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**I KNOW  
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**LIZZO MAKES A  
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**JANUARY 27, 2020  
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# Woman's Day



**See you in court!  
MEGHAN'S  
EXPLOSIVE  
SHOWDOWN  
WITH DAD**



**'A knife to the heart'**

## WILLS & KATE'S PRIVATE HELL



**BRAD'S  
TEARS OF JOY!  
JEN MEETS THE KIDS**

**CHINESE NEW YEAR**



**Scrummiest  
recipes ever!**



**JAY-JAY'S  
SUMMER OF LOVE  
HE'S THE REAL DEAL**



# WHAT A WEEK!

Stars who caught our eye



## WORK

Leggy lady! The model pulls off a series of chic looks during a photo shoot for Louis Vuitton.



## Model behaviour

# KEEPING UP WITH KAIA

### She's healing her heart in Miami

**If you've got it, flaunt it! There's no denying model of the moment Kaia Gerber has some seriously superstar genes.**

**Her mum, after all, is none other than Cindy Crawford!**

But when she hit Miami last week for a modelling job, Kaia managed to balance work with some good old-fashioned play.

The 18-year-old got heads turning as she hung out in

a lime-green bikini top and soaked up some rays on her bike, before kicking back with a group of friends, including *Queer Eye*'s Antoni Porowski, 35, and *13 Reasons Why* actor Tommy Dorfman, 27.

Nowhere in sight, however, was Kaia's boyfriend, *Saturday Night Live* funnyman Pete Davidson, 26, who Kaia had been dating for three months. Pete announced last week that he was putting the relationship on pause to "work on his mental health", while a source revealed that their romance had become "very overwhelming for Kaia".

"Pete has a certain M.O. and he's very intense to his

girlfriends," the insider claims. "Kaia is only 18 and it's a lot to deal with."

Pete hasn't been seen publically since December when Kaia's mum Cindy, 53, and businessman dad Rande Gerber, 57, headed to New York for "crisis talks" about

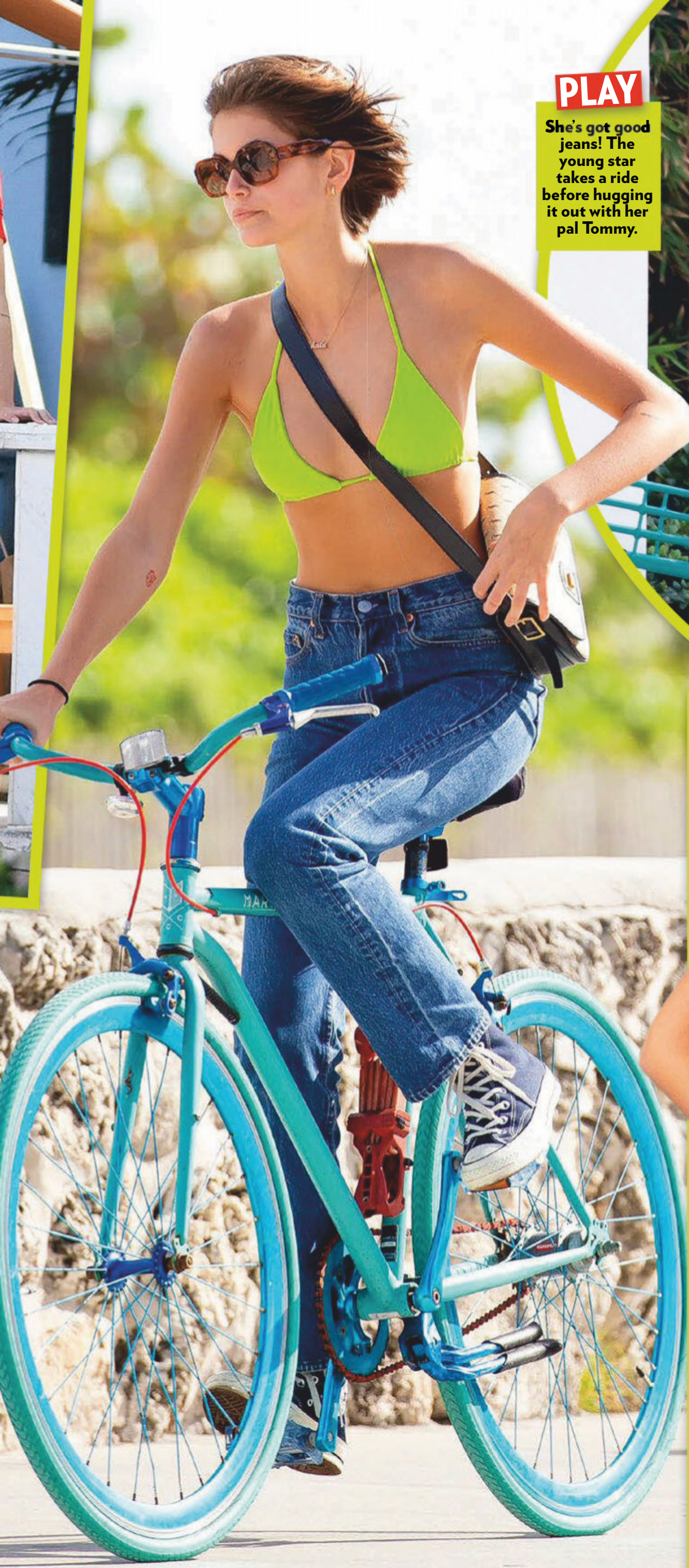
Pete's mental health. He'd hinted days earlier that he would be spending some time in rehab. Meanwhile, word has it Kaia's getting advice from Justin Bieber's wife Hailey on how to support her embattled beau.

WD

**Mother knows best: A worried Cindy (right) recently brought Kaia back to California from New York.**







## PLAY

She's got good jeans! The young star takes a ride before hugging it out with her pal Tommy.



Beauty at the beach: The teenager stuns in a simple black bikini.



# TAKE A **Woman's Day** VACAY





WE'RE NZ'S  
**No1**  
WEEKLY MAG



**SOFIA  
VERGARA**



**BELLA  
HADID**



**KRISTEN  
BELL**

*Gimme a*  
**PIZZA  
THAT!**



**JIMMY  
FALLON**



**MERYL  
STREEP**

Say cheese!  
Everyone loves  
a delicious slice of  
pizza, and celebs  
are no exception.  
Whether they're  
at home, on set  
or even at the  
Oscars (left),  
these stars crave  
some crust.



**REESE  
WITHERSPOON**



**MILEY  
CYRUS**



**LADY  
GAGA**

## Editor's note



**L**ike many parents,  
last week I felt  
my daughter  
Madeline's  
anxiety as she  
waited for her NCEA  
results to come in.

They're available online  
now of course, but I recall  
very well the nerves of  
standing by the letterbox,  
biting my nails nervously  
waiting for the postie to  
deliver the certificate, and  
the joy of a good grade or  
disappointment with a  
bad one.

While my girl sent me  
a text message with her  
fab results, back in the day  
there were no cellphones.  
I waited seemingly endless  
hours until my parents  
came home from work so  
I could tell them. It all felt  
so important!

Now as the holidays wind  
down and the kids head  
back to school, we have  
loads of ideas to help make  
things as easy as possible  
for them – and you – so check  
out our 15-page special.

Also this week, we  
highlight all the drama at  
the palace. It was lovely to  
see that despite feeling the  
pain of Prince Harry and  
Meghan's decision to step  
down as senior royals,  
Prince William and Kate  
have taken their cue from  
the Queen by keeping

calm and quietly carrying  
on with their duties. It's a  
heart-warming sign of what  
we can expect when they  
one day step up to their  
roles as King and Queen.

And while they work  
through the Sussexes'  
"period of transition", 2020  
looks set to be just as  
stressful as last year for  
the royal family. Harry and  
Meghan are suing some UK  
publications, and defence  
documents filed last week  
show just how complex the  
duchess' relationship with  
her father is. And unless  
an agreement is settled  
beforehand, this will all  
play out in court. It's an  
unprecedented situation  
and I feel tense just thinking  
about it!

Thankfully, there's also  
a lot of joy around and  
you'll smile when you see  
our two lovely weddings  
and a baby in this issue.

Have a great week!

*Marilynn*

**MARILYNN McLACHLAN**  
DEPUTY EDITOR, WOMAN'S DAY

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**Jane  
Reaction**



"That garden eats better  
than we do."

ALEX SCOTT

PICTURES: GETTY IMAGES, MEGA.



January 27, 2020

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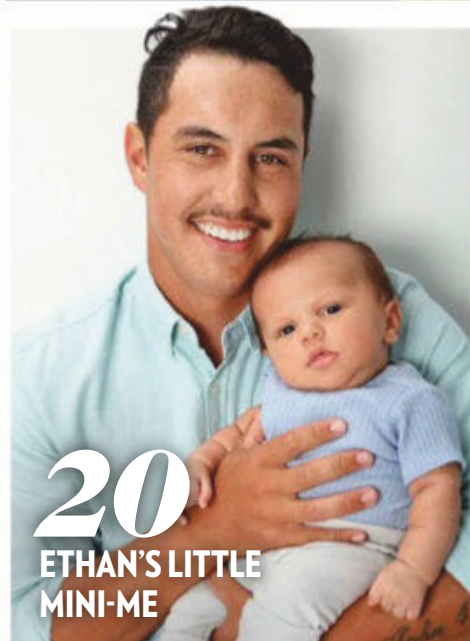
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8

BROKEN-HEARTED  
WILLIAM & KATE  
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ETHAN'S LITTLE  
MINI-ME



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MAKE YOUR OWN  
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COOL KIT FOR THE KIDS

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**Business as usual:**  
The public's  
outpouring of  
support in  
Bradford has  
lifted the  
couple's spirits.



# Wills WED THIS

## *The prince's move breaks their hearts*

**J**ust two weeks after plunging the monarchy into crisis with their shock decision to quit the royal family, Prince Harry is set to join his wife Meghan in Canada with baby Archie this week, where they'll start their new future outside of palace walls.

And as the world continues to reel from the astonishing events, back in the UK, a devastated Prince William has vowed to rise above what he sees as "the





### THE WAY THEY WERE

Always a tight trio, William, Kate and Harry brought smiles and cheer on official outings, as well as attending mutual friends' weddings (below right).



# & Kate's agony ON'T KNOW NEW HARRY

ultimate betrayal" by his younger brother.

With his wife the Duchess of Cambridge at his side, William has promised the Queen and Prince Charles that they will get through this and come out stronger than ever.

"The past week has been the worst ever for William. It's been like a knife to the heart. He's barely slept and has been almost unable to speak at times," claims our insider. "It's as though he's in a profound state of shock."

