THOUSAND DIFFERENT WOMEN wapped in to one."

+HR=E

Hayley

All New

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VALENTINE'S SPECIAL! Romantic gifts, date-night glamour and sweet treats for two

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THE Love ISSUE

He's so romantic! ART'S NEW LOVE CONFESSIONS

Casketeers marriage secrets

HOW WE

CONQUERED

OUR DARKEST DAYS

DIVINE

INTERVENTION

MY TINDER DATE

WAS FROM GLORIAVALE

PLUS SOPHIE STEPS UP TO EASE THE BURDEN

18-HOUR DAYS & SHE'S AT BREAKING POINT

NEWS EXCLUSIVE A BUS RAN OVER US! I THOUGHT WE WERE DEAD **KOBE BRYANT** 1978-2020

THE HEARTBROKEN GIRLS HE LEFT BEHIND

WHAT A WEEK!

comph

Demi Lovato's emotional while performing for the first time since her 2018 overdose. Billy Ray Cyrus (left) and Lil Nas X revisit their "Old Town Road" chart-topper.

Fab foursome Gwen Stefani, Blake Shelton, Ellen DeGeneres and Portia de Rossi.

> Nas-ty girl! Billie pokes her tongue at a collab with the rapper.

> > Cl

JESSIE J & CHANNING TATUM

46100

BOOBY PRIZE! CARDI B & OFFSET

THEY GOT TROPHIES IN THE

Tulle much? Ariana makes her Grande entrance.

2 Woman's Day

PRIYANKA & NICK JONAS

Left: Grammy calling Lizzo! Right: Ariana and Lizzo make a sandwich with Lil Nas.

Let's get LOUD. Stars hit all the right notes

hey came, they sang, they shimmered, but when it came to breaking records, it was "Bad Guy" singer Billie Eilish who smashed it at the Grammys.

The 18-year-old became only the second artist in the awards' history to scoop the "big four", winning Best New Artist, Song of the Year, Record of the Year and Album of the Year. She was also the youngest to ever win, beating Taylor Swift, who was 20 when she won for her album Fearless. For the most-stunning entrance, "God is a Woman" singer Ariana Grande, 26, drew gasps on the red carpet in a voluminous gown that comprised 365 metres of tulle and measured six metres in diameter. Also making an appearance was Ozzy Osbourne, just days after he revealed he's been battling Parkinson's disease. Clutching a walking cane, the Black Sabbath

GETTY IMAGES

PICTURES:

frontman, 71, was supported by his fashion designer daughter Kelly, 35.

Meanwhile, larger-than-life pop diva Lizzo, 31, who opened the 62nd Grammys in Los Angeles, was nominated for a whopping eight awards – more than any other artist on the night. She walked away with three gongs, no doubt leaving her feeling "Good as Hell"!

SHARO

Ozzy and Kelly are black in business.



Diddy make all these kids?! Sean Combs with (from left) Justin, Christian, Quincy, D'Lila, Chance and Jessie. Legends Naomi Campbell and Janet Jackson.

For more Grammys glamour and gowns, see page 86.

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Recipes and ideas from New Zealand's favourite magazines

(ACALLER)

PARTNERED WITH

Britney Spears and Madonna set tongues wagging during their MTV VMAs performance in 2003.

The newlywed Duke and Duchess of Cambridge appeared to get the giggles in 2011 as they ssed for the crowds at Buckingham Palace.

Smooching STARS

To celebrate our special love issue, we look back at some of the most memorable celebrity lip-locks.

Longtime *Friends* Jennifer Aniston and Ellen DeGeneres shared a platonic peck last October.

The way you make me feel! **Michael Jackson** and his then-wife Lisa Marie Presley packed on the PDA at the 1994 Video Music Awards.

feet when drien Brod ontaneously ooched her at the 2003 Oscars

Editor's note

hat does romance mean to you? Roses, chocolate, love notes? Turns out for me, it's a hat – but more on that later.

Valentine's Day is nearly upon us and if you're not feeling particularly romantic, you will be by the time you've read all the schmaltz in our Love Issue. Along with gorgeous gift ideas, breathtaking bridal fashion, sweet treats and tips on staying connected, we have some beautiful love stories which will make you go "awww".

I'm glued to The Bachelorette NZ at the moment - and Dr Lesina shares secrets on how to win her heart (page 70). Plus host Art has made the girls in the office swoon as he explains how he keeps the romance alive with Matilda every day of the year (page 16). The Casketeers couple Francis and Kaiora deal with grief and heartbreak on a daily basis and they've known their own share of tough times - but the pair's devotion to each other through thick and thin over 15 years is inspiring (page 22).

Two Kiwi real-life reads have me in awe at the power of love this week. A Kapiti couple recently renewed

their vows after conquering the husband's P and gambling addictions (page 34). And a Christchurch guy was surprised his Tinder date hailed from Gloriavale and his love and acceptance of her unconventional family is lovely to read (page 36).

Life is very busy and complicated, and I haven't had any time to think about my own romance this week. Instead I was tired and grumpy when my husband returned from an overseas holiday after a week of the mumwork juggle. I got home late last night, avoided the tennis spectators downstairs and went straight to bed. But between sets my husband appeared, kissed me on the head and whispered "hello honey". He then pulled out a huge box he'd lugged home from Melbourne. In it was a wide-brimmed Panama hat ... and it's coral! I love it! With one romantic gesture, I went to sleep with a smile. He had me at "hello honey" - but the hat was the clincher.



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PICTURES: GETTY IMAGES







February 10, 2020

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FRAZZLED KATE'S AT

BREAKING POINT





Brainbusters, Spot the difference, Cryptic, Big crossword, Superstar crossword

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NATURAL AUSTRALIAN BEAUTY

Cover story

Duchess in POORK PRVA STRUG

She's feeling the pressure after Megxit

aking a surprise visit to a London preschool, a smiling Duchess of Cambridge appeared to be her usual

happy self. It might have been her fourth royal engagement in a





JAN 29 Kate puts on a brave face, but the strain is beginning to show.

distress ATE'S TE GLE

> matter of days, but the mum of three looked elegant in skinny black jeans and ankle boots, chatting animatedly to teachers and kiddies alike as she helped serve the little ones breakfast.

But behind those obligatory smiles, the usually unflappable 38-year-old is secretly suffering. Still reeling from the Duke and Duchess of Sussexes' decision to quit royal life, sources say cracks are beginning to show as the increased pressure takes its toll on hardworking Kate. "She's in a papic and has





been having bouts of anxiety," claims an insider. "She barely has time to rest, and when she does try to sleep, her mind is constantly racing."

With Prince Harry and Meghan starting their new life with eight-month-old Archie in Canada, the pressure on Kate and Prince William, 37, to fulfil their royal responsibilities has doubled. According to insiders, Kate – who's a devoted mum to Prince George, six, Princess Charlotte, four, and 20-monthold Prince Louis – sometimes works 18 hours a day.

In the past week, she attended an emotional UK Holocaust Memorial ceremony, visited a children's hospital and a prison, not to mention the preschool appearance to promote her recent survey into the early years. And with her calendar fuller than ever – an appearance at the BAFTAS was scheduled for Sunday night – the hectic pace shows no sign of slowing.

"She's already stretched

ROLLEY DOLLY, JAN 29

If the kids are surprised by a royal presence, they're playing it cool.

NO REST FOR THE WEARY, JAN 28

But Kate still enjoys her duties as she looks at a young hospital

pretty thin," says the insider, "and now she's really worried about how she'll juggle the extra workload on top of her family life."

With Harry, 35, and Meghan, 38, out of the royal picture, Kate and William have even had to take on extra training now that their responsibilities are increasing – with the pair spending long days in meetings with the Queen's closest advisors. Aides want to





Touching tribute: Kate took these portraits of Holocaust survivors with their grandchildren.

William and Kate at the service to pay homage to the liberation of Auschwitz.

ensure they're across every aspect of royal life. "Kate and William are already feeling the strain of Meghan and Harry's departure - not only are their public appearances being increased but there's the added

pressures of what their roles will entail moving forward without Harry in support. "The fact that one day

William and then little George will be King weighs heavily on their minds."

Indeed, in a rare show of emotion, Kate was seen wiping away a tear as her husband spoke about the Holocaust at the memorial last week, and friends say she's more fragile than ever. Our source says Kate has always been determined to juggle her royal duties with being a hands-on mother and she can't help but worry that

Borrallo, and mum Carole Middleton, 65, who is said to be spending more time at Kensington Palace than her own home.

"Kate's incredibly grateful for Carole's support," tells a friend. "Carole is Kate's tower of strength and her numberone confidante. She'd be absolutely lost without her."

But Kate's rumoured to have confided in pals that she can't help but feel sad and resentful towards Meghan and Harry for leaving her and other royals - including

Princesses Beatrice and Eugenie and the Countess of Wessex (see story, page 20) to pick up the slack.

Kate hasn't spoken to either Harry or Meghan since their shock announcement a month ago, and the rift between them is deeper than ever.

"She is extremely sad about the way it's turned out because ultimately she still loves Harry and wishes she could talk to him," says the

insider. "She misses him and fears she'll never be close to him again."

While Kate has long enjoyed a good relationship with the Queen, the last few months have brought the two women even closer. Kate has been "terribly concerned" about the 93-yearold throughout the past few months amid Prince Andrew's fall from grace and Harry's heartbreaking decision to leave the family. She is said to check in with her husband's grandmother almost daily. "She always asks if there's anything she can do, and makes it very clear that she and William are committed for the long haul." For his part, William is doing whatever he can to





Above: The Queen of recycling wore this grey Catherine Walker coat back in March last year.



Mum Carole has been Kate's rock, staying over and looking after the kids.

Meghan's dad is keeping the home fires burning until he gets to meet his grandson.

Thomas blasts Harry MAN UP & COME SEE ME!

If Meghan thought her move to Canada would solve all her problems, she obviously hadn't banked on her estranged father Thomas Markle, who has threatened to speak out about her every 30 days until she makes contact.

The angry 75-year-old told Good Morning Britain, "If after this interview, if I don't hear from somebody in 30 days, I'll give 30 days and I'm going to try again, because 30 days is enough time to get back to me. I don't want to sit in silence in my living room for the rest of my life, waiting for someone to call me back

The Mexico-based retiree admitted his bombshell media interviews would "cause problems" with his daughter and her husband, but he believes speaking publicly about their rift

is now his only hope of a reconciliation.

When asked what he would say to Meghan if she was watching the show, he said, "I'd tell her, 'I love you, let's sit down and work this out."

While his message for Harry would be, "Man up and fly down and see me and we will talk.

Thomas hasn't spoken to his daughter since missing her wedding back in 2018 after suffering heart problems. He'd earlier infuriated her by posing for paparazzi photos. But he told the show he loved his daughter and was desperate to meet his grandson Archie.

However, he blasted the couple's decision to step aside from the royal family.

"I think they've hurt the Queen, I think they've hurt the royals and it just doesn't work," he said. "I'm a little

embarrassed for them and feeling really sorry for the Queen. The break from the royals is going to cause far more problems.'

He also vowed to appear in court as a witness if called on in Meghan's case against a UK newspaper over its publication of a private letter she sent to him.

"If it comes to meeting them in a courtroom, that's great – at least I finally get to see them.'



make life easier for his wife, even though he's got a lot on his plate too. On January 25, the Queen appointed him the new Lord High Commissioner to the General Assembly of the Church of Scotland, which comes with a new set of responsibilities and duties. Still, adds the source, "William's going all out to ensure Kate doesn't feel

overwhelmed. He's making sure that the time they spend together is extra special and is planning romantic dinners and weekend getaways." He's even spoken to the Queen to make it clear that while they're happy to take on extra workload, their family will always come first. "The Queen's been very

understanding of that and

assured him that as a young monarch herself, having four children to take care of and often regretting how much time she missed watching them grow up, she's brutally aware of his concerns and will do everything in her power to avoid them being in the same position," tells the insider.

Meanwhile, Kate and William are doing their best to adjust to their new reality, promising each other that they'll get through this with each other's support. "They're trying to take everything in their stride and work towards finding a balance, but it's going to be a work in progress," says the source. "But they know they have each other and that WD they'll get through it."



Celebrity news

CUU

TICS

HOICE The star has been

a solo act

this awards season

Nicole & Keith REDECARPE OUPLE NO **JAN 4 GOLD MEETS JAN 12** GOLDEN **JAN 27** GRAMMYS Keith admitted The country crooner looked he had some 'personal downcast on problems the night. at home". He claimed she had the flu, but friends say Keith was **JAN 18** PRODUCERS *riding solo after a bitter fight with his wife* **GUILD JAN 19** WARDS SAG AWARDS

hen Keith Urban arrived at the Grammys last week, awaiting fans and media were shocked to see he was on his own – with his wife Nicole Kidman nowhere to

"My wife is home with the flu," he muttered to a reporter.

"A lot of that going around." But once inside among the rest of the A-list stars, a witness says Keith let his guard down and told friends what was really going on. "He seemed incredibly sad and distracted," says one onlooker backstage at Los Angeles' Staples Center. "It was clear something deeper was going on. He looked visibly distressed – kind of like a defeated man." Adds another, "He fit in with the sombre mood as everyone had just found out Kobe Bryant had died, but it was clear something else was going on with Keith."

A source close to Keith's long-time buddy, fellow country singer Blake Shelton, who was also backstage, reveals Nicole was a no-show following a fight between the couple just hours earlier.

"He told Blake how him

According to sources, this rule has slipped by the wayside as their daughters Sunday, 11, and Faith, nine, get older.

Our Blake source reveals, "He said Nicole begged him not to add any more dates and was fuming when he went against her wishes. She accused him of constantly trying to find excuses to be apart from her." Despite usually being the calmer partner, Kiwiborn Keith retaliated. "Her comments sent him into an uncharacteristic rage," says the source. "He told her he was sick of constantly taking a back seat to his career." Indeed. whenever Nicole

be seen.

And you can't blame them – it's rare to see him at music events without Nicole nuzzled into his side, providing photographers with countless public displays of affection. But this time, Keith, 52, who was there to present an award, looked "out of place" without Nic, also 52, and seemed uncomfortable answering questions about her whereabouts.

12 Woman's Day

and Nicole had a furious argument that morning over his decision to extend his Las Vegas residency," claims the confidante. "Nicole ended up storming out of the house with their girls in tow." Nic and Keith are widely reported to have struggled throughout their 13-year marriage over their clashing careers, and once tried to enforce a rule that they're never apart for two weeks.

Face it, David ... Posh will do anything to keep her family unit (left) intact!

The knives are out! POSH & BECKS' \$400K MARRIAGE MAKEOVER

hile Nicole and Keith wrestle with their marriage woes, Victoria and David Beckham have come up with a bizarre new plan to strengthen their union – plastic surgery!

The couple, who've had more than their share of marital misery, are planning a holiday in Los Angeles this Easter and a well-placed insider says they've booked in to get \$400,000 of cosmetic surgery while they're there.

"Posh is having a face lift, another boob job and a Brazilian bum lift, while David is keen to have pec implants and a face lift too, with chin augmentation," dishes the insider.

Former Spice Girl Victoria,

Sergio has been linked to a bevy of beautiful women and Victoria is terrified that once David is based full-time in Miami, he'll be sucked into a hard-partying lifestyle."

Last year Victoria was left unimpressed by her husband's constant partying with young, beautiful women including Bella Hadid, Alexa Chung and Poppy Delevingne, and spending more weekends away with his pals.

Now, with footie legend Becks about to increase his time in Miami while Victoria keeps the home fires burning in London with their kids -Brooklyn, 20, Romeo, 17, Cruz, 14, and eight-year-old Harper – the pop-star-turned-fashiondesigner is nervous about their marriage being put to the test once again. "Vic is telling pals that their surgery makeover is a way to ensure she and David keep themselves on top of the game with so many younger, attractive power couples coming onto the scene," adds the source. "But those closest to her feel it's just her old insecurities coming to the surface again. They'd much rather she got some counselling than go under the knife."

is promoting her work on a red carpet, Keith moves heaven and earth – or at least a private jet – to ensure he can be supportively by her side.

Says a source, "He's starting to realise that Nic isn't as keen to pay back the favour. Regardless, he hates fighting and was a total mess by the time he was due on stage. He seemed extremely stressed and kept frantically checking his phone throughout the ceremony. "It looked like he was trying Nicole just minutes before going on stage to present, but there was no answer. He had to be calmed down by one of the producers as he admitted he was having some 'personal problems at home'. "Keith left as soon as the WD ceremony ended."



45, is hoping it will be a case of "the couple that goes under the knife together stays together", but our insider claims she is privately feeling "unnerved" by some of the hot young lotharios David, 44, is signing up to play for his new soccer team Inter Miami.

"One of his signings is Manchester City star Sergio Agüero, who's been dubbed 'the ultimate bachelor'," says our source. "It's no secret that

Special tribute

Shooting KOBE'S DATE W

We mourn the loss of an NBA legend and his darling girl

obe Bryant understood life is short. "Things change in the blink of an eye. People go to work and don't come back. One minute they're living and the next minute they're not," the basketball superstar wrote in an essay shortly after 9/11. Tragically his life, too, ended way too soon.

The sports legend had no idea when he boarded a helicopter with his 13-year-old daughter Gianna and five other people last week that those were the last few moments of his life.

Ironically, Kobe, 41, had taken to using helicopters as a way to spend more time with his family and less time stuck in traffic, but ultimately it cost him all the time he had left in the world: as his chopper headed from Los Angeles to a basketball game west of the city, it hit early-morning fog and ploughed into a hillside, instantly killing everyone on board.

As news of the tragedy broke, ripples of grief spread around the world for the man who'd brought joy to millions and who seemed invincible.

Born in 1978 to NBA player Joe Bryant and his wife Pamela, Kobe was named after a type of steak that his parents had seen on a restaurant menu. At age three, he began playing basketball and showed such promise that the Charlotte Hornets drafted him straight out of high school. Days later he was traded to the LA Lakers – becoming, at 18, the youngest player ever to start an NBA game - and for the next 20 seasons rose through the ranks to become one of the most celebrated players of all time. And while he made scoring on the court look easy, he regularly arrived two hours early to practice to hit the gym. After his first season in the NBA,



KOBE BRYANT

1978-2020

Two of Gianna's teammates, their parents, and her coach died in the horrific crash.



for the stars TRAGIC THEATE



Daddy's girl: Whether it be courtside or just hanging out, Gianna (left and above) had a beautiful bond with Kobe, who said she was "special".

he even turned down a role in a Spike Lee movie in favour of more practice time.

Off court, his life was equally as colourful.

In 1999, three years into his skyrocketing career, Kobe met high school student Vanessa Laine while she was working as a background model for a music video. Just six months later they were engaged and in 2001, when Vanessa was 18 and Kobe was 22, they tied the knot.

Their first daughter, Natalia, was born in 2003 and that same year Kobe was arrested on suspicion of sexually assaulting a 19-yearold hospitality worker in a hotel in Colorado. The charges were later dropped when his accuser refused to testify but Kobe publicly acknowledged, "Although I truly believe this encounter between us was consensual ... I now understand how she feels that she did not consent to this encounter." He ended up settling the subsequent civil suit out of court and his reputation took a hit – but even more painful was the agony he caused his wife. Vanessa appeared alongside him at a press conference where he admitted cheating on her and told her tearfully, "You're my backbone. You're a blessing. You're a piece of my heart. You're the air I breathe and you're the strongest person I know. I'm so sorry for having to put you through this and having to put our family through this."

The 1.98m-tall star went on to buy Vanessa an "apology ring" – an extremely rare eight-carat purple diamond reportedly worth \$6 million – and in 2006 they welcomed their second daughter Gianna.

By 2011, their relationship was in trouble again. Vanessa filed for divorce citing "irreconcilable differences", but two years later they called the divorce off and in 2016 had their third daughter, Bianka. Then, in June last year, they celebrated the arrival of daughter number four, Capri. Four years ago, as his injuries began to mount, the five-time NBA champ and two-time Olympic gold medal winner, who went by the nickname The Black Mamba, stepped down from the game that had made him both a household name and a multi-millionaire. Friends say he enjoyed retirement as

much as he'd loved playing.

