.

BBC ALBA

6.00 Alba Today. **5.00** Treubh an Tuathanais. **5.15** Su Pic. **5.25** Lon le Linda. **5.40** Pompon Am Mathan Beag/Pompon Little Bear. **5.48** 'S E Iasg a Th'Annann. **5.50** Stoirbhidh. **6.00** Na Moomins/Moomin Valley. **6.20** Port Pàipeir.

6.35 Saidheans Sporsail. **7.00** Fuine. **7.30** SpeakGaelic. **8.00** An Là. **8.30** Eilean Mo Ghaoil. **9.00** Trusadh. **10.00** Na Trads: An Tobair. **10.30** Ratharsair. **11.30** OMC! **12.00** Alba Today.

BBC SCOTLAND

12.00 This Is BBC Scotland. **2.00** Sign Zone: Fish Town. **2.30** Sign Zone: Scotland's Sacred Islands with Ben Fogle. **3.30** Sign Zone: Grand Tours of Scotland's Lochs. **4.00** This Is BBC Scotland. **7.00** The Great Food Guys. **7.30** Eat the Town. **8.00** Born to Be Wild. **9.00** The Nine. **10.00** River City. **10.30** The Good, the Bad and the Unexpected. **11.00** Outdoor Adventures. **11.30** Legit. **12.00** Close.

FILM4

11.00 The Weaker Sex (1948). **12.45** The Blue Dahlia (1946). **2.50** Dead Reckoning (1947). **4.55** Tomahawk (1951). **6.35** The Second Best Exotic Marigold

Hotel (2015). **9.00** Man on Fire (2004). **11.50** Sweet Country (2017). **2.05** The Actors (2003). **4.00** Close.

DAVE

6.00 Teleshopping. **7.10** Gianni: Supercar Customiser. **8.00** Timber Kings. **9.00** Storage Hunters UK. **10.00** Top Gear. **11.00** Expedition with Steve Backshall. **12.00** Bangers and Cash. **1.00** Top Gear. **2.00** Expedition with Steve Backshall. **3.00** Rick Stein's Mediterranean Escapes. **4.00** Bangers and Cash. **5.00** Rick Stein's Long Weekends. **6.00** Taskmaster. **7.00** Richard Osman's House of Games. **7.40** Would I Lie to You? **8.20** QI XL. **10.00** All Girls Live at the Apollo. **11.00** Mel Giedroyc: Unforgivable. **12.00** Mock the Week. **12.40** QI XL. **1.40** Would I Lie to You? **2.15** Ladhoo. **2.40** Richard Osman's House of Games. **3.20** Mock the Week. **4.00** Teleshopping.

RADIO

BBC RADIO 1

5.00 Radio 1 Early Breakfast. **7.00** Radio 1 Breakfast with Greg James. **10.32** Rickie, Melvin and Charlie. **12.45** Newsbeat. **1.00** Scott Mills. **3.32** Going Home with Vick and Jordan. **5.45** Newsbeat. **6.00** Radio 1's Future Sounds with Clara Amfo. **7.00** Radio 1's Hottest Records of the Week. **8.00** Radio 1's Future Artists with Jack Saunders. **10.00** Radio 1's Power Down Playlist with Sian Eleri. **11.00** Radio 1's Drum & Bass Show. **1.00** Radio 1's Drum & Bass Mix. **2.00** Radio 1's Drum & Bass Mix. **3.00** Radio 1's Motivate Me Mix. **3.00** Radio 1's Workout Anthems. **4.00** Radio 1 Dance.

BBC RADIO 2

6.30 The Zoe Ball Breakfast Show. **9.30** Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright in the Afternoon. **5.00** Gary Davies. **7.00** Jo Whalley's Shiny Happy Playlist. **7.30** Jo Whalley. **9.00** The Blues Show with Cerys Matthews. **10.00** Trevor Nelson's Magnificent 7. **10.30** Trevor Nelson's Rhythm Nation. **12.00** Michelle Dignan. **3.00** Radio 2 in Concert: Elton John. **4.00** Owain Wyn Evans.

BBC RADIO 3

6.30 Breakfast. **9.00** Essential Classics. **12.00** Composer of the Week: Elmer Bernstein. **1.00** Radio 3 Lunchtime Concert. **2.00** Afternoon Concert. **4.30** New Generation Artists. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio

3 in Concert. **10.00** Music Matters. **10.45** The Essay: EarthWorks. **11.00** Night Tracks. **12.30** Through the Night.

BBC RADIO 4

5.33 News Briefing. **5.43** Prayer for the Day. **5.45** Farming Today. **5.58** Tweet of the Day. **6.00** Today. **9.00** Start the Week. **9.45** (FM) Book of the Week: Hybrid Humans. **9.45** (LW) Daily Service. **10.00** Woman's Hour. **11.00** The Invention of Poland. **11.30** Homework. **12.00** News. **12.04** You and Yours. **12.57** Weather. **1.00** The World at One. **1.45** A Show of Hands. **2.00** The Archers. **2.15** Drama: The Painted Hall. **3.00** Round Britain Quiz. **3.30** The Food Programme. **4.00** The Godfather and Me. **4.30** Beyond

Belief. **5.00** PM. **5.57** Weather. **6.00** Six O'Clock News. **6.30** The Unbelievable Truth. **7.00** The Archers. **7.15** Front Row. **8.00** Stalked. **8.30** Am I That Guy? **9.00** The Anatomy of Kindness. **9.30** Start the Week. **9.59** Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: The Promise. **11.00** The P Word. **11.30** The Shadow of Fishers. **11.45** Today in Parliament. **12.00** News and Weather. **12.30** Book of the Week: Hybrid Humans. **12.48** Shipping Forecast. **1.00** As BBC World Service.

BBC RADIO 5 LIVE

5.00 Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Naga Munchetty. **1.00** Nihal Arthanayake. **4.00** 5

Live Drive. **7.00** 5 Live Sport: The Monday Night Club. **8.00** 5 Live Sport. **10.00** 5 Live Sport. **10.30** Colin Murray. **1.00** Dotun Adebayo.

CLASSIC FM

6.00 More Music Breakfast. **9.00** Aled Jones. **12.00** Anne-Marie Minhall. **4.00** John Brunning. **7.00** Smooth Classics at Seven. **8.00** The Classic FM Concert with John Suchet. **10.00** Smooth Classics. **1.00** Bill Overton.

BBC RADIO SCOTLAND

6.00 Good Morning Scotland. **9.00** Mornings. **12.00** Lunchtime Live. **1.30** The Afternoon Show with Janice Forsyth. **4.00** Drivetime. **6.00** Get It On with Bryan Burnett. **8.00** Vic Galloway. **10.00** Iain Anderson. **12.00** As Radio 5 Live.



Ian Hislop's Fake News: A True History, BBC4, 9pm.

BBC 1	BBC 2	STV	CHANNEL 4	CHANNEL 5
6.00 Breakfast 9.15 Morning Live 10.00 Scam Interceptors 10.45 Defenders UK 11.15 Homes Under the Hammer 12.15 Bargain Hunt (r) 1.00 BBC News at One; Weather 1.30 Reporting Scotland; Weather 1.45 Doctors 2.15 Shakespeare & Hathaway – Private Investigators (r) 3.00 Escape to the Country 3.45 The Repair Shop 4.30 Bridge of Lies 5.15 Pointless 6.00 BBC News at Six; Weather 6.30 Reporting Scotland; Weather 6.55 Party Election Broadcast	6.30 Bargain Hunt (r) 7.15 The Repair Shop (r) 8.00 Sign Zone: Great Coastal Railway Journeys (r) 8.30 Marcus Wareing's Tales from a Kitchen Garden (r) 9.00 BBC News 10.00 BBC News 1.00 The Super League Show (r) 1.45 Eggheads (r) 2.15 Street Auction (r) A Somerset woman who uses her own tragic experience to help others. 3.00 The Heights (r) 3.30 The Customer Is Always Right (r) 4.15 Indian Ocean with Simon Reeve (r) Spearfishing on Madagascar and the world's smallest national park. 5.15 Flog It! (r) 6.00 Richard Osman's House of Games 6.30 Lightning	6.00 Good Morning Britain 9.00 Lorraine 10.00 This Morning 12.30 Loose Women 1.30 ITV Lunchtime News; Weather 1.55 STV News; Weather 2.00 Dickinson's Real Deal (r) David Dickinson helps people in Crewe sort the treasures from their trash. 3.00 Lingo (r) 3.59 STV Weather Central 4.00 Tipping Point (r) Game show, hosted by Ben Shephard. 5.00 The Chase (r) 6.00 STV News at Six; Weather 6.25 Party Political Broadcast 6.30 ITV Evening News; Weather	6.05 Countdown (r) 6.45 Cheers (r) 7.40 Everybody Loves Raymond (r) 9.05 Frasier (r) 10.35 Ramsay's Kitchen Nightmares USA (r) 11.30 Channel 4 News 11.35 Undercover Boss USA (r) 12.30 Steph's Packed Lunch 2.10 Countdown 3.00 A Place in the Sun (r) A couple search for a holiday home near the Gran Canaria town of Vecindario. 4.00 A New Life in the Sun (r) 5.00 Sun, Sea and Selling Houses 6.00 The Simpsons (r) 6.30 Hollyoaks (r)	6.00 Milkshake! 9.15 Jeremy Vine 12.15 George Clarke's Build a New Life in the Country (r) 1.10 5 News at Lunchtime 1.15 Home and Away 1.45 Neighbours 2.15 FILM: The Husband with Two Wives (2019) Drama, starring Elisabeth Rohm. 4.00 Filthy House SOS (r) Jon and Brennan help Lee to gain control over his cleaning. 5.00 5 News at 5 6.00 Neighbours (r) Amy starts ignoring the van. 6.30 Eggheads
7.00 River City (r) 7.30 EastEnders 8.00 MasterChef Another nine home cooks show off their skills. 9.00 Ellie Simmonds: A World Without Dwarfism? The swimmer investigates a controversial drug for children with dwarfism. 10.00 BBC News at Ten 10.25 Reporting Scotland; Weather 10.35 Settling Down: A Believer's Guide A gay Christian couple preparing to move in together. 11.20 Extraordinary Portraits (r) 11.50 The Wall (r) A father and son from Plymouth compete to win a life-changing prize. Last in the series.	7.00 Doctors (r) 7.30 Rick Stein's Cornwall (r) 8.00 Saving Lives at Sea (r) The volunteers of the RNLI race to the scene of a plane crash on a busy beach. 9.00 Banned! The Mary Whitehouse Story Part two of two. In the 1970s, Mary's battle with permissive society heats up. 10.00 The Witchfinder Thomasine is kidnapped and dragged away to a ransacked church. 10.30 Newsnight Headline analysis. 11.10 Weather 11.15 FILM: 99 Homes (2014) Drama, starring Andrew Garfield.	7.30 Emmerdale Manpreet braces herself for the defence's interrogation. 8.00 Paul O'Grady: For the Love of Dogs The comedian helps a poodle overcome separation anxiety. 8.30 Animal 999 Behind the scenes at the Scottish SPCA. 9.00 DNA Journey New series. Anne Hegerty and Shaun Wallace explore their family history. 10.15 ITV News 10.45 STV News; Weather 10.50 Scotland Tonight; Weather Current affairs show. 11.20 Unbelievable Moments Caught on Camera (r)	7.00 Channel 4 News 8.00 The Great Celebrity Bake Off for Stand Up to Cancer DJ Annie Mac, comedian Ed Gamble, rapper Example and – due to a last-minute cancellation – presenter Matt Lucas bake for charity, producing a showstopper about their pre-fame days. 9.15 The Simpler Life The volunteers struggle to carry on without their Amish guides, but as frictions mount over the alcohol and household chores, a shock discovery threatens their potato crop. 10.15 Gogglebox (r) 11.20 Gogglebox (r)	7.00 Dream Kitchens & Bathrooms with Mark Millar Creating a black and white kitchen in Oldham. 7.55 5 News Update 8.00 Dogs Behaving (Very) Badly Graeme meets a Chihuahua named Hulk that has a tenancy to be vicious towards its owners. 9.00 Deadline New series. A woman accused of murdering her husband asks a washed-up investigative journalist to find the killer. Thriller, starring James D'Arcy and Charlie Murphy. 10.00 FILM: True Lies (1994) Action comedy, starring Arnold Schwarzenegger.
12.35 Weather for the Week Ahead 12.40 BBC News	1.00 Sign Zone: Dragons' Den (r) 2.00 MasterChef (r) 3.00 MasterChef (r) 3.30 This Is BBC Two	12.15 Kate & Koji (r) 12.40 Shop: Ideal World 3.00 Loose Women (r) 3.50 Unwind with STV 5.05 Tipping Point (r)	12.20 Ramsay's Kitchen Nightmares USA (r) 1.10 Undercover Boss Canada (r) 2.05 Come Dine with Me (r) 2.55 Location, Location, Location (r) 3.50 George Clarke's Old House, New Home (r) 4.45 Grand Designs (r) 5.40 Bidding Wars (r)	12.50 Entertainment News on 5 1.00 The 21.co.uk Live Casino Show 3.00 Entertainment News on 5 3.10 World's Most Scenic River Journeys (r) 3.55 Now That's Funny! (r) 4.45 Wildlife SOS (r) 5.10 House Doctor (r) 5.35 Peppa Pig (r) 5.40 Paw Patrol (r) 5.50 Pip and Posy (r)