"It's not just the fact his relationship with his brother is now over, it's also the burden of trying to fix this and ensure the monarchy survives. He's never been

under such pressure."

But when he and Kate bravely stepped out in Bradford for their first official engagement since the news broke, they held their heads up high and appeared delighted at the welcome from hordes of well-wishers.

William spoke of the need to "move forward" in the face of personal challenges, and onlookers noted that the dad-of-three seemed more confident than ever as he handed his wife a rose in a rare public display of love.

"In some ways, this crisis has strengthened their resolve in terms of their royal duty," tells our source. "They feel an enormous sense of

responsibility to help steer the ship in the right direction."

But behind the scenes, Kate, too, is heartbroken by Harry's actions.

The 38-year-old was seen doing the school run while her husband attended last week's momentous summit with the Queen, Prince Charles and Harry at Sandringham Estate to hammer out the details of the couple's astonishing demands to live an independent life.

Says our insider, "Kate is as hurt and upset as William, but she knows she has to be strong for her husband's sake. It's broken her heart to see the brothers' relationship deteriorate like this."

"She's also deeply troubled by the fact Harry's turned his back on his family, because she knows just how much he respected and cared for them before Meghan came along."

In fact, just a few years ago, Kate spoke publicly about the brothers' tight bond, which was forged after the tragic 1997 death of their mother, Princess Diana.

"I do think it's incredible how strong and how you've been able to cope really, and I put that down to your really early years and your childhood experience," she said on a TV documentary alongside the pair. "But also the relationship that you've got ... you're amazingly close."





**An unhappy Kate knows her children will now see much less of their uncle. Right: Harry hosts the draw for the 2021 Rugby League World Cup at Buckingham Palace.**

***‘They disagree that Archie is better off raised away from the people who love him’***

But now, Kate has told friends it's not just the fact Harry has turned his back on them that hurts, but also the way he's made them feel about the way they're raising their three children, Prince George, six, Princess Charlotte, four, and one-year-old Prince Louis.

Harry has made it clear that one of the reasons he and Meghan have decided to step down as "senior royals" is so that their eight-month-old son Archie can lead a life out of the spotlight. Kate couldn't help but see it as a thinly veiled dig, tells our source.

"Kate has done absolutely everything she can to ensure her three are unscathed by royal life, so she feels hurt by Harry's belief that it's no good for children. They attend a local private school, have developed lovely friendships with other kids and are largely unbothered by media attention.

"At the same time, Kate and William are grateful for the privileges that are afforded to them and their family. They disagree with Harry that Archie is better off raised away from the people who love him."

Our source says the royal couple are now in the difficult position of having to explain to their brood why they no longer see Uncle Harry and their new cousin Archie, who they've barely had the chance

to get to know. They're realistic that George and Charlotte will be asked by the other children at school about it, so they are trying to prepare them, our source explains.

"Little George in particular was incredibly close to his uncle, in fact, they simply adored each other. Harry would take him on outings and play with him for hours when he was little. But the minute he met Meghan that all changed. He seemed to opt out emotionally, and his visits became increasingly rare.

"It's very hard for William and Kate to understand, let alone the children, who desperately long to see their uncle again."

William, 37, even told Kate that last week, during the crisis meeting with the Queen to decide the couple's fate, Harry failed to even look him in the eye.

"William said it was as though they were strangers," alleges the insider. "He didn't even ask after the children, which hurt him very much."

It's been an extraordinary week for the royal family, with the Queen releasing a deeply personal statement after the summit.

"Although we would have preferred them to remain full-time working members of the royal family, we respect

and understand their wish to live a more independent life as a family while remaining a valued part of my family," it read. Significantly, the 93-year-old monarch referred to the pair simply as Harry and Meghan, leading to speculation that they may be stripped of their titles within days.

Our insider claims the meeting was "hugely emotional", and that Harry, 35, explained that stepping away was his "only option" as his wife was on the verge of emotional collapse.

While details of the agreement are still being discussed – with officials desperately trying to decide who will pay for security arrangements – it's believed they'll keep their Frogmore Cottage at Windsor on the

proviso that they'll spend three months of the year there. The Queen has also requested they carry out a certain number of official duties in return for the freedom to live abroad and earn their own money. And Harry was all smiles as he attended the launch of the 2021 Rugby League World Cup at Buckingham Palace last week in what could be his last appearance as a senior royal.

"The Firm has never faced anything like this and it's rocked everyone to the core," says our insider. "There is still a lot to work out."

And amidst the torrid week, the brothers released a joint statement denying a report that claimed William had "bullied" his brother out of the palace. Our source says



# DECODING THE QUEEN: WHAT DOES HER STATEMENT REALLY MEAN?



ROYAL COMMUNICATIONS

13<sup>th</sup> January, 2020

## STATEMENT FROM HER MAJESTY THE QUEEN

Today my family had very constructive discussions on the future of my grandson and his family.

My family and I are entirely supportive of Harry and Meghan's desire to create a new life as a young family. Although we would have preferred them to remain full-time working Members of the Royal Family, we respect and understand their wish to live a more independent life as a family while remaining a valued part of my family.

Harry and Meghan have made clear that they do not want to be reliant on public funds in their new lives.

It has therefore been agreed that there will be a period of transition in which the Sussexes will spend time in Canada and the UK.

These are complex matters for my family to resolve, and there is some more work to be done, but I have asked for final decisions to be reached in the coming days.

ENDS



The Queen wants "Megxit" sorted pronto.

The Queen refers to all the players in this catastrophe as her "family" – in fact she uses the word eight times. She's keen to impress this is deeply personal.

She confirms speculation that neither she, Charles nor William had signed off on Meghan and Harry's plan but she's not holding a grudge.

How will they afford their so-called independent living arrangement? The Queen has artfully dodged that question. It suggests the Sussexes' wish to keep Frogmore Cottage and receive stipends from Charles may not be granted.

The Queen is desperate to assure her subjects she's in control at a time where the monarchy is on very shaky ground indeed, and is throwing down the gauntlet on her staff, son and grandsons to get this sorted for the sake of them all.

She refers to the couple as Harry and Meghan rather than the duke and duchess. Her informal tone suggests she plans to strip the Sussexes of their titles.

She's saving face by describing a "transition period". The couple have already moved their son and dogs to Canada, and the Queen knows there's nothing she can do about it.

it was the final straw for the second in line to the throne.

"William and Kate have always tried to be sensitive to the fact Meghan's struggled to settle, but they are furious that they've been pitted as 'the bad guys'," tells the source. "They feel Meghan has come between them and in some ways convinced Harry that they're against them, when in fact they'd love nothing more than to welcome him back into their lives."

Our source says there's little chance of the brothers ever mending their once-close relationship, and that now, William is focusing solely on his immediate family and the monarchy as a whole. He and his father are planning to meet with the Queen again in the coming days.

"William and Charles know that Harry's decision has affected her badly, and they are still aghast that he would put her through this at her age," says the insider. "They're absolutely united in their determination to support her and they'll do whatever it takes to make sure there is no further drama."

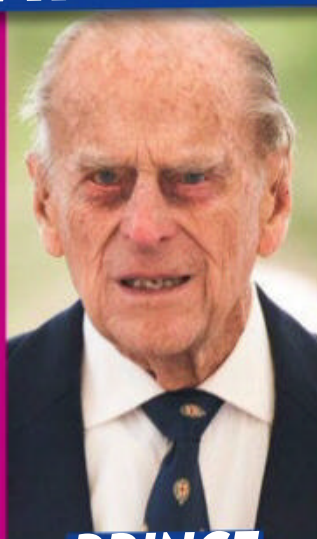
WD

## WHAT THEY REALLY THINK



THE QUEEN

Publicly, the Monarch has said she's committed to helping her grandson and his wife lead a more independent life. But behind the scenes, she's said to feel "wounded". "Harry was always her favourite," tells our insider. "She never would have imagined he'd choose this path and she is devastated. There have been many tears."



PRINCE PHILIP

Never one to mince his words, the Duke of Edinburgh was furious. "What the hell are they playing at?" he was reported as saying. The 98-year-old has always been extremely close to his grandson. "To say that the duke feels let down would be a considerable understatement. He is deeply hurt."



PRINCE WILLIAM

The Duke of Cambridge has spoken of his "sadness" at the broken bond with his brother and voiced sorrow that they're no longer a "team". He is said to have told a friend, "I've put my arm around my brother all our lives and I can't do that any more – we're separate entities."



PRINCE GEORGE

The six-year-old always shared a close bond with his Uncle Harry, and is said to be "confused and sad" about not seeing him any more. Says a source, "George asked his mother, 'Why doesn't he like me any more?' It's devastating for the little lad."



# Caught on the MEGHAN' NEW CRIS

## *The duchess is about to face her biggest trial*

**A**s snow fell on Vancouver Island, Canada, last week, a small group of well-to-do travellers huddled in the airport terminal awaiting the arrival of a pint-sized seaplane to whisk them to the mainland.

Then, as they braved the sub-zero temperatures to mount the stairs of the aircraft, they were joined by yet another passenger – arguably the most talked about woman on the planet this week.

Wrapped up snugly in knee-high boots and a jacket with a large fur-lined hood, the Duchess of Sussex was almost unrecognisable as she boarded the plane, flanked by her security team but without her eight-month-old son Archie.

It was the first time the public had laid eyes on Meghan, 38, since she and her husband Prince Harry, 35, dropped the bombshell that they were stepping down as senior royals and intending to spend much of their time living in North America.

And as photographs of the duchess boarding the plane hit the internet, Vancouver Island locals

realised that while Harry was in England, thrashing out the finer details of the couple's exit with the Queen, Prince Charles and Prince William, Meghan had been in their midst all along, hunkering down with Archie in the same luxury mansion where the family had spent their secret six-week Christmas holiday.

Tired of being in hiding, Meghan left Archie with a nanny and after the short hop to the mainland, she appeared happy and relaxed as she made a surprise visit to a women's centre in Vancouver to "offer support" and "boost the staff's spirits". The shelter later posted a photo on social media. Meghan also visited the Justice for Girls charity, with the group captioning a picture, "Look who we had tea with today!"

Royal watchers say it was a sign that Meghan intends to continue her work for charity, despite her reduced status, but back in England yet another drama is unfolding for the runaway royal.

Last year, Meghan launched legal action against a British newspaper that printed excerpts of a letter she wrote to her

Over lying low, Meghan rugs up for a seaplane ride to Vancouver.



Guest of honour: The shelter (left) and the charity Justice for Girls couldn't believe who came knocking!



# hop

# S

# IS



See you in court! The one-time daddy's girl fell out with her father when he failed to show at her wedding.

father, accusing it of breaching her privacy and copyright.