He won an Oscar for the animated short film *Dear Basketball*, opened a sports academy to help athletes improve, oversaw a series of sports fantasy children's books and started a podcast called *The Punies* to inspire children suffering from self-doubt and anxiety.

More than anything, say friends, he revelled in family life with Vanessa, 37, Natalia, 17, Gianna, 13, Bianka, three, and Capri, seven months.

The star was delighted when Gianna set her sights on following in his footsteps and becoming a basketball pro. He helped her in every way he could and, on January 26, the dedicated dad was taking his girl to a game when their chopper crashed into the steep, bush-strewn hills of Calabasas. That night, soon after rescue crews confirmed there were no survivors, the Grammy Awards in Hollywood hit a sombre note. Host Alicia Keys, 39, paid tribute to the star, saying, "We're all feeling crazy sadness right now because earlier today ... Los Angeles, America and the whole wide world lost a hero." Two days later chat-show



The doting family man with (above) wife Vanessa and girls (clockwise from top) Gianna, Capri, Natalia and Bianka.



host Ellen DeGeneres paid tribute to the sports hero who was a personal friend and who had died on her 62nd birthday.

Dabbing away tears, Ellen said, "Life is short, and it's fragile, and we don't know how many birthdays we have. So just – you don't have to have a birthday to celebrate, just celebrate life."

Three days after Kobe's death, Vanessa posted a moving tribute to her beloved husband and daughter, saying, "I'm not sure what our lives hold beyond today." She thanked the millions of people who showed their support.

Friends say she is trying her best to be strong for her three remaining daughters and is taking comfort in Kobe's love for them all.

In his 2018 Oscars speech, the star had gushed, "Being a father is the thing I am most proud of in this world – it's my greatest accomplishment," adding later, "I've learned so much, but perhaps the most profound thing has been the fierce, unconditional love you have for your children when you become a parent. "I'm blessed to have had that experience four times now and there's nothing more powerful in this world."

TEXT: MEGAN MCCHESNEY. PICTURES: DEREK REED/NY M T T T T S C A W T M T T T S C A W T

Reality <mark>bites</mark>

While he would sometimes like to put *The Bachelor* behind him, Art is eternally grateful to the show for helping him find his wife.

The Art IYEEFALL ALLOV

The reality star's date with destiny

hile all eyes were on lovely Lesina Nakhid-Schuster when *The*

Bachelorette NZ made its hotly anticipated debut last week, the dating show's familiar host Art Green was captivated by another beautiful woman.

Just moments into the first episode, the former Bachelor was surprised to clock eyes on flashback footage showing a beaming, baby-faced Matilda Rice stepping out of the limo.

"It was like being in a time warp," recalls 31-year-old Art, whose heart skipped a beat as he relived that pivotal moment of meeting his now wife. "It was like seeing Mattie for the first time all over again; she was so herself in every way – confident, gorgeous and graceful – it gave me butterflies. Considering all the amazing things that have happened between us, to think that we were just two, young nervous strangers back then completely blows my mind." Indeed, since finding love on the reality show's debut season back in 2015 there have been countless highs for the couple, who purchased their first home and tied the knot before welcoming their adorable baby boy Milo in September last year. With so much happy history behind him, Art says stepping back into the reality TV environment as host on the TVNZ 2 series was an exciting prospect. "Sometimes Mattie and I have

ART'S TIPS FOR STAYING IN LOVE

Valentine's Day might be on the horizon, but New Zealand's most loved-up couple won't be celebrating the occasion!

Art admits he and Matilda don't really believe in the dedicated day of romance on February 14, instead saying they work believe that communicating through good times and bad, and always making time for

at keeping their love alive each and every day, explaining, "We make a daily effort to show we value and appreciate each other, and constantly reassure the other how much we love them."

While Art remembers placing more importance on Valentine's Day when he was younger, since falling head over heels for Matilda and becoming a dad, he'll find any excuse to express his love and gratitude for his gorgeous family.

"Mattie and I truly feel it's what you do most that matters, which is why every day feels like Valentine's Day for us," says Art. "We aren't keeping any great secret, but

"We aren't keeping a 16 Woman's Day each other has built the foundations of our relationship."

With their baby boy now in tow, quality time together looks a little different for the new parents, who relish their quiet nights in.

"The new date night is winding down at home once Milo is tucked up in bed. We'll put our screens away, cook a nice meal and just be present with each other," shares Art. "I'm sure we'll call on the babysitters one day, but for now simply being together as a family of three is what makes us truly happy."

FIRST OCEAN DIP! of romance EN IN LOVE ER AGAIN!

this mentality that we want to put the show behind us, but ultimately we know how lucky we are to have met at all, even if it was in such an unconventional way," he says.

"Being The Bachelor wasn't always an easy ride. It definitely had its highs, but at times it was also lonely and quite emotional, so it was nice to be able to be the support person to Lesina that I wish I could've had when I was going through the process.

"The role of host is a lot less stressful," quips Art, "but I know first-hand how life-changing the experience can be, so it felt good to be able to share my two cents with Lesina through some of the tougher times."

While Art won't be drawn on our Bachelorette's early favourites, he can say with complete conviction that the Samoan and Trinidadian doctor, 32, is serious about finding love.

"You just have to meet

walked in her shoes, I know the decision to put your love life on show is not one you make lightly. You have to be all in - and Lesina definitely is."

Despite early eliminations, Art says there'll be no shortage of romantic connections with the eligible group of remaining suitors vying for Lesina's heart.

"I know people had their doubts about the types of men that would put themselves forward for this show, but I don't think we give Kiwi men enough credit for how open and intuitive they can really be," says Art. "There might be a couple in the pool who are looking to boost their fame and followers, but the majority are such great, honest men who are genuinely looking to find someone.

"I think this show will have a hugely positive impact on Kiwi males as they see these guys open up and talk about



BABY'S

feelings and relationships, and show it's OK to be vulnerable."

While *The Bachelorette* continues to play out on air, for the most part Art's hosting responsibilities are now done and dusted, allowing him plenty of time to enjoy a long, relaxing holiday in his favourite role of all – doting dad.

After the show wrapped, Art and Matilda, 29, spent quality time showing off their newest addition to friends and family here and in America. where Art's older sister lives. The holiday couldn't have come soon enough, after an international stint of filming in Argentina kept the proud father away from his baby boy for an entire month.



Happy family: Art and Matilda are enjoying life as proud parents to sweet little Milo.

"I left when Milo was just two months old, so I was away for effectively one third of his life by the time I returned," says Art. "Before becoming a father, I could never have predicted how tough that would be. I knew I would miss Mattie immensely, but at the time Milo was just a beautiful little blob who slept and fed a lot.

"About two weeks in, our little man started smiling and became a lot more alert, which was really tough to miss but Mattie would video call me every day and I'd savour those moments between filming."

It's been five months since Milo – who Art proudly boasts has recently mastered the art of rolling - entered the couple's world, and Art says becoming parents has only strengthened their relationship.

"I have a newfound love and appreciation for Mattie and her strength and warm nurturing nature as a mother. We can't get enough of this phase of our relationship and are loving life as a family of three."





Reflecting on his good fortune since his time on *The* Bachelor, Art says, "Returning to The Bachelorette makes me all the more grateful for my experience. I could never have predicted this kind of happiness before signing up, which is why Lesina's journey is just so exciting – because, like me, she could be just moments away from meeting WD her soulmate."

YOU OUGHT TO KOW!

week

The couple are cosy as ever at a Grammys after-party.

Star s

CHANNING & JESSIE SHACK UP!

They're back together and moving in

eunited lovebirds Jessie J and Channing Tatum were smiling from ear to ear at a Grammys afterparty last week and word has it the couple have a secret up their sleeves they're moving in together! "Bang Bang" hitmaker Jessie, 31, and Magic Mike star Channing, 39, have been singing their love from the rooftops since they got back together in January after a month-long split, appearing together at events all over Los Angeles and posting a smoochy snap on social media. Sources say the couple decided to go their separate

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IAGIC

ways because their longdistance relationship and hectic work schedules had become too difficult to manage.

"But it was a case of absence making the heart



The singer shares the revelation in her new documentary (above), and is taking some time off to spend with her sick mum Andrea (below).



She's out of the woods after ditching an unhealthy habit

aylor Swift says she used to "just stop eating" if she saw a photo of herself where she felt she looked too big or if someone made a cruel comment about her size.

In her Netflix documentary *Miss Americana*, the "Bad Blood" singer spills that in 2015 she regularly felt like she was "going to pass out" on stage.

"I thought I was supposed to feel like I was going to pass out at the end of a show, or in the middle of it. Now I realise if you eat food, have energy, get stronger, you can do all these shows and not feel (faint)."

The pop star says her



response to concern was: "'What are you talking about? Of course I eat ... I exercise a lot.' And I did exercise a lot. But I wasn't eating."

These days, Taylor, 30, who has scaled back her touring because her beloved mum Andrea, 62, has been diagnosed with a brain tumour, doesn't care as much if someone comments on her weight and has accepted "the fact that I'm a size six instead of a double-zero".



grow fonder," says an insider. "They realised they couldn't live without each other." Jessie and Channing – who last week finalised his divorce from *Step Up* star Jenna Dewan, 39, mother of his six-year-old daughter Everly – were recently spotted at a high-end LA furniture store, and our source says the "Price Tag" singer is moving in to Channing's swanky Beverly Hills mansion.

Lisa Marie's money problems are adding to the stress of her custody fight for twins Finley and Harper, seen here with Lisa's eldest daughter Riley Keough (also left).

NOW

After years of negative opinions, Taylor is finally feeling confident in her body. Heartbroken after her split with Hassan, Rihanna is enjoying a friendly fling with A\$AP Rocky.

RIHANNA RIHANNA MOVES ON A\$AP!

ours after the news broke that Rihanna and Saudi billionaire Hassan Jameel had split, she was spotted with someone new: A\$AP Rocky! The Unapologetic pop star

and the rapper, both 31, were caught hanging out backstage at a benefit concert in New York on January 17 – and while finds so attractive.

"Rihanna really loved Hassan and the break-up has been hard on her," the source says. "She tried to make it work. She really did. But not everyone is cut out to date an international superstar."

In the meantime, the "Fashion Killa" hunk "is simply helping take Rihanna's mind off things," says the source. "He makes her laugh and is always telling her how beautiful she is. Which is exactly what RiRi needs right now!"

TAYLOR'S TRUTH MY SECRET EATING DISORDER

ESS HEIRESS WS \$153M FORTUN

he's locked in a bitter custody dispute over her twins Finley and Harper,

"Lisa Marie is devastated," says **a source close** to her. "She blames Barry for why she's broke."

11, and last year she confessed her drug abuse had been so bad she's lucky to be alive. But behind the scenes Lisa Marie Presley has been facing yet another nightmare – she's broke! The 52-year-old daughter of Elvis Presley is currently in a legal battle with her former business manager Barry Siegel, claiming he has squandered the \$153 million fortune her famous father left her and she's now down to a measly \$21,000.

But Barry's attorney Leon Gladstone says Lisa's outrageous spending is the reason for her empty bank accounts.

PICTURES: BACKGRID, GETTY IMAGES

The troubled star, he says, refused to live within a budget and blew her fortune on everything from a house in Hawaii that she hardly used, to private jet travel, cooks and nannies.

Sources dish that her mum Priscilla, 74, refuses to use her own \$75 million fortune to bail her daughter out. the two were romantically linked in 2013, sources say the singer doesn't have "Love on the Brain".

"Rihanna and Rocky have never seriously dated. They've always had a 'friends with benefits' relationship," dishes a source, "where they don't have to explain anything to each other or expect much because they're both so busy, working and travelling." It's the no-stringsattached aspect that Rihanna



Royal update

The radiant royal (here at Ascot) loves to wear Kiwi Emilia Wickstead's designs.

Sophie's c THE QUE SAVING G

She's rising through the royal ranks

or almost 20 years, Prince Edward's wife Sophie, Countess of Wessex, has quietly and confidently devoted her life to the royal family, dutifully carrying out engagements for the Queen at home and abroad while raising her children away from the harsh glare of the public eye.

But now, with senior royal numbers dwindling, the 55-year-old is set to take a starring role – and no-one is happier than the Queen herself, who has always had a soft spot for her youngest son's wife.

"Sophie is a longtime favourite of the Queen and has been singled out as a person the palace would like to help ease the burden," an insider tells Woman's Day. "She's very popular with other senior royals like Prince Charles and Camilla, and has proved to be extremely good at public engagements." As the royals come to terms with their new reality after the shock exit of the Duke and Duchess of Sussex, an expert last week warned they're in danger of becoming "seriously understaffed". With Prince Harry and Meghan starting their new life in Canada and Prince Andrew stood down over his disastrous friendship with paedophile Jeffrey Epstein, royal author Phil

From Lebanon (left) to London (right), Sophie has shown she has what it takes to tackle her royal duties successfully. •

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Since joining the family in 1999 (left), Sophie is often by her mother-in-law's side at royal events.

The only way is Wessex! Sophie and her family (from left) James, Edward and Louise, have long been favourites of the Queen, with the countess also well liked by Charles and Camilla (right).

Dampier said they needed to act decisively to ensure the continuing success of the monarchy. He believed former PR woman Sophie would be the perfect person to take on a greater role.

"Prince Philip is retired at 98, the Queen is nearly 94, and Charles and Camilla are in their 70s. Princess Anne will turn 70 in August, and the Duke of Kent and Princess Alexandra are in their 80s. So who is going to take over the hundreds of patronages?"

He insists that as one of the Queen's most-trusted allies, Sophie – who is mum to Lady Louise Windsor, 16, and James, Viscount Severn, 12 – is destined to become "a star in her own right". Given Edward, who turns 56 next month, is the only one of the Queen's four children not to divorce, the couple are seen as a safe and reliable pair of hands. "Recently Sophie has been on several overseas trips and done fantastically well," Phil continues. "Now that her

children are a bit older I think there could be a great role for her to play. I think she wants to do more and would happily step up to the plate and take over more duties if asked.

"Charles has to realise that you can slim down too much, and they are running out of royals to do the nittygritty work. Sophie would be perfect to take up some of the slack and I think she has the potential to be a royal superstar given the chance."

It's almost two decades since the countess was embroiled in the now-infamous "fake sheik" scandal, where she was "From that moment, she focused only on her family, her royal duty and the causes she's passionate about. She vowed never to put herself in a situation where she could be manipulated like that ever again."

She and the Queen have a close relationship – with Sophie explaining in 2015 that living at the royal residence of Bagshot Park in Surrey, close to Windsor Castle, meant her children see a lot of their grandmother.

"We are a lot more fortunate because we live so much closer to the Queen, A former royal equerry said, "If Sophie is staying at Sandringham, then you can pretty much guarantee the Queen will ask her – usually last thing on a Saturday night – if she would like 'a lift' to the church.

"And the same happens at Balmoral. The Queen likes to be completely calm before church and she finds Sophie's presence soothing."

If she does indeed step up into a more prominent role, there's no doubt she'll bring a dash of glamour with her. Lauded for her impeccable style, Sophie has a fondness for soft hues, floral prints and matching millinery. Like the Duchess of Cambridge, UK-based Kiwi designer Emilia Wickstead is said to be her all-time favourite. Says our source, "Sophie loves fashion and unlike some of the other younger royals, she's never relied on a stylist to dress her. She has a great eye and never puts a foot wrong." WD

lured to a meeting under the pretence of securing a lucrative PR contract. In the secretly recorded tapes that resulted, the royal criticised then-Prime Minister Tony Blair and his wife Cherie. Immediately stepping down from the communications firm she founded, Sophie released a statement

apologising for misjudgement, and insiders say from then on she has devoted her life to serving the monarchy. so when she spends a lot of time at Windsor, our children are more fortunate because they can go out and have tea with her on a regular basis. And Louise goes over there riding, so she sees quite a lot of us."

And the fact that Sophie is often seen sitting beside the Queen in her Rolls-Royce on their way to church is yet another sign of the monarch's affection for her.

Celebrity news

Coming out the other side: Francis was by his wife's side as she battled depression.

THE

ISSUE

The TV stars lift the lid on their marriage

s New Zealand's most famous funeral directors, Francis and Kaiora Tipene are used to dealing with grief and sadness each

and every day. But for this couple – who shot to fame in 2018 with their hit television series *The Casketeers* – love, laughter and happiness are never far away.

When the pair sit down to talk with *Woman's Day*



TREASURED MOMENTS

Above: Their wedding day in 2005. Right: The couple now have sons (from left) Moronai, Nikora, Mikae, Mihaka and baby Francis.

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about their incredible journey together, it's obvious theirs is a special relationship that has only deepened since they met in 2004 at a Maori teacher's training college in Auckland. "When I first saw him, I was wowed," confesses Kaiora. "I was wowed by his singing, his guitar playing – and his hair was so fine, just like now." And the feeling was mutual, with Francis, 36, gushing, "I loved the way she did the poi

Til death do us part THE CASKETEERS' LIFETIME OF LOVE

and was just so, so beautiful." Both in relationships with other people, their feelings were put on hold but eventually circumstances changed and by August they were a couple. Then, four months later, Kaiora discovered she was pregnant.

"My first thought was that I would have to get work and the second thing was facing her mother and family," recalls Francis. "But I didn't want to hide because I really was in deep love."

It was a complicated situation for the two lovebirds. While they'd both grown up in similar circumstances in Northland, Francis came from a Catholic background while Kaiora's family is Mormon.

"You know those missionary boys that go around?" jokes Francis. "Well, her mum probably wanted her to marry one of those boys!"

Things, however, soon settled down and the couple moved to Kaitaia to live with Kaiora's mum, although she insisted they sleep in separate bedrooms, in single beds, until they said "I do".

The doting duo tied the knot quietly in 2005, at the Kaitaia Courthouse, in front of 12 people, with five-months-pregnant Kaiora wearing a dress borrowed from her sister. Francis, who is also father to Haimona, 18, from a previous relationship, tells, "We didn't have any rings and one of our good friends took hers off and gave it to me to give to Kaiora. And then we went down to the local Chinese takeaway to celebrate." For a couple whose lives are dedicated to ceremony, Francis says he regrets the event was so low-key to this day.

"I have considered redoing our vows, but it's just one of those things," shrugs Francis, who lost 43kg after undergoing gastric sleeve surgery in 2018.

But Kaiora looks back on their wedding day with fondness. "I don't regret how we did it – it was so simple and we had the important people there."

Since then, the pair have had their share of ups and downs. They've welcomed sons Nikora, 14, Moronai, 12, Mikae, six, Mihaka, five, and Francis, one, to the world.

In between, they've lost family members, moved to Auckland, opened two funeral homes, launched successful television careers and even penned a book, *Life as a Casketeer*, which was released this month.

The humble sweethearts also faced challenging times last year when Kaiora developed post-natal depression following the birth of Francis Jr.

Unhappy with how her body felt post-partum, the young mum was also balancing five children, a husband and a business, as well as coping with media attention from the third series of The Casketeers and the show's launch on Netflix. Kaiora also found herself dealing with some negative feedback on social media. It was a perfect storm for the 36-year-old who says there was "a lot of crying" and bickering with her husband. The change in his wife was confusing to Francis as it was completely out of character. Desperate for answers, he searched on Google. It led him

to Healthline, which offers free advice and information, and after speaking to a qualified nurse, Francis realised he needed to take his beloved wife to see their GP.

Once they had a diagnosis, they were able to put in place a plan to help. Kaiora realised she needed to take time out for herself and for her that meant doing things like getting her nails and eyelashes done.

"And foot massages," Francis adds with a grin. "When she gets her feet massaged, the whole house is happy!"

The healing process also involved having counselling sessions together, which Francis says "was like a light bulb had turned on".