MasterChef, 8pm.



The Witchfinder, 10pm.



Emmerdale, 7.30pm.



The Simpsons, 6pm.



Dream Kitchens & Bathrooms with Mark Millar, 7pm.



BBC3

7.00 MasterChef Australia. **7.50** The Catch Up. **7.55** **FILM:** Ready Player One (2018). **10.00** Mood. **10.50** Famalam. **11.40** The Drop. **12.40** Mood. **1.30** Hot Property. **2.30** Freeze: Back on Thin Ice. **3.15** Famalam. **4.00** Close.

BBC4

7.00 Pubs, Ponds and Power: The Story of the Village. **7.30** Manchester's Whitworth: Inside Museums. **8.00** Keeping Up Appearances. Richard dreads early retirement. **8.30** Yes, Prime Minister. Jim wrangles over the Channel Tunnel borders. **9.00** Gods of Snooker. **10.00** Filth: The Mary Whitehouse Story. **11.30** Meet the Romans with Mary Beard. **12.30** Pubs, Ponds and Power: The Story of the Village. **1.00** Manchester's Whitworth: Inside Museums. **1.30** Gods of Snooker. **2.30** Neanderthals: Meet Your Ancestors. **3.30** Close.

ITV2

6.00 Totally Bonkers Guinness World Records. **6.25** Dress to Impress. **7.30** The Ellen DeGeneres Show. **8.25** Love Bites. **9.20** Hart of Dixie. **10.15** One Tree Hill. **11.10** The OC. **12.05** Love Bites. **1.05** Dress to Impress. **2.05** The Ellen DeGeneres Show. **3.00** Hart of Dixie. **4.00** One Tree Hill. **5.00** The OC. **6.00** Catchphrase Celebrity Special. **7.00** Superstore. **8.00** Bob's Burgers. **9.00** Family Guy. **10.00** Plebs. **11.00** Family Guy. **11.30** American Dad! **12.25** Bob's Burgers. **1.25** Superstore. **2.20** Totally Bonkers Guinness World Records. **2.50** Unwind with ITV. **3.00** Teleshopping.

ITV3

7.00 Classic Emmerdale. **8.05** That's My Boy. **9.10** Upstairs, Downstairs. **11.30** Heartbeat. **1.40** Classic Emmerdale. **2.45**

Classic Coronation Street. **3.50** Midsomer Murders. **5.50** Heartbeat. **8.00** Midsomer Murders. **10.00** Law & Order: UK. **11.00** Scott & Bailey. **12.00** Inspector Morse. **2.10** Unwind with ITV. **2.30** Teleshopping.

SKY SHOWCASE

7.00 Kay Burley. **8.00** Gangs of Babylon Falls. **9.00** Nothing to Declare. **10.00** The Flash. **11.00** NCIS: New Orleans. **1.00** Hawaii Five-0. **2.00** S.W.A.T. **3.00** Modern Family. **4.00** Will & Grace. **5.00** The Simpsons. **5.30** The Fresh Prince of Bel-Air. **6.30** The Simpsons. **8.00** The Flash. **9.00** Peacemaker. **10.00** **FILM:** Catwoman (2004). **12.00** Bloods. **12.30** Resident Alien. **1.30** Frayed. **2.30** Road Wars. **3.00** Hawaii Five-0. **4.00** S.W.A.T.

SKY MAIN EVENT

6.00 Sky Sports News. **7.00** Good Morning Sports Fans. **7.30** Early Kick-Off. **8.00** Good

Morning Sports Fans. **10.00** The Football Show. **12.00** Sky Sports News. **4.00** Live Indian Premier League. **7.00** Gillette Labs Soccer Special. **7.30** Live EFL. **10.15** Soccer Special Post-Match. **11.00** Sky Sports News. **12.00** Live: Total Access. **1.00** Sky Sports News.

SKY CRICKET

6.00 IPL. **10.10** 25 Years of Women's Cricket on Sky. **10.30** Test Cricket. **11.30** IPL. **12.30** ICC Women's World Cup. **1.30** Cricket's Climate Crisis. **1.50** IPL. **2.50** Live Indian Premier League. **7.00** Live International T20 Cricket. **8.00** The Cricket Show. **9.00** IPL. **10.00** The Cricket Show. **11.00** ICC Women's World Cup. **12.00** IPL. **5.10** Best of the 2016 IPL. **5.35** Best of the IPL 2017.

BT SPORT 1

6.00 Isuzu UTE A-League. **10.00** Live: Isuzu UTE A-League. **12.00**

Premier League Review. **1.00** UEFA Europa League Magazine. **2.00** UEFA Champions League Magazine. **2.30** BT Sport Goals Reload. **3.00** One Day International Cricket. **4.00** ESPN FC. **4.30** Premier League World. **5.00** Premier League Review. **6.00** Rugby Stories. **6.30** Gallagher Premiership Rugby Highlights. **8.00** Rugby Tonight. **8.45** MotoGP Rewind. **9.00** WWE Monday Night Raw. **11.30** BT Sport Fight Night. **12.00** WWE NXT Highlights. **1.00** Live: WWE NXT. **3.16** MotoGP Rewind. **3.30** BT Sport Goals Reload. **4.00** AFL.

BBC ALBA

6.00 Alba Today. **5.00** Pompon Am Mathan Beag/Pompon Little Bear. **5.10** Peataichean/Pets. **5.15** Nannag a' Nao/Huggleboo. **5.25** Orain CBeebies. **5.35** Rita is Crogal. **5.40** Shane an Cheif. **5.50** Stòiridh. **6.00** Na Dana-thursan aig Tintin/The

Adventures of Tintin. **6.30** A-null 's a-nall. **6.45** Uaine. **6.50** Caractaran. **7.00** Gaisgich Oga an Darna Cogaidh. **7.25** Dan. **7.30** SpeakGaelic. **8.00** An Là. **8.30** Vets: Gach Creutair Beo. **9.00** Moulin Rouge Ecosse. **10.00** Trusadh. **11.00** Machair. **11.25** Fracchi Bay. **11.30** Slighe Anndra. **11.50** Dan. **12.00** Alba Today.

BBC SCOTLAND

12.00 This Is BBC Scotland. **7.00** Born to Be Wild. **8.00** Paramedics on Scene. **9.00** The Nine. **10.00** Disclosure: The Truth About Scotland and Racism. **10.30** David Wilson's Crime Files. **11.00** Gold Town. **12.00** Close.

FILM4

11.00 My Man Godfrey (1936). **12.55** Carry On Constable (1960). **2.40** Man of the West (1958). **4.40** The Pink Panther (1963). **6.55** Congo (1995). **9.00** Coming to America (1988). **11.20** The

Beach Bum (2019). **1.10** Miss Sloane (2016). **3.55** Close.

DAVE

6.00 Teleshopping. **7.10** Yianni: Supercar Customiser. **8.00** Timber Kings. **9.00** Storage Hunters UK. **10.00** Top Gear. **11.00** Expedition with Steve Backshall. **12.00** Bangers and Cash. **1.00** Top Gear. **2.00** Expedition with Steve Backshall. **3.00** Rick Stein's Mediterranean Escapes. **4.00** Bangers and Cash. **5.00** Rick Stein's Long Weekends. **6.00** Taskmaster. **7.00** Richard Osman's House of Games. **7.40** Would I Lie to You? – The Unseen Bits. **8.20** QI XL. **10.00** Question Team. **11.00** Meet the Richardsons. **11.40** QI XL. **12.20** Mock the Week. **1.00** QI XL. **1.40** Would I Lie to You? – The Unseen Bits. **2.15** Have I Got a Bit More Old News for You. **3.15** Richard Osman's House of Games. **4.00** Teleshopping.