Now the court case is looming and not only does it appear the duchess' most intimate family secrets are about to be exposed, but it is also possible her retired Hollywood lighting director dad Thomas Markle, 75, will be called to court to give evidence against her!

Last week the newspaper presented papers to the High Court which brought into sharp focus the ignored calls, acid accusations and smouldering silences between Meghan and Thomas in the days before and after her wedding to Prince Harry in May 2018.

In the 44-page document, in which the newspaper sets out its case, Thomas reveals how he had every intention of travelling to Britain to give his daughter away at St George's Chapel in Windsor Castle.

He let Meghan know the date of his departure from his home in Mexico and the

pair exchanged messages, including details about a wedding suit and new shoes.

But on May 3 – 16 days out from the wedding – he was admitted to hospital with chest pains. He discharged himself, hoping to still make the wedding, but then came the embarrassing revelation that he had cooperated with the paparazzi.

Mortified, he told Meghan he would now not come and his chest pains returned. On May 16, three days before the wedding, he underwent an emergency heart operation. Afterwards, he sent Meghan a text to let her know he was OK, that he loved her and that he wished her all the best.

He received a reply signed from "H and M", which he believes was written by Harry. According to the court documents, it admonished him for talking to the media and for causing hurt to Meghan. It did not ask how his surgical procedure had gone or how he was.

"Mr Markle was deeply

hurt and responded with a curt message: 'I've done nothing to hurt you Meghan or anyone else. I'm sorry my heart attack is ... any inconvenience for you.'

Three months later, Meghan sent her father a five-page handwritten letter and Thomas chose to release parts of it after several friends of the duchess spoke anonymously to a US-based magazine about her relationship with him.

In a new twist, the court documents also reveal how Meghan "caused or permitted" one of her close friends, Jessica Mulroney, to put pressure on one of Meghan's former business associates to change an interview the associate had given, to ensure a more positive story was written about the duchess.

Unless Meghan reaches an out-of-court settlement with the newspaper, the

next step could well be the unprecedented prospect of the wife of the Queen's grandson doing battle with her own father in court, like a scene from a trashy soap opera!

WD

## SUSSEXES' SANCTUARIES

### MOUNT OASIS, WHISTLER

The home has amazing views of the valley.

It has a grand entrance – like Buckingham Palace!

### CASTLE FRANK RD, TORONTO

Harry should feel right at home here.

It's been reported that Meghan wants to have a home base in Toronto – where she lived for seven years while filming *Suits* – along with a country retreat in Canada's winter sports capital of Whistler.

We're told the couple are interested in a \$14.2 million mansion on the outskirts of Toronto, with eight bedrooms and a decor that reminds Harry of Kensington Palace.

As for Whistler, their interest has been piqued by a huge holiday home perched above the ski fields and lake, which is listed at \$24 million.

"Meghan likes the idea of being bicoastal, with one foot in the city and one in the mountains," says a source. "Sure, it's going to push their budget to the brink, especially if they're serious about being financially independent from the royals, but what Meghan wants, she gets."

## HARRY MAKES MEGHAN A DISNEY PRINCESS

At the London red-carpet premiere of *The Lion King* in July last year, a fan caught some rather cringeworthy audio of Harry appearing to hustle on behalf of his wife. "You know she does voiceovers?" he said in a hushed voice to Disney boss Bob Iger. It has since emerged Meghan took "a donation to an elephant charity" in exchange for performing a voiceover for Disney before they left on their recent Canadian vacation.





Earning his "SexyBack"! Jessica has imposed a three-month ban from the bedroom.

TEARING  
HER HAIR  
OUT!

# *Cry me a river, Justin!* SORRY'S NOT ENOUGH FOR JESS

## *He's had his final warning*

**J**ustin Timberlake is doing whatever it takes to get back in wife Jessica Biel's good graces after he was caught getting cosy with his *Palmer* co-star Alisha Wainwright during a drunken night out in November.

While everything looks as though they have moved on, a source reveals that Jess is still incredibly upset by her husband's behaviour and is making him pay for the hurt and humiliation behind the scenes. The first order of business? Getting sober.

"She's imposed a strict drinking ban on Justin," claims an insider. "She's even stopped him from having a beer after work or a glass of wine with her at home – insisting he

needs to be sober for a few months for him to fully realise the magnitude of his actions when he's drunk – and to perhaps see just how much it affects his mood swings too."

The *Sinner* actress, 37, has also given Justin a strict 11pm curfew which, "he has to adhere to whether he's with her or not, having security staff check in with her when he's away filming to ensure he's back in his room, and banning him from socialising with cast and crew on all upcoming projects until he's won her trust back."

This latest incident is not the first time Justin has been embroiled in cheating rumours. In 2011, he reportedly tried to hook up with Mila Kunis, 36, but she shut him down. A year earlier, the

"Can't Stop the Feeling" singer made headlines for allegedly having a three-day fling with *Predator* actress Olivia Munn, 39, and in 2014 he was seen cosying up to back-up dancer Zenya Bashford at a Parisian nightclub.

The 38-year-old singer issued a public statement apologising for his behaviour, saying that nothing had happened with Alisha, 30, and "I drank way too much that night and I regret my behaviour. I should have known better."

But the *mea culpa* didn't do much to make things better with his wife of seven years.

The source alleges, "Justin's not been allowed back in their marital bedroom since the scandal and she's given him a three-month sex ban, which

she insists will make him appreciate her more and hopefully put the spark back into their marriage too."

Friends have warned Jess that she can't control his every move in order to trust him again, but she insists that if anything it will help prove "how willing he is to do whatever it takes to save their marriage by towing the line".

The thought of losing the love of his life – and mum to his four-year-old son Silas – was enough to make the former NSYNC frontman accept that things had to change.

"Justin's agreed to let her have the passwords to his phone and computer, as well as vowing to start marriage therapy with Jess to help work on her shattered trust," concludes the source.

"They're both hoping that they'll be able to move forward and become stronger from what they've described as their 'seven-year itch'." **WD**



Right: The cute couple fit together like a patchwork jacket!



**Geez, Gigi!**

## REUNION RULES

**G**igi Hadid and Zayn Malik looked seriously together as they stepped out arm-in-arm in New York City last week.

The on-again, off-again pair have been in permanent off-mode since ending their four-year relationship in 2018 – but an insider says they’re officially a couple again after “Pillowtalk” singer Zayn, 27, agreed to a string of rules laid down by supermodel Gigi, 24.

“Gigi gave Zayn the list before agreeing to reconcile,” dishes the insider. “She insisted he continued to get help for his long-term battle with anxiety – and he agreed.”

Rumours of a reunion began swirling in December when Zayn posted photos of Gigi cooking his mum’s curry recipe on social media.

And when, last week, the loved-up duo stepped out to the swanky hotspot Il Buco to celebrate Zayn’s birthday with Gigi’s sister Bella, 23, their mother Yolanda, 56, and singer Dua Lipa, 24, there was no doubt they were an item once again.

Our insider says former One Direction singer Zayn – who’s made no secret of how his crippling anxiety has impacted on his life and career – was more than happy to agree to Gigi’s conditions if it meant getting another chance at love with the *Vogue* cover girl.

Adds the source, “Gigi blamed the breakdown of their relationship on Zayn’s social anxiety, and once told pals that Zayn would often spend weeks at a time holed up in his apartment. This time around, she wants a more ‘normal’ relationship, which he’s promised to work towards.

“She’s asked Zayn to attend a spiritual retreat to help him learn new coping skills, as well as having twice-weekly sessions with his therapist and hiring an anxiety coach to help with his crippling panic attacks.”

And if he stays true to his word, insiders say, get ready for a big announcement.

“Even during their split, Gigi has been Zayn’s rock,” says the insider, “and he’s made no secret of the fact he’s keen to propose soon.”

**Rocky road ahead!**  
The sparks are flying for all the wrong reasons.





In it for the right reasons: Since meeting Minou, Jay-Jay's family and friends have fallen under his spell.



Long-distance "sucks", says Jay-Jay, so she's speedily planning a trip to the desert to be reunited with her love.



## The radio star shows off her man

**F**or nearly a month, mysterious Algerian accountant Minou travelled up and down New Zealand, enjoying a haka and hongi in Rotorua, a helicopter ride over the Bay of Plenty, and dolphin-watching in the stunning Milford Sound.

But there was a greater sight that led the 28-year-old to Aotearoa in December. For the first time in a year, Minou was in the arms of his long-distance girlfriend, More FM Radio host Jay-Jay Feeney.

"I was so happy to come to New Zealand because I missed her and love her so much," gushes Minou, ahead of his heartbreaking return home to Algeria. "I was so excited to visit my girlfriend. I think about her every second."

Dubbed her toyboy, Minou met Aucklander Jay-Jay, 45, online two years ago and is choosing not to disclose his last name for privacy.

"People seemed to love watching our relationship because they're like, 'Who's the guy that's got Jay-Jay flustered?'" the besotted radio star giggles. "It's like a soap opera for them!"

# From Algeria w JAY-JAY'S SIZZLIN

When Minou first met his blonde love in the Maldives in 2017, he fell for her blue eyes and infectious personality.

"I was like, 'Wow, those eyes and small mouth and lips,'" he grins. "She is a loving woman and makes me laugh all the time. She is my best woman in the world, next to my mum."

"Our love is free from hypocrisy and lies, and I love her so much, from the bottom of my heart."

When the football fan arrived in New Zealand in late December, he met all of Jay-Jay's friends – including her ex-husband Dominic Harvey.

Jay-Jay laughs, "I was worried, but Dom just pulled out a couple of his classic dad jokes and it was quite relaxed. It's not really a big deal."

The unlikely lovebirds also shared Christmas Day together. "Since Minou's Muslim, he doesn't celebrate Christmas but he was happy to join in the festivities with my family," tells Jay-Jay.

"My mum and brother love him. One of my best friends was the biggest cynic but couldn't believe it, and cried when she met him!"

But there was one family member not so sure about Jay-Jay's new man – Kanye, the pup she shares with Dom. "Kanye's acting very strange around Minou. He's very unsure of him!" she laughs.

During their busy road trip, the couple decided to cut it a week short to spend quality time together. "We were knackered and only had one week left together," says Jay-Jay. "Time flies so we wanted to chill out on the couch and watch TV. The boring things."

They spent their last day shopping for manuka honey and New Zealand cheeses to go with the many chocolates Minou bought for his mother. Combined with the new clothes and shoes he'd splashed out on, filling the spare room of Jay-Jay's city apartment, Minou required a spare suitcase.

"It's going to be hard when he's gone, but I'll try and distract myself," says Jay-Jay, gripping Minou's hand. "We don't know each other well enough to move countries, and that's not even an option because we have our own lives. His family, job and life are in Algeria. And it's not like I'd pack up and move there!"