He adds, "There was this denial about depression, that this doesn't happen to us. But it does. We get the flu, kids get chickenpox and we get depression. It is what it is."

It is these kinds of experiences, says the couple, that help them in their careers



The sweethearts still have the look of devotion.

they do manage a lunch away from their work on the odd occasion.

"We say 'cheers' with our Fanta when we realise we've had a little date,"

as funeral directors.

"When you arrange a funeral, it's not just a dead body; there are all these other dynamics – relationships, people who are estranged, money issues, siblings' issues and we can say we have been there and done that," says Francis philosophically. After 16 years together their love is stronger than ever. While they laugh at the idea of finding time alone, laughs Kaiora. "Nothing has changed since I met him. I still love him. In fact, I think I love him more."

Where to get help If you or someone you know is struggling with depression, call Healthline on 0800 611 116, the Depression Helpline on 0800 111 757 to talk to a trained counsellor for free, or call Youthline on 0800 376 633.

Hollywood insider

GAINSIN

For now, Caitlyn's loyal pup Baxter keeps her company. "I don't see myself having any relationships with anybody in the future," she says.

Caitlyn I'M FIN

The reality star on her kids, love and body

aitlyn Jenner is wearing a shimmering floor-length metallic gown as she opens the door of her

spectacular mountaintop Malibu mansion.

The 70-year-old looks fantastic, but when your daughters are Kylie and Kendall Jenner, and Kim Kardashian West

is one of your stepdaughters, you're not short of fashion advice. "I remember asking Kim a question about fashion, and she looked at me and said, 'Well, I am fashion!'" Caitlyn laughs. Caitlyn, who came out as a transgender woman in 2015, aged 65, has lived in the sprawling four-bedroom home with panoramic views of the Pacific Ocean for six years. She shares it with her labradors,



's transgender truths ALLY FREE TO BE ME!

Baxter and Bertha, and with Sophia Hutchins – the 23year-old beauty entrepreneur she's reportedly romantically involved with (more on that later).

The living space features photos of Caitlyn, who came in sixth place in the last UK series of I'm a Celebrity ... Get *Me Out of Here!*, with her kids. She has six biological children – Burt and Cassandra from her first marriage, Brandon and Brody from her second marriage, and Kendall and Kylie from her third marriage to Kardashian "momager" Kris Jenner. During their 23-year marriage, Caitlyn helped bring up Kris' children - her stepchildren - Kourtney, Kim, Khloé and Rob. On the opposite side of the room is a picture of make-up entrepreneur Kylie and supermodel Kendall when they were younger, when their father was Bruce Jenner - before his transition and gender reassignment surgery. There's also a framed handwritten Father's Day letter dated 2006 from Kylie – who last year was named the youngest self-made

billionaire ever – which reads, "I love you so much, you are the best dad ever."

Here, Caitlyn opens up about her family and how life has changed since coming out as a transgender woman ...

How's life back in LA since leaving the I'm a Celeb jungle?

I made some great friends on the show, but it was good to get home. Kendall and Kylie put up some welcome home balloons for me. Then a few weeks later it was Christmas, so I caught up with everyone then. Did you mind that none of your family were there to meet you after you left the jungle? I never asked anyone and I didn't expect my family to come down. I heard there was a backlash, but my kids are all working and doing great. Which of your children do you see the most? I see more of Kendall and Kylie than anyone, and then I see the Jenner side of the family all the time. They've done so incredibly well. Do they get their drive from you?

They've all done so well, it seems like I was just changing Kylie's diapers! Some of their drive is from me but I have to give a lot of credit to Kris. She's incredibly smart. I remember years ago, when Kim told me she was scared of doing her first lines to camera, I told her that she should be taking risks in life and putting herself out there, as that's how you grow. All the kids have taken that up. How often do you see Kim and her husband Kanye West?

I saw them during the Christmas holidays. I talk to Kanye and I love what he's doing right now. Kanye's a great guy, we get along very well. He's got a good soul. He's smart, creative and kind. Kim's training to be a lawyer, which some people have raised an eyebrow at. Is it frustrating to you that people don't think she's capable of achieving it? That's exactly why she'll do it! She's working very hard. Her father Robert was a lawyer and that's always been at the back of her mind. She got involved with prison reform and that inspired her. Now

she does home school for three or four days a week for three hours a day. She says it'll take a little longer – probably five years – but she's told me she wants to start her own law firm and work on prison reform and try to hire as many former inmates [who've studied law], to help the prison system. Kim's an amazing human being. I have so much respect for her and what she's done. She's stayed relevant for the entire time she's been in the public eye. She's built a family, she and Kanye have been together for a long time and she's got her businesses.

Sophia addressed your relationship last month

and said you were "never romantically involved". Is that right?

I'm very fortunate to have a great friend in Sophia. We have a wonderful life and we do everything together. Everybody needs those people in their lives. She has her life and I have mine. We live here and we support each other. It's a great friendship. It was also reported that you're engaged ...







Top: Caitlyn lives with her manager Sophia. Above: Being Bruce "really wasn't me".

I've lived my whole life with secrets. Today I wake up and I'm myself all day?

The media is obsessed. Sophia and I are just great friends. I try to help her be the best person she can and she helps me be the best person I can be. It's no more than that. You once said, "If there was a female in my life, it would be more of a friendship than a serious relationship." You also said you'd consider dating men. Has any of that changed?

To be honest with you, I don't see myself having any relationships with anybody in the future. It's not what I'm looking for. I've got so many other things in my life. On a scale of one to 10, that's a one. I've been married three times. I've been down that road. I'm 70, I want to enjoy my life and I have great friends. I don't even think about it. It's almost five years since you came out as a transgender woman. How do you feel compared to how you felt in 2015?

I feel different as I lived my whole life with secrets and my life was so complicated. But today I just wake up in the morning and I'm myself all day. I mean, it does take me longer to get ready [laughs], but life's so much simpler. I have a mission and a cause, which I never had before, and I try to make change in the world. Now I have that platform. It's never easy, but you work at it. What do you see when you look in the mirror? When I wake up in the morning and I see myself, when I'm walking by, I think, "Hey that works. I look pretty good!" How did you used to feel when you looked in the mirror before you transitioned? It just never seemed right. People's perception of me, because of my athletic background, and my personal

perception were two different

things. The morning after my

win at the Olympic Games [Caitlyn, then Bruce Jenner, won gold in the men's decathlon in the 1976 Games] I went into the bathroom – I didn't have a stitch of clothing on – and I put the medal on. There was a full-length mirror and I looked into it and thought, "Oh my God. Did I just build up Bruce so big that I'm stuck with him for the rest of my life?" That image of the Olympic champion, of male dominance, really wasn't me. I got sick and tired of being identified by the 48 hours I was inside that stadium. My story got so much better after I transitioned and lived my life authentically. I feel the story of equality, and the struggle I went through, is so much more interesting than the Games. You must feel an overwhelming sense of contentment now ... Yes. People are learning that

gender is much more fluid than they thought it was. Because of people being more open, this issue comes forward at a much younger age. I like that people can be identified and accepted – depending on their circumstances – at a younger age so they can move on with their lives. Certainly, in the community, we have tremendous challenges with murder rates, prostitution and suicide, but I've also met so many people who have transitioned and are living their authentic life and have prospered now. What would you say to your younger self? Honestly, I wouldn't change a thing. Yes, there were a lot of struggles – the '80s were the worst. I lived in a house for six years in my 30s and isolated myself from the world. I was going to try and transition before I was 40, but I got to 39 and couldn't



Left: Keeping up with (from left) Kris, Khloé, Kendall, Kourtney, Kim, wee North and Kylie.

do it. It wasn't time for me

personally or in society. Then, five months later, after I'd decided I had to get back into life, I met Kris and we were together for 23 years, raised a great family and had two more kids. I don't regret any

Which of your daughters gives the best fashion advice?

I want to wear fun, young stuff, but in reality, I'm 70 and I have to be age appropriate. I struggle with that. The person I went to most, especially at the beginning, was Kim. What she wears is what becomes fashion. She's a trendsetter, so I've always appreciated her advice. Between her, Kendall and Kylie, it's covered. Well, you look very glam ... It does take a bit of work but dressing up is a lot of fun. I practised for 50 years and I learnt all this stuff a long time ago, so I've been doing it for a long time. I do have hair extensions, but at the age of

65, I was blessed that I had enough hair on my head left to tie an extension onto it! You have an impressive wardrobe. How many pairs of shoes do you own?

That fit me? [Laughs]. Shoes are a tough deal for me. I'm a size 13 so I can't buy them off the rack. The ones I have were made for me and they're pretty expensive, so I don't have a lot. I have about 20 or 30 pairs.

Do you have Botox or fillers? Yes, all my life I've watched

privileged. I've had male privilege, celebrity privilege, white privilege. I've had all these privileges and I get that a lot of people don't have those types of things, but I try and use those things for good. When I transitioned, because of my celebrity status, I was treated very differently. I try and take that platform and use it for the community. A few years back, I started a foundation to raise money for trans organisations. In the future, I'd like to start a scholarship programme for trans youths too.

When the news about the **Duke and Duchess of Sussex** moving away from royal life broke, there were reports comparing them to Kylie and Kim in terms of the money they could make. Is the comparison a compliment? It's very much a compliment to the family. I don't know much about that situation, but I'm sure if they were free to do what they wanted, they could probably do a lot, but it's complicated – and I think my family's tough! Can you understand what Meghan is going through, wanting to escape?

I don't know her but living in the public eye can be difficult. Every day you're open to fake news and other people defining who you are when it's really not you.

You once said you've never felt feminine but always felt female. What's your take on it now?

Little Bruce was living in here for 65 years, so I've had to grow into my femininity. It's a work in progress and every year I feel more feminine. I will never be totally feminine. Why? Because little Bruce still lives inside me. When I transitioned, I thought Bruce had pretty much done everything he could do in his life, so let's give Caitlyn a chance. Caitlyn comes out and lives her life but little Bruce is still there. At the start I thought, "I can't do all the things I did before," but that's a bunch of baloney. Bruce used to race cars and girls can race cars, so I thought, "Let's go to the race track!" I've got back into flying planes as well. I got myself another plane and I fly myself everywhere now. Women can do anything WD they want!

what my ex-wives were doing for night creams and for this and that, and I do all of that now. I take care of my skin, I wear my sunblock. I'm fortunate at the age of 70 that I look OK. I always thought, "I don't want to be an old chick!" I wanted to be younger, but I found out old chicks can still be cool. Life's not over. I'm very fortunate to be in the position I'm in and I understand that I'm

THE LOWDOWN and roses

WILHELMINA SHRIMPTON Newshub

Romance

When I was younger I used to like the idea of an extravagant date, but now it's the simple things that I appreciate the most. As long as I'm with the one I love, my husband Mike, and have his undivided attention, then I'm happy. Fish and chips on the beach with a bottle of wine and a gorgeous sunset really is my idea of perfection. Valentine's Day is so close to our wedding anniversary that we'll probably celebrate both together and have lunch at the same place where we exchanged our vows on Waiheke Island.

STACEY MORRISON The Hits

Valentine's cards became a focus at our school, so I made one and gave it to a boy I liked. I think it was because he was a really fast runner. He had a predictable young boy reaction - ew yuck! With three kids and busy lives, I'm just grateful for any date night. This year my husband Scotty and I will probably do what we did at Christmas, making a rule that we wouldn't buy presents but write something to each other.

Be my Valenti WHAT MAKE

ISSUE

HAYLEY SPROULL Have You Been

MATTY McLEAN Breakfast

My partner Ryan and my anniversary falls a couple of days before Valentine's Day, so we tend to just combine the two. But the week of our first anniversary I happened to be travelling around the country for Breakfast, so Ryan and I couldn't be together. Unbeknownst to me, Ryan had been liaising with my producer, flew to the South Island, hired a rental car and drove to Hanmer Springs to be with me. He turned up to our hotel with flowers and took me out for dinner, and it was honestly the most overwhelming gesture anyone had ever made for me. He is an absolute keeper!

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Paying Attention?

My first Valentine's card was to a boy on the Eastbourne bus to town when I was 13. He had shaggy hair and made me very nervous. I slipped him a note saying "I lyke u." I think he asked for my number and then never texted me. My perfect date is a mattress on the floor in the lounge with movies and wine in my own house. This year I'll be away at a hen's do – it's just another day!

CONTRACTOR OF

NICOLE WHIPPY Shortland Street

Someone once left a dozen red roses in the shared lockers at school. I still don't know if they were meant for me, but I took them graciously. The most romantic thing I've done is wear a T-shirt I made declaring my love for my husband Tony, who was then my boyfriend – and then I thrashed him on a tennis date. This Valentine's Day we'll have wine and good kai and celebrate that we love each other, even when it's not perfect. Perfectly imperfect ... and hopefully some Lonely lingerie!

SUS GO OOH! Love is in the air for

these local stars

TONI STREET The Hits

I was about 10 or 11 when I was sent a mystery box of chocolates in the mail from a secret admirer ... to this day I'm still not 100% sure who it was. It was a buzz getting them, I know that! This Valentine's Day my husband and I have no plans yet, but maybe a movie and dinner – something lowkey as we have three little kids!

JAMIE IRVINE

ne

MIKE PURU

Shortland Street

I've never given a Valentine's Day card, but once I filled my wife Melissa's apartment with red roses. Then when she went to the balcony to see if anyone was out there, I was standing in a convertible with my boom box and I sang her a song. It was pretty tiring – I don't think I'll do it again. This year it's a surprise, even to me!

The Hits

Back when I was into Valentine's Day I was still hiding my sexuality, so it was a low-key day as it felt like a very heterosexual celebration. Nowadays it's completely different because nobody cares, but I'm at that stage in life where we moan about the money! My partner Anton once flew home early from France to watch the debut of *The Bachelor*, which was amazing. However, I had to host an opening night with Art Green so my poor partner sat at home and watched it by himself!

Hollywood inside

Brian's kept a cool head through fame, with the help of his faith, which has seen him have 20 hits on the Christian charts. Right: All grown up (clockwise, from top left) Nick, Kevin Richardson, Howie Dorough, AJ and Brian.



Brian has some fatherly advice for wannabes

BEB

wenty years after their Kiwi fans rallied together to launch a nationwide petition to bring the Backstreet Boys to New Zealand, the boy band is gearing up for two nostalgiafilled shows in Auckland.

Success sometimes tears families apart

And while they've still got many of the same hits and moves, much has changed for the quintet, who are now all doting dads whose bottle service these days is more likely to involve baby formula than vodka.

Woman's Day caught up with Brian Littrell about how New Zealand reminds him of home, the group's resurgence, fatherhood and watching his 17-year-old son Baylee follow

ackstreet's back! SON'S GONNA IGGER THAN ME

Proud parents Brian and Leighanne with their young star Baylee.

his footsteps into music with the release of his debut album *777-Country*.

Having witnessed his bandmates Nick Carter and AJ McLean experience the downsides of fame with drug and alcohol addiction when they were around the same age as Baylee, Brian is conscious of helping his son stay on the right path as his career takes off.

"The best thing we can give Baylee is love and support, and just guide his thought process," says Brian, who met his wife Leighanne on the group's 1997 "As Long as You Love Me" video shoot. "With success comes fortune and fame, and that's when young people can lose their heads. Everybody around you says 'yes' to everything you want and you lose perspective. "When AJ and Nick were growing up, it was tough for me to watch them disconnect from their families. Success sometimes tears families apart. Having seen that and knowing the things I've been

through with my group, the best thing we can do with Baylee is hold him close and stay strong as a family so we can help each other through the ups and downs that may come with success."

The Backstreet Boys have ridden those ups and downs for almost 27 years, overcoming health struggles, loss, addiction, conflicts and legal troubles.

Now all happy and healthy family men, the group has experienced a resurgence in recent years, starting with a record-breaking Las Vegas residency, then the release of their 10th studio album, DNA, which shot to number one and spawned the Grammynominated track "Don't Go Breaking My Heart". "We're honoured to still have people who want to listen to us and come see the shows," gushes Brian, 44. "This is something we've worked very hard for. We never stopped and always talked about having a long career. It's not that difficult to have quick

success in this business, but it's difficult to have longevity.

"And when you're dealing with record labels and having success, they want you to record, record, record, put out music, then tour, tour, tour. Sometimes you have to stop and say, 'If this is going to mean as much to us as it always has, we have to step away for a minute and do something different.""

For the group, that meant heading to Las Vegas for their *Larger than Life* residency. They also explored the country realm, releasing "God, Your Mama, and Me", with Florida Georgia Line, which is what inspired Baylee's musical dreams. Brian was hands-on with his son's project and even has a duet with Baylee, "Come Kiss Me" on the record. "We didn't want to do just any song together," explains Baylee. "We wanted something that would have a big outreach to people and this is a love song that people

can have their first dance to or play at weddings.

"Recording with my dad was really fun. We were laughing at each other because we kept running in and out of the studio wanting to retake each line!"

While Baylee promotes his record, Brian is enjoying downtime before resuming the *DNA World Tour*, which will see them rocking hits like "I Want it That Way" at Auckland's Spark Arena on May 16 and 17.

In their downtime, Brian hopes to sightsee.

"I love New Zealand," he enthuses. "It's absolutely beautiful. It's a long way from home, but it's amazing to travel to all these beautiful places. "Hopefully I'll get a chance to run around Auckland and maybe Christchurch. I just love the countryside. It reminds me a lot of home where I grew up in Kentucky. It's a long way from Kentucky, but it reminds me of being a little boy at home there!"



News <mark>exclusive</mark>

Dragged under a bus OUR LUCKY ESCAPE

They can't believe they survived the ordeal

s her mum lifts little Āria into the air, a gorgeous smile lights up her face. It's hard to believe that a few weeks ago this sweet tot with blonde pigtails and a cheeky grin, and 29-year-old Renée Annan, were both pinned underneath a driverless runaway bus that had careened down a busy central Auckland street.

What's even more remarkable is not only did mother and daughter survive the terrifying ordeal on January 13, but the West Auckland tot miraculously escaped with little more than a few cuts and grazes. In a scene straight out of a horror flick, the pair disappeared underneath the enormous people mover, shocking distraught onlookers who feared the mum and her toddler were dead.

Resting at her Titirangi home after a spell in hospital, a grateful Renée says she's still stunned they are alive to tell their story, and are convinced an angelic intervention spared them from tragedy.

Says Renée, who works for Rape Prevention Education, "I try not to do the 'what ifs' because it's a rabbit hole, but it is just so miraculous if you think about it.

"We didn't go under a wheel – the bus was stopped by that light pole and it didn't drag me further. And when I think about Āria being left behind in one spot and me being dragged, it's just so lucky. I'm not religious but it's kind of like angels were looking out for us."

Adds Āria's papa James, 33, who co-parents the 23month-old, "All my family say our mum was with her. I've prayed to her in the past and asked her to look over my daughter while I'm not there. I reckon she was with her."

"She was the angel," agrees a relieved Renée.

The mother-of-one is still nursing road rash wounds on her arms from where she was dragged 20 metres beneath the out-of-control tourist bus.

She recalls everything happening so fast – within a split second – meaning there was little time to escape.

"My dad, Āria and I went on her first trip on a double decker bus from New Lynn to town," explains Renée. "We went up to SkyCity for lunch and were walking down the street to catch the bus home. Āria was walking next to me, holding my hand, and I was pushing the pram. "I heard yelling and saw the bus coming down and thought, 'It's reversing', and then I saw it was going kind of fast and I started running. I was trying to pull and pick Āria up at the same time, but then it hit us and there was nothing I could do. "It felt really hot and I felt

we were both being crushed. Our hands were ripped apart and I was sure that we were both dead. And then I was like, 'I'm not dead', and then I was sure she was dead. That was the worst minute of my life," she tells, reaching for a tissue. PEN AS

Amazingly, when Renée managed to get out from under the bus, she discovered Āria alive, sitting in the arms of a road worker.