RADIO

BBC RADIO 1

5.00 Radio 1 Early Breakfast with Arielle Free. **7.00** Radio 1 Breakfast with Greg James. **10.32** Rickie, Melvin and Charlie. Melvin has a riddle he needs you to solve. **12.45** Newsbeat. **1.00** Scott Mills. **3.32** Going Home with Vick and Jordan. **5.45** Newsbeat. **6.00** Radio 1's Future Sounds with Clara Amfo. **8.00** Radio 1's Future Artists with Jack Saunders. **10.00** Radio 1's Power Down Playlist with Sian Eleri. **11.00** Annie Nightingale Presents. **1.00** Radio 1's Rap Anthems. **2.00** Get Set with Radio 1. **3.00** Gameplay with Baby Queen. **4.00** Radio 1 Dance.

BBC RADIO 2

6.30 The Zoe Ball Breakfast Show. **9.30** Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright in the Afternoon. **5.00** Gary Davies. **7.00** Jo Whitley's Shiny Happy Playlist. **7.30** Jo Whitley. **9.00** The Jazz Show with Jamie Cullum. **10.00** Trevor Nelson's Magnificent 7. **10.30** Trevor Nelson's Rhythm Nation. **12.00** QJ Borg. **3.00** Music Icons. **4.00** Owain Wyn Evans.

BBC RADIO 3

6.30 Breakfast. **8.00** Essential Classics. **12.00** Composer of the Week: Elmer Bernstein. **1.00** Radio 3 Lunchtime Concert. **2.00** Afternoon Concert. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio 3 in Concert. **10.00** Free Thinking.

10.45 The Essay: EarthWorks.

11.00 Night Tracks. **12.30** Through the Night.

BBC RADIO 4

5.30 News Briefing. **5.43** Prayer for the Day. **5.45** Farming Today. **5.58** Tweet of the Day. **6.00** Today. **8.45** (LW) Yesterday in Parliament. **9.00** Positive Thinking. **9.30** Witness. **9.45** (FM) Book of the Week: Hybrid Humans. **9.45** (LW) Daily Service. **10.00** Woman's Hour. **11.00** Putin. **11.30** The Caretakers. **12.00** News. **12.04** Call You and Yours. **12.57** Weather. **1.00** The World at One. **1.45** A Show of Hands. **2.00** The Archers. **2.15** Drama: The Shell Seven. **3.00** The Kitchen Cabinet. **3.30** Costing the Earth. **4.00** Word of Mouth.

4.30 Great Lives. 5.00 PM. 5.57

Weather. **6.00** Six O'Clock News. **6.30** Teatime. **7.00** The Archers. **7.15** Front Row. **8.00** The Falklands Now. **8.40** In Touch. **9.00** Fungi: The New Frontier. **9.30** Positive Thinking. **9.59** Weather. **10.00** The World Tonight. **10.45** Book at Bedtime. **11.00** Fortunately. **11.30** The Shadow of Algiers. **11.45** Today in Parliament. **12.00** News and Weather. **12.30** Book of the Week. **12.48** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast. **BBC RADIO 5 LIVE** **5.00** Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Naga Munchetty. **1.00** Nihal Arthanayake. **4.00** 5

Live Drive. 8.00 5 Live Sport.

10.30 Colin Murray. **1.00** Dotun Adebayo. **CLASSIC FM** **6.00** More Music Breakfast. **9.00** Aled Jones. **12.00** Anne-Marie Minhall. **4.00** John Brunning. **7.00** Smooth Classics at Seven. **8.00** The Classic FM Concert with John Suchet. **10.00** Smooth Classics. **1.00** Bill Overton. **BBC RADIO SCOTLAND** **6.00** Good Morning Scotland. **9.00** Mornings. **12.00** Lunchtime Live. **1.30** The Afternoon Show with Janice Forsyth. **4.00** Drivetime. **6.00** Get It On with Bryan Burnett. **8.00** Another Country with Ricky Ross. **10.00** Roddy Hart. **12.00** As Radio 5 Live.



Yes, Prime Minister, BBC4, 8.30pm.

BBC 1

6.00 Breakfast
9.15 Morning Live
10.00 Scam Interceptors
10.45 Defenders UK
11.15 Homes Under the Hammer (r)
12.15 Bargain Hunt (r)
1.00 BBC News at One; Weather
1.30 Reporting Scotland; Weather
1.45 Doctors
2.15 Shakespeare & Hathaway – Private Investigators (r)
3.00 Escape to the Country (r)
3.45 The Repair Shop
4.30 Bridge of Lies
5.15 Pointless
6.00 BBC News at Six; Weather
6.30 Reporting Scotland; Weather
6.55 Party Election Broadcast

BBC 2

6.30 Escape to the Country (r) **7.15** The Repair Shop (r) **8.00** Sign Zone: See Hear
8.30 Extraordinary Portraits (r) **9.00** BBC News **10.00** BBC News **1.00** Ready Steady Cook (r) **1.45** Eggheads (r) Quiz show, hosted by Jeremy Vine. **2.15** Street Auction (r) A community turns out to surprise a Plymouth man.
3.00 The Customer Is Always Right (r)
3.30 Kangaroo Dundee & Other Animals – Part One: Natural World (r)
4.15 Golf: The Masters 2021 Review A look back at the Major.
5.15 Flog It! (r)
6.00 Richard Osman's House of Games
6.30 Lightning

STV

6.00 Good Morning Britain
9.00 Lorraine
10.00 This Morning
12.30 Loose Women
1.30 ITV Lunchtime News; Weather
1.55 STV News; Weather
2.00 Dickinson's Real Deal (r) David Dickinson and the team are in Sheffield.
3.00 Lingo (r)
3.59 STV Weather Central
4.00 Tipping Point (r) Game show, hosted by Ben Shephard.
5.00 The Chase (r)
6.00 STV News at Six; Weather
6.25 Party Political Broadcast
6.30 ITV Evening News; Weather

CHANNEL 4

6.05 Countdown (r)
6.45 Cheers (r)
7.40 Everybody Loves Raymond (r)
9.05 Frasier (r)
10.35 Ramsay's Kitchen Nightmares USA (r)
11.30 Channel 4 News
11.35 Undercover Boss USA (r)
12.30 Steph's Packed Lunch
2.10 Countdown
3.00 A Place in the Sun (r) Jasmine Harman helps a couple find a holiday home in the north of Fuerteventura.
4.00 A New Life in the Sun (r)
5.00 Sun, Sea and Selling Houses
6.00 The Simpsons (r)
6.30 Hollyoaks (r)

CHANNEL 5

6.00 Milkshake!
9.15 Jeremy Vine
12.15 George Clarke's Build a New Life in the Country (r)
1.10 5 News at Lunchtime
1.15 Home and Away
1.45 Neighbours
2.15 FILM: A Killer in My Home (2020) Thriller, starring Bree Williamson.
4.00 Filthy House SOS (r) Jon and Brennan come to the aid of an emergency services worker in Bolton.
5.00 5 News at 5
6.00 Neighbours (r)
6.30 Eggheads Victoria Phoenix try their luck against the Eggheads.

7.00 The One Show
7.30 EastEnders Sonia warns Janine that dating Mick is a bad move.
8.00 MasterChef Jimi Famurewa asks the cooks to serve up a dish with an interactive or playful element.
9.00 Interior Design Masters with Alan Carr The designers transform shepherd huts into boutique boltholes on a north Wales glampsite.
10.00 BBC News at Ten
10.25 Reporting Scotland; Weather
10.35 Mood (r)
11.25 The Edit (r)
11.40 Gordon Ramsay's Future Food Stars (r)

12.40 Would I Lie to You? **1.10** Weather for the Week Ahead **1.15** BBC News

7.00 Doctors (r) It's Rosie's last day, but no one told Jimmi.
7.30 Rick Stein's Cornwall (r) Rick learns about the tale of King Arthur in Tintagel.
8.00 Your Body Uncovered with Kate Garraway Kate meets a father of two who has been dealing with the aftermath of a severe stroke.
9.00 FILM: Stan & Ollie (2018) Biography of Laurel and Hardy, starring Steve Coogan and John C Reilly.
10.30 Newsnight-Headline analysis.
11.10 Weather
11.15 Unspun World with John Simpson
11.45 Thatcher & Reagan: A Very Special Relationship (r)

12.45 Sign Zone: See Hear (r) **1.15** Stanley Tucci: Searching for Italy (r) **2.00** The Real Peaky Blinders (r) **3.00** The Real Peaky Blinders (r) **4.00** This Is BBC Two

7.30 Emmerdale Manpreet and Wendy are worried about taking the stand.
8.00 Coronation Street Faye blurts out the truth when Jon demands answers. Gary is shocked by the decline in Laura's condition. Nick proudly watches Sam at the chess tournament.
9.00 Kate & Koji Koji decides to take a chance on romance.
9.30 Bradley & Barney Walsh: Breaking Dad (r)
10.00 ITV News at Ten
10.30 STV News; Weather
10.40 Scotland Tonight; Weather
11.05 All Star Musicals (r) Six celebrities perform songs from hit musicals.

12.20 Shop: Ideal World **3.00** Bling (r) **3.50** Unwind with STV **5.05** Tipping Point (r)

7.00 Channel 4 News
8.00 The Great Home Transformation New series. Emma Willis and Nick Grimshaw travel the country transforming family homes in three days, starting off by helping a family of six struggling for space in Eastbourne. The full series will be available on All 4 following the transmission of this episode.
9.00 The Simpler Life The volunteers celebrate the end of their experiment with a feast. Last in the series.
10.00 Naked Attraction's Best Naughty Bits A romp through the Naked Attraction archive.
11.05 First Dates (r)

12.05 Rescue: Extreme Medics (r) **1.05** FILM: A Cure for Wellness (2016) Psychological thriller, starring Dane DeHaan. **3.30** Unreported World (r) **3.55** Ukraine: On the Front Line with Johnny Mercer (r) **4.20** Location, Location, Location (r) **5.15** Moneybags (r)

7.00 The Gadget Show Craig Charles gets his hands on a speaker which is powered by water.
7.55 5 News Update
8.00 Police Interceptors
9.00 Deadline Natalie tells James that she has just seen her supposedly dead brother, Oliver, who went on the run after borrowing from drug dealers in Budapest.
10.00 Killer at the Crime Scene (r) The 2002 murder of 87-year-old pensioner Gladys Godfrey in Mansfield.
11.05 Police Code Zero: Officer Under Attack (r) An officer is bitten on the finger while trying to make an arrest.