But she's considering visiting Minou in his home country later this year. "I'll apply for a visa and hopefully get one, but I don't know how long it'll take because his New Zealand one took months," she tells. "It's hard and it sucks."

Minou would love to take Jay-Jay to the desert and declares, "If she wants, we can go. It's far away but we can go by plane, no problem, because it's so amazing. So many tourists love our desert."

While many fans welcomed Minou to Aotearoa and sent messages of support for the pair, there have also been sceptics.

"Online haters say things like Minou only wants a visa





# ith love G SUMMER

and I'm paying for everything, and that I'm too old for him," Jay-Jay confesses. "I've asked him all the same things."

Minou's adamant he's in it for the right reasons. "I only came to New Zealand to visit my girlfriend," he insists. "If I used her for a visa, I'd stay here, but I'm going back to my home. If we care about those people, it's a waste of time."

Admirers also wanted to know why Minou didn't have a public social media page.

"I was getting so many people messaging asking where they could follow him,"

says the radio personality, who returned to her More FM afternoon stint last week. "He started one and it's basically for New Zealand fans." The account quickly racked up over 5000 followers.

A post on Minou's Instagram page is a picture of him kissing Jay-Jay in a field of purple South Island lupins. The caption below the photo reads, "I am so sad to leave her. But I have enjoyed my time here in New Zealand with her. Please take care of her for me." **WD**

TEXT: CLOE WILLETTS.

## ROMANTIC ROAD TRIP



**WAIRAKEI  
THERMAL SPRINGS**



**CROMWELL**



**McLAREN FALLS**



**ROTORUA**



**BAY OF  
PLENTY**



**CHRISTCHURCH**



**TE ANAU**

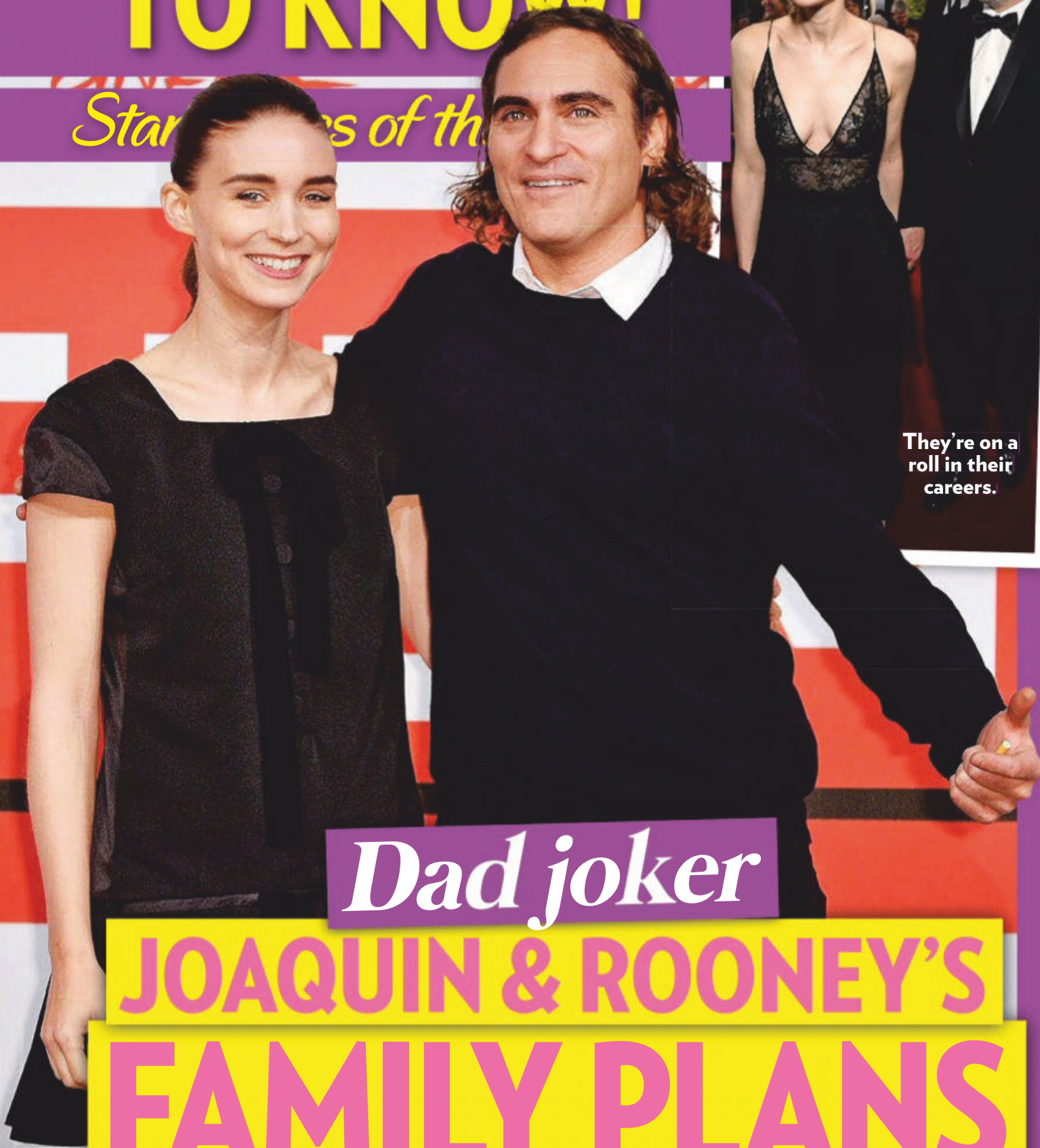
Taking in all the hot spots, tour guide Jay-Jay made Minou's month memorable. "I enjoyed the haka," he commented.

End of the line. Minou asks fans to "take care of her for me".



# YOU OUGHT TO KNOW!

Stars of the



They're on a roll in their careers.

## Dad joker

# JOAQUIN & ROONEY'S FAMILY PLANS



Walking the IVF line: Joaquin and Rooney leave the fertility clinic.



**H**is big win aside, there was a secret reason Joaquin Phoenix wiped away tears as he accepted his Best Actor award at the Golden Globes – the *Joker* star's emotions are running high because he and his fiancée Rooney Mara are about to start a family.

The couple were spotted visiting a Los Angeles fertility clinic on January 2 and, dishes an insider, "They're not yet ready to tell the world but the cat is out of the bag."

Joaquin, 45, and Rooney, 34, reportedly started trying to conceive before they got engaged last May, "but when nothing happened, they began to explore other

options late last year – and the word is they're looking at IVF," spills another source.

"Even though Joaquin is crazy busy with his career, he doesn't want to wait any longer to have a child and Rooney feels the same."

As excited as they are, "IVF can be a stressful process, but they're staying positive and are incredibly supportive of each other," adds the insider.

And despite Joaquin's reputation as an eccentric, the source says, "He'll be a great, if unconventional, dad. He feels things so deeply and lives life in a compassionate way, as does Rooney, and they'll instill those values in their children."

WD



Photographer Bryan's wondering if he's Sandra's boyfriend or babysitter.

PICTURES: BACKGRID, GETTY IMAGES.



Bianca's not keeping her attraction for injured Amber under her hat!

Amber happily takes direction from the filmmaker.

# Have you Heard? AMBER'S NEW SQUEEZE

## The actress is in, moon boot and all!

**I**t's a case of New Year, new love for Amber Heard. The *Aquaman* star was spotted in Palm Springs last week getting snuggly with her latest love, filmmaker Bianca Butti.

The besotted duo giggled, held hands and stole kisses as they waited at a valet stand in the upmarket California resort town, and a few minutes later, after hopping into Amber's vintage Ford Mustang, they managed to pack in just a little bit more PDA!

*Justice League* actress Amber, 33 – who's been linked to billionaire Elon Musk, 48, and Heidi Klum's ex Vito

Schnabel, 33, since her two-year marriage to Johnny Depp ended in 2017 amid accusations of domestic violence – was photographed wearing a medical boot, but Bianca is facing an ultimately much more serious health challenge.

The cinematographer, 38, is battling breast cancer for the second time and in August last year friends set up a crowd-funding page to help raise the cost of her treatment.

In a note on the page, Bianca explained she was first diagnosed in 2015. She underwent chemotherapy,

surgery and radiation, but four years later the cancer returned and this time she was seeking alternative treatments that her insurance won't cover.

And while her new girlfriend is in a fight for her life, Amber – who's openly bisexual – is still at war with Johnny, 56.

Last year, the *Pirates of the Caribbean* actor hit Amber with a \$75 million defamation suit over her allegations of domestic abuse. Now, the *London Fields* femme fatale is trying to get the lawsuit dismissed. **WD**

Love's the best medicine for Bianca, who is battling breast cancer again.

## SANDRA'S LOVE TROUBLES

Actress Sandra Bullock was flying solo at the Golden Globes earlier this month and now insiders are revealing why: Her relationship with Bryan Randall has hit a rough patch.

"They've been arguing more and more lately," a source claims. "There are huge jealousy issues – Sandra's never fully gotten over how Jesse [James, her ex-husband] betrayed her. Why do you think they're still not married after being together for almost five years?"

According to the source, Bryan, 54, wanted to go to the awards, but Sandra, 55, "insisted on going alone, leaving him at home to look after the kids [Louis, 10, and Laila, seven]. With all the bickering, she just wanted to hang out with her pals". **WD**

## THERON THE RUN! CHARLIZE'S MAN DROUGHT

She's gorgeous and talented, so why can't Charlize Theron get a date? Last April, the A-list star declared she was "shockingly alone", and urged potential suitors to "grow a pair" and ask her out – but an insider dishes that her bold words only sent men running in the opposite direction.

"Guys are intimidated by her," tells the insider. "They shrink in her presence."

*Bombshell* star Charlize, 44, who split from her last partner Sean Penn, 59, in 2015, is now making a conscious effort to change her single status.

"She's getting advice on how to be more approachable," says the source. "Before, she'd be out to dinner, firing off



Her last big romance was five years ago with Sean.

100 questions before the entrées arrived, then wonder why there was no second date. Charlize has never had to work on herself like this, but she knows it's necessary if she's to find Mr Right." **WD**





# Chip off the old block!

## ETHAN'S LITTLE MIRACLE

### *The reality star has a sweet new project*

**A**dorable Marley lies on the couch, his little fists stretched upwards and, as his eyes open, former *The Block* NZ contestant Ethan Ordish scoops his son into his arms, planting a kiss on his head. It's been eight weeks since Marley entered the world, but for his proud dad it's like he's been here forever.

"It used to be me and Mia, but now it's me and Marley or Marley and Mia," he tells.