"I believe she just stayed in one spot and the bus went over her because she had no serious injuries," says Renée. "We were quite far apart at the end and I couldn't see her. The guys who pulled her out could hear her crying and they looked under, and she crawled towards them. Luckily we were both in the middle of the bus, not under the wheels."

Apart from grazes and bruises and a small bump on her head, little Āria escaped unscathed and was discharged from Starship Children's Hospital within hours.

Her devoted papa recounts the emotional moment he entered the hospital's emergency department, fearing the worst.

"I walked into the hospital expecting to see Āria hurt – and there she was riding around on a toy ride-on tractor!" he laughs. "I asked, 'Is that the same girl that's been hit by a bus?' I was like, it can't be Āria. She saw me and said 'Papa'. "When I picked her up, that's when she told me her story: 'Papa, sore, sore Mamma, bus', recounting the tot's heart-wrenching sentence.

Jumping for joy! James and Renée with their little "miracle". "That just broke me," he shares with tear-filled eyes. "In the hospital she'd talk about the bus in her own way



Above: Police investigate the sightseeing bus, which finally came to a halt after hitting a traffic light on Victoria Street.



A bandaged and sedated Renée. **Below:** Aria and granddad Ron just before the accident.



Covered in tar, Aria is comforted by her gran.

four or five times a day, but it got less and less," tells Renée. "The thing that would make her TEXT: LYNLEY WARD. PICTURES: JAE FREW. HAIR & MAI KATE SMITH. STYLING: LULU WILCOX. CLOTHES: FARME the most upset was seeing my bandaged arms and being worried about me. "There was a week where I could hardly interact with her except when I was breastfeeding. I just feel so blessed that she has such a strong bond with her dad and her nanny, and people who can step in and be there for her." Renée and James say they are indebted to the strangers who helped their family that

Our hands were ripped apart and I was sure that we were both dead ⁹

day – the road workers and pedestrians who bravely came to the aid of the stricken pair, setting aside their own safety, the emergency workers who cared for them and whanau who have selflessly supported them as they recover at home. "I've watched the video of me screaming and it was horrible," shares Renée. "You

can see the guys from the

construction site jump the fence and I heard them say, 'Where's the baby?' A few people have talked about how there was no way to know if the bus was stable or what was happening, and all these people were under the bus focused on getting us out. No questions. That was amazing." With Āria's second birthday just days away, her parents

are preparing a massive *Tiger* Who Came to Tea-themed party at her playcentre to mark the milestone that almost didn't happen. Concludes James, "It feels like a celebration of life. To think she's been hit by the bus and the way she just holds herself. We're just so blessed to have her. She's WD our little pounamu."

Come back to us Papa! LOVE CONQUERS POKIES & P ADDICTION

How the lost dad found his way back to whanau

t was love at first sight when Elise Niu saw her husband Ray step out of the car at a touch rugby camp 18 years ago. She announced then and there, "I'm going to marry that guy and have his babies."

Four children and two weddings later, the couple are still head over heels, juggling family life with a successful gym on the Kapiti Coast. But they've overcome challenges that would have destroyed many other couples.

"Our experience has proven you can get through anything with love," shares Elise, 35, who supported her hubby through a gambling habit and helped him end a nightmare methamphetamine addiction.

"I have so much love for Ray and know how much he loves me, even though he didn't always show it."

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The couple had their first

date at a pub in Palmerston North in 2002 and Elise beams, "As soon as we saw each other, we were inseparable. We hugged like we'd been together forever and it was instant."

Ray, 37, had been living in Australia and decided to stay in New Zealand for his new romance. Two years later they moved to Sydney, where he picked up work at an oil refinery company. But soon he started gambling.

Softly-spoken Ray admits, "I was 18 the first time and put \$2 in a pokie machine, winning hundreds of dollars, which sparked something."

When his friends in Australia started gambling on weekends, Ray joined in. Within three months of getting a credit card, Ray had secretly racked up \$30,000 in debt.

"Some mornings Ray got dressed in his work clothes

Working it out! Ray's now the picture of health alongside Elise. but caught a train to another suburb to sit on the pokies all day," tells Elise, who eventually found credit card statements. "I was heartbroken. I felt like I was dealing with someone I didn't know."

Then the couple learnt they were expecting their first child.

"It never crossed my mind to leave Ray – we were in it together," insists Elise, who gave birth to their eldest son Cavalli, now 12. "I figured the gambling was one stupid mistake and he'd learn and become a better person."

When Cavalli was seven months old, Elise returned to Aotearoa to stay with her mum, while Ray worked in Sydney to pay off the credit card. After three months they were debt-free and Elise returned to be with her love.

They married in September 2009, welcoming their second son Koda, now nine, followed by Raven, six. Things were going well until early 2015, when Elise started noticing changes in her hubby.

She explains, "Ray had an aggressiveness that wasn't normal for him, there was a lot of secrecy and he didn't sleep much. He lost weight and said it was from taking a pre-workout supplement. But my husband was someone I didn't recognise. His whole demeanour and loving goodness were nowhere to be seen." The doting couple with their kids (from left) Raven, Cavalli, Quincy and Koda. Right: Elise never doubted Ray, saying, "We cancelled out the worst time of our lives with love."

late 2015. After a particularly bad fight, the worried mum checked Ray's pockets while he slept and pulled out a bag of meth and a pipe. "I freaked out and just felt sick," she admits. "I went into the bedroom and buried my head in my hands, shaking."

Then she heard a voice. "It came into my head and heart and said, 'Change your reaction,'" recalls Elise. "It said to react with love and not anger, and everything would be OK." So she wrote a note and put it in Ray's bag. It read: "Please come back to us Papa, we miss you."

She wrapped her arms around her sleeping husband and told him, "You're a good husband and father, I love you and everything's going to be OK. I'm going to stand by you right until the end." Moments later Ray woke and turned to Elise and said, "I need to tell you something." It was the beginning of a hard road to recovery for the determined dad, who moved with his young family back to NZ. Around the same time, the couple learnt they were pregnant with their little girl Quincy, now three. After an agonising 18 months, Ray qualified as a



Ray's drug use was a way of masking the demons he was battling. He admits,"I'd have unwanted thoughts and then smoke some ice [known as P in NZ] and forget about everything. But then I couldn't stop."

Elise came face to face with the devastating truth in



10-YEAR VOWS

O THE OVC ISSUE

drainlayer through Elise's parents' business – and he was sober.

"If I'd chosen anger and defeat that night I found the drugs, we wouldn't have all we do today," smiles Elise, who has her own fitness app and is launching a maternity activewear range. "Love was the winner on that day and it has been ever since."

Nearly four years on, Elise has directed her pain into growing Functional HIIT NZ, where she and Ray run group training sessions that are inclusive, non-judgemental and encourage exercise as a natural high. The pair renewed their wedding vows in November to mark their 10-year anniversary. Ray held Elise's hands and said, "You're the reason I'm in front of you, still breathing. Today I stand before you an open book, a changed man. You saved me from myself and gave me WD new life."



Elise noticed changes in Ray, who lost weight, was moody and secretive. WEDDING DAY 2009


CONTRACTOR OF THE LOVE ISSUE MAY ONL GREADER

Their first date was memorable

oe Evans was new to online dating when he walked into a café in Christchurch almost four years ago to meet a beautiful blonde he'd matched with on Tinder.

The tiler had casually chatted to a few women on the dating app, but they weren't like Tendy Cooper. Joe was attracted to the solo mum's independence and drive, and the fact she was as happy single as she was ready to commit.

But he hadn't expected to be hit with a bombshell about her past on their first date. Tendy – named Tender-Joy at birth – was born in Gloriavale.

"Tendy dropped the bomb on me straight away to see how I'd react, but I can't



Clockwise from left: Tender-Joy aged one; Prayer feeds Tendy's girl Tayah in 2018; Tendy visits her mum in Gloriavale.







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me Tendy! **INE SOULMATE IN GLORIAVALE**

remember my thoughts or feelings because I must've been so surprised," laughs Joe, 33, who quickly fell for her bubbly personality.

"It didn't scare me off. If anything I was more interested in hearing the story behind it because all I knew was what I'd seen on TV."

Tendy told her curious date that although she was born in the West Coast religious community, she left at age three. Her father Phil Cooper – son of Gloriavale founder Neville Cooper, aka Hopeful Christian – escaped with his wife Prayer and their five children. They later had another son and daughter.

"When I met Joe I wanted to be upfront from day dot because you either accept it or you don't," says the graphic designer, 33, whose mum returned to the commune when she was a kid, and lives there now with Tendy's eldest and youngest sisters.



"Whoever my partner would be had to accept that part of my life, since I still have a lot of connections to Gloriavale and visit my family there."

Tendy's hunter-fisherman beau was the first date she told about her unique birthplace, which her father took her out of during an intricate escape plan.

"That's the best part of the story!" Joe enthuses. "Her dad distracted the leaders with the help of his brother and cut off all the power in and so he was let out to deal with other business people, which allowed him to experience the freedoms of the world," explains Tendy, who has daughters Zara, eight, from a previous relationship, and Tayah, two.

"He decided he wanted us kids to have a choice, but my mum kept going back. I vaguely remember staying at a house somewhere in Canterbury, being looked after by someone while my dad was away, and my mum and a van full of women came and collected us."

The last time Tendy lived with both parents was in 1990

"I hit gold," says smitten Joe. Left: Tendy and Joe with daughters Tayah (front) and Zara.

> was the last time Tendy saw her mother until she was 16.

"My youngest brother was nine months old and I didn't know Mum was never going to come back," she recalls. "As a mother myself now, there's nothing in this world that could stop me from being with my kids. I always longed for a mother's love and wanted answers."

Tendy was living in Australia with her dad when she decided to return to Gloriavale as a teenager.

"At that age you're discovering yourself, and I couldn't understand why my mum chose to live without us, so I wanted to ask her," shares Tendy. "I went in and got to spend time with her and my sisters, and got closure. Mum truly believes because we were young and didn't get a choice in leaving, our souls were saved because she went back. In her heart, going back meant her children will go to heaven. She does love me and always has." Although Prayer begged her to stay, Tendy returned to Australia. At 25, she

Above: Prayer with four-year-old Tendy, her sister Dawn and baby brother Andreas. the community. Then they jumped the fence and escaped into the dark night."

Phil, one of 16 siblings, never returned to the strict confines of his childhood home. Tendy's mother tried to adjust to life on the outside three times, but she kept returning, eventually settling in Gloriavale for good and giving birth to their youngest daughter there.

"Dad was a businessman

when they moved to America and into Woodcrest, in New York State. It's a community similar to Gloriavale, but with more freedom and access to the outside world.

Tendy experienced celebrations like birthdays, Christmas and Halloween for the first time, and smiles, "I have my happiest childhood memories there."

But when Prayer returned to Aotearoa on her own, it



moved back to the South Island, single and heavily pregnant with her eldest girl. When Zara was eight months old, Tendy took the bub to Gloriavale.

She explains, "Like any female, I wanted to share with my mum that I was a mother. Before I had Zara, they'd asked if I wanted to go to Gloriavale to have the baby, but I said, 'No, I want to go to hospital and have painkillers!'"

A few years later, Tendy met Joe online.

"Having a child, I obviously wasn't looking for a fling – I was looking for someone to spend my life with and I was very selective," she says. "I was done with the small talk of messaging and made a point of meeting matches in person and being direct about what I wanted. Joe was supportive right away."

When their relationship got serious, Tendy asked him to visit Gloriavale. She says, "I still care about what my mum thinks and it was important to me that I introduced my partner. Mum loves Joe and said he was really respectful. Joe loves her too." Walking into Gloriavale proved Joe was in it for the long haul. He tells, "Tendy's mum's beliefs are hers and who are

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They may not see their gran often, but Tendy knows her mother loves the kids. "In her heart, going back meant her children will go to heaven."

we to say they're right or wrong? In my eyes, she's a loving mother. But oh to be a fly on the wall at the first family dinner I went to!"

The couple weren't told to wear traditional Gloriavale attire during their overnight stay in the community, but Joe admits he'd have obliged, saying, "It might've been better because we walked around in normal clothes and all the families looked at us. Since young kids are taught that outsiders are evil, they'd run and hide behind their parents." When the pair took a dip in Gloriavale's pool, they were blocked off from members of the community. "I was only in shorts and Tendy had a bikini, but you're not allowed to show skin in there," he says. "I went for a tiki tour and found one of the gowns the women swim in and a thin Lycra jumpsuit the men wear. I

brought them out and we got dressed up in them."

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The couple visited again when their daughter Tayah was born. Tendy is the only one of Prayer's children living on the outside to have regular visits, and she feels lucky to have Joe's support.

"I love that he can be in any situation and handle himself, because my family's complicated," she admits. "But Joe's open and always holds his own. I'm also very attracted to his adventurous spirit, and that he always has something fun to do with the girls and me." Joe says part of their compatibility is a shared passion for the outdoors and exploring. "Tendy's the driving force behind our family and that's one thing I love about her," he says. "I hit gold with the first date I met online. I guess it was supposed to be."



MAKE-UP & STYLING: BRAE TOIA. CLOTHES: BARKERS, COUNTRY ROAD, H&M, SEED HERITAGE.

HAIR,

TEXT: CLOE WILLETTS. PICTURES: TESSA BURROWS.

Amberly and Ben coparent (above, from left) Aaron, 11, Skye, seven, Alex, six, Rioghnach, four, Orla, two, and threemonth-old Hugh.

We fell in love **AT A FUNERAL!**

Alex married her online Texan friend **Jay in 2008**.

Their sweet romance had a tragic start

lex and Jay Coates are proof longdistance love really can last. The husband and wife were living a 15-hour flight apart when they met online in 2004. For two years they messaged and videocalled across countless hours, before Wellingtonbased Alex courageously flew to see her man in Dallas, Texas.

"At first I was looking for a friend to keep me company, someone who would accept me as I am and whose 'weird' complemented mine," laughs personal assistant Alex, 34. "I ended up finding that and more."

But Alex wanted to make sure there was chemistry with Jay, 37, who is studying early childhood education, saying, "I had to see if the feelings were genuine or not.



We had great conversations and he was very open, but there's something different about meeting a person face to face and getting to know them that way."

Seeing his future wife walk through the arrival

gates was a relief for a nervous Jay.

He tells, "I really liked Alex's smile, so it was good to be able to finally see that in person."

Tragically, before the couple even had their first date, Jay's beloved grandfather died. Alex stuck by him through

a four-hour car ride to his hometown Chandler, where she had no choice but to meet his entire family.

"It was probably getting to talk to them about Jay that really solidified I wanted to

be with him," she admits.

On a second visit in August 2006, the two got engaged as they sat on the hood of Jay's car, listening to music and watching a thunderstorm.

A month before their Kiwi wedding in March 2008, Jay moved to Aotearoa. After three-and-a-half years trying for children, the delighted pair finally welcomed baby daughter Audrey last January.

"Your love story is your own," declares Alex. "If that involves meeting in a chatroom from different sides of the world, so what?!"



My bestie picked **MY HUSBAND FOR ME!** most importantly, he likes A dating Billy Connolly." now so fast."

site proved to be spot on hen a woman matched with Nelson-born

She joined the website to check out her potential match.

"I hadn't been interested in dating before that because my children were my only focus," tells Amberly. "But I realised really quickly how kind, caring and giving Ben is." The devoted mum had three young kids in her care, having taken over their custody from a family member. Amberly made sure Ben knew that if they dated, she came as a full package. "It didn't worry me," says Ben, 32, who works in customer service. "There wasn't a day we weren't in contact by text, messenger or phone call, but I didn't think

it would lead to where we are

Amberly's children were equally smitten. "They embraced Ben full force and the oldest said 'I love you' to him before I did!" she tells. "They made the natural progression to calling him Dad occasionally, which became a permanent thing when I got pregnant with our eldest biological child." The couple had three babies together after tying the knot in 2016, and while they say life is busy and chaotic, they agree it makes for great comedy-show content. "We've had setbacks, but we try to find the positives in it all and something to laugh about," says Amberly.

comedian Ben Caldwell on a dating site seven years ago, it wasn't because she wanted romance. Instead, she suggested he meet her friend Amberly!

"She picked up that Ben was really similar to me and he ticked a few boxes on my dream-man list, recalls Masterton-born Amberly, 29, a comedienne. "He was ginger, funny and

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Fashion files Style Director Leigh Matheson

NP

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Dress, \$998, from Modes. Earrings, \$14.99, from Colette by Colette Hayman.

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Breathtaking bridal looks for the big day of your dreams

3

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Dress, \$2500, from Trish Peng. Bracelet, \$18.99, from Colette by Colette Hayman. Shoes, \$89.90, from Novo.

> Add the wow factor to your wedding style with an embellished veil, like this beautiful pearl one.

> > TR

Dress, \$798, from Modes. Veil, \$350, from Trish Peng. Earrings, \$11.99, and ring, \$9.99, both from Colette by Colette Hayman.



Dress, \$572, from Knuefermann.Earrings, \$14.99, and bracelets, \$11.99 for set, both from Colette by Colette Hayman. Shoes, \$79.99, from Number One Shoes.

> This stunning bias-cut gown can

-UP: CLAUDIA RODRIGUES, MO DT ON LOCATION AT ALBERTON

> & MAKI VIST. SH

> > 42 Woman's Day

be worn as pictured, but also with the cowl neck to the front – which means you can wear it more than once!

Dress, \$898, from Modes. Earrings, \$14.99, hair clip, \$21.99, and ring, \$9.99, all from Colette by Colette Hayman. Shoes, \$69.99, from Number One Shoes.

Stockists Colette by Colette Hayman (09) 815 1481, Knuefermann knuefermann.



Jumpsuit, \$2950, from Trish Peng. Earrings, \$9.99, from Colette by Colette Hayman. Shoes, \$240, from Mi Piaci.

Fashion files

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\$29.99 Portmans A stunning bracelet like this one can be worn for many years to come.

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\$24.95

Until



Hearts

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Sarah Jessica Parker is a gloss girl.

Get date-night ready and show your face some love

AU NATUREL Fresh and glowy is the way to go these days, so move away from heavy foundations and opt for luminous natural finishes. If lighter coverage seems too daunting, choose a formula that's buildable, or use a concealer blended sparingly over problem areas. When applied in thin layers onto well-hydrated skin, foundations and concealers are much less likely to settle into lines. 1. Benefit Boi-ing Cakeless Concealer, \$41. 2. Australis Fresh & Flawless Fullcoverage Foundation, \$27.49. 3. Zoeva Authentik Skin Foundation, \$57.

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Blushing beauty Olivia Wilde

knows all the tricks

> TIME TO GLOW Nothing says date night like a fresh, radiant complexion and there are plenty of new ways to get the look. Liquids are great to illuminate from underneath foundation, while pressed powders can be brushed over the face to add instant warmth. And always remember blush! It's a failsafe way to add a youthful look. 4. DB Cosmetics Get Glowing Pressed Mineral Bronzer, \$12.99. 5. Mary Kay Chromafusion Cheek Colour. \$20. 6. L'Oréal Paris Glow Chérie Natural Glow Enhancer, \$26.99.

SUPER SHINE

Gloss is back, but not the tacky type that makes your hair stick to your lips on a windy day. The modern version has a dry oil feel that leaves lips with a subtle sheen and a wash of colour. Think of them as grownup gloss – more glowy than sticky. Effortless!

THREE SEXY SCENTS FOR VALENTINE'S DAY

Tom Ford Black Orchid 30ml EDP, \$148 Rich, dark and

luxurious, Black Orchid is a blend of heady florals and spices. A head-turner for sure!

Narciso Rodriguez Narciso Rouge 50ml EDP, \$170 Deep Bulgarian rose and iris notes make this a super-seductive, alluring offshoot of the original Narciso fragrance - plus the chic, red bottle screams romance.