12.05 Inside the Force: 24/7 (r) **1.00** The 21.c.uk Live Casino Show **3.00** Entertainment News on 5 **3.10** George Clarke's Build a New Life in the Country (r) **3.55** Now That's Funny! (r) **4.45** Wildlife SOS (r) **5.10** House Doctor (r) **5.35** Peppa Pig (r) **5.40** Paw Patrol (r) **5.50** Pip and Posy (r)

Pointless, 5.15pm.



Your Body Uncovered with Kate Garraway, 8pm.



Tipping Point, 4pm.



Naked Attraction's Best Naughty Bits, 10pm.



The Gadget Show, 7pm.



BBC3

7.00 MasterChef Australia. **7.50** The Catch Up. **7.55** Angels of the North. **8.15** Glow Up Ireland.
9.00 I Like the Way U Move.
10.00 Love in the Flesh. **10.45** This Country. **11.50** Hot Property.
12.20 Love in the Flesh. **1.05** The Drop. **2.05** I Like the Way U Move. **3.05** This Country. **3.35** My Mate's a Bad Date. **3.55** Close.

BBC4

7.00 Pubs, Ponds and Power: The Story of the Village. **7.30** Glasgow's Treasure Palace: Inside Museums. **8.00** Lucy Worsley's Royal Photo Album. Lucy Worsley examines how photography helped reinvent the British monarchy. **9.00** Putin, Russia and the West. **10.00** The Truffle Hunters: Storyville. **11.15** Woof! A Horizon Guide to Dogs. **12.15** Pubs, Ponds and Power: The Story of the Village. **12.45** Glasgow's Treasure Palace.

Inside Museums. **1.15** Lucy Worsley's Royal Photo Album. **2.15** Putin, Russia and the West. **3.15** Close.

ITV2

6.00 Totally Bonkers Guinness World Records. **6.25** Dress to Impress. **7.30** The Ellen DeGeneres Show. **8.25** Love Bites. **9.20** Hart of Dixie. **10.15** One Tree Hill. **11.10** The OC. **12.05** Love Bites. **1.05** Dress to Impress. **2.05** The Ellen DeGeneres Show. **3.00** Hart of Dixie. **4.00** One Tree Hill. **5.00** The OC. **6.00** Catchphrase Celebrity Special. **7.00** Superstore. **8.00** Bob's Burgers. **9.00** Family Guy. **11.30** American Dad! **12.25** Bob's Burgers. **1.25** Superstore. **2.20** Celebrity Juice. **3.00** Teleshopping.

ITV3

6.00 Classic Coronation Street. **7.00** Classic Emmerdale. **8.05** That's My Boy. **9.10** Upstairs,

Downstairs. **11.30** Heartbeat. **1.40** Classic Emmerdale. **2.45** Classic Coronation Street. **3.45** Midsomer Murders. **5.45** Heartbeat. **8.00** Lewis. **10.00** Law & Order: UK. **11.00** Scott & Bailey. **12.00** Inspector Morse. **2.10** Unwind with ITV. **2.30** Teleshopping.

SKY SHOWCASE

6.00 The Early Rundown. **7.00** Kay Burley. **8.00** Gangs of Baboon Falls. **9.00** Nothing to Declare. **10.00** The Flash. **11.00** NCIS: New Orleans. **1.00** Hawaii Five-0. **2.00** S.W.A.T. **3.00** Modern Family. **4.00** Will & Grace. **5.00** The Simpsons. **5.30** The Fresh Prince of Bel-Air. **6.30** The Simpsons. **8.00** DC's Legends of Tomorrow. **9.00** SEAL Team. **10.00** Bloods. **10.30** Micky Flanagan: Back in the Game. **12.30** Sex and the City. **1.35** Road Wars. **2.05** Caught on Dashcam. **3.00** Hawaii Five-0. **4.00** S.W.A.T.

SKY MAIN EVENT

6.00 Sky Sports News. **7.00** Good Morning Sports Fans. **7.30** Early Kick-Off. **8.00** Good Morning Sports Fans. **10.00** Live World Pool Championship. **2.00** The Masters – Live. **7.00** Live Premier League. Coverage of a top-flight match. **10.30** Soccer Special Post-Match. **11.00** Sky Sports News. **12.00** Live: Total Access. **1.00** Sky Sports News.

SKY CRICKET

6.00 ICC Women's World Cup. **7.00** IPL. **8.00** International T20 Cricket. **12.10** India's Amazing Run Chase. **12.30** ICC Women's World Cup. **1.30** Coaching Clinic with Rob Key. **1.50** IPL. **2.50** Live Indian Premier League. **7.00** The Cricket Show. **8.00** IPL. **8.30** Best of The 2017 IPL. **9.00** IPL. **10.00** The Cricket Show. **11.00** IPL. **4.10** Best of the IPL 2016. **4.35** The Best of the 2018 IPL. **5.00** IPL.

BT SPORT 1

6.00 FIM X-Trial World Championship Highlights. **7.00** WWE Monday Night Raw. **9.30** The Volleyball Show. **10.00** Live: Isuzu UTE A-League. **12.00** Live: Isuzu UTE A-League. **2.00** Premier League Reload. **2.15** ESPN FC. **2.45** MotoGP Rewind. **3.00** BT Sport Goals Reload. **3.30** Premier League. **5.00** WWE SmackDown Highlights. **6.00** WWE Raw Highlights. **7.00** BT Sport Reload. **7.30** Badminton Unlimited. **8.00** The Aussie Rules Show. **9.00** WWE NXT. **10.45** WWE NXT UK. **11.45** WWE Raw Highlights. **12.45** MotoGP Rewind. **1.00** The Volleyball Show. **1.30** The Aussie Rules Show. **2.30** AFL. **4.30** Manchester City Classics.

BBC ALBA

6.00 Alba Today. **5.00** Su Pic. **5.10** Bing. **5.20** Nannag a' Nao/ Hugglebo. **5.25** 'S'E E lasg a

Th'Annam. **5.30** Gudrun – A' Bhana-phrionnsa Lochlannach. **5.35** Lon le Linda. **5.50** Peataichean/Pets. **5.55** Stòiridh. **6.00** Kung Fu Panda. **6.25** @12. **6.35** Saidheans Sporsail. **7.00** Fuine. **7.30** SpeakGaelic. **8.00** An Là. **8.30** An Cuan Sgith. **9.00** An t-Uisge/Rain Stories. **10.00** Mach a Seol. **10.30** Ionad Hiort – Oir an Dochais/St Kilda Centre – Edge of Hope. **11.30** Na Trads: An Tobar. **12.00** Alba Today.

BBC SCOTLAND

12.00 This Is BBC Scotland. **7.00** Getaways. **7.30** Style Fixers. **8.00** Scotland's Sacred Islands with Ben Fogle. **9.00** The Nine. **10.00** River City. **10.30** FILM: Scottish Mussel (2015). **12.00** Close.

FILM4

11.00 Red Mountain (1951). **12.40** The Gentle Sex (1943). **2.30** The Rare Breed (1966). **4.30** "Three Amigos!" (1986). **6.35**

Gods of Egypt (2016). **9.00** The Spy Who Dumped Me (2018). **11.15** Girls Trip (2017). **1.40** The Great Wall (2016). **4.00** Close.

DAVE

6.00 Teleshopping. **7.10** Gianni: Supercar Customiser. **8.00** Timber Kings. **9.00** Storage Hunters UK. **10.00** Top Gear. **11.00** Expedition with Steve Backshall. **12.00** Bangers and Cash. **1.00** Top Gear. **2.00** Expedition with Steve Backshall. **3.00** Rick Stein's Mediterranean Escapes. **4.00** Bangers and Cash. **5.00** Rick Stein's India. **6.00** Taskmaster. **7.00** Richard Osman's House of Games. **7.40** Would I Lie to You? **8.20** QI XL. **10.00** The Island. **11.00** Have I Got a Bit More Old News for You. **12.00** Mock the Week. **12.40** QI XL. **1.40** Would I Lie to You? **2.25** The Island. **3.15** Richard Osman's House of Games. **4.00** Teleshopping.

RADIO

BBC RADIO 1

5.00 Radio 1 Early Breakfast with Anielle Free. **7.00** Radio 1 Breakfast with Greg James. **10.32** Rickie, Melvin and Charlie. **12.45** Newsbeat. **1.00** Scott Mills. **3.32** Going Home with Vick and Jordan. **5.45** Newsbeat. **6.00** Radio 1's Future Sounds with Clara Amfo. **8.00** Radio 1's Future Artists with Jack Saunders. **10.00** Radio 1's Power Down Playlist with Sian Eleri. **11.00** Benji B. **1.00** Radio 1 Dance Presents. **2.00** The Radio 1 Interview. **2.15** Radio 1 Playlists. **3.00** Radio 1's Rap Anthems. **4.00** Radio 1 Dance. **BBC RADIO 2** **6.30** The Zoe Ball Breakfast

Show. **9.30** Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright in the Afternoon. **5.00** Gary Davies. **7.00** Jo Whiley's Shiny Happy Playlist. **7.30** Jo Whiley. **9.00** The Folk Show with Mark Radcliffe. **10.00** Trevor Nelson's Magnificent 7. **10.30** Trevor Nelson's Rhythm Nation. **12.00** OJ Borg. **3.00** Sounds of the 90s with Fearnie Cotton. **4.00** Owain Wyn Evans. **BBC RADIO 3** **6.30** Breakfast. **9.00** Essential Classics. **12.00** Composer of the Week: Elmer Bernstein. **1.00** Radio 3 Lunchtime Concert. **2.00** Afternoon Concert. **4.00** Choral Evensong. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio 3 in Concert. **10.00** Free Thinking. **10.45** The Essay: EarthWorks.

11.00 Night Tracks. **12.30** Through the Night. **BBC RADIO 4** **5.30** News Briefing. **5.43** Prayer for the Day. **5.45** Farming Today. **5.58** Tweet of the Day. **6.00** Today. **8.45** (LW) Yesterday in Parliament. **9.00** Live: Day Changing. **9.30** Ingenious. **9.45** (FM) Book of the Week: Hybrid Humans. **9.45** (LW) Daily Service. **10.00** Woman's Hour. **11.00** Stalked. **11.30** Oti Mabuse's Dancing Legends. **12.00** News. **12.04** You and Yours. **12.57** Weather. **1.00** The World at One. **1.45** A Show of Hands. **2.00** The Archers. **2.15** Drama: Blame. **3.00** Money Box Live. **3.30** The Invention of Poland. **4.00** Thinking Allowed. **4.30** The Media Show. **5.00** PM.