When *Woman's Day* visits Ethan and his partner Mia Broad at their Hamilton home to meet their bundle of joy, it's as relaxed as one would expect after watching the

famously laid-back builder on the Three reality series. But despite their serenity, it has been a bumpy road for the couple, who found out they were pregnant just two weeks before Ethan shifted his life to Auckland for the three-and-a-half months of filming.

"We'd been joking about it," Mia recalls. "But then I counted back and thought, 'Oh jeepers' on my way home from work. So I took a pregnancy test."

The 26-year-old was only able to tell Ethan later that evening when he came for dinner at the restaurant she works at.

"I said, 'Hi, do you want another beer? I'm having a baby,'" Mia laughs.

Ethan was thrilled with the news and didn't think twice about *The Block*. He'd been told he hadn't made it onto the show, but a couple

of weeks later he received a call saying that another team had pulled out. Two days after the call, he made the temporary shift north with pal Sam Whatarangi to be last season's orange team.

While Mia says she had a wonderful support network, Ethan, 27, admits that being away from the love of his life wasn't always easy.

"It was hard being away from her and trying to look after her over the phone," he tells.

While fans of *The Block* were overjoyed at their baby news when it was announced on air, behind the scenes the couple were facing a terrifying health scare. A cyst had been discovered in Marley's stomach and Mia travelled to a foetal medicine clinic in Auckland for an ultrasound.

"They gave us a big list of stuff that it could be, like cystic fibrosis," Mia recalls, adding, "I was a mess."

A few weeks later she had another scan and they thankfully discovered the cyst had gone away.



On the show, Ethan and Sam failed to take home any money but did win the coveted People's Choice Award – a Suzuki SUV they subsequently sold. With her man home, Mia and Ethan settled back into their lives and the pregnancy continued without issue.

And then, on the evening of October 21, Mia's waters broke at home – but Ethan was away in Matamata!

"I was driving home from work and she was ringing me, but I was on the phone to someone else so I ignored her call twice," he laughs. "Then I realised this might be serious!"

The couple remained calm having been told that labour for a first baby is long, with their midwife advising them to have dinner and go to bed early to conserve energy. But by the time Ethan got home half an hour later, contractions had started. Over the next few hours, Mia's mum and sister, and later Ethan's mum, arrived to support the couple. When the midwife arrived and saw Mia's pain levels, they moved to the Waterford Birth Centre.

"I was very ungraceful," Mia says. "I was just a screaming mess the whole time. My sister said she was silent through all of her six births, but not me!"

Having planned a water birth, Ethan was in the pool with Mia when little Marley



**Ethan nails fatherhood!** The builder went on the hit reality show with his friend Sam (below right) just weeks after finding out Mia was expecting.







came into the world.

"He came up and I grabbed him and pulled him up," he tells. "But he had the cord wrapped around his throat and I was worried because by then I had pulled him out of the water and I knew that you're not meant to put him back in."

Thankfully, their midwife calmly unwound the cord and while he was a bit grey, their little boy was just fine.

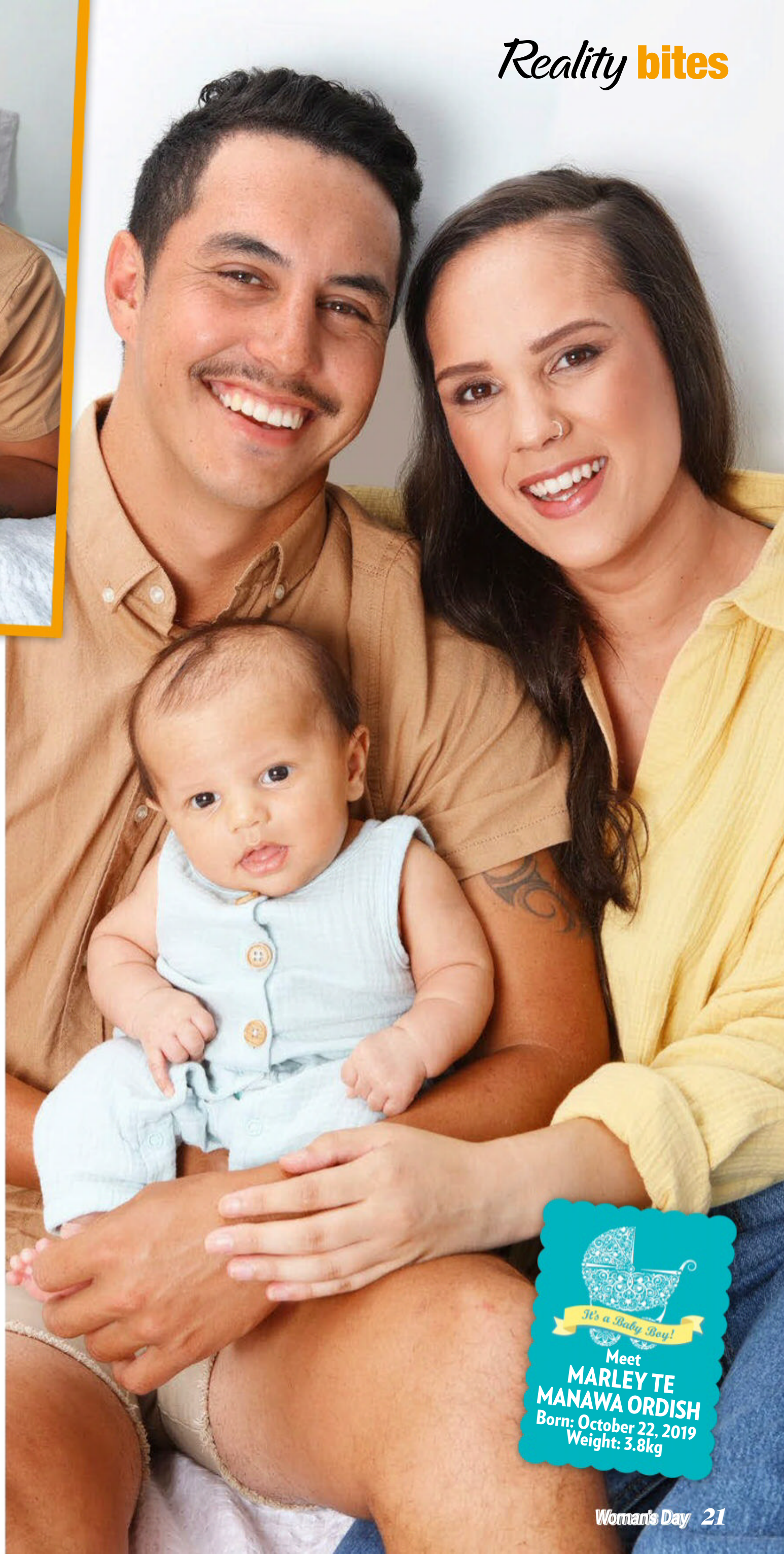
"I had a look at him and started crying, then passed him over to Mia," Ethan recalls. "I was a bit emotional, I'll tell you that for free!"

The parents had decided prior to the delivery to delay when they would cut the cord, so that all the good nutrients could go to their baby. They later had half of the placenta made into pills for Mia to take – something that is becoming increasingly popular with new parents. And on New Year's Eve, the couple buried the other half in Mia's grandparents' garden in her hometown of Tapanui.

The turmoil of their scare during pregnancy and birth long forgotten, little Marley is feeding and sleeping well and is the light of their world.

"We found the cliché that you can't remember what life was like without your child is literally true. What were we doing before we had this little human?" Mia asks with a smile. "He's so chill – very much like his father!"

**WD**





Mee

# JEN'S BRAD

*The actress  
gets the  
seal of  
approval*

**W**hen Brad Pitt and Jennifer Aniston attended the Golden Globes earlier this month, the stars tried their best to play it cool.

"They arrived separately and put distance between them on the red carpet," shares an onlooker. But once inside the ballroom, they weren't nearly as discreet.

"They kept stealing glances all night. At one point, Jen was overheard telling a friend that she thought Brad looked so handsome," the onlooker continues. "Everyone couldn't help but wonder if there was something going on between them."

Just two weeks ago, *Woman's Day* reported that the A-listers – the most celebrated couple in Hollywood until their 2005 divorce – had quietly mended their broken friendship and spent a healing New Year's break enjoying each other's company in Mexico.

Now Brad, 56, who broke Jennifer's heart when he

**GOLDEN  
COUPLE**

Jen looks on lovingly as Brad accepts his Golden Globe for Best Supporting Actor.



# t the kids!

## DATE WITH 'S BROOD

walked out on her for his *Mr and Mrs Smith* co-star Angelina Jolie, has taken yet another major step in rebuilding the relationship by introducing his three youngest children to his former flame.

"It was a big moment for them," dishes a source close to the *Ad Astra* star, "and thankfully, it went really, really well."

Though 50-year-old Jennifer's rep denies she's back with Brad or has met the kids, the insider insists that things have been heating up between the pair for months.

"It all started last February, after they reconnected at Jen's birthday party," explains the source, noting they soon began texting and eventually started to hang out together. "The spark was still there, but they had a lot of issues to sort out. In the end, talking about the past actually brought them closer together."

And while they've been keeping their rebooted friendship firmly under the radar, Brad decided after the couple's Mexican getaway to take things to the next level.

"He asked Jen if she was ready to meet his kids and Jen said she was," claims the source, adding that Brad then made plans for *The Morning Show* actress to visit his LA home to meet Shiloh, 13, and 11-year-old twins Knox and Vivienne. His three older kids with ex Angelina – Maddox, 18, Pax, 16, and

Zahara, 15 – weren't there.

"The kids have heard so much about Jen over the years, they were excited to finally see her in person," says the source.

Jennifer was very nervous but "the kids took to her so well. They all thought she was really nice and totally cool. Viv liked Jen's jewellery and wanted to braid her hair and Knox was blown away by Jen's sports knowledge."

But it was Shiloh's bombshell confession that warmed everyone's hearts.

"At one point she told Jen, 'Dad seems happy with you,'" alleges the source. "It caused Brad to shed some tears. He thought it was incredibly sweet that Shiloh would share such a touching statement."

But while the kids were

thrilled about their meeting with the former *Friends* sweetheart, the same can't be said for Angelina, 44, who was caught completely off guard by the news.

"Brad didn't want Angelina interfering beforehand, so he opted not to tell her about his plan," says the insider, noting that the *Maleficent* actress was eventually told about the meeting by the kids.

"Ange immediately called Brad and demanded to know why she was left in the dark. Brad played it cool and made it seem like it was spur-of-the-moment. Ange didn't like it one bit, but there's not much she can do."