ON FORD





YSL Black Opium 50ml EDP, \$179 This has become one of New Zealand's best-selling fragrances, with addictive notes of black coffee entwined with white flowers to form a scent beloved by many – perfect for after dark.

colour to your date look. Picking up a complete new-season palette gives you an advantage, as shades are put together to achieve a cohesive look with a mix of finshes. Try buffing a matte or satin shade into the crease of your eye, then add the coordinating shimmer onto the middle of your eyelid to brighten things up. Don't forget a well-groomed brow to finish! **10. Jane Iredale GreatShape Eyebrow Kit, \$78.**

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FLUTTER AWAY

7. YSL Vernis À Lèvres Water Stain, \$69.
8. Revlon Kiss Glow Lip Oil, \$22.
9. MCoBeauty Peachy Gloss Hydrating Lip Oil, \$18.95.

LIGHT UP YOUR EYES

1

We all love our neutrals, but a pretty hint of coral or pink is a subtle way to add 11. Australis Mesmerize Eyeshadow Palette, **\$30.50**.

12. Benefit Precisely, My Brow Eyebrow Pencil, \$46.

Sometimes mascara just doesn't cut it when you want length, but false lashes can seem a little over the top. Here's where half sets, accent sets or individual lashes come in handy – they're more natural-looking and much easier to apply. Pop some individuals on the outer corners to elongate your eyes, or add fullness with a half set. Don't forget a lick of mascara to blend in with your natural lashes. **13. Revion So Fierce! Mascara, \$26. 14. Glam By Manicare x Pia Muehlenbeck False Lashes, \$11.99.**



Beauty Coming up ROSES! THE ISSUE

Find out more about this flowery fave

ne of Cleopatra's beauty secrets was cleansing with rosewater, Julia Roberts prepped her skin with a rose oil cream for the Oscars and the aptly named Rose Byrne applies rosehip oil before bed - so it's safe to say this floral fave has some serious benefits.

The origin

Rose essential oil comes from the petals of the rose. During steam distillation, rosewater is also created, containing 10-50% rose oil. Rosehip oil is cold-pressed from the fruit of wild roses.

The benefits

Rosehip oil is good for pigmentation issues, scars and fine lines. As well as its moisturising properties with omega-6 essential fatty acids and antioxidants, it contains vitamins A and C to help increase cell turnover for a retinol-like effect. Rosehip oil can help with acne too. Its high concentration of linoleic acid allows for an anti-inflammatory effect. Remember, only rosehip oil can be applied straight onto skin, while rose oil must be mixed into a cream or carrier.



1. Pixi Rose Cream Cleanser, \$37. 2. Weleda Wild Rose Smoothing Night Cream, \$40.90. 3. Nivea Oil in Lotion Rose & Argan Oil, \$10.99.





NATIO osewater

20011-0121

Rosewater

LANCÔME

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MIST

UNCHAQUE + EAU DE NOR HOCACID + PROBE NATER @ 100 ml 3.38 FL.OZ Swisse

BALANCING

MIST TONER

Natio Rosewater Hydration Antioxidant Micellar Cleansing Water. \$17.99. 2. Lancôme Rose Milk Mist, \$55. 3. Swisse Rosewater **Balancing Mist** Toner, \$14.95.

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Kose

REJUVENATING FACIAL SCRUB ABONICS

Rosehip Sukin Rosehip Rejuvenating Facial Scrub, \$14.50. **Trilogy Rosehip Transformation** Cleansing Oil, \$34.99. Labonics Liquid Gold Oil, \$39.

Take some TIME SOME Out

Give yourself five minutes of mindful me-time every day



MEDITATE

Start your morning with a minimeditation and you'll feel calm and in control for the rest of the day. Not sure how to get in the zone? There are plenty of apps available to help you get started.



LIGHT A CANDLE

Candlelight has a soothing effect on the soul, and coupled with a delicious scent it creates a moment of sensory delight – an essential element of any self-care routine.

EXERCISE

Pamper your body by giving it what it craves – exercise and movement. Fit in five minutes of pilates or yoga stretches and you'll feel energised.



TREAT YOURSELF

We're betting the five minutes you spend savouring the tangy sweet yumminess of a Fibre One™ Lemon Drizzle Square will be the highlight of your day. Go on, you know you want to! Discover a world of deliciousness

DANCE

Free your mind and your hips will follow! Pull down the blinds, turn up your favourite tunes and dance like nobody's watching.





Cooking extra

Top tip

♦ The cakes can be made a day ahead. Store in an airtight container.

REATS FOR TWO

Share the love with these sweet snacks

Gluten-free Chocolate Cake

SERVES 10 PREPARATION & COOKING 1 HOUR (PLUS COOLING)

1 cup soy flour 34 cup 100% corn cornflour 1¼ teaspoons baking soda ¹/₂ cup cocoa powder 1¼ cups caster sugar 150g butter, melted 1 tablespoon white vinegar 1 cup coconut milk 2 free-range eggs $\frac{1}{2}$ cup mashed banana 2 tablespoons raspberry jam, plus 2 tablespoons extra 2 x 225g cream cheese

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1 tablespoon icing sugar 1 teaspoon vanilla bean paste ¹/₄ cup toasted shredded coconut

1. Preheat oven to 180°C. Grease two 22cm round sandwich pans. Line the base of each with baking paper. 2. Sift flours, baking soda, cocoa and caster sugar into a large bowl, then add butter, vinegar and milk. Beat with

an electric mixer on low speed for 1 minute. Add eggs, banana and jam. Beat on medium speed for 2 minutes. Pour mixture into pans. 3. Bake cakes for 30 minutes or until a skewer inserted into the centre comes out clean. Leave cakes in pans for 5 minutes before turning onto wire racks to cool. 4. Beat cream crease, icing sugar and vanilla bean paste

in a small bowl with an electric mixer for 1 minute or until combined. 5. Place one cake on a cake plate. Spread extra jam on top, then half the cream cheese mixture and 1 tablespoon of the shredded coconut. Place second cake on top and spread with remaining cream cheese mixture, then sprinkle with remaining shredded coconut.

Chocolate Chunk & Raspberry Cookies

MAKES 24 PREPARATION & COOKING 35 MINUTES

125g butter, softened
4 cup firmly packed brown sugar
1 egg
1 teaspoon vanilla extract
1 cup plain flour
4 cup self-raising flour
3 cup cocoa powder
2 teaspoon baking soda
90g dark chocolate, chopped coarsely (see tip)
125g frozen raspberries

 Preheat oven to 180°C.
 Line oven trays with baking paper.
 Beat butter, sugar, egg and vanilla extract in a small bowl with an electric mixer until combined. Stir in sifted flours, cocoa and baking soda in two batches, then stir in chocolate and raspberries.

 Drop tablespoons of mixture 5cm apart onto trays, flattening slightly.
 Bake cookies for 12 minutes or until they can be pressed gently without breaking. Leave cookies on trays for 5 minutes before transferring to a wire rack to cool.



Millionaire's Shortbread

MAKES 40 PREPARATION & COOKING 50 MINUTES

125g unsalted butter, softened, plus 30g unsalted butter
½ cup caster sugar
1 egg yolk
1 cup plain flour
⅓ cup self-raising flour
395g canned sweetened condensed milk yolk in a small bowl with an electric mixer until light and fluffy. Stir in sifted flours. Press mixture evenly over base of pan and bake for 15 minutes. 3. Stir condensed milk, extra butter and syrup in a small saucepan, over medium heat, for 15 minutes or until mixture is golden brown. Working quickly, pour caramel over base and smooth surface with a spatula. Press peanuts into caramel with spatula. Bake for 10 minutes, then cool. **4.** Stir chocolate and oil in a small saucepan over low heat until smooth. Pour chocolate mixture over caramel. Refrigerate for 2 hours or until set before cutting into 40 pieces.



 Mix and match different coloured

chocolate with

different types of

berries if you like.

2 tablespoons golden syrup or treacle

 1 cup roasted salted peanuts
 200g milk chocolate, chopped coarsely
 2 teaspoons vegetable oil

1. Preheat oven to 160°C. Grease a 20cm x 30cm rectangular slice pan. Line base and long sides with baking paper, extending paper 5cm over the sides.

2. Beat butter, sugar and egg

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Everyday food

Don't waste time with the washing up this February 14! Try these one - pan wonders

Date-night DISHES

Top tip

THE

OVE

 Serve these mussels steamed in cider with plenty of crusty bread to mop up the cooking juices, or Belgian style, with thin chips and mayonnaise

Bacon, Cider & Fennel Mussels



SERVES 2 PREPARATION & COOKING 15 MINUTES

1 tablespoon olive oil 1 rindless bacon slice, coarsely chopped

2 garlic cloves, thinly sliced
1 baby fennel bulb, thinly sliced, fronds reserved
1kg pot-ready mussels (see tip)
³/₄ cup dry cider crusty bread to serve

1. Heat oil in a large saucepan

over medium heat. Cook bacon, garlic and fennel, stirring frequently, for 3 minutes or until browned. Add mussels and cider, then bring to the boil. Cover pan with a lid and cook, shaking the pan occasionally, for 5 minutes or until mussels start to open. Top with reserved fennel fronds and serve with bread.

Black Bean Lamb & Broccolini Stir-fry

SERVES 4 PREPARATION & COOKING 30 MINUTES

1 tablespoon peanut oil 600g lamb backstrap, sliced thinly against the grain 1 garlic clove, finely chopped 1 teaspoon finely grated ginger 300g broccolini, trimmed, halved lengthways 300g green beans, halved lengthways 300g snow peas, trimmed ²/₃ cup water 1/2 cup black bean sauce 4 spring onions, cut into 3cm lengths 1 teaspoon sambal

1. Heat a wok over high heat, then add

oelek (optional)

half the oil. Stir-fry lamb, in batches, until browned all over. Transfer to a medium bowl. **2.** Heat remaining oil in wok. Stir-fry garlic, ginger, broccolini, beans, snow peas and half the water for 3 minutes or until vegetables are tender. Transfer to another bowl. **3.** Return lamb to wok with black bean sauce and remaining water. Stir-fry until lamb is heated through and coated in sauce. **4.** Return vegetables to wok with spring onion and sambal oelek.

Stir-fry to combine.

Top tip • Sprinkle with sliced fresh long green chilli, snow pea sprouts and crunchy combo sprouts

before serving,

if desired.

<image>

Balsamic Tomato and Mushroom Chicken

SERVES 4 PREPARATION & COOKING 30 MINUTES

2 tablespoons olive oil 8 x 125g chicken thighs 2 garlic cloves, sliced 8 sprigs fresh thyme 4 flat mushrooms,

or until browned. Remove from pan. 2. Reduce heat to medium. Cook garlic, thyme and mushrooms, stirring occasionally, for 5 minutes or until browned. Add tomatoes and cook, stirring, for 1 minute. Return chicken to pan; cook, covered, for 10 minutes or until cooked through. **3.** Drizzle chicken with vinegar, then sprinkle with feta and parsley. Serve with bread.

Top tips • Serve with mashed potato instead of bread, if you like. Use skinless chicken thighs if preferred. 250g cherry tomatoes
1 tablespoon
balsamic vinegar
80g feta, crumbled
¼ cup chopped flatleaf parsley leaves
crusty bread to serve

sliced

1. Heat oil in a large, heavy-based frying pan over high heat. Season chicken and cook, in 2 batches, for 2 minutes each side



Spiced Lamb Pilaf with Almonds & Currants

SERVES 4 **PREPARATION & COOKING** 35 MINUTES (PLUS STANDING)

600g lamb tenderloin fillets 1 tablespoon ground cumin ¹/₄ cup olive oil 1 red onion, finely chopped 1 red capsicum, finely chopped 1 stick cinnamon 1 teaspoon ground allspice 1 bunch coriander 2 cups basmati rice 1 litre chicken stock ¹/₂ cup currants 2 carrots, julienned ¹/₂ cup slivered almonds, toasted lemon wedges to serve

1. Coat lamb in cumin. Heat a large flame-proof casserole dish with a tight-fitting lid over high heat. Add 1 tablespoon of the oil. Cook lamb, turning, for 4 minutes or until browned all over. Transfer to a plate and cover to keep warm. 2. Add remaining oil to dish and reduce heat to medium-high. Cook onion and capsicum for 5 minutes or until softened and browned lightly. Add cinnamon stick and allspice, then cook for 30 seconds. Remove leaves from coriander and reserve. Finely chop roots and stems – you will need 1/3 cup. Add to dish with rice, stirring to coat grains well. **3.** Add stock and currants. Bring to the boil. Reduce heat to low and cook. covered, for 10 minutes. Remove from heat; stand, covered, for 5 minutes. Discard cinnamon stick. **4.** Slice lamb thickly on the diagonal. Place on top of rice mixture with carrot, almonds and coriander leaves. Season to taste and serve with lemon wedges.



 Serve with Greek-style yoghurt sprinkled with a little ground cumin, if you like.
 Swap lamb leg steaks for tenderloin fillets, if you prefer.

Lamb & Mint Meatballs with Risoni

.....

SERVES 4 PREPARATION & COOKING 50 MINUTES

500g lamb mince 1 cup stale breadcrumbs ¼ cup chopped fresh mint 1 egg, lightly beaten 1 onion, grated 2 garlic cloves, crushed 1 lemon, rind finely grated ¼ cup olive oil 1 large eggplant, diced 1½ cups risoni pasta heavy-based frying pan. Cook meatballs, shaking pan occasionally, until browned all over. Remove from pan with a slotted spoon. 3. Heat remaining oil in same pan over medium-high heat. Cook eggplant for 4 minutes or until golden brown. **4.** Return meatballs to pan with risoni, passata and stock. Stir to combine. Bring to the boil. Reduce heat to low and simmer, covered, stirring frequently, for 15 minutes or until meatballs are cooked through and risoni is tender. **5.** Serve meatball mixture topped with feta, remaining rind, extra mint leaves and lemon wedges. Season to taste.



Top tips
The risoni mixture will thicken on standing. If it's too thick, add a little boiling water to loosen.
If your family aren't eggplant fans, use 1 coarsely chopped large red capsicum instead.
Uncooked meatballs can be frozen in an airtight container for up to 3 months.

700g bottled tomato passata
1½ cups chicken stock
125g feta, crumbled
fresh small mint leaves and
lemon wedges to serve

 Combine the lamb, breadcrumbs, chopped mint, egg, onion, garlic and half of the rind in a medium bowl, then season well. Roll ¼ cup measures of the mixture into balls.

2. Heat half the oil in a large



TOP PREP TIPS



STEP 1: To remove garlic skins before chopping, place cloves on a chopping board, then use the flat side of a heavy knife to press down firmly on each clove.



STEP 2: If your courgette has a lot of moisture, place into a sieve and press to remove excess.



STEP 3: Use a small spoon to scoop ricotta mixture into pasta shells.

Ricotta Pasta Shells

SERVES 4 PREPARATION & COOKING 1 HOUR

3 medium courgettes
1¹/₃ cups firm ricotta
³/₄ cup finely grated parmesan
¹/₃ cup roasted pine nuts
3 egg yolks
2 garlic cloves, crushed
1 tablespoon fresh lemon thyme leaves, plus 1 tablespoon extra
¹/₂ teaspoon dried chilli flakes 5 cups bottled tomato pasta sauce 250g large pasta shells

Preheat oven to 200°C.
 Grease a shallow 2.5-litre (10-cup) ovenproof dish.
 Coarsely grate courgettes.
 Combine courgettes, ricotta, parmesan, pine nuts, egg

yolks, garlic, lemon thyme and chilli in a medium bowl, then season.

3. Spread pasta sauce into dish and season. Spoon courgette mixture into uncooked pasta shells and place in dish.

4. Cover dish with foil, then

bake for 30 minutes. Uncover, then bake for a further 15 minutes or until pasta is tender and cheese is browned lightly. Serve pasta shells sprinkled with extra lemon thyme leaves.

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Chicken Parmigiana Bake SERVES 4 PREPARATION &

......

COOKING 50 MINUTES

- 3 cups tomato pasta sauce
- 2 tablespoons tomato paste
- 600g chicken breast fillets, quartered lengthways
- 1 bunch broccolini, each cut into thirds on the diagonal 200g yellow patty pan
- squash, thinly sliced
- 220g bocconcini, sliced 3 cups coarsely torn sourdough breadcrumbs
- 3 teaspoons fennel seeds, toasted, coarsley ground
- 2 tablespoons extra virgin olive oil 1/2 cup grated parmesan

1 Preheat oven to 180°C. Lightly grease a 2 litre (10-cup) rectangular ovenproof dish.

sauce and tomato paste. Spoon a third of the sauce mixture over base of dish. Place half the chicken on the sauce. Top with broccolini, half the squash and half the bocconcini. Repeat with remaining sauce, chicken, squash and bocconcini, finishing with bocconcini. **3.** Combine bread, fennel seeds, oil and parmesan in a small bowl. Season to taste, then sprinkle over chicken mixture. 4. Bake for 30 minutes or until top is browned lightly and chicken is cooked through. Serve immediately

with a green salad,

if desired.

2. Combine pasta



 You can use 2 thinly sliced medium courgettes instead of patty pan squash, if you prefer.



One-pan Sausage Bake

SERVES 4 PREPARATION & COOKING 40 MINUTES

8 thick beef sausages 2 medium yellow capsicums, thickly sliced 1 small red onion, cut

- into wedges 375g cherry tomatoes
- 2 cups water

1 cup instant polenta 34 cup pouring cream

for 15 minutes. Add tomatoes, then roast for a further 15 minutes or until sausages are cooked through and the vegetables are tender. 4. Bring water to the boil in a medium saucepan. Stir in polenta. Reduce heat to low and cook, stirring, for 10 minutes or until polenta thickens. Stir in cream and cook, stirring, for 5 minutes or until polenta thickens. Stir in parmesan and season to taste. **5.** Sprinkle sausages and vegetables with basil, then serve with polenta.

1/4 cup finely grated parmesan ¹/₄ cup basil leaves

1. Preheat oven to 200°C. 2. Heat a large flameproof baking dish over high heat. Cook sausages until browned all over. Add capsicum and onion. Season. 3. Roast, uncovered,



 The filling can be made, covered and refrigerated up to 2 days ahead.

 The baked pie can be frozen for up to 3 months if cooked in an ovenproof dish.

Chicken & Thyme One-pan Pie

SERVES 4 PREPARATION & COOKING 1 HOUR (PLUS COOLING)

.....

800g chicken thigh fillets, thinly sliced
2 tablespoons olive oil
1 large leek, thinly sliced
2 garlic cloves, crushed
1 tablespoon fresh thyme leaves, plus extra sprigs to serve
½ cup slivered almonds
¼ cup plain flour
3 cups chicken stock

2 sheets puff pastry

1 egg, lightly beaten steamed vegetables to serve

 Preheat oven to 200°C.
 Season chicken. Heat oil in a 25cm (top measurement), 19cm (base measurement) ovenproof frying pan over high heat. Cook chicken, in batches, stirring occasionally, for 3 minutes or until browned. Remove chicken from pan. 3. Cook leek in same pan, stirring occasionally, for 3 minutes or until softened. Add garlic, thyme and almonds. Cook, stirring, for 1 minute or until fragrant. Return chicken to pan with flour. Cook, stirring, for 1 minute. Gradually stir in stock and bring to the boil. Reduce heat to low-medium. Simmer, stirring occasionally, for 5 minutes or until thickened slightly. Season to taste. Cool for 10 minutes.
4. Trim pastry to fit top of pan. Cut pastry off-cuts into decorative shapes. Top pie with pastry shapes, then brush with egg.
5. Bake pie for 20 minutes or until pastry is golden. Serve topped with extra thyme.

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ISSUE

Wellness With Gemma McCarw

The littl

Be grateful Expressing gratitude has been proven to enhance trust, closeness and affection. The benefit is not only felt by the one who receives it, but by the one who gives it too. The reality is we all have different quirks and flaws, but rather than looking at what your partner isn't doing, start looking at what they are doing. The more you express gratitude, the happier you'll be.