5.57 Weather. **6.00** Six O'Clock News. **6.30** Conversations from a Long Marriage. **7.00** The Archers. **7.15** Front Row. **8.00** The Exchange. **8.45** Lent Talks. **9.00** Costing the Earth. **9.30** The Media Show. **9.59** Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: The Promise. **11.00** Little Lifetimes. **11.15** The Skewer. **11.30** The Shadow of Algiers. **11.45** Today in Parliament. **12.00** News and Weather. **12.30** Book of the Week: Hybrid Humans. **12.48** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast. **BBC RADIO 5 LIVE** **5.00** Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Naga Munchetty.

1.00 Nihal Arthanayake. **4.00** 5 Live Drive. **8.00** 5 Live Sport. **10.30** Colin Murray. **1.00** Dotun Adebayo. **CLASSIC FM** **6.00** More Music Breakfast. **9.00** Aled Jones. **12.00** Anne-Marie Minhall. **4.00** John Brunning. **7.00** Smooth Classics at Seven. **8.00** The Classic FM Concert with John Suchet. **10.00** Smooth Classics. **1.00** Bill Overton. **BBC RADIO SCOTLAND** **6.00** Good Morning Scotland. **9.00** Mornings. **12.00** Lunchtime Live. **1.30** The Afternoon Show with Grant Stott. **4.00** Drivetime. **6.00** Get It On with Bryan Burnett. **8.00** The Quay Sessions with Roddy Hart. **10.00** Vic Galloway. **12.00** As Radio 5 Live.



Putin, Russia and the West, BBC4, 9pm.

BBC 1	BBC 2	STV	CHANNEL 4	CHANNEL 5
6.00 Breakfast 9.15 Morning Live 10.00 Scam Interceptors 10.45 Defenders UK 11.15 Homes Under the Hammer (r) 12.15 Bargain Hunt (r) 1.00 BBC News at One; Weather 1.30 Reporting Scotland; Weather 1.45 Doctors 2.15 Shakespeare & Hathaway – Private Investigators (r) 3.00 Escape to the Country (r) 3.45 The Repair Shop 4.30 Bridge of Lies 5.15 Pointless 6.00 BBC News at Six; Weather 6.30 Reporting Scotland; Weather 6.55 Party Election Broadcast 7.00 River City (r) Lenny remembers the pain, loss and joy that his love for Lydia has caused him. 7.30 EastEnders Mick plucks up the courage to tell Linda about him and Janine. 8.00 Dragons' Den An ex-newsreader and his business partner pitch their moveable webcam. Last in the series. 9.00 Gordon Ramsay's Future Food Stars The acerbic chef tests his contenders' raw skills. 10.00 BBC News at Ten 10.25 Reporting Scotland; Weather 10.35 Question Time Fiona Bruce hosts the political debate. 11.35 Celebrity Mastermind (r) 12.05 Question of Sport (r) 12.35 Weather for the Week Ahead 12.40 BBC News	6.30 Escape to the Country (r) 7.15 The Repair Shop (r) 8.00 Sign Zone: Gardeners' World (r) 9.00 BBC News 10.00 BBC News 1.00 Ready Steady Cook (r) 1.45 Eggheads (r) 2.15 Best Bakes Ever (r) A selection of recipes from television chefs. 3.00 The Customer Is Always Right (r) 3.30 Kangaroo Dundee & Other Animals – Part Two: Natural World (r) Part two of two. The new animals are proving quite a handful. 4.15 Indian Ocean with Simon Reeve (r) The adventurer joins a peace-keeping force in war-torn Somalia. 5.15 Flog It! (r) 6.00 Richard Osman's House of Games 6.30 Lightning 7.00 Doctors (r) 7.30 Rick Stein's Cornwall (r) Rick explores the rich and diverse history of West Penwith. 8.00 Secrets of the Museum New series. Return of the documentary going behind closed doors at the V&A in London. 9.00 Art That Made Us New series. A history of the British Isles told through 1,500 years of art. 10.00 Mock the Week (r) With Catherine Bohart, Ed Byrne, Darren Harriott, Rhys James and Felicity Ward. 10.30 Newsnight With Mark Urban. 11.10 Weather 11.15 The Speedshop (r) 12.15 Golf: The Masters Highlights 1.45 Sign Zone: Interior Design Masters with Alan Carr (r) 2.45 Marcus Wareing's Tales from a Kitchen Garden (r) 3.15 This Is BBC Two	6.00 Good Morning Britain 9.00 Lorraine 10.00 This Morning 12.30 Loose Women 1.30 ITV Lunchtime News; Weather 1.35 STV News; Weather 1.45 STV Racing: Grand National Festival Ed Chamberlin and Francesca Cumanì presents coverage of the opening day of the meeting from Aintree, featuring five races, including the 2.55 Betway Bowl and 3.30 Aintree Hurdle. 5.00 The Chase (r) 6.00 STV News at Six; Weather 6.25 Party Political Broadcast 6.30 ITV Evening News; Weather 7.30 Emmerdale The day of the long-awaited christening finally arrives, but soon Gabby has a shock. Al pays a little too much attention to Belle's ideas. A foul-tempered Nate snaps at Chloe. 8.30 Scotland Tonight Current affairs show. 9.00 Falklands War: The Forgotten Battle Ben Fogle uncovers an untold story from the Falklands War. 10.00 ITV News at Ten; Weather 10.30 STV News; Weather 10.45 House Prices: How High Will They Go? Tonight 11.10 The Great British Treasure Hunt (r) 12.10 Shop: Ideal World 3.00 House Prices: How High Will They Go? Tonight (r) 3.25 Wonders of Scotland with David Hayman (r) 3.50 Unwind with STV 5.05 Tipping Point (r)	6.05 Countdown (r) 6.45 Cheers (r) 7.40 Everybody Loves Raymond (r) 9.05 Frasier (r) 10.35 Ramsay's Kitchen Nightmares USA (r) 11.30 Channel 4 News 11.35 Undercover Boss USA (r) 12.30 Steph's Packed Lunch 2.10 Countdown 3.00 A Place in the Sun (r) Retirees Kay and Barry are looking to buy a holiday home in the historic city of Jerez. 4.00 A New Life in the Sun (r) 5.00 Sun, Sea and Selling Houses 6.00 The Simpsons (r) 6.30 Hollyoaks (r) 7.00 Channel 4 News 8.00 Perfect House, Secret Location Steve Jones helps Northamptonshire couple Nicki and Levant Aktolga find a house suitable for their home-based businesses and their DJ son's music studio. Last in the series. 9.00 Nikki Grahame: Who Is She? A tribute to the much-loved reality icon, detailing her triumphs in the Big Brother house and lifelong battle with anorexia, which led to her untimely death in 2021. 10.00 Gogglebox (r) The households' opinions on recent TV. 11.05 My £2 Dream Home 12.05 Naked Attraction's Best Naughty Bits (r) 1.00 Ramsay's Kitchen Nightmares USA (r) 1.50 Come Dine with Me (r) 2.45 Grayson's Art Club (r) 3.40 Location, Location, Location (r) 4.35 Cadbury Exposed: Dispatches (r) 5.05 Moneybags (r) 5.55 Find It, Fix It, Flog It (r)	6.00 Milkshake! 9.15 Jeremy Vine 12.15 George Clarke's Build a New Life in the Country (r) 1.10 5 News at Lunchtime 1.15 Home and Away 1.45 Neighbours 2.15 FILM: Deadly Prescription (2018) Medical thriller, starring Joanne Kelly. 4.00 Filthy House SOS (r) Cleaning duo Jon and Brennan try to help Elaine in Kent. 5.00 5 News at 5 6.00 Neighbours (r) David feels guilty over what he did to Gareth. 6.30 Eggheads 7.00 Inside Greggs: Britain's Biggest Bakery (r) Documentary revealing the secrets of the successful bakery chain. 7.55 5 News Update 8.00 Cornwall: A Year by the Sea Autumn presents an opportunity to take stock on the farm. 9.00 Deadline James has a terrifying flight to Budapest, and once he arrives in the city, he tracks down people from Natalie's past that can help him get closer to the truth. 10.00 The Rise & Fall of John Leslie 11.05 Most Shocking Celebrity Moments (r) Memorable incidents from the 2000s. 1.05 The 21.co.uk Live Casino Show 3.05 Entertainment News on 5 3.10 Dogs Behaving (Very) Badly (r) 3.55 Now That's Funny! (r) 4.45 Wildlife SOS (r) 5.10 House Doctor (r) 5.35 Peppa Pig (r) 5.40 Paw Patrol (r) 5.50 Pip and Posy (r)

Dragons' Den, 8pm.

Lightning, 6.30pm.

STV Racing: Grand National Festival, 1.45pm.

Perfect House, Secret Location, 8pm.

Cornwall: A Year by the Sea, 8pm.

BBC3

7.00 MasterChef Australia. **7.55** The Catch Up. **8.00** Eating with My Ex. **9.00** Daisy Maskell: Insomnia and Me. **10.00** Love in the Flesh. **10.45** MOTDx. **11.15** Mood. **12.05** Love in the Flesh. **12.50** Hot Property. **1.20** Daisy Maskell: Insomnia and Me. **2.20** Gavin & Stacey. **2.50** The Drop.

BBC4

7.00 Pubs, Ponds and Power: The Story of the Village. **7.30** Ulster's Folk Wonders: Inside Museums. **8.00** Michael Wood's Story of England. **9.00** FILM: Move Over, Darling (1963). Comedy, starring Doris Day and James Garner. **10.40** FILM: Catamity Jane (1953). **12.20** Hollywood Actresses: Talking Pictures. **1.05** Pubs, Ponds and Power: The Story of the Village. **1.35** Ulster's Folk Wonders: Inside Museums. **2.05** Michael Wood's Story of England. **3.05** Close.