Another insider tells *Woman's Day* the couple are still moving slowly, but they're edging closer and closer to

a reunion. At the Golden Globes, Brad went so far as to acknowledge that he and Jennifer are "good friends".

"They know the world will go crazy when they find out, so their big debut will be carefully orchestrated down to the very last detail," says the original source, adding that Jennifer is leaning towards sharing the news via a photo shoot at her home or on the beach.

The insider says Jennifer would be thrilled to suddenly find herself with a ready-made family, adding that she already thinks Shiloh, Vivienne and Knox are wonderful – and she can't wait to get to know Zahara, Pax and Maddox when the time is right. "This has all been a dream come true. Jen feels so lucky."

ANGRY  
ANGE



Ange (above) was said to be outraged to learn her three youngest children (from left, Shiloh, Knox and Vivienne) had met Jen without her knowledge or consent.





# Olympic row I'M THE LU GIRL IN THE

*With an 'oarsome' effort, the girls get the day of their dreams*

**B**efore the ceremony even begins, it's clear Olympic rower Emma Twigg's wedding is going to be anything but traditional.

As the sports star prepares to marry her girlfriend of two years, Charlotte Mizzi, in her hometown of Hawke's Bay, there's still one very important question to answer – who will be walking down the aisle first?

The 80 guests gather at Black Barn Vineyard's River Room and watch Charlotte's brother Nick toss a coin to decide the running order, while her nephews Rico, nine, and Louis, seven, run up the aisle to tell the brides the result.

The notes of LANY's "I Love You So Bad" begin to play and Charlotte is the first to make her way down the path in a beautiful knee-length lace frock by Sydney label Lover. Moments later, Emma emerges from her wedding car – a sparkling new Toyota Hilux – wearing a simple, silk Juliette Hogan dress.

"I really wanted to go last –

Emma didn't really care," reveals Charlotte, 33, after the ceremony on January 10. "But in the end, I loved going first because it meant I got to watch her walk down with her dad – I cried when I saw her!"

Going against custom, this isn't the first time the loved-up pair have seen each other in their bridal gowns.

"We went shopping together because we wanted to know that we liked each other's dresses," laughs Emma, 32. "We both only really wear frocks when we go to weddings and awards nights, so we're not experienced shoppers. It was fun but anytime we saw any really proper big wedding shops, we freaked out. We'd walk in, look shell-shocked, then walk out!"

As the ceremony gets underway, there's not a cloud in the sky. Looking out on Hawke's Bay's Te Mata Peak, it's the perfect location for the adventurous and athletic couple, whose first date included a 46km trek around the Tongariro Northern Circuit. It's also a special spot for Emma, who

"I've locked her in now!" says Emma of her bride.  
Below: Charlotte with (from left) Jess Distefano, Nick Mizzi, Lisa Fong and twin Jessica Lunderstedt.



Above: Emma with (from left) Carina Lack, Lucy Spoors, Patience Gunn and brother Jamie Twigg.





# er Emma CKIEST WORLD!



Twiggs in the vines! Charlotte is taking her wife's surname. "It was an easy decision for me," she says.

grew up dreaming about having her wedding there.

"Ever since I was a little girl, I've always ridden my bike through the Tuki Tuki Valley, or in more recent years with my training," explains Emma later that day.

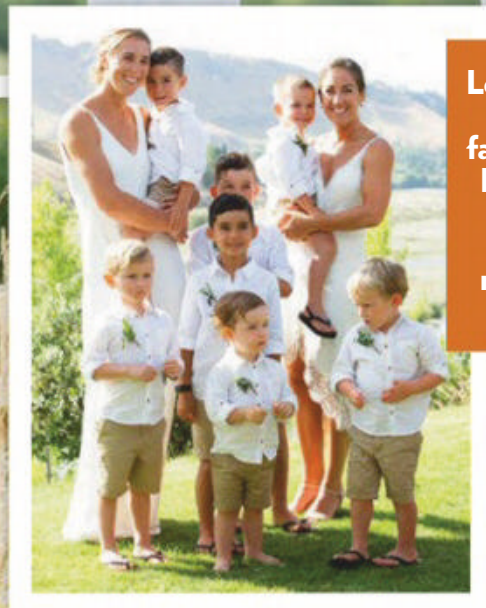
"It was my parents who actually came across the River Room, and Mum remembered me saying that I've always wanted to be married in the Tuki Tuki Valley, so it all just worked out. It meant we had a slightly smaller guest list than we'd hoped for, but at the end of the day, we're actually stoked with that because we feel like we've got all our favourite people here." ▶▶



The single sculler has this year's Tokyo Olympics in her sights.







Left: With all their little fans in tow, it looks likely kids will be in the newlyweds' future!



Above: The girls cut the cake – layers of chocolate and hazelnut and lemon and ginger.



Off come the heels and on go the trainers for dancing the night away!



When asked if that little girl on her bike would be happy with her wedding day, Emma gives a broad smile.

"Honestly, the way this day has turned out, it couldn't have been better," she gushes. "The people, the scenery, the sunshine – it's all perfect, just how I imagined it!"

As the ceremony continues, it's full of laughter and inside jokes about empty toilet rolls and how to cook broccoli correctly. But despite all the silliness, it's clear the pair share a deep love and they can hardly take their eyes off each other throughout the day.

"You are my missing puzzle piece," Emma reveals in her vows. "You make me feel like the luckiest girl in the world."

Wellington-born Charlotte, who is commercial manager for Northern Districts Cricket, declares she's never known a love like this before and wants to "wake up next to that face for as long as I live".

But not long after their beautiful vows, the girls have the crowd erupting with laughter yet again as they struggle with exchanging rings.

"It's the callouses on her hands from rowing – I can't get the ring on!" Charlotte yells

out to her friends and family.

After the bands are finally in place, the ceremony comes to a close and the happy couple are announced as Mrs and Mrs Twigg.

"No-one can pronounce my surname anyway, so it was an easy decision for me!" laughs Charlotte. "It was actually very straightforward in the end – we were quite relaxed about whose it would be, but we knew it was going to be the same, that was important for us."

The couple's goal was for their nuptials to be a "big party with friends and family", so once the formalities are over, the rest of the afternoon and evening are all about eating, drinking and dancing.

But despite the day of fun, the upcoming Tokyo Olympics is never far from Emma's mind and she was even training on her wedding day!

"I went for a bike ride with one of my bridesmaids, Lucy Spoors; she's a world champion in the Women's Eight. We went for a wee ride through the valley just like I did when I was younger, so it was quite a cool way to start the day."

Charlotte laughs and gives

her wife a cheeky smile, "Just a lazy two and a half hours or something before she had to get her hair and make-up done at 9am!"

While planning a wedding in the same year as the Olympics might sound stressful to most people, Emma says it was easy with her beloved by her side.

"I've locked her in now and I've made a good choice because she's the number-one organiser and takes all of that stress away from me, which is awesome," boasts Emma.

While her hectic training schedule means there's no time for a honeymoon just yet, the pair couldn't be more excited to begin their married life together.

"What I'm looking forward to most is working together to achieve our goals," smiles Emma. "We both have things we want to achieve over the years and we want to do that together. We knew we wanted to do that within a week of meeting each other. Now it's just so cool to finally be able to do that as wife and wife!"

WD



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## I LOST 49KG TO FIND LOVE

**S**outh Auckland rugby league fanatic Kurt Johnston can often be found at the gym working on his physique, but two years ago *The Bachelorette NZ* contestant was hitting the scales at a staggering 150kg.

It was during a seven-year relationship that the business development manager, 30, put on almost double his weight. When it ended, he started a body overhaul.

"I looked at old photos and realised how much I'd put on – and decided to do something about it," he recalls.

By chance, Warriors fan Kurt met former player Ruben Wiki, who invited him to train at his Auckland gym. "I got to work out with a legend," enthuses Kurt, who then set about losing a whopping 49kg.

"Losing the weight was about finding love within myself and I'm excited to show people this is the new me."

Ideally, the hopeless romantic's soulmate will also share his passion for league.

"When it comes to Warriors memorabilia, you name it, I probably own it," laughs Kurt, whose family members all have Warriors tattoos. In fact, there's a rule in his whanau – no wedding during the league season!

"My friend is also a fan and named

his wedding reception tables after players."

But Kurt is willing to make compromises for love, saying, "If she supports an opposition, we'd have a bit of friendly rivalry when they come together!"



A slimmed-down Kurt's loyalty is to the Warriors, but his heart's up for grabs.



# Bachelorette

# WHO WILL LESINA'S HE

*Two hopefuls try their bedside manners on the dishy doc!*

DOMINIC PALFREY, 21   AARON McNABB, 27   BRENDON VANSTONE, 38   CLAYTON TURNER, 31   CONOR ORSBOURN, 24   DARYL HABRAKEN, 37   ELLIOTT GILCHRIST, 32   FLYNN PALMER, 20   GEORGE HELLRIEGEL, 24   GLENN RICHARDS, 28





## STRIPPING'S MY GUILTY PLEASURE!

**M**arc Johnson was used to being the life of the party as a young single lad growing up in England, but now the former stripper's time is dedicated to his three-year-old daughter Scarlett.

"She always puts a smile on people's faces and she's definitely a daddy's girl," gushes the Wellington chocolate maker, 33, who moved from Plymouth, in the UK, almost 14 years ago. "Scarlett knows I went on 'holiday' because I talked her through it before I left for *The Bachelorette*, and I'm pretty sure she understands I'm going to be on TV."

Marc – who is also a personal trainer – has his daughter 50% of the time and admits dating is harder as a single dad.

"When my relationship ended, I practically had Scarlett full-time for a while," he tells. "I found it hard getting out there."

"At the end of the day, I have to think about my little girl and if someone doesn't want kids, are unsure of themselves or party all the time, there's no point in me pursuing a relationship."

The confident contestant hopes Aotearoa's first *Bachelorette* will see beyond his tattoos and the stripping.

"After winning a ZM Strip Search competition, I fell in love with it and joined a group doing things like hen's parties," he recalls. "I left because we had different lives. Some of the guys liked to party after the shows, but I had a family."

While Marc's tight-lipped about whether he strips off on the show, he hints his time on air is worth watching. "Having a lot of fun on the show has me thinking I might even get back into stripping". **WD**



Yuki says she came home to find all Dan's belongings gone.

## YUKI & DAN'S SECRET SPLIT

**T**hey were TV sweethearts who tied the knot on *Married at First Sight NZ's* second season, but after a year Dan McLaughlan and Yuki Sato have called quits on their romance.

A heartbroken Yuki, 32, reveals, "My TV husband left me a few months ago," adding that it was "the hardest thing I've had to go through in my life".

The Christchurch-based hairdresser had packed up her life and moved to Wellington to be closer to her man.