GET INFORMED

It's so easy to jump to conclusions without having the whole picture. This can be based on past experiences that may have been painful, but it's important not to let biases creep in. Work on informing yourself before making accusations and remember to communicate. An open approach is always the best approach!

> Keep the love alive If the spark has gone,

Laugh The basis of any lasting friendship is a sense of humour. Remember to laugh, smile and have fun. These little moments can distract us from

the rigours of daily life and make us feel good.

Questions for Gemma Write to wdaynz@bauermedia.co.nz or Woman's Day. Private Bag 92512, Wellesley Street, Auckland.

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rekindle it! With the daily grind of work, family and life, our relationships can sometimes come last. It's easy to put off those things you used to love doing as a couple. Make quality time every week a priority – try a date night or schedule in a favourite pastime, even for just one hour.

e THINGS

Small ways to stay connected

y husband and I recently celebrated our third wedding anniversary, and it reminded me of a piece of advice we were given on that special day: "Start as you mean to go on." I often think about this

I often think about this because as anyone in a

relationship knows, it requires daily work. Love is special and joyous, but it's not always smooth sailing. You have to weather the storms as a team.

By appreciating, listening and loving your other half, you can each nurture your relationship and enjoy many beautiful sunrises and sunsets together.

Don't take love for granted After the fun-filled first few months, that little thing called routine creeps in and romance can slide away. But saying "I love you" is just as important 50 years down the track as it was in the beginning. Ask yourself when was the last time you told your partner what they mean to you. Do you still speak kindly and politely to your other half? Have you left a handwritten note or small gift lately? Make sure you don't let the little things slide!

BE KIND

While it's easy to go and talk things out with your girlfriends, if something matters to you, tell your other half – remember, your partner is not a mind reader. Make a conscious effort and take time to talk honestly, openly and, most importantly, kindly.



DON'T GET SICK THIS SUMMER REMEMBER TO:

- **CLEAN** Wash hands, chopping boards, utensils and surfaces before and after handling raw meat.
- **COOK** Cook meat and poultry thoroughly, until juices run clear.
- Chill Cover, separate (cooked and raw meat)

Work it out With any long-term relationship there will be ups and downs, but empathy, compassion and forgiveness go a long way towards sticking together when the sea gets a little rough. Forgiveness isn't about being OK with what's happened, but choosing to move forward. and chill in the fridge. Don't leave food out for more than two hours. If in doubt – chuck it out.

CLEANCOOKCHILL

FOODSAFETY.GOVT.NZ/CCC



Ministry for Primary Industries Manatū Ahu Matua

Twernoji by Twitter derivative





I'm going to be alone on Valentine's Day, again. Should I make an effort and go out on a date? And if so, is doing an online profile safe?

Weary Heart, Auckland

A I wouldn't use Valentine's Day as the kick-off to an online date evening myself, but that's not to say that you can't use the date to make an anniversary of a new beginning. Is it possible to meet the right person for you on the internet? Of course! Will it be easy? No! What site you use should be dependent on your expectations, but nothing should be more important than managing your safety. If you do register on a site, make sure you tell somebody where you're going and who you're going with. Don't meet at somebody's home, avoid being alone with somebody, and make it a public space. Don't give out personal information about where you live, etc. Don't be afraid to stay home by yourself and get a takeaway and watch a rom-com, or even better, go out with a friend for the night. Not all love celebrations have to be romantic.

My son is obsessed with his ex-girlfriend and won't stop trying to win her back. She has made it quite clear that it's way too much and she wants him to stop contacting her. He is turning to me for advice and whatever I tell him to do, like, "Don't text her", he does anyway. He's 30 and I can tell he's heartbroken, but what do I do if he just ignores me? He says he'll never be able to have a sexual connection with anybody other than her. I'm worried.

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It's tough to see loved A ones suffer, especially your children. But you have to draw a line when you know somebody's behaviour is causing agitation. He has to respect her wishes and go through the agony of grief and loss. There's no way around the pain and he may need help beyond you in accepting that. Sexual connections can create a powerful narrative in the brain that make you feel that what you have with one

person is "irreplaceable". Truth is, even if it is special or remarkable, it takes more than that aspect to make a relationship prosper. I'd suggest you mention to him that he goes to his GP and explains his addiction to trying to win her back and his agitation. If you and your family can afford it, rally around and get him a therapist to help him make a coping plan in the next month or two. I also think it's

important you lead by example and explain to him in very honest terms what he may think is "romance" is in fact harassment.

I'm getting married on Valentine's Day and want to give my nearly all-single bridal party a cheeky gift bag afterwards to say a big thank you for being there for me. (I'm on a bit of a budget.)

Happy Ending, Canterbury



Over Rover, Taupo

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the budget-friendly, very fun lubricant called System Jo H20 Watermelon. Apparently the flavour is good and it's a very "silky" feeling product.

> Questions for Jodie

Write to wdaynz@bauermedia.co.nz or Woman's Day, Private Bag 92512, Wellesley Street, Auckland.





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3



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5 romantic HOTSPOTS

Travel Lifestyle Director Penny Lewis

Get your heart racing with a getaway for two

No kids allowed! Relax and take in the picturesque views from adults-only The Rocks on Vomo Island.

t's always great to escape for some quality couple time. Here are some blissful places to connect – or reconnect – with your significant other.

With a flight time of three hours, Kiwis have always loved heading to Fiji, whether it's for family fun or romance. The demand for hotels and flights increased 55% between 2018 and 2019, according to Expedia. If you're looking to have a really special experience, fly on a Fiji Airways' new A350 to Nadi and catch an Island Hoppers' chopper to amazing Vomo Island. Kiwi pilot Steve is originally from near Waitomo and his previous job was cattle mustering in Western Australia. Vomo is not an adults-only island (it has a great kids' club), but it has a fantastic adults-only bar, restaurant and pool area called The Rocks. Its executive chef Michael Fosbender is from

Christchurch, and his food is

Rarotonga? The island of Aitutaki is a 50-minute flight from Raro and is so beautiful and relaxed - that romance is a natural by-product of spending time there. Pacific Resort Aitutaki is five-star accommodation with gorgeous, private beachside bures. The staff will even set up a romantic private dinner for you on the beach, complete with candles, scattered flowers and a billowing white canopy. Another option is the picturesque adults-only Aitutaki Lagoon Private Island Resort, which has direct access to the lagoon.

Rome

 $oldsymbol{O}$ Known as the Eternal City, Rome is a spectacular place to wander around on romantic walks, provided you don't get too caught up in the tourist hordes near the Trevi Fountain and Spanish Steps. Besides its breathtaking ancient buildings and ruins, Rome is a vibrant city full of modern-day Romans who are proud of their home and its heritage. For a fab dinner away from touristy restaurants, head to the formerly blue-collar now edgy neighbourhood Testaccio, and for a place to stay, try the cool bohemian area of Trastevere. It's an easy walk to the major tourist hubs, but without the crowds.

of Light. Its boulevards, famous sites and just, well, Frenchness, make it a heady place to spend time. Like many popular tourist hotspots, the crowds can feel overwhelming, but there are lots of quiet and chic little spots to escape to – check out the Le Marais district. Just don't wear date-night heels as you try to enjoy a romantic stroll along the uneven surfaces of the cobbled streets!

Raglan

This West Coast surfie hub is just two hours' drive south of Auckland. Raglan Rural Retreat Luxury Camping is a 10-minute drive from town and can be booked via Airbnb. You're in the countryside, complete with neighbouring llamas and ducks, but there's great coffee a short walk down the road at Te Uku Roast Office, housed, as you might guess, in a former post office. The retreat has two glamping tents to choose from – each with its own spa pool and fire pit. It's a charming spot and you'll enjoy the friendly but unobtrusive Kiwi hospitality of hosts Brenda and Bruce. In Raglan itself there's a multitude of great places to eat – sit outside on bean bags under a shade tent and savour the delicious fare at Aroha Sushi, followed by an ice cream or drink at George's Beach Club.



ISSUE

My husband and I share a private romantic meal on the beach in Aitutaki.



Get a taste of Italy with a dinner date in Rome's hip Trastevere district.



An eyeful of Eiffel! Toast the City of Love and enjoy a picnic

some of the best you're ever likely to taste, especially in a resort. It's a special treat and you'll need to save up or win Lotto to stay here, but you won't regret it for a moment – especially as you relax with a couple's massage at Vomo's Kui Spa. 2 Aitutaki Love the Cook Islands but never travelled beyond

Paris No list of romantic places is complete without the City



A date with Sarah-Kate **ROYALLY RUDE** Sarah-Kate has some more advice for Harry

ith every man and his dog weighing in on Megxit, there's absolutely no need to add my opinion to the pile - but I'm going to anyway.

Last year I dispensed what I thought was some very sensible advice to Harry on the off chance he happened to pick up a copy of Woman's Day at the dentist or similar.

"If you don't need the carriages, castles and palaces," I said, "then I don't believe anyone would blame you for carving out a different future for your family."

In the absence of his lovely mum, I suggested that given his privilege, the only thing he shouldn't do is whinge.

"The world is more of an oyster for you than it is for

most of us, H, so put your thinking cap on, work out a way to make the most of it, and we'll be behind you all the way," I promised.

Given the events of the past weeks, it would appear H ignored my words of wisdom. I think perhaps Meghan packed his thinking cap when they went to stay in their multimillion-dollar hideaway on Vancouver Island.

I admit thinking caps are tricky things. The Ginger lost his in the '90s and now has to borrow mine, which is a pain in the jacksie but still, the thought is there in the end and as everyone knows, it's the thought that counts.

I take no issue with what Harry has done – his future should be of his own making – but the way he has done it leaves a lot to be desired.

His granny had a horribilis enough annus last year, what with rumours flying thick and fast about rifts between Harry and Wills, Kate and Meghan and then – don't get me started on Prince Andrew.

So for Harry to sweep back in to the UK and drop his bombshell with what seems like little warning and more than a few ultimatums while Meghan jets back to Canada and baby Archie – that's unfair.

And with Prince Philip just out of hospital? Shame on you, H.

I understand the royal ginger's mental health may be suffering, but he does have more than a few people around him who could help him. His father and Camilla, to name but a few.

Heck, if I was Harry, I'd be knocking on Princess Anne's

door. How has she done it all these years? The hardest working royal of them all more than does her duty to the Queen yet still manages to maintain a private lifestyle and a happy family.

Of course her advice may be more brutal than mine. Something more along the lines of: "Pull your head in, sunshine."

I don't want to blame Meghan for the rift in the royals. Happy wife, happy life, as the saying goes. But Canada? How will George and Charlotte and Louis go "aboot" spending time with their cousin if he's busy dodging icicles in The Great White North?

Yes, we all love our partners, but we have our families for longer. I hope Harry finds his thinking cap and uses it.



must be getting old. I have noticed a shift in the way I view love. When you're young, it's easy to confuse love with infatuation; it's easy to say you'll love 'til death do you part because you may not have faced deathly situations - or have any comprehension of them.

Kate's home truths **TOUGH LOVE** Kate gets to the heart of real romance

making it through challenges together, in learning and growing and loving each other in different ways. Love is something you have to work at, and that in itself is rewarding. Loving babies is easy ... loving teenagers – well, that can be a different story.

My daughter said to me the other day that she wanted to

each other was infectious. It set the bar for how we wanted to be loved and cherished.

But it does take effort. I see with the new mementality, a lot of young people are all about what's in a relationship for them. It's all about what they can get out of it, instead of thinking about what they can put in. It's become a modern calling card of "self-love" that if it gets tough, get going. It's role-modelled for us in many celebrity relationships – break-ups are more often the news than make-ups. Not just marital relationships either, family relationships too. Even royals can cut and run if they don't like the way the relationship may feel for them ... hello Meghan and Harry.

So in this lovey-dovey Valentine's issue of romance and roses, I think it's also good to remember that it's not all hearts and flowers and chocolates. Sometimes love is late nights changing dirty nappies and long talks about hard subjects.

SSUE

Sometimes it's swallowing your pride and biting your tongue. Sometimes it's about saying sorry, or saying nothing at all. Yes, it can be a bed of roses for many people, but it's disingenuous for young people to believe that that's how it will always be - to set now it will always be – to set an unrealistic expectation of perfect fairytale happy-ever-afters. No, I'm not poo-pooing love! I'm just saying that like all rewards in life, it's nothing without effort from both sides.

It's easy to think love will never be hard. But marriages can be hard work. Likewise, it's easy to say you'll love your kids unconditionally forever, but loving kids who grow up into things that sometimes resemble monsters can be hard work. Yes, you keep loving them, but it's not always easy to like them.

So the shifting sands of time chip away at the ideals of love. But there's real beauty in

marry someone who made her laugh, but who was also her best friend. "Like you and Mike," she said.

I was so chuffed. No, we're not by any means perfect, but it's awesome if you can maintain a relationship your kids want to emulate.

My parents were always laughing (at and with each other) and still are! They were also (and still are) the best of friends. Their happiness with

66 Woman's Day

WHAT IS AVAXHOME?



the biggest Internet portal, providing you various content: brand new books, trending movies, fresh magazines, hot games, recent software, latest music releases.

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Get advice from fast-talking Rova and More FM star Polly Gillespie

ASK POLLY

Pollyism of the week

smell like potting mix and wet grass 24/7. In fact, the smell of the garden is so strong that I can't even smell my dog – and that's quite a wall of smell.

My daughter Katherine came over the other day and took one look at me and snickered. Oh sure, it could have been mistaken for a laugh, but it was a snicker.

"What?" I said. "What's with the snicker?"

She continued snickering as the words tumbled out: "You're wearing gardening clogs!" She then bent over double, laughing loudly.

I wanted to be highly offended, but she was right. I but every couple of years I get the pressing need to weed and put pretty flowers in outdoor pots.

I drive off to Bunnings and get potting mix and a variety of flowers only ever in pink and mauve. They make the backyard look really quite good. This year was a particularly splendid effort with hydrangeas thrown in for good measure.

(Madonna says she loathes hydrangeas! How could she? They're a plant brimming with pre-made bouquets!)

Brian is my puppy dog. Brian likes to dig. Last night I looked out the back door

'l sigh when someone gives me a plant as a gift'

was actually wearing cheap gardening clogs purchased at Bunnings, after I'd destroyed my white Converse shoes mowing the lawns. Why I thought that was a good idea I will never know, but now suddenly I'm Gardening Clog Woman.

It takes a great deal of courage to get me to face the backyard, and I did it, but one small scruffy dog ruined my dream. Dad was a great gardener. Mum has always had pot plants and raised them beautifully. But I sigh when someone gives me a plant as a gift. to see a cluster of empty pots. I screamed and went charging outside, only to discover wilted pink plants in their death throes on the brickwork.

"Brian!" I bellowed, knowing he would be the culprit. Out through the French doors came a shuffling little ewok with his head hung low. "Brian, naughty!" I scolded pointing at the catastrophe. He looked at me and then gave a tiny howl. A howl that said, "Sorry, but seriously, you know they would have died anyway." Oh Brian, how right



Advice

QI am turning 50 this year and am undecided about whether to have a party or not. Parties can cost quite a bit of money, but I do want to celebrate and mark the occasion somehow. What do you reckon?

Milestone, Whangarei



Q My adult brother and I are not very close. At our parents' place recently I saw him treat his dog appallingly when he thought nobody was looking. Should I report him to the SPCA? I don't want to upset my aged parents, but somebody needs to stand up to his bullying behaviour.

Unleashed, via email

"Well, thanks a lot," I think to myself woefully. "Another poor soul off to the executioner."

I am hopeless with plants,

you are!



Sydney for the weekend or, if you're super lucky, Paris for 10 days with a significant other, or try dinner at a nice restaurant near home? I'm not into having parties, honestly, because I worry about people enjoying them, or not enjoying them, and then I don't enjoy them. If you want to, then make it a barbecue and have everyone bring something – or just go to Paris, girl!

A Hell yeah, you should. What an a-hole! Do it anonymously, but absolutely call them. What a dick!

Questions for Polly? Write to wdaynz@bauermedia.co.nz or Woman's Day. Private Bag 92512, Wellesley Street, Guckland.

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Woman's Day BE ENTERTAINED!

COOL THINGS TO WATCH, READ, HEAR AND DOWNLOAD THIS WEEK!

EMMA, IN CINEMAS FEBRUARY 13

Fall in love with these classic characters all over again!

itting screens just in time for Valentine's Day, this sumptuous new adaptation of Jane Austen's beloved *Emma* is sure to delight fans. New Zealand author Eleanor Catton (*The Luminaries*) has written the screenplay and brings a fresh perspective to our Regency-era heroine.

Tackling the role of the strong-willed Emma Woodhouse is 23-year-old British actress Anya Taylor-Joy, who was already a fan of Jane's timeless tales.

"I found her writing really witty and spiky and spicy," the *Split* star tells. "Even though the setting was usually very proper, the way her characters would communicate and usurp each other through language always stole my heart."

The film tells the story of a confident young woman who, although she is rich, beautiful and smart, is also spoilt and likes to meddle in other people's business. She believes herself to be a great matchmaker, but her pairings don't always go to plan.

"Emma is really smart but she doesn't have a lot to occupy her, so she finds ways to keep herself entertained," Anya says of her character. "Her emotions are flitting around so quickly. You can't decide whether she's an entitled princess or if she's amazing."

One of the things Anya enjoyed in the lead-up to filming was learning traditional 19th century English country dances.

"I loved the dance classes. They were so much fun!" the actress gushes. "A song comes on and everybody knows the same dance ... that makes me so happy. I am desperately sad people don't break out in coordinated dances any more!"

Head to the cinema and delve into the enticing world of Jane Austen! To celebrate the film's release, we have five double passes for *Emma* to give away. To enter, email your name and address to wdaynz@bauermedia.co.nz with the subject line "Emma" by February 14. One entry per person.







Love Actually star Bill Nighy (above) plays Emma's beloved father Mr Woodhouse. 92ND ANNUAL ACADEMY AWARDS MONDAY, FEBRUARY 10, 12.30PM, TVNZ 2

WHO WILL WIN?

The Woman's Day team share their picks for the Oscars' top honours

JOAQUIN PHOENIX in JOKER

⁶It was a tough decision between Joaquin Phoenix in Joker or Leonardo DiCaprio in Once Upon a Time in Hollywood for best actor in a leading role. But I think I would have to give it to Joaquin – he was a Joker with no Batman, lethal toys or action-packed fight scenes, yet he created a compelling character that held my attention. His performance was so realistic that it was a little disturbing to watch, but he was so believable in this role and his performance stuck with me long after the film had ended. ⁹ – Olivia New, senior designer





SAOIRSE RONAN in *LITTLE WOMEN*

⁶I think Saoirse Ronan should win for playing Jo March in Little



C'mon Academy! We all know Jojo Rabbit is the best movie in the world. Just look into the eyes of adorable Roman Griffin Davis – best actor right there without even a nomination. Grrr. And Taika Waititi, don't get this fan girl started! If he doesn't bring home the Oscar, well, l feel a dictator-style tantrum coming on. Most storytellers would be extremely uncomfortable turning a despicable time in history into a comedy, but the Boy director rips off the Band-aid and delivers a touching, funny, thought-provoking piece. ? – Denise Bowden, deputy chief sub-editor



Three's a crowd! Emma finds herself torn between handsome newcomer Frank (Callum Turner, left) and her old friend George (Johnny Flynn, above).

JENNIFER REYNOLDS.

Women. In a movie full of amazing performances, Saoirse is one of the standouts – she is effortless in the role and brings so much joy and life to the screen. She has long been my favourite actress and her acting in Little Women only solidified my love for her. I am disappointed that the movie wasn't nominated for more awards, so I would love for Saoirse bring a trophy home for the girls!' – Rebekah Hebenton, production editor


LESINA'S LOVE NOTES

Our very own Bachelorette shares the secret to winning her heart

Favourite rom-com? I love *Forgetting Sarah Marshall!* It's one of my all-time favourite movies in general.