RADIO

BBC RADIO 1

5.00 Radio 1 Early Breakfast. **7.00** Greg James. **10.32** Rickie, Melvin and Charlie. **12.45** Newsbeat. **1.00** Scott Mills. **3.32** Going Home with Vick and Jordan. **5.45** Newsbeat. **6.00** Radio 1's Future Sounds with Clara Amfo. **8.00** Radio 1's Indie Show with Jack Saunders. **10.00** BBC Introducing Dance. **11.00** Radio 1's Residency. **1.00** Radio 1's Dance Anthems with Charlie Hedges. **2.00** Radio 1's Wind Down Presents. **3.00** Radio 1 relax in Love. **4.00** Radio 1 Dance. **BBC RADIO 2** **6.30** Zoe Ball. **9.30** Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright. **5.00** Gary Davies. **7.00** Jo

ITV2

6.00 Totally Bonkers Guinness World Records. **6.25** Dress to Impress. **7.30** The Ellen DeGeneres Show. **8.25** Love Bites. **9.20** Hart of Dixie. **10.15** One Tree Hill. **11.10** The OC. **12.05** Love Bites. **1.05** Dress to Impress. **2.05** The Ellen DeGeneres Show. **3.00** Hart of Dixie. **4.00** One Tree Hill. **5.00** The OC. **6.00** Catchphrase Celebrity Special. **7.00** Superstore. **8.00** Bob's Burgers. **9.00** Family Guy. **10.00** Celebrity Juice. **10.50** Family Guy. **11.50** American Dad! **12.45** Bob's Burgers. **1.40** Superstore. **2.35** Deep Heat. **3.00** Teleshopping.

ITV3

6.00 Classic Coronation Street. **7.00** Classic Emmerdale. **8.05** That's My Boy. **9.10** Upstairs, Downstairs. **11.30** Heartbeat. **1.40** Classic Emmerdale. **2.45** Classic Coronation Street. **3.50**

Midsomer Murders. 5.50

Heartbeat. **8.00** Vera. **10.00** Law & Order: UK. **11.00** Scott & Bailey. **12.00** Inspector Morse. **2.10** Unwind with ITV. **2.30** Teleshopping.

SKY SHOWCASE

6.00 The Early Rundown. **7.00** Kay Burley. **8.00** Gangs of Baboon Falls. **9.00** Nothing to Declare. **10.00** The Flash. **11.00** NCIS: New Orleans. **1.00** Hawaii Five-0. **2.00** S.W.A.T. **3.00** Modern Family. **4.00** Will & Grace. **5.00** The Simpsons. **5.30** The Fresh Prince of Bel-Air. **6.30** The Simpsons. **8.00** An Idiot Abroad. **9.00** A League of Their Own Road Trip: Dingle to Dover. **10.00** Resident Alien. **11.00** Wellington Paranormal. **11.30** Peacemaker. **12.30** Road Wars. **1.30** Caught on Dashcam. **2.30** Road Wars. **3.00** Hawaii Five-0. **4.00** S.W.A.T. **5.00** The Early Rundown.

BBC RADIO 4

5.30 News Briefing. **5.43** Prayer for the Day. **5.45** Farming Today. **5.58** Tweet of the Day. **6.00** Today. **8.45** (LW) Yesterday in Parliament. **9.00** In Our Time. **9.45** (FM) Book of the Week: Hybrid Humans. **9.45** (LW) Daily Service. **10.00** Woman's Hour. **11.00** Crossing Continents. **11.30** Archaeology of a Storyteller. **12.00** News. **12.04** You and Yours. **12.30** Sliced Bread. **12.57** Weather. **1.00** The World at One. **1.45** A Show of Hands. **2.00** The Archers. **2.15** Drama: Our Friends in the North. **3.00** Open Country. **3.27** Radio 4 Appeal. **3.30** Bookclub. **4.00** Unreal: The VFX Revolution. **4.30** BBC Inside Science. **5.00** PM. **5.57** Weather. **6.00** Six O'Clock News. **6.30** You Heard It Here First. **7.00**

SKY MAIN EVENT

6.00 The Masters Film – 2019 Woods. **6.55** The Masters Official Films. **2.00** The Masters – Live. **8.00** The Masters – Live. Further live coverage of the first day of the tournament. **3.30** Live Formula 1. **5.30** Sky Sports News.

SKY CRICKET

6.00 IPL. **10.10** Cricket's Climate Crisis. **10.30** IPL. **11.30** ICC Women's World Cup. **12.30** The Cricket Show. **1.30** 25 Years of Women's Cricket on Sky. **1.50** IPL. **2.50** Live Indian Premier League. **7.00** The Cricket Show. **8.00** Best of the IPL 2015. **8.25** Best of The 2018 IPL. **8.50** IPL. **4.10** Talking Cricket. **4.35** Talking Cricket: Sachin Tendulkar. **5.00** Best of The 2015 IPL. **5.30** Best of The 2017 IPL.

BT SPORT 1

6.00 Fishing: On the Bank. **7.00**

BT Sport Goals Reload. 7.15

WWE NXT. **9.00** ESPN FC. **9.30** The Aussie Rules Show. **10.30** Live AFL. **1.30** The Volleyball Show. **2.00** Isuzu UTE A-League. **4.00** Premier League World. **4.30** UEFA Europa League Magazine. **5.30** BT Sport Reload. **5.45** DIY Pundit. **6.15** Ligue 1 Show. **6.45** Premier League Match Pack. **7.15** Live UEFA Europa League. West Ham United v Lyon (Kick-off 8pm). **10.30** BT Sport Films. **12.00** The Dan Hardy Breakdown Show. **12.30** UEFA Europa League. **1.30** UEFA Europa Conference League. **2.00** UEFA Europa League. **3.00** Live Badminton.

BBC ALBA

6.00 Alba Today. **5.00** Piseag & Cuilean/Kit & Pup. **5.05** Sionnach agus Maighheadh. **5.20** 'S E Jasg a Th'Ann. **5.25** Shane an Chef. **5.40** Orain C'Beibies. **5.45** Su Pic. **5.50** Stòiridh. **6.00** Donnie

Murdo. **6.15** Na Dana-thursan aig Tintin/The Adventures of Tintin. **6.40** Uaine. **6.45** Port Paiper. **7.00** Gaigich Oga an Darna Cogaigh. **7.25** Dan. **7.30** SpeakGaelic. **8.00** An Là. **8.30** Eòrpa. **9.00** Macleod MP/Maclean KGB. **10.00** Ceòl Dùthchasach/Ken Burns' Country Music. **11.50** Dhan Uisge. **12.00** Alba Today.

BBC SCOTLAND

12.00 This Is BBC Scotland. **7.00** Iain Robertson Rambles. **7.30** Scotland's Best Dog. **8.00** Beechgrove. **8.30** Landward. **9.00** The Nine. **10.00** Raiders of the Lost Archive. **10.30** Legit. **11.00** Des Doesn't Do – Outdoors. **11.30** Mirror Mirror. **12.00** Close.

FILM4

11.00 The Blue Dahlia (1946). **1.05** Tomahawk (1951). **2.45** The Weaker Sex (1948). **4.30** Night Passage (1957). **6.20** Ghostbusters (2016). **9.00** Like a

Boss (2020). **10.40** The Inbetweeners Movie (2011). **12.35** Frances Ha (2012). **2.20** Mistress America (2015). **3.30** Close.

DAVE

6.00 Teleshopping. **7.10** Yanni: Supercar Customiser. **8.00** Timber Kings. **9.00** Storage Hunters UK. **10.00** Top Gear. **11.00** Expedition with Steve Backshall. **12.00** Bangers and Cash. **1.00** Top Gear. **2.00** Expedition with Steve Backshall. **3.00** Rick Stein's Mediterranean Escapes. **4.00** Bangers and Cash. **5.00** Rick Stein's India. **6.00** Taskmaster. **7.00** Richard Osman's House of Games. **7.40** Would I Lie to You? **8.20** QI XL. **10.40** Mock the Week. **12.40** QI XL. **1.40** Would I Lie to You? **2.30** Live at the Apollo. **3.15** Richard Osman's House of Games. **4.00** Teleshopping.



Move Over, Darling, BBC4, 9pm.

BBC 1

6.00 Breakfast
9.15 Morning Live
10.00 Scam Interceptors
10.45 Defenders UK
11.15 Homes Under the Hammer (r)
12.15 Bargain Hunt
1.00 BBC News at One; Weather
1.30 Reporting Scotland; Weather
1.45 Father Brown (r)
2.30 Money for Nothing
3.00 Escape to the Country (r)
3.45 The Repair Shop (r)
4.30 Bridge of Lies Quiz show, hosted by Ross Kemp.
5.15 Pointless
6.00 BBC News at Six; Weather
6.30 Reporting Scotland; Weather

7.00 The One Show Topical stories, hosted by Zoe Ball.
7.30 Question of Sport With Mick Fitzgerald, Ben Earl, Alex Hartley and Curtis Davies.
8.00 MasterChef The third quarter-final.
8.30 Landward (r) Anne London follows events at the Stirling Bull Sales.
9.00 Have I Got News for You Victoria Coren Mitchell hosts the satirical quiz.
9.30 Not Going Out
10.00 BBC News at Ten
10.25 Reporting Scotland; Weather
10.35 FILM: Iron Man 3 (2013) Superhero adventure sequel, starring Robert Downey Jr.

12.35 A View from the Terrace (r) **1.35** Superman & Lois (r) **2.20** Weather for the Week Ahead **2.25** BBC News

BBC 2

6.15 The Repair Shop (r) **7.00** Sign Zone: Great Coastal Railway Journeys (r) **7.30** Marcus Wareing's Tales from a Kitchen Garden (r) **8.00** Golf: The Masters Highlights **9.30** BBC News **10.00** BBC News
1.00 FILM: The Pure Hell of St Trinian's (1960) Comedy, starring Cecil Parker. **2.30** The Customer Is Always Right (r)
3.15 Sri Lanka: Elephant Island (r) Martyn Colbeck travels to the island of Sri Lanka to study its elephants.
4.15 Indian Ocean with Simon Reeve (r) The adventurer travels from Oman to the Maldives.
5.15 Flog It! (r)
6.00 Richard Osman's House of Games
6.30 Lightning

7.00 MOTDx Football discussion presented by Jermaine Jenas.
7.30 Beechgrove (r) The team turns storm damage into new developments.
8.00 Gardeners' World Monty Don continues planting up perennials in his orchard beds.
9.00 Pilgrimage: The Road to the Scottish Isles New series. Seven celebrities set out to learn about St Columba.
10.00 QI (r) With Josh Widdicombe, Stephen K Amos and Cally Beaton.
10.30 Newsnight
11.00 Weather
11.05 House of Maxwell (r)

12.05 Golf: The Masters Highlights **1.35** Sign Zone: Obesity: Who Cares If I'm Bigger? - Panorama (r) **2.05** Your Body Uncovered with Kate Garraway (r) **3.05** This Is BBC Two

STV

6.00 Good Morning Britain
9.00 Lorraine
10.00 This Morning
12.30 Loose Women
1.30 ITV Lunchtime News; Weather
1.35 STV News; Weather
1.45 STV Racing: Grand National Festival Coverage of the second day of the meeting from Aintree.
5.00 The Chase (r) Bradley Walsh presents as Matt, Simon, Phil and Mikayla answer general knowledge questions and work as a team to take on quiz genius the Chaser and secure a cash prize.
6.00 STV News at Six; Weather
6.30 ITV Evening News; Weather

7.30 Emmerdale
8.00 Coronation Street Kelly refuses to allow Laura to ruin her moment of glory. Sam faces his opponent in the chess final. It remains to be seen whether Emma get a happy ending as she leaves the street.
9.00 Grantchester After a murder at an old folks' home, two of its residents go missing. Will and Georgie are given the run around when they try and track them down.
10.00 ITV News at Ten; Weather
10.30 STV News; Weather
10.45 FILM: 21 Jump Street (2012) Comedy, with Jonah Hill and Channing Tatum.