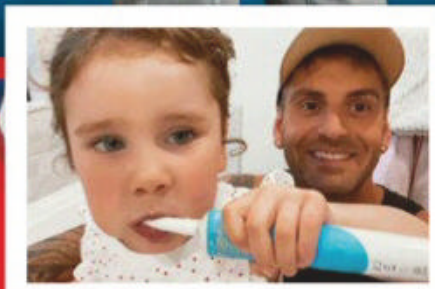
But it wasn't to last, with the tradesman's ex saying that one day she came home to find Dan had packed his stuff and left without saying a word.

"Our expectation of marriage was very different," says Yuki. "We are from such different backgrounds, and grew up in such different environments. We tried to work things out, but it was just so hard to change the things that we were both used to."

"We didn't really have a going-out phase. I should have spent more time with him, and I see this now."

Speaking about the break-up, Dan, 31, says, "After months of working on our relationship, I realised that we simply weren't making each other happy. The reality set in and the pressures of living together were just too much for us."

"I still deeply care for Yuki and wish her all the best." **WD**



Any new girlfriend would have to be a good role model for Marc's girl Scarlett.

ETTE

blokes

WIN ART?

JESSE WILLIAMSON, 24   JONATHAN WEDGE, 26   STEVE MASTERS, 35   LIAM COCHRANE, 28   LOGAN CARR, 32   TAVITA KARIKA, 30   MARCUS MANNEX-KINGI, 23   TERENCE O'BRIEN, 25   TYLER MCKENDRY, 22   QUINN RYAN, 25





# Heart of glass

# DEBBIE'S PRIVATE ANGUISH

Debbie indulged her wild side as she took the music scene by storm in the '70s.



## *How the Blondie singer was left with nothing*

**M**usician or hooker?" muses Debbie Harry as she fluffs up her peroxide hair in her London hotel room. "I would have definitely made a lot more money if I'd been a hooker, not a singer."

Debbie, who launched a million crushes when she hit the late '70s music scene with the band Blondie, laughs as she speaks. Rather surprisingly for a bona fide icon, she doesn't take herself too seriously. She thinks it's hilarious that word went round she was a lady of the night before she became a rock star.

"There were always rumours about me like that. I was a woman in a man's world. I was different. A girl in a band. Not everybody liked it, so what do you expect? But for me it was always about the music. Still is. I'm still out there doing it."

Debbie is 74 and still beautiful, her aquamarine eyes bright and mischievous. She's in good shape, too, thanks to regular sessions with a trainer and an intensive work schedule. Then there's her memoir, *Face It*, which caused a storm of controversy upon its release.

### *Open book*

It reveals she was raped at knifepoint in the mid-'70s, escaped an abduction attempt by serial killer Ted Bundy, lost nearly all her money because of bad

management deals and tax bills, hung out with Andy Warhol, was flashed by David Bowie and became, for a time, a heroin addict.

She's been criticised for "brushing off" any analysis of both her rape and heroin addiction. Of the rape, she writes that she was most upset by the fact that the perpetrator stole all of the guitars she owned with her bandmate and then lover Chris Stein.

She reveals few details about their mutual drug addiction, except to say that she kept him supplied with heroin when he was in hospital suffering from a rare auto-immune disease in 1983.

Today Debbie is more expansive. "It was a big







Born Angela Trimble, the future superstar was renamed Deborah Ann Harry by her adoptive parents.



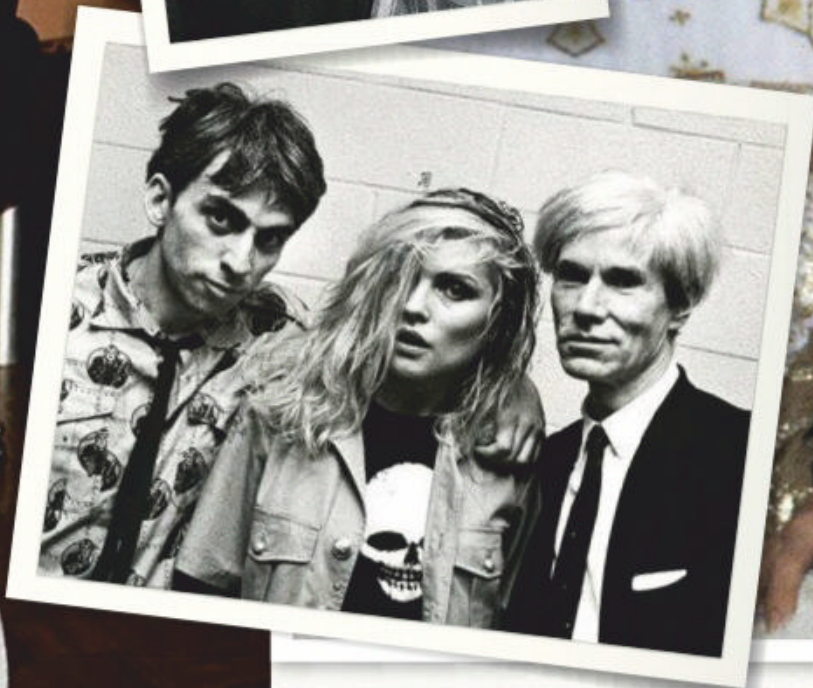
With her blonde locks, red lips and edgy persona, the singer was dubbed "the punk Marilyn Monroe".



The singer and boyfriend Chris lost everything due to dodgy management dealings.



Left: In her memoir, *Face It*, the star reveals how David Bowie once exposed himself to her. Below: Chris and Debbie with friend Andy Warhol, who used the singer's image in his famous silk-screen prints.



Glass", "Call Me" and "Rapture", before arguments led the group to disband in 1982.

Perhaps most astonishing given their success was the precarious financial state of the individual members. They had signed a series of bad deals and, despite being awash with money for three years, they'd paid no tax.

## Tough times

Debbie and Chris bought a five-storey house in Manhattan, but then had everything – the house, paintings, studio equipment – taken away to pay the Internal Revenue Service.

"We weren't the first band to be ripped off and we won't be the last," she reflects. "Musicians make easy pickings because no-one wants to know the financials or the numbers; they just want to go out there and perform."

"It's pretty heartbreaking when you've worked seven years flat, taken no holidays, sold millions of albums and you're left with nothing. And then Chris got ill. He was my soulmate, my partner, the guy I set the band up with. They were dark times."

Debbie is, however, a survivor. She made a solo album, embarked on an acting career and in 1997,

along with Chris, she put Blondie back together, releasing new albums with hits like "Maria". In 2006, they were inducted into the Rock & Roll Hall of Fame.

"Life is pretty good," she says. "I don't stop writing, I don't stop performing and that's what keeps you going."

She has never married and never had children, although she is godmother to Chris' two teenage daughters.

"When you are a woman in a band you make sacrifices. I don't think I could ever have held down a marriage and I never wanted children," she says. "I was adopted and that gave me a different outlook. I always thought that there were too many children out there needing parents and so I was conflicted."

How does she feel about Chris, now happily married with his own family? "I never understand people who can't deal with things like that. If you love someone, you want the best for them."

## Get real, Madge

In her book, Debbie mentions Madonna, when she quotes a friend who talks about the Material Girl stealing her career. "When I heard about Madonna, I was so excited. I thought, 'This is perfect because she's going to subvert the ultimate female icon.'

decision for me to write the book because my mindset is very much 'don't look back'," she says. "Even when I was writing it I had several moments where I thought, no way, I'm not doing this. But Chris encouraged me to do it. If I told him I was regretting it, he'd tell me I'd regret having a face tattoo more."

At the time of the rape, Debbie and Chris were part of the burgeoning New York punk scene.

Debbie, born Angela Trimble and adopted by suburban shop owners Richard and Catherine Harry, threw herself into life on the edge. The neighbourhood she lived in was rife with crime and junkies and, returning from a club with Chris one night, they were held at knifepoint by a drug addict looking for cash.

He forced them into their apartment, tied them up, then raped the terrified Debbie. "It was a bad experience," she says. "It was bad for me and it was bad for Chris, who was unable to do anything. We were both pretty broken by it, but we supported each other

through it. He was really supportive of me and we just moved on. I didn't want to become a victim."

She pauses. "It was a very different time back then. We did live on the edge. Drugs were part of the scene. I was never someone who liked a lot of alcohol – I still don't – but yes, we used heroin. And I don't regret it. We were coping with a lot of s\*\*\* back then and that was how we coped."

"I wasn't doing it to the point I couldn't function. I was just numbing myself. We both were. And then there came a point where I was ready to come off it and so was Chris. It wasn't overnight. It's a process. You stop, you start, you stop and start and then you stop. There were a lot of casualties and I'm lucky I wasn't a casualty."

Debbie was 33 when Blondie broke through with the release of their third album, *Parallel Lines*, in 1978. With her heart-shaped lips and perfect bone structure, she was a superstar.

Over the next three years they had hit after hit, with "Picture This", "Heart of



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Debbie flirted with an acting career in the '80s, including a starring role in *Videodrome* with James Woods.



Blondie has had a revolving cast of band members over the years, but Debbie was always the mane attraction.

"I imagined she would have very dark hair, very white skin and this Madonna image, and then when I saw her she was a blonde and I thought, 'Oh no, Madonna. You've really missed a trick.' But I was a musician, a punk and Madonna was – and still is – showbiz. It's a different thing altogether. Good luck to her, I say."

Like Madonna, Debbie is a pop icon, but she remains firmly anti-celebrity. "In the early days, so much was focused on my face, my looks, what I wore, how I was. I'm not an idiot, I know sex sells, but I never wanted to be defined like that."

"When we came back I was consumed with making sure we had a Blondie sound, so

that when you heard us on the radio you'd unmistakably know who we were. Maybe we always had that, but I was more aware of getting that right second time around."

Debbie still lives in New York and is big on environmental activism.

"I'm thinking of joining Jane Fonda's climate protest and getting arrested with her," she says. "You have to fight for what you believe in. I love Greta Thunberg. To me she is a modern-day Joan of Arc."

What makes her happy? "My dogs. I have two puppies at home and I like hanging out with my girlfriends, sitting around talking, laughing and being a bit catty." Does she date? She laughs. "Yes. I do occasionally

capture a victim who takes me out."

In her 70s, Debbie is still a pretty wild lady. "Do you think so?" she asks. "Sometimes I think I would like to settle down. There are lots of good men out there and maybe that's what I'm missing right now."

"But I still feel I have so much I want to do. My mother told me my problem is that I still think I'm 25. But maybe my problem is that I don't actually think that's a problem. In your head, you can be 25 forever. It's not real, but it's a good place to be." **WD**



"He's still very much in my life," Debbie says of her ex Chris, who married Barbara Sicurana in 1999. Debbie is godmother to their girls Akira and Valentina.