> Who is your celebrity crush? Liam Hemsworth and (British boxer) Anthony Joshua – or a combination of both ... now we're talking!

Favourite romantic novel? Is it bad that I actually haven't read that many romantic novels? The last book I read was Last's Anatomy – a medical textbook!

THE

ISSUE

Favourite love song? "Someone Like You" by Adele. Wait ... is that considered a break-up song?!

> Define love in five words. When you know, you know.

What's your ideal first date?

Anything involving food (cheese in particular). I'm such a warm weather person, but recently a friend came back from a ski trip and I thought that would be the coolest first date – a day of snowboarding/skiing (or learning to!), then cosying up on a lodge balcony with a stunning view, sipping on mulled wine and eating cheese fondue! Now that I'm writing it, that's a bit extreme for a first date, but I guess any elements that include a little bit of adrenaline or adventure, beautiful scenery and, of course, cheese!



THE BACHELORETTE NZ SUNDAY, 7PM & MONDAY-WEDNESDAY, 7.30PM, TVNZ 2 **INED**!

AD, HEAR

NEÉK!



CRAZY RICH ASIANS Available on Neon Based on the hit novel, this was the first major Hollywood film in almost 20 years to have an all-Asian cast. Rachel Chu is thrust into the lavish world of Singapore's richest when she meets her boyfriend's parents.



Kath and Kel from Kath & Kim From power-walking to matching outfits, this foxy lady and her hunk-of-spunk hubby are true romantics.

Mr Big from Sex & the City As Carrie herself once said of her man, "In a city of infinite options, sometimes there's no better feeling than knowing you only have one."

Carrie and



Art & Matilda from The Bachelor NZ With a wedding and a baby, this reality couple are still going strong five years on.

OUPLES

We look back at some of the small screen's perfect pairings

Homer and Marge from The Simpsons This cartoon couple prove that while marriage isn't always perfect, love will save the day.



Leonard and Penny from The Big Bang Theory After years of ups and downs, this beauty and her geek finally got their happy ending.



Luke and Lorelai from *Gilmore Girls* Where Lorelai leads, Luke will follow – this small-town duo were meant to be!

Rachel and Ross from *Friends* Whether they were on a break or not, viewers spent 10 years rooting for these two to get together.



Help Falling

ALL OF ME



PASSIONATE

PLAYLIST

Set the mood with these romantic tunes

"CAN'T HELP

FALLING

IN LOVE

by Elvis Presley

"ALL OF ME" by John Legend

"TEENAGE

DREAM

by Katy Perry



RONA



"I'LL MAKE LOVE TO YOU" by Boyz II Men

Snuggle up for a night in with these heartwarming flicks









10 THINGS I HATE ABOUT YOU Available on Neon A modern twist on Shakespeare with a killer soundtrack, this cult classic launched the careers of Julia Stiles, Joseph Gordon-Levitt and Heath Ledger – as well as cementing his heartthrob status. LONG SHOT Available on Lightbox Charlize Theron stars as Charlotte Field, a politician who hires free-spirited Fred Flarsky (Seth Rogen) as a speechwriter for her presidential campaign, and, of course, romance ensues. MY BIG FAT GREEK WEDDING Available on Netflix Nia Vardalos' charming film is still the highest-grossing rom-com of all time. Toula becomes the black sheep of her family when she falls in love with a non-Greek man.

THE HOOK UP PLAN Available on Netflix If subtitles don't scare you, try this sweet French show. Elsa is struggling to get over her ex, so her friends secretly hire a male escort to take her on a few dates to boost her confidence. But feelings start to blossom.

Woman's Day BE ENTERTAINED!

COOL THINGS TO WATCH, READ, HEAR AND DOWNLOAD THIS WEEK!

BEST ON THE



THE GRAHAM NORTON SHOW THURSDAY, 8.30PM, THREE

The flamboyant and forever funny Graham Norton is back with a host of Hollywood's hottest celebrities. Hitting the red couch this week are *Just Mercy* co-stars Jamie Foxx and Michael B. Jordan, *Absolutely Fabulous* funnywoman Jennifer Saunders, as well as *Star Trek: Picard* actor Sir Patrick Stewart. British singer-songwriter Michael Kiwanuka is performing live, so you really don't want to miss this episode!



2 MCMILLIONS TUESDAY, 9.30PM, SOHO

In a real and almost too-strange-to-be-true tale, this documentary series takes viewers on a journey to when the McDonald's Monopoly promotion was rigged, resulting in the theft of millions of dollars – McWhat!? Featuring archival footage, interviews and intricate details of the elaborate fast-food fraud, this is the story of how burgers and fries gave way to corruption and scheming.

3 MARRIED AT 5 FIRST SIGHT AUSTRALIA SUNDAY, 8.40PM

THREE

Last year's Australian season of *MAFS* gave viewers some of the most explosive reality television we've ever seen, and the latest instalment is sure to do the same. Sunday's premiere episode introduces a new cast of hopeless romantics,





baggage-ridden drama queens and egotistical playboys as they prepare themselves to make the ultimate first impression at the altar.

CURFEW FRIDAY, 9.30PM, SKY 5

From the award-winning producers of *Peaky Blinders* comes an enthralling new actionpacked dystopian drama, where ordinary people face off in the world's deadliest street race. It's a fierce fight for their freedom and stars Sean Bean, who dies in almost every movie and TV show he's in. The real question on everyone's mind is: will he live to see the end of this series?

BOX MONDAY FEBRUARY 3 - SUNDAY FEBRUARY 9



6 THE MAN WHO KILLED DON QUIXOTE THURSDAY, 8.30PM, SKY MOVIES EXTRA

History and comedy collide in this adventure written by Monty Python's Terry Gilliam and loosely based on Miguel de Cervantes' classic novel *Don Quixote*. As a disillusioned film director (Adam Driver) is pulled into the whimsical world of a Spanish cobbler (Jonathan Pryce), the line between dreams and reality blurs, and a time-jumping fantasy unravels.







Awards season continues with the BAFTAS, this year hosted by Graham Norton. Who will take out the coveted title of Best Film? Will Joaquin Phoenix keep his winning streak going and snatch up another award for his incredible performance in *Joker*? Or will the glitz and glamour of Taron Egerton's portrayal of Sir Elton John in *Rocketman* steal the show?

Riverdale comes the relatable tale of four *Archie Comics* characters trying to make it in the Big Apple.

Friday on TVNZ OnDemand

Following on from hit show

Rating: ****



GET OUT Sunday on Netflix Rating: ★★★★☆ In a tale of first impressions gone wrong, this Oscar-winning horror flick details a meet-the-parents situation that doesn't go to plan.



VILLAINS Wednesday on Lightbox Rating: $\star \star \star \star \star$

A pair of amateur burglars find more than they bargained for when they stumble upon a dark secret the two sadistic homeowners will do anything to keep from getting out.



DON'T MISS! THE BEST OF STREAMING



you won't want to miss this. Immortalised as a powerful feminist icon of the '70s, Joan Jett's vivacious personality precedes her. Chronicling the rocker's life from the early foundations of The Runaways, all the way through to her induction into the Rock & Roll Hall of Fame, this flick certainly is a "Cherry Bomb".



DOCTOR SLEEP Wednesday on Lightbox Rating: ★★★★★★ Starring Ewan McGregor, this long-awaited sequel to *The Shining* is sure to be just as chilling, so check it out if you're in the mood to get spooked.



Voman's Day ES

Relax with our fantastic collection of fun puzzles and you could win cash!

Win \$100 Spot the difference PETE WENTZ

Can you find the sixth difference between these two pictures of the Fall Out Boy rocker out and about in Los Angeles? Write your answer on the entry form on page 78. January 20 solution: Amy Schumer's sleeve is longer. Winner: L Lee, Whangarei.



Answers 1. Shopping bag is larger 2. Pete's glasses a different colour 3. Writing missing from his sweatshirt 4. Tree trunk is wider 5. More grey added to Pete's sweatshirt sleeve 6. ???

Who am I?

I was born in Washington DC in 1969. I grew up in a rough neighbourhood and by my early teens I was getting in trouble. I wasn't very studious at school, but I was a good athlete and my passion was wrestling. By my late teens I was hitting the gym regularly and working as a bouncer. After meeting some wrestlers at a body-building show, I decided to pursue a career as a WWE fighter. After initial rejection, I persevered and in 2000 I made my debut. Over the next five years I worked up through the ranks and in 2005 I won my first WrestleMania championship. While continuing to fight, I began pursing acting roles and in 2012 I had a small part in Russell Crowe's The Man with the Iron Fists. After a role in *Riddick*, I was cast as Drax in *Guardians of the Galaxy*. That movie and its sequels propelled my career, and I've gone on to appear in *Blade Runner 2049* and had a memorable fight scene with Daniel Craig in *Spectre*. However, it's my latest film, the family comedy *My Spy*, that has people comparing me to that other famous wrestler-turned-actor Dwayne Johnson. Who am I? SOLUTION NEXT WEEK

ACROSS

- 1. Actress, Scarlett ...
- 6. Beauty
- treatment **11.** Task that must be done
- **13.** French wineproducing estate
- 15. Distance
 - travelled
- **17.** Weapons store
- 18. Subsided
- **20.** Harmonious
- relationship 22. Sink (a ship)
- deliberately
- **25.** Gentle
- **27.** Crouching forward
- 28. Infant's knitted shoe
- **29.** Ticking over
- **31.** Writing instrument
- **32.** Famous lioness
- 34. Speak unclearly
- 35. Ice-cream container
- 37. Bridge charge
- **38.** Put through a
- colander 40. Bring into force
- 43. Lotto presenter,
 - ... Gray
- 45. Male voice
- **47.** Stomach
- ailment 48. Drug (a
- racehorse)
- 50. Arm bone
- **52.** Apartments
- 53. Fatigued **54.** Deeply felt
- 55. Expanse
- of land
- **58.** Purposes
- 60. Consumes
- 62. Uppermost
- part 64. Westside star,
- ... Stephens

- 83. Tilts at sea
- 86. Go back
- 89. Pat, blot eg
- **91.** Subsequently
- 93. Animal doctors
- 95. Incensed
- 98. Determine the size of
- 99. Ballroom dance
- 101. Hair tools
- **103.** Hacks 104. Give off
- **105.** Drive, pilot eg
- 107. Very dirty
- 109. Implements
- **112.** Belonging to
- several people
- **114.** Singe
- **115.** Biblical garden
- 117. Charge, cost
- 118. Modelling
- substance
- 120. Fishing net
 - material
- 121. Message
- 122. Fleck, streak
- **124.** Left in stock
- **127.** Sideboards
- 128. Pester
- 130. Rolling Stones hit, "Ruby ..."
- 133. Whole number
- **136.** Director,

Ridley ...

- 137. Enthusiastic
- applause
- 138. More annoyed
- 139. Go on too long 140. Film, Saving
- Private ...
- 141. Shelves
- 142. Journalists

DOWN

- 1. Act prematurely
- (4,3,3)
- 2. Actress, ...
- Mirren
- 3. Drew close
- 4. Ooze 5. Western
- military alliance (inits)
- 6. Quill
- 7. Regaining

67. Naming words **69.** Ancient language **70.** Small glass ball 71. Perish at sea 74. Dinner jacket 75. Slowly get into the mind 76. Loftier 77. Unoccupied 78. Cherub 81. Defector 82. Lift with difficulty

consciousness (6,2) 8. Capital of the **United Arab** Emirates (3,5) 9. Jotters **10.** Lima's country 11. As a consequence of (3,2) **12.** Spiritual home of the Dalai Lama **13.** Baby swan

- **14.** Promoter
- **16.** Pungent-tasting bulb
- **19.** Light jacket with gathered waist
- 21. Cages
- 23. Spiral
- **24.** Variety of steak (1,4)
- **26.** Actress, ... Keaton
- 30. Cheer
- **31.** Lamb's cry
- **33.** Cults

1

- **36.** Be subjected to
- **39.** Liam Neeson's nationality

2

3

4

41. ... and crafts

- **42.** Trunk
- **43.** Felt intuitively
- Jane ...
- **45.** Afternoon
- **49.** Mine
 - 51. Horoscope lion
 - **56.** Baby shaking toys
 - **57.** Mid points
 - **58.** Oblivious

5

6

- 66. Puts up with
- 44. Persuasion author.
- refreshment
- **46.** Hard-shelled seeds

- 59. Cuddle
- 61. Aimed high
- 63. Easily bent
- 65. Woven material

- 67. None of two
 - 68. Cocky newcomer
 - 72. Director, ... Howard
 - 73. Heartache
 - 78. Taking the most optimistic view (2,4)
 - **79.** US detective
 - **80.** Liquid measures
 - 84. By way of replacement
 - **85.** Coax

7

- 86. Place where
 - bookies gather
- 87. Punctuation mark
- 88. Circular token

8

- 90. Measure of
- electrical current
- 92. Sewn border
- 93. Cut-flower container
- 94. In that location
- **96.** Whichever one
- 97. Avoid
- **100.** Musical ensembles
- **102.** Breakdown through overwork
- **106.** Clock-like device
- **108.** Sorts
- 110. In a theatre's wings
 - (3,5)

9

- **111.** Raising by fulcrum
- **113.** Small dash that

10

- joins words
- 115. Sicilian volcano
- 116. Fight Club star,
- Edward ...
- 118. Gambling

Big crossword

- establishments
- **119.** US university
- **123.** Of greater size
- 125. Gravelled
- **126.** Allow to be known (3,2)
- **129.** Crop up

11

- **131.** Fight held at dawn
- **132.** Prison exercise area
- 134. God of thunder
- **135.** Goggle, stare eg

12

SOLUTION NEXT WEEK

1		2		3		4		5		6		7		8				9		10		11		12		
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Brainbusters



Jennifer Aniston won a Screen Actors Guild award for her performance in which drama series?

In 1934, UK inventor Percy Shaw patented which road safety device?

At the nearest point, the USA and Russia are how far apart: 4km, 14km or 40km?

Long John Silver is a character in which classic novel?

On a dartboard, what number lies between 1 and 5?

Which US president is associated with the saying, "If you can't stand the heat, get out of the kitchen"?

People with turophobia fear what type of food?



Make-up mogul Kylie Jenner applied to trademark which

phrase after a video of her singing to her daughter Stormi went viral?

ACROSS

- **1.** Male deer's noise from heart (4)
- 4. Moan diet is about control (8)
- 8. Sliding from left to separate track (6)
- 9. I tarry over something that's not very common (6)
- **10.** Rev up mouth with cocktail ingredient (8)
- **12.** Pay attention to Dee returning to hotel (4)
- **13.** Keith loses energy with friends (4)
- **15.** Put on gangster boss (3)
- **16.** Investor's part of garment (4)
- **17.** Ogle new brick toy (4)
- **19.** Lack of caution causes spotty condition? (8)
- **21.** The French take to pest with grinding implement (6)
- 22. Claire cooked a cream cake (6)
- **23.** Tiara got broken by troublemaker (8)
- **24.** I'm leaving images for a long time (4)
- DOWN
- **2.** Full of energy, I've followed Al (5)

Cryptic crossword

- 3. Hi, Trump moving victory! (7)
- **4.** Deity returns canine (3)
- **5.** Traders get chants from me, right (9)
- 6. Somewhat unorthodox direction (5)
- **7.** Rest up on the binds (7) **11.** Endured beneath then quit (9)
- **14.** Lettuce a titanic problem! (7)
- **16.** House containing an ice-cream flavour (7)
- **18.** Group see alien film after tenth month (5)
- **20.** Long after southern bones (5)
- **22.** Stray while a little merry (3)



ΜΑ

(U)

(N

Emily

Hazel

Janet

Louise

Nancy

Michaela

Light Sleeper

Wordfind

IABZU

ΤWL

KEFSOEXGR

S

D

Activist Atlantic City Beverly Bull Durham Dead Man Walking

forwards, vertically, horizontally or diagonally. Some letters are used more than once. CIRCLE LETTERS ONLY, DO NOT CIRCLE WORDS. The leftover name, title or word is the mystery answer. Write your answer on the entry form on page 78. January 20 solution: Deadpool. Winner: L Appleton, Auckland. CNANYREGNUHEHTA Adele Alfie Ε THEMEDDLER KOJ Т Annie Aretha ТЕМРЕЅТЅѠN FMHY EANWAT Т NR Α С S Ο

I A E H

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Т

The names, words and titles below all relate to actress Susan Sarandon. All except one of them can be found in the grid. They can read backwards or

76 Woman's Day

shine 9. Australia 10. Jimmy Barnes 6. Harry Truman 7. Cheese 8. Rise and the Bering Strait. 4. Treasure Island 5. 20 ni bnala shemoid giß s'siszuß bna bnalai eye 3. 4km between the US's Little Diomede Chrawers 1. The Morning Show 2. The cat's

Lake Surprise are located in which country? Working Class Boy is the title of which rock star's autobiography?

Т	Ν	Ζ	R	Н	Е	L	R	В	С	Е	Х	Ι	Y	А	\bigcirc	Pearl Queen Narissa
Ι	А	U	Y	L	L	А	S	А	С	А	Ν	V	Μ	Е	E	Reggie Sally
Н	J	R	В	U	Κ	Ρ	Q	А	Ν	Ν	R	L	Μ	L	E	<i>Snitch</i> Tammy
W	F	W	В	Е	Μ	Ι	L	Y	Ι	Ν	Ζ	Е	А	А	I	Tawna <i>Tempest</i>
S	Е	Ν	0	В	Y	L	Е	V	0	L	Е	Н	Т	S	F	The Calling The Client
Т	Н	Е	С	L	Ι	Е	Ν	Т	L	R	А	Е	Ρ	Н	L	<i>The Hunger</i> <i>The Lovely Bones</i>
A	Т	L	А	Ν	Т	I	С	С	Ι	Т	Y	G	U	G	А	The Meddler UNICEF
Ε	L	Ι	G	Н	Т	S	L	Е	Е	Ρ	Е	R	Х	Q	С	Vinnie White Palace



Starburst

Work out the names of the pictured stars, then write your answer on the entry form on page 78. The winner is the first correct entry. January 20 winner: J Alexander, Upper Hutt.

Begin	Rowing stick	Ironic, smile	v	For what purpose?	Baton- passing contest (5,4)	T	Globule	Customer, patron Impish fairy	¥	Pictured star, Colin Ocean	Y	1		
Not in any place Daily journal		•					Disney ice queen					19	15	
				Opposite of 'later'	•								and the second	1
Make an effort			In existence for a long time	•			Deep anxiety					Fish trap	Snake Pair, twosome	Y
Aromatic seed	Uncooked	Large primate	V	Amaze- ment		Psychic power (1.1.1.)	v	Regard, respect		Extreme parts Domesti- cated	•		v	
•						Pay the bill (6,2) Commo- tion	•			•				
Recording ribbon				Strikes Eyelid movement	•				Highest adult male voice	•				Visual organs
Ovine female			Thick bundle Not this, that				Male cat Protected side				Surrepti- tious	Form of address to a male teacher	Top playing- card	
111/5		Pictured star, Kidman							School composi- tion	•			V	
CS	7)	Three minus two Annoy	•			Slippery fish	•			Small parasites	*			
	12	*			Valuable stone	•			Rubber wheel- surrounds	•				

15 18 5

Code cracker

14

15 25

21

Each number in the grid represents a letter of the alphabet. Wor out which number stand for each letter write them in the grid and cross it off the list – we've giv you three to s you off. Fill in the letters in t box beneath t spell out the mystery word

21 11 24



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1

19

Sudoku

Fill in the blank squares with the numbers 1 to 9 so that each row, each column and each smaller 3 x 3 block contains all the numbers from 1 to 9.