12.40 Shop: Ideal World **3.00** Winning Combination (r) **3.50** Unwind with STV **5.05** Cash Trapped (r)

CHANNEL 4

6.05 Countdown (r)
6.45 Cheers (r)
7.40 Everybody Loves Raymond (r)
9.05 Frasier (r)
10.35 Ramsay's Kitchen Nightmares USA (r)
11.30 Channel 4 News
11.35 Undercover Boss USA (r)
12.30 Steph's Packed Lunch
2.10 Countdown
3.00 A Place in the Sun (r) A hunt for a holiday home near the Sierra Nevada in southern Spain.
4.00 A New Life in the Sun (r)
5.00 Sun, Sea and Selling Houses
6.00 The Simpsons (r)
6.30 Hollyoaks (r)

7.00 Channel 4 News
7.30 Unreported World How Ghana is suffering environmental disaster caused by the clothes and fast fashion industry.
8.00 Grayson's Art Club Grayson Perry and his wife Philippa are joined by comedian Mawaan Rizwan, who is challenged to create an artwork on the theme 'Inside My Head'.
9.00 Gogglebox
10.00 Open House: The Great Sex Experiment Mike and Jess seek help in arranging a threesome with another woman.
11.05 8 Out of 10 Cats Does Countdown (r)

12.05 Jimmy Carr's I Literally Just Told You (r) **1.05** FILM: Popstar: Never Stop Never Stopping (2016) **2.35** Come Dine with Me (r) **3.00** Come Dine with Me (r) **3.25** Come Dine with Me (r) **3.50** Come Dine with Me (r) **4.20** Come Dine with Me (r) **4.45** Moneybags (r) **5.35** Bidding Wars (r)

CHANNEL 5

6.00 Milkshake!
9.15 Jeremy Vine
12.15 George Clarke's Build a New Life in the Country (r)
1.10 5 News at Lunchtime
1.15 Home and Away
1.45 Neighbours
2.15 FILM: Killing Your Daughter (2019) Thriller, starring Allison Paige.
4.00 Filthy House SOS (r) Mum-of-three Geraldine is overwhelmed by a sea of clutter in her three-bedroom house.
5.00 5 News at 5
6.00 Neighbours (r) David accosts Dean, suspecting him of being his blackmailer.
6.30 Eggheads

7.00 Coastal Britain With Kate Humble Kate follows the historic East Sussex coastline.
7.55 5 News Update
8.00 Cruising with Susan Calman As her cruise ship leaves the Canaries behind, Susan enjoys sailing north across the Atlantic Ocean to the beautiful island of Madeira.
9.00 Deadline James returns to London to pursue the killer, but he has been fired from his job and no-one believes his stories of what happened in Budapest. Last in the series.
10.00 Holidaying with Jane McDonald: The Caribbean (r)
11.00 80s Greatest Pop Videos

1.00 The 21.co.uk Live Casino Show **3.00** Entertainment News on 5 **3.10** Police Interceptors (r) **3.55** Now That's Funny! (r) **4.45** Wildlife SOS (r) **5.10** House Doctor (r) **5.35** Peppa Pig (r) **5.40** Paw Patrol (r) **5.50** Pip and Posy (r)

Have I Got News for You,
 9pm.



QI,
 10pm.



Coronation Street,
 8pm.



Grayson's Art Club,
 8pm.



Coastal Britain With Kate
 Humble,
 7pm.



BBC3

7.00 MasterChef Australia. **7.55** The Catch Up. **8.00** The Fast and the Farmer-ish. **9.00** Love in the Flesh. **1.30** Hot Property. **2.00** The Drop. **3.00** Freeze: Back on Thin Ice. **3.45** Close.

BBC4

7.00 Dusty. **7.50** Sounds of the Sixties. **8.00** TOTP: 1992. **9.00** BBC Four Sessions. **10.00** The Old Grey Whistle Test. **10.40** Cardiff Calling: 6 Music Festival 2022 Highlights. **11.40** Stewart Copeland's Adventures in Music. **12.40** TOTP: 1992. **1.40** BBC Four Sessions. **2.40** Dusty. **3.30** Close.

ITV2

6.00 Totally Bonkers Guinness World Records. **6.25** Dress to Impress. **7.30** The Ellen DeGeneres Show. **8.25** Love Bites. **9.20** Hart of Dixie. **10.15** One Tree Hill. **11.10** The OC.

12.05 Love Bites. **1.05** Dress to Impress. **2.05** The Ellen DeGeneres Show. **3.00** Hart of Dixie. **4.00** One Tree Hill. **5.00** The OC. **6.00** Celebrity Catchphrase. **7.00** Superstore. **8.00** Bob's Burgers. **9.00** FILM: Fast & Furious 8 (2017). Action adventure sequel, starring Vin Diesel and Charlize Theron. **10.05** FYI Daily. **10.10** FILM: Fast & Furious 8 (2017). **11.40** Family Guy. **12.40** American Dad! **1.35** Bob's Burgers. **2.25** Superstore. **2.50** Unwind with ITV. **3.00** Teleshopping.

ITV3

6.00 Classic Coronation Street. **7.00** Classic Emmerdale. **8.05** That's My Boy. **9.10** Upstairs, Downstairs. **11.30** Heartbeat. **1.40** Classic Emmerdale. **2.45** Classic Coronation Street. **3.45** Midsomer Murders. **5.45** Heartbeat. **8.00** Doc Martin. **10.00** Law & Order: UK. **11.00**

Scott & Bailey. **12.00** Inspector Morse. **2.10** Unwind with ITV. **2.30** Teleshopping.

SKY SHOWCASE

6.00 The Early Rounddown. **7.00** Sky News Breakfast. **8.00** Beth Rigby Interviews. **9.00** Nothing to Declare. **10.00** The Flash. **11.00** NCIS: Los Angeles. **1.00** Hawaii Five-0. **2.00** S.W.A.T. **3.00** Modern Family. **4.00** Will & Grace. **5.00** The Simpsons. **5.45** The Fresh Prince of Bel-Air. **6.30** The Simpsons. **8.30** Modern Family. **9.00** Rob & Romesh vs Cricket: South Africa. **10.00** Late Show Best of the Week. **11.00** A League of Their Own Road Trip: Dinglo to Dover. **12.00** Bloods. **12.30** Sex and the City. **1.30** Road Wars. **3.00** Hawaii Five-0. **4.00** S.W.A.T. **5.00** Motorway Patrol.

SKY MATN EVENT

6.00 Sky Sports News. **6.45** Live Formula 1. **8.45** The F1 Show.

9.45 Live Test Cricket. **2.00** The Masters - Live. **8.00** The Masters - Live. Further live coverage of the second day of the tournament. **12.30** Sky Sports News. **3.45** Live Formula 1. **5.10** Sky Sports News.

SKY CRICKET

6.00 IPL. **7.00** Talking Cricket: Sachin Tendulkar. **7.30** IPL. **8.30** Live Test Cricket. **2.50** Live Indian Premier League. **7.00** Test Cricket. **8.00** Best of The 2015 IPL. **8.30** Best of The 2017 IPL. **9.00** IPL. **10.00** Test Cricket. **11.00** IPL. **4.10** Vitality T20 Blast Cricket. **5.00** Talking Cricket: Sachin Tendulkar. **5.30** Talking Cricket.

BT SPORT 1

11.30 Badminton Unlimited. **12.00** UEFA Europa League Highlights Show. **1.00** BT Sport Reload. **1.15** WWE NXT. **3.00** Live Hockey. **5.00** Premier League Preview. **5.30** Freddie World

Tour. **6.30** Scottish Football Extra. **7.00** BT Sport Reload. **7.15** Live Heineken Champions Cup. Connacht v Leinster (Kick-off 8pm). **10.16** What I Wore: Henrik Larsson. **10.30** Live: UFC Live. UFC Live looks ahead to the upcoming bout between Alexander Volkanovski and The Korean Zombie. **11.00** UFC Main Event. **12.00** WWE SmackDown Highlights. **1.00** Live: WWE Friday Night SmackDown. **3.00** Inside Serie A. **3.30** Live: AFLW.

BBC ALBA

6.00 Alba Today. **5.00** Treubh an Tuathanais. **5.15** Pompon An Mhanach Beag/Pompon Little Bear. **5.20** 'S E Iasg a Th'Ann. **5.25** Creag nam Buthaichean. **5.35** Sionnach agus Maigheach. **5.45** Rita is Croagall. **5.55** Stòiridh. **6.00** Aithne air Ainmhidhean. **6.25** Caractaran. **6.30** @12. **6.35** Na Moomians/Moomin Valley. **7.00** An Là. **7.25** Fraochy Bha. **7.30**

Machair. **7.55** Dan. **8.00** Cearcall. **8.30** Eilean Mo Ghaol. **9.00** Sorley MacLean. **10.00** Eadar na Dha: 1918-1935/Crash of Futures: 1918-1935. **10.50** Dhan Uisge. **11.00** Cuirm@Celtic Connections. **12.00** Alba Today.

BBC SCOTLAND

12.00 This Is BBC Scotland. **7.00** The Seven. **7.30** SportsScene: Friday Night Football. Queen of the South v Partick Thistle (Kick-off 7.45pm). **10.00** Still Game. **10.30** A View from the Terrace. **11.30** Scary Adult Things. **12.00** Close.

FILM4

11.00 Man of the West (1958). **1.05** Vertigo (1958). **3.40** Little Man Tate (1991). **5.45** Transformers: Age of Extinction (2014). **9.00** Stuber (2019). Premiere. Action comedy, starring Dave Bautista. **10.55** White Boy Rick (2018). Crime drama, starring Matthew McConaughey.