Solutions

LAST WEEK'S BIG CROSSWORD CURLEDUP ROONEY, FRETCOANDLE O E P NOONEY, FRETCANDLE O E P NOON ON EY, FRETCANDLE O CANA A H MONITOR LONGAGON NOMAD O S CAA A H MONITOR LONGAGON NOMATOR R O S S UN TRUE A NOINT CONSENTS T U D D L R B ELOW CONTON NOT CONSENTS T U D D L R B ELOW CONTON NOT CONSENTS R TYRE S N OR B E RAIN S VE CAS ANOVA S G H O N TAP O REACTED CAS ANOVA T E MMA T D D A T V V REDUCAS ANOVA T E MMA T D D A T V V REDUCAS ANOVA N A A R P N W O S A S T E R U N D I D I O TA S I O S S I A W M O S T E R U N D I D I O TA S I O S S I O N M E D I C A L S N E E R I R E P R E S S I O N M E D I C A L S N E E R I N A A R P N W O R I S E S A M A A A T S I D L E R N EWYOR K RETREATS COSLO N U H I I T C C O T S S R N N A T S I D L E R N EWYOR K RETREATS CHANT C L I I G E E R E A A E S P REDATOR S H Y E S T H E A D D R Y E R S P REDATOR S H Y E S T H E A D D R Y E R S P REDATOR

LAST WEEK'S CRYPTIC

7 3 4 2

2569

9814

1926

5683

4 7 3 1

6 1 9 5

3278

8 4 5 7







LAST WEEK'S WHO AM I? **ALFIE ALLEN** LAST WEEK'S JANUARY 20 SUDOKU STARBURST





LAST WEEK'S CODE CRACKER A=8, B=18, C=16, D=3, E=25, F=1, G=13, H=15, I=14, J=7, K=2, L=5, M=24, N=23, O=22, P=19, Q=26, R=6, S=9, T=17, U=20, V=12, W=10, X=4, Y=21, Z=11 SOLUTION: FLUENT

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ACROSS

- **1.** Character in *Xena*: Warrior Princess (9) 6. Ready Player One
- director, Steven ... (9) **11.** NZ singer, ... Runga (3)
- **12.** Russian tennis star, ... Sharapova (5)
- 13. Black Swan actress, ... Portman (7)
- **14.** Douglas Adams novel series, The Hitchhiker's *... the Galaxy* (5,2)
- 15. Stanley Kubrick epic sci-fi film, 2001: ... Odyssey (1,5)
- **16.** Joyce Byers in *Stranger* Things, ... Ryder (6)
- **19.** Charlton Heston film, *The ... and the Ecstasy* (5)
- **21.** Pierce Brosnan heist film remake, The Thomas Crown ... (6)
- **23.** Shortland Street actress, Ngahuia ... (6)
- **24.** Pop star, ... Swift (6)
- **27.** Frodo in *The Lord of the* Rings films, ... Wood (6)
- **29.** Flamboyant singer who is the subject of *Rocketman*, Sir ... (5,4)
- **30.** Angel Has Fallen actor, ... Butler (6)
- **32.** *Harry Potter* star, ... Radcliffe (6)
- **35.** Classic road movie, *Thelma* & ... (6)
- **36.** Logan Lucky actress, Katie ... (6)
- **38.** Lion in *The Chronicles* of Narnia series (5)
- **41.** Arya Stark in *Game of Thrones*, ... Williams (6)
- 44. Actress sisters, Elle and ... Fanning (6)
- **47.** Tom Hanks mystery thriller, *The ... Code* (2,5)
- **49.** Former All Black, Pita ... (7)
- **51.** Classic Marilyn Monroe movie, Some Like ... (2,3)
- **52.** Rom-com, *He's Just ... That Into You* (3)
- **53.** Bill Murray comedy, ... Day (9)
- 54. James Stewart Western drama, ... Shot Liberty

DOWN

- **1.** Tom Hanks award-winning drama, *Forrest* ... (4)
- 2. Margot Robbie supervillain film, ... Prey (and the Fantabulous Emancipation of One Harley Quinn) (5,2)
- 3. Donald Trump's first wife (5)
- Tootsie actress, Jessica ... (5)
- 5. Crime drama, *Three* Billboards Outside ..., Missouri (6)
- 6. Documentary, Merata: How Mum Decolonised

- 7. Jennifer Love Hewitt slasher flick, ... What You Did Last Summer (1,4)
- 8. James Bond film, *Live* and ... Die (3)
- **9.** US comedian and talk show host, ... DeGeneres (5)
- **10.** Erotic romantic drama, Fifty Shades of ... (4)
- **17.** *Jurassic Park* star, Sam ... (5)
- **18.** Taraji P. Henson comedy, *What Men* ... (4)
- **20.** Sports comedy biopic starring Dwayne Johnson, Fighting ... My Family (4)
- **22.** War film, *Letters from* ... *Jima* (3)
- **25.** Historical romance, *The*

- **26.** Judi Dench spy film, ... *Joan* (3)
- **27.** Seth Rogen and James Franco black comedy, *This Is the* ... (3)
- **28.** Zac Efron movie, We ... *Your Friends* (3)
- **30.** Kate Hudson romantic adventure, *Fool's* ... (4)
- **31.** Christian Bale's Batman sequel, The Dark Knight ... (5)
- **33.** Shakespeare comedy, Much ... About Nothing (3)
- **34.** *Friends* star, ... Kudrow (4)
- **37.** Dallas Buyer's Club star, ... McConaughey (7)
- **39.** War epic with Matt Damon, ... Private Ryan (6)

Superstar crossword

The shaded letters spell the name of our pictured star. Write your answer on the entry form below. The first correct entry wins \$100. January 20 winner: T Ferguson, Auckland.

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Entry form Write the answers to the puzzles in the spaces provided.

You can enter one puzzle or try them all – it's up to you! Send your entry form, with your name and address on the back of an envelope, to: Woman's Day/ Puzzles No. 6, Private Bag 92041, Victoria Street West, Auckland 1141. Entries must be received by February 14.

WORD FIND

SPOT THE DIFFERENCE

STAR BURST

SUPERSTAR CROSSWORD **40.** Blades of Glory and Show Dogs actor, Will ... (6) **42.** John Wayne historical war film, *The* ... (5) **43.** French singer, ... Piaf (5) 44. Book Club star, ... Keaton (5) **45.** Official Secrets star, ... Knightley (5) 46. Jim Parsons sitcom, The Big ... Theory (4) 48. Australian actress, Miranda ... (4) **50.** *X-Men* actor, Sir ... McKellen (3)

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AND COASTS &

3 & 4 Star Hotels, 2 Nts Opononi, 2 Nts Taipa / Doubtless Bay, 2 Nts Bay of Islands. Extra Night Auckland \$199 per room / night (1 / 2 people, room only, pre and / or post tour) From: Auckland, Hamilton + more. From: Tauranga, Rotorua + others: Home pickup & return travel to Auckland, option to fly \$99pp each way (subject to ava From: Welington, Christchurch, New Plymouth, Blenheim + MORE - add \$199pp. Home Pickup on Day 1, Fly to Auckland. Day 7: Fly back, met & home return. (Subject to availability) Departs:16 Feb, 15 Mar, 19 Apr. Day 1: Home Pickup, Matakohe Kauri Museum, Dalmatian Lamb on Spit Dinner (+ non-lamb / vege options), Opononi (2 nt). 2: Tane Mahuta Giant Kauri & Footprints Waipoua Experience. 3: Rawene, Clendon House & Old Jail, Taipa (2 nt). 4: Tour 90 Mile Beach on the beach inc Te Paki Stream & Giant Sand Dunes, Cape Reigna. 5: Kerikeri, Stone Store & Kemp House, Makana Chocolates, Te Waimate Mission House, Haruru Falls, Paihia (2 nt) 6: Russell Visit, Evening Dinner Cruise. 7: Kawakawa, Hundertwasser Toilets, Kawiti Glow Worm Caves, Afternoon Tea Puhoi Pub, Returned Home, *Christmas Dinner served Midday - Lamb on a Spit.

An island of natural

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Departs: 16 Feb, 8 Mar, 19 Apr. Day 1: Home pickup, Hamilton Gardens, Cambridge, Te Puia (geysers & mud pools), Special Dinner at Gondola, Rotorua (1 nt) Day 2: Taupo, Huka Falls, Napier (2 nt). Day 3: Art Deco City Tour, Cape Kidnappers & Gannet Colony Tour, Winery visit & tasting. Day 4: Young Nicks Head, Gisborne. Day 5: Tolaga Bay, East Cape, Hicks Bay. Day 6: View White Island (weather permitting), Whakatane, Tauranga. Elms Mission House. Day 7: Waihi Goldmine, Goldfields Railway, home return.

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Give us your opinion on our pages

True marvel

I love a story of redemption and Robert Downey Jr's tale is incredible (WD, Feb 3). Hollywood actors are constantly scrutinised for every move they make, and it must be easy to get absorbed in the darker side of fame and lose their way. To have overcome drug addictions and time behind bars, all in the public eye, would be demoralising, but I love how Robert has taken control of his life, worked through his demons and turned himself around. What's also great is how Hollywood embraced him again and the public has marvelled at his performances as Iron Man. He has clearly grown in his role as a father and it's wonderful that this has given him the confidence to take his second chance. I look forward to seeing more of Robert on the big screen.

M Meade, Wellington



Baby joy! Congratulations to Hayley Holt on her wonderful pregnancy news (WD, Feb 3). So lovely to hear! She is glowing and is going to make a fantastic mum, and has lots of support from family and friends. I enjoy watching Hayley on Breakfast, she's a breath of fresh air and very dedicated to her job. Wishing you all the best Hayley and we all look forward to your darling baby's arrival. Stephanie, Tauranga

Start \$100 winner small

Sarah-Kate Lynch is not alone in suffering plastic guilt (*WD*, Feb 3), but one change is better than no change at all. Here are a few sustainable summer ideas of mine: sprout seeds in eggshells or old egg cartons; buy a reusable bag to carry your wet togs in; use bamboo stakes in the garden and buy wooden pegs; make your own ice blocks, and share the love by taking extra fruit to a food bank. Plastic is far from fantastic.

Jann, Auckland

More than Friends

Brad Pitt and Jennifer Aniston together again? Ah, yes! Like editor Sido, I feel unusually excited at the prospect of these two soulmates reuniting. I don't really know why I care – I don't generally get emotionally inflamed by the goings-on of A-list stars, but these two just seem so right, in a way Brad and Angelina Jolie never were. Jen looks so ecstatic and beautiful in her Dior gown (WD, Feb 3). Just one little quibble from me: perhaps she needs to become reacquainted with the value of a good bra. There was a nip (or two) in the air that night! Diane, Auckland Get snappy! Send in funny pics of your kids or pets and be in to win cash!



Tutu cute! Three-year-old Eve shows off her fabulous fashion. Sally, Auckland

Behind the scenes

Follow us on Instagram @womansdaynz for candid celebrity snaps and funny staff shots!

Instas



The Casketeers sweethearts @francistipene and @kaiora share their secrets to lasting love.

lell the Day PUBLISHED LETTER WRITERS WIN A COPY OF THIS BOOK

In Pip Drysdale's The Strangers We Know (Simon & Schuster, rrp \$35), when Charlie sees a man who is the spitting image of her husband Oliver on a dating app, her heart stops. Her first desperate instinct is to tell herself she must be mistaken. After all, she only caught a glimpse from a distance as her friends laughingly

Win!

GERS



Model Sophie is sitting pretty at @albertonhouse on our beautiful bridal fashion shoot.

Day details To send a letter to the

editor or if you have a story, contact us:



Woman's Day, Private

BRAD & JEN er's BAC K ON

swiped through the men on offer. But no matter how much she tries to push her fears aside, she can't let it go. Because she took that photo – on their honeymoon. Soon, other signs of betrayal start to add up and so Charlie does the only thing she can think of. She ST signs up to the app to catch Oliver in the act.

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(09) 308 2718



Astrologer Jenny Blume Astrology

Aquarius JAN 21 – FEB 19



You're probably caught up in a whirl of activity. Some Aquarians might even get roped into a managerial or coaching role. Yes, life looks busy, but there's fun to be had too. Let your hair down this weekend at a concert or community event, or line up a red-hot date.

Your heavenly destiny for the week February 3–9

Pisces FEB 20 – MAR 20

With Mars boosting the pace, there's no lounging around for you. Expect

the phone to ring hot with gossipy news, invitations or even an offer of work. On the health front, a fresh approach could work wonders. Friday's fertile moon may put a twinkle in couples' eyes.

Aries MAR 21 – APR 20



Your multitasking abilities are impressive, but slow down as the weekend

approaches. Let your mind drift because with Neptune stimulating your imagination, exciting dreams could become a reality. If you can't spend some lazy time in a deckchair, get a massage or take a long walk.

Taurus APR 21 - MAY 21



Annoyed by someone's behaviour? Stewing on things will only make you cranky,

so speak up. If your energy levels are flagging, book a few tests, then reassess your diet. Even simple changes could make a big difference, and as the pace increases, you'll want to feel your best.

Gemini MAY 22 – JUN 21



Opinions and feelings are flying around this week. Someone's comments

comments might get you steamed up, but they could also spur you into action. If you've fallen into a rut, schedule a brainstorming session with a friend, then burn off some fuel with an active weekend.

Cancer JUN 22 – JUL 23

No.

As your thoughts turn to the future, inventive new strategies could take shape. Canny

Crabs might even dream up a money-making enterprise, or an investment opportunity might hit the radar. Treat yourself to a massage or beauty treatment towards the weekend, then prepare for compliments!

Leo JUL 24 – AUG 23



Set your sights high and believe in yourself because an amazing opportunity

is heading your way! Conversations may be intense, but they could lead to breakthroughs. Sunday's emotional full moon might even bring a reconciliation – or a heartfelt declaration.

Virgo AUG 24 - SEP 23



As feelings are magnified, couples may find themselves drawing closer together, while

singles might view someone in a new light – a friend could even become a lover. Sunday's dynamic full moon could propel you into a more proactive health phase as well and others will follow your positive lead.





Sagittarius NOV 23 – DEC 22 A few special touches around your home could make a big difference. Some Archers might even repaint or create artwork. As your sensitivity increases, why not reassess your use of household chemicals? For singles, Saturday's moon may produce sparks, but don't come on too strong.





sector's heating up, so cast those worries aside and amp up the fun! Friendships

formed through February might be fated and as a spin-off, your networking skills could lead to more satisfying work opportunities. Sunday's full moon could reveal someone's wild side – and you're intrigued. on the homefront or with a loved one may throw you initially, t panic as your ase is ready to be

but don't panic as your next phase is ready to be mapped out. If a local club or study course has caught your eye, make a few enquiries and set the wheels in motion. Use it or lose it! lights up your home sector, beautiful objects may take on an added shine. Furnishings or even a whole new abode could send you into flights of fantasy. Sunday's full moon could bring a reality check. If finances are an issue, it might be just what you need.



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Well suited! The powerdressing pair are feeling A-OK as they host their friends ahead of the awards ceremony.

1

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C lebrity h

They're global superstars, so if anyone can upstage music's biggest night it's Beyoncé and Jay-Z!

The power couple got in early on the Grammy celebrations last week by hosting a star-studded gathering on the morning of the awards – and they didn't hold back!

"Lemonade" hit-maker Beyoncé, 38, showed off her curves in a figure-hugging blazer dress, while Jay-Z, 50, shimmered in a pink satin suit. The pair – parents to Blue Ivy, eight, and two-year-old twins Sir and Rumi – posed for a Who run the world? Grrrrls! The snarling sweethearts size each other up.



Cheers to us! Jay-Z celebrates with his pals, including P. Diddy.

series of snaps in which they showed off their, er, scariest snarls.

The champagne then flowed as Jay-Z, who threw the party on behalf of his record label Roc Nation, made a series of toasts with his pals, including **Rihanna**, Usher, **Lana Del Rey** and **P. Diddy** – who recently legally changed his name to Sean LOVE Combs.







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Lizzo in VERSACE

Shania *Twain* in CHRISTIAN SIRIANO

Gwen

Stefani in DOLCE & GABBANA



MONO MAIDENS



Ariana Grande in GIAMBATTISTA VALLI



PICTURES: GETTY IMAGES, SHUTTERSTOCK.

Avuntamiento

JUNTA DE ANDALUCIA A DE CULTUR

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Ladies who lunch

Stand-out singers JOJO, 29, NATASHA BEDINGFIELD, 38, and BEBE REXHA, 30, brighten up the third annual Women in Harmony Pre-Grammy Luncheon in LA.

Fighting the cold

1

LG



Magic moment

DREW BARRY MORE, 44, looks bow-tiful as she poses for a snap with MINNIE MOUSE, 91, during a family vacation at Walt Disney World in Florida.

Bloomin' SUCCESS! BENÉLOPE CRUZ, 45, steals the Show with a floral Ralph & Russo gown at the Goya Awards in Spain, but it's her pain & Glory co-star who's impressing he critics. Trading Zorro's mask for a the critics. Trading Zorro's mask for a be critics. ANTONIO BANDERAS, 59, tooks dashing as ever posing with looks dashing as ever posing with his girlfriend NICOLE KIMPELI, bis girlfriend NICOLE KIMPELI, Best Actor gong.

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STYLISH SENORITAS!



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PICTURES: GETTY IMAGES, THE IMAGE DIRECT.

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2

From Westeros to New York City, PETER DINKLAGE, 50, continues living life in the fast lane after winning big at the SAG Awards. She's all tartaned up al and

Woman's Day 91

diam'r all

Plaid to the bone. PIXIE GELDOF, 29, checks in to an event in London to celebrate the Scottish tradition of Burns Night.

BYO bubbles

There's no mistaking the sparkle in CHRISTIE BRINKLEY's eyes as the 66-year-old promotes her new range of bubbly wine in New York.

Polly'ş gone crackers!

he **ist** Celebrity hot shots

The

ROBERT DOWNEY JR, 54, isn't 100% sure about 60-year old EMMA THOMPSON's live-action interpretation of her character **Polly** the parrot at a London screening of their movie Dolittle.

Mind the bump!

Former TV larrikin MARC

ELLIS, 48, and partner LINDA

CODEGONI, 39, take a

summer stroll in Auckland

with their tiny tot as

they await the birth

of a new bub.

a bargain Modern Family star SOFIA VERGARA, 47, indulges in some retail therapy in LA to take her mind off the fact her smash-hit sitcom is coming to an end.

92 Woman's Day

Bagging

IMAGE DIRECT

PICTURES: BACKGRID, GETTY IMAGES, INSTAR, TH

You taste yummy!

JUSTIN BIEBER, 25, and his wife HAILEY, 23, do some serious lip-synching at the premiere of Justin's new YouTube docuseries Seasons in LA.

in L Looking glove-ly Knock me down with a feather! Blonde Bombshell MARGOT ROBBIE 20 MARGOT ROBBIE, 29, dresses for the occasion at the London premiere of her new film Birds of Prey







Fun in the sun

She might have starred in American Horror Story, but EMMA ROBERTS, 28, looks like she's having a chilled-out time with a mystery man on holiday in Punta Mita, Mexico.

The **Ist** Celebrity hot show

Blake Lively clearly hasn't lost her *Gossip Girl* flair for fashion. From gorgeous gowns to flowing frocks, the 32-yearold star looks as stylish as ever, stepping out in New York City in five different designer outfits within 24 hours.

Out and about promoting her new movie *The Rhythm Section*, the actress, 32, turned heads in a dusky pink trench dress complete with falconry gloves before changing into a Dolce & Gabbana black velvet gown for the movie's premiere.

The following day the mum-ofthree arrived at the Good Morning America studios in quilted mustard hotpants and a matching canary coat and, after her interview, left in a dreamy blue outfit before changing into a swish black skirt and crisp white shirt later in the day.

Meanwhile, Blake's hubby, *Deadpool* actor **Ryan Reynolds**, 43, was on daddy duty, looking after their brood **James**, five, Inez, three, and their five-month-old baby whose name and sex they have yet to reveal. She's on a high! Rugged up against the winter chill, Blake teeters along the street in towering red heels.

Doting dad Ryan gives James a lift during a day out in the Big Apple.





Reader promotion

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