1.10 Regression (2015). Psychological thriller, starring Ethan Hawke. **3.45** Close.

DAVE

6.00 Teleshopping. **7.10** Gianni: Supercar Customiser. **8.00** Timber Kings. **9.00** Storage Hunters UK. **10.00** Top Gear. **11.00** Expedition with Steve Backshall. **12.00** Bangers and Cash. **1.00** Top Gear. **2.00** Expedition with Steve Backshall. **3.00** Rick Stein's Far Eastern Odyssey. **4.00** Bangers and Cash. **5.00** Rick Stein's India. **6.00** Taskmaster. **7.00** Richard Osman's House of Games. **7.40** Would I Lie to You? **8.20** QI XL. **10.00** Live at the Apollo. **11.00** QI XL. **11.40** Meet the Richardsons. **12.20** Mock the Week. **1.00** QI XL. **1.40** Would I Lie to You? **2.15** Have I Got a Bit More Old News for You. **3.15** Richard Osman's House of Games. **4.00** Teleshopping.

RADIO

BBC RADIO 1

5.00 Radio 1 Early Breakfast. **6.33** Radio 1's Best New Pop. **7.00** Greg James. **10.00** Radio 1 Anthems. **11.00** Dean McCullough. **12.45** Newsbeat. **1.00** Katie Thistleton. **3.00** Radio 1's Party Anthems. **4.00** The Official Chart on Radio 1 with Scott Mills. **5.45** Newsbeat. **6.00** Radio 1's Dance Party with Danny Howard. **8.00** Radio 1's Future Dance with Sarah Story. **10.00** Pete Tong. **12.00** Radio 1's Essential Mix. **2.00** Radio 1 Dance Presents. **3.00** Danny Howard. **4.00** Radio 1's Wind Down Presents.

BBC RADIO 2

6.30 The Zoe Ball Breakfast Show. **9.30** Ken Bruce. **12.00** Jeremy Vine.

2.00 Steve Wright in the Afternoon. **5.00** Gary Davies. **7.00** Tony Blackburn's Golden Hour. **8.00** Alternative Sounds of the 90s with Dermot O'Leary. **10.00** Sounds of the 90s with Feame Cotton. **12.00** Romesh Ranganathan: For the Love of Hip-Hop. **1.30** The DJ Spoony House Party. **2.00** The DJ Spoony House Party Mixtape. **3.00** Michelle Visage's Rule Breakers. **4.00** Sophie Ellis-Bextor's Kitchen Disco.

BBC RADIO 3

6.30 Breakfast. **9.00** Essential Classics. **12.00** Composer of the Week: Elmer Bernstein. **1.00** Radio 3 Lunchtime Concert. **2.00** Afternoon Concert. **4.30** The Listening Service. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio 3 in Concert. **10.00** The Verb. **10.45** The Essay: EarthWorks. **11.00** Late Junction. **1.00**

Composed with Emeli Sandé. **2.00** Gameplay with Baby Queen. **3.00** Through the Night.

BBC RADIO 4

5.30 News Briefing. **5.43** Prayer for the Day. **5.45** Farming Today. **5.58** Tweet of the Day. **6.00** Today. **8.45** (LW) Yesterday in Parliament. **9.00** The Reunion. **9.45** (FM) Book of the Week: Hybrid Humans. **9.45** (LW) Daily Service. **10.00** Woman's Hour. **11.00** Three Pounds in My Pocket. **11.30** Whatever Happened to Baby Jane Austen? **12.00** News. **12.04** Archive on 4: The Ministry of Fun. **12.57** Weather. **1.00** The World at One. **1.45** A Show of Hands. **2.00** The Archers. **2.15** Drama: Dead Hand. **2.45** Living with the Gods. **3.00** Gardeners' Question Time. **3.45** Short Works. **4.00** Last Word. **4.30** Feedback. **5.00** PM. **5.57**

Weather. **6.00** Six O'Clock News. **6.30** The Now Show. **7.00** Letter from Ukraine. **7.15** Screenshot. **8.00** Any Questions? **8.50** A Point of View. **9.00** The Museums That Make Us. **9.59** Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: The Promise. **11.00** Great Lives. **11.30** The Shadow of Algiers. **11.45** Witness. **12.00** News and Weather. **12.30** Book of the Week: Hybrid Humans. **12.48** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast.

BBC RADIO 5 LIVE

5.00 The Big Green Money Show. **5.30** Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Chiles on Friday. **1.00** Elis James and John Robins. **3.00** How Do You Cope? With Elis and John. **4.00** 5 Live Drive. **7.00** 5 Live Sport:

The Friday Football Social. **8.00** 5 Live Sport. **10.00** Stephen Nolan. **1.00** Hayley Hassall.

CLASSIC FM

6.00 More Music Breakfast. **9.00** Alad Jones. **12.00** Anne-Marie Minhall. **4.00** John Brunning. **7.00** Smooth Classics at Seven. **8.00** The Classic FM Concert with John Suchet. **10.00** Smooth Classics. **1.00** Katie Breathwick. **4.00** Sam Pitts.

BBC RADIO SCOTLAND

6.00 Good Morning Scotland. **9.00** Mornings. **12.00** Lunchtime Live. **1.30** Breaking the News. **2.00** The Afternoon Show with Nicola Meighan. **4.00** Drivetime. **6.00** Grant Stott's Vinyl Collective. **7.00** (MW) Sportsound. **8.00** (FM) BBC Introducing in Scotland. **10.00** Ashley Storie. **1.00** As Radio 5 Live.



Dusty, BBC4, 7pm.

Ewan's Viewing



EWAN CAMERON
REVIEWS THIS
WEEK'S TELLY



A&E IN WILDS WORTH WATCH

Although the field for fly-on-the-wall medical documentaries is incredibly packed, *Rescue: Extreme Medics* (Channel 4) does offer something a little bit different.

On the face of it, we're in 24 Hours In A&E territory, following patients as they arrive at hospital and then their subsequent treatment and (hopefully) recovery.

But *Extreme Medics* offers something extra because instead of being restricted to the hospital wards (Aberdeen features), we got to join the teams as they treat patients out in the wilds of Scotland. That gives the programme a scale you don't normally associate with this type of documentary and is worth watching.

CREDIT FOR CAMPAIGNER

Although I've never been a huge fan of Mary Whitehouse – her campaign against video nasties in the '80s was beyond irritating to a pint-sized horror buff – but after watching *Banned: The Mary Whitehouse Story* (BBC2), I can't help feeling slight admiration.

To be clear: I'll never agree with anything she said, but you can't say she was in it for fame and fortune. She simply stood up for what she believed in.

SPORTS DOC'S MAGIC TOUCH

Even though I'm definitely not what you would call a sports fan, *Winning Time: The Rise of the Lakers Dynasty* (Sky Atlantic) hooked me from the first whistle.

It tells the story of how LA Lakers owner Jerry Buss (John C Reilly) transformed the basketball team from perennial underachievers in 1979 into an NBA powerhouse and everything about the miniseries screams "prestige".

Reilly maybe has the flashiest role – he is brilliant, by the way – but Quincy Isaiah as Magic Johnson grounds the show as we follow his path to superstardom and eventual Aids diagnosis.

If you enjoyed *The Last Dance*, Netflix's Michael Jordan documentary, you'll love this.



Slap shocking

Watching Will Smith's "slap heard around the world" on news reports the following day really can't convey the shock of watching that moment play out live.

It was about 3.30am UK time and I was already lamenting an Oscars that had happily dialled down the social justice hectoring from the previous year but had replaced it with a wildly inconsistent show that veered from tedious to awkward.

After a positive start with a Beyoncé performance, hosts Amy Schumer, Regina Hall and Wanda Sykes set the tone for the night with a routine that felt unnecessarily cruel and even creepy. Was I the only one

HOLLOW WORDS OF HOLLYWOOD COMMUNITY EXPOSED BY SMITH OVATION DESPITE ASSAULT

who thought Hall's extended bit where she drooled over male stars before patting them down felt icky? I'd like to see a male presenter getting away with that.

The much-criticised decision to play edited clips of the "lesser" awards didn't actually feel as much of a slight as I feared, since I doubt viewers would really have noticed. Not that the strategy succeeded in giving Oscar producers their longed-for shorter show – it still clocked in at just over three and a half hours.

But any criticism of the stylistic choices this year went out the window the second Chris Rock made a barb about Jada Pinkett Smith and things turned violent.

Nothing anyone can say will convince me that the assault was justified. During his acceptance speech Smith cried crocodile tears and said that "love makes you do crazy things" – an excuse that wouldn't wash with a judge at Aberdeen Sheriff Court and it shouldn't wash with anyone.

The Hollywood community is quick to lecture us about climate change and diversity and a host of social issues but this nasty incident just showed how hollow their words are. We saw Will Smith assault Chris Rock live on television and 30 minutes later Smith was getting a standing ovation. Even by the fake standards of Hollywood this was jaw-dropping.



Ewan's movie of the week

WINDFALL NETFLIX

The opening titles of this low-key crime drama look like something you'd see on a film noir thriller from the 1950s.

It makes sense, because this tale of a billionaire couple being held hostage at their holiday home by a burglar, definitely feels noir-ish – even though it's frequently drenched in sunshine.

Jesse Plemons and Lily Collins play the couple – known only as CEO and

Wife – while the nervous criminal is Jason Segal ("Nobody") and the tension cranks up when the trio have to spend the day and night together waiting for a bag of cash to be delivered to the home.

Director Charlie McDowell plays up the dark humour, mostly at the expense of Plemons' insufferable tech billionaire, giving the film a surprisingly breezy feel.

Netflix puts out so many films these days that quality control can be tricky to determine, but this is definitely one of the good ones.

SOLUTIONS

MIND THE GAP

One possible solution is Athletic, Unwashed, Escapism, Vicarage, Accredited, Megastar, Dressing, Unproven. The shaded word is: ESPRESSO

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SPIRAL

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CRYPTIC CROSSWORD

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FINANCIER
K P L C B D
DISPOSAL ROAD
T E A A I R
STORK LINSEED
I C M D
AWKWARD CREEP
A E A A O V
SKUA COMPLAIN
E V K P L L
REBELLION
R R E N

QUICK CROSSWORD

PLUCKED SCAN
P E A A D A U
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KILLER SUDOKU

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ADD UP

73, 84

WORDSEARCH

G B E R I P F W S N C S U
G N M A C T I V E S I O P
D A E N S R S H E O V T A
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MISSING LINKS

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SUGURU

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