Tyler (left) and Sam organised a street art tour of Christchurch the day before the wedding.



Above: Grooms going places – the smitten pair are honeymooning in Wanaka.

# Christ SAM PRIN

## The grooms had a very shaky start

**N**early a decade on from the Christchurch earthquakes, Sam Johnson's name remains synonymous with the city's devastated heart, the area that became known as the red zone.

And now that destroyed area holds an extra-special place in Sam's own heart – it's where he and long-term partner Tyler Brummer married on January 4 in front of 150 guests.

Thirty-year-old Sam, whose Student Volunteer Army was at the forefront of the post-quake clean-up, and his new husband are still buzzing from their big day.

The loved-up pair met seven years ago after matching on dating app Grindr. Tyler (31), an environmental scientist



Left: Marry me! Above: Tyler hand-made the rings. Right: A rainbow cake for a bright future.





The grooms' wedding party (from left) Thomas Young, Hannah Prior, Chris Maquire, James Brummer, Katie Reese and Andy Sutherland.

# church hero

# FINDS HIS CE CHARMING

and native of Colorado, was at Lincoln University completing a PhD.

He explains, "It's a very modern romance."

Discovering they both enjoyed the outdoors, they hooked up, and "got to know each other running in the Port Hills and love blossomed".

Tyler adds, "I'm from near the Rocky Mountains – Sam's more comfortable in the ocean, so he's got me into water skiing and I've got him into mountain biking. We both love skiing."

And it was on the slopes that Sam proposed.

He laughs, "Tyler had made it clear via my mother that I was the one who should do the proposing because he had stayed in New Zealand for me rather than going home to his family in America after he finished his PhD!"

Sam decided to pop the question on nearby Mt Olympus in the Craigieburn Range, where Tyler's in his element.

He explains, "We skied

down a bit and Sam said we should stop and take some photos. So I stopped, pulled out my phone, snapped a photo and then just skied off. Apparently that's when he was going to propose!"

They stopped again, further down the slope.

Tyler continues, "Sam says, 'Shall we hike up here and do some snow angels?' I wanted to keep skiing because the snow was so good, but we wandered up and there was this beautiful view over the valley on a crystal-clear day.

"I started taking photos and thought Sam was going to fall backwards to do a snow angel. But he fell onto his knees, pulled a ring out of his pocket and proposed. I had no idea! We just sat there in the snow, hugged and kissed, and enjoyed the moment."

As the big day loomed, Sam's sister Bridget, who had just launched a wedding planning business, was called in to help with the finer details.

"The nice thing about a gay

wedding is there's no rule book," jokes Tyler, "so we could be quite creative about what we wanted. But it was like two guys trying to plan a fancy event – we got the big stuff organised, but we kept putting other things off."

One of those was writing their vows. Both say it was nerve-racking, but once they put pen to paper – the night before the wedding – the words flowed.

The ceremony was held on a tree-lined property in Richmond. A karanga welcomed guests before the two grooms, dressed in Crane Brothers and Rodd & Gunn, walked hand in hand up the aisle, a symbolic nod to the relationship being very much an equal partnership. And there wasn't a dry eye as they read their vows out loud.

"Tyler's changed me a lot," a noticeably moved Sam declares. "He's changed the way I measure success. He's helped me recognise the value of the small things in life."

"Similarly," Tyler responds,

Left: Sam inspired a nation with his can-do attitude after the earthquakes.

"Sam's had a huge impact on me. He's helped me believe in myself, he's been my cheerleader in helping me realise the different talents and strengths that I have."

They exchanged silver and gold rings, with raised ridges reminiscent of mountains, made by Tyler at a jewellery-making course – a 2018 Christmas gift from Sam. "They symbolise that the good things are in our imperfections," tells Sam.

The delighted guests included Tyler's parents Lori and Joe, his brother and sister-in-law James and LeeAnne, who arrived from the US on Christmas Day, plus Sam's mum Liz McAtamney and his stepmum Vics.

The reception, where the newlyweds danced to "Perfect Symphony" by Ed Sheeran and Andrea Bocelli, was held in a large marquee set up on the grounds of historic Avebury House. "It was meant to rain, but the weather was beautiful," smiles Sam. "Having friends from every corner of the world coming together with family was pretty special."

Heartbreakingly, Sam's dad Ben passed away at just 58 in April 2017. In a profoundly touching moment, a special toast was raised to acknowledge him.

Tells Sam, "Not having Dad there was pretty emotional. He would have loved it. He was very loving and supportive of our relationship."

WD



# Stopping kids in their I'M THE ROADWORK

## Writer Sally has a winning series on her hands

**W**ith her love of feminine blouses and thin-rimmed glasses, Sally Sutton is the first to admit she probably doesn't really look like a typical rock star – but that doesn't stop her pint-sized fans from treating her like one when they meet her.

In fact, the children's author, who has sold an incredible 500,000 copies of her *Roadworks* books, admits that when she tours the country, her little fans are fizzing with excitement at the chance to not only meet her but listen to her read the likes of *Construction* or *Demolition*.

Explains Sally, "I always remember this little girl who came up when I was at the Storylines Festival, she must have been two with blonde hair and these big blue eyes, and she wanted me to sign her book – and it was the most chewed-up, battered book that she just loved so much.

"It's a lovely thing

to see. Whenever I do a reading, and I look out at them and they're all gripping on to their books, their eyes all shiny, it feels very special. Someone said to me once that I'm right up there with the Kardashians. That made me laugh."

For Sally, the dream had always been to become an author. She was passionate about books and writing as a child, knowing that words were her natural calling.

"I wasn't really good at anything

else," she admits. "I always just wanted to be a writer."

After completing a degree in languages, she dipped her literary toes into adult books, writing two but failing to get a publishing contract. It would take her eight years before she signed on the dotted line for a deal in 2006 for kids' book *Crazy Kiwi Tops and Tails*.

"There were no times when I thought I'd just give it up and do something else," says Sally, 46. "I just knew I had to keep trying to get published. And I was very lucky to have a husband who really believed in me from the start.

"It's quite brave really because when you're a writer starting out, you really do completely rely on your partner's income as you don't get anything to start with. You really need someone to believe in you and support you financially and emotionally."

But it wasn't until 2008 when Sally, who had by then welcomed daughters Charlotte, now 16, and Alice, 13, into the world with husband Martin, created her most popular work, *Roadworks*, a picture book with rhyming words about how to make a road, and illustrated by Brian Lovelock.

"My brother is 10 years younger than me and when we were younger, I always remember putting him in his buggy and pushing him down the street, and every time we came across roadworks or diggers, we'd have to stop and watch. He was so fascinated," she tells.

"Even then, I thought maybe one day I'll write a book on this, but I didn't know anything about roadworks. I had to learn how to build a road. I had to do a lot of research and a guy from Transit New Zealand sent me a massive email



**Woman at work!**  
When the best-seller isn't busy constructing a new book, it's down tools for a quick "smoko" with cute canine Lucy.



# r tracks SLADY!

Real life

With her books flying off the shelves, Sally's become quite the celebrity to young readers.

about the process of how to build a road."

Today, her *Roadworks* book has turned into a series, each looking at machinery, and it will soon include a new addition called *Wheels*. While Sally's books might be written at her home in Auckland suburb Birkenhead, they're now sold around the world.

But, of course, international fame isn't always dreamy, with Sally laughing as she confesses, "This little boy with a pudding-bowl haircut and blue eyes came up to me once, he had waited in line for ages, and said, 'Sally Sutton, I don't like your books. I really hate them!' and that was it."

But there are plenty who do and Sally also has penned another series for the junior kids' audience, inspired by her two daughters, called *Miniwings*, about the adventures of six toy horses.

"I feel very passionate about children reading," enthuses Sally. "You can tell the kids who have been read to. They are more switched on, they're more articulate. They have more empathy and more concentration. And their minds are open."

And as long as the ideas keep coming, Sally says she will keep writing, now getting her nephews Evan, four, and Grayson, two, to share their very unfiltered thoughts on her creations.

"It might not be all sunshine and roses, as kids are so honest," laughs Sally. "But it's very funny that they'll just tell you as it is."

"It doesn't matter how successful I've become as a kids' writer – you constantly have this reality check from your honest audience!"

WD

TEXT: AMY NELMES BISSETT. PICTURES: AMALIA OSBORNE. HAIR & MAKE-UP: KRISZTINA MORICZ. STYLING: LULU WILCOX. CLOTHES: MAX, PAGANI.





**Cooking special**

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## Top tip

◆ Garnish with mustard cress, available at good greengrocers.

## Prawn & Salmon Toasts

**MAKES 8 PREPARATION 20 MINUTES  
COOKING 4 MINUTES**

6 large prawns,  
peeled, deveined  
100g smoked salmon  
slices  
4 long spring onions,  
chopped  
4 thick slices white  
bread  
¼ cup sesame seeds  
oil for shallow frying

**1.** Place prawns, salmon and onions in a food processor. Process

to a paste. Season.

**2.** Spread salmon mixture onto bread. Remove crusts and halve diagonally. Dip tops into sesame seeds.

**3.** Heat oil in a frying pan on medium. Working in 2 batches, fry bread, coated-side down first, for 1 minute each side or until golden. Drain on a paper towel.

## Top tip

◆ Season Chinese cooking with white pepper for an authentic flavour.

## Money Bags

**MAKES 24 PREPARATION 20 MINUTES COOKING 20 MINUTES**

1 tablespoon peanut oil  
250g pork mince  
2 celery stalks, chopped  
2 garlic cloves, crushed  
2cm ginger, peeled, grated  
1 tablespoon sesame seeds  
1 tablespoon soy sauce  
1 tablespoon shaoxing cooking wine  
2 teaspoons caster sugar  
1 teaspoon sesame oil

1 bunch chives, half chopped, half whole  
24 gow gee wrappers  
oil for deep frying  
sweet chilli sauce to serve

**1.** Heat oil in a large frypan on high. Fry mince for 2-3 minutes, breaking up lumps. Add celery, garlic and ginger, cooking for a further 1-2

minutes or until fragrant.

**2.** Stir seeds, soy, shaoxing, sugar and sesame oil through. Remove from heat and mix through chopped chives. Cool.

**3.** Working with 6 wrappers at a time (keep remaining covered with a damp cloth to prevent drying out), place 1 heaped teaspoon of pork mix in the centre of each wrapper.

Brush edges with water and gather together in centre. Wrap a whole chive around each parcel to secure.

**4.** Heat oil in a deep frypan on high until a small piece of pastry sizzles when added. Deep-fry money bags in 3 batches for 3-4 minutes or until golden. Drain on a paper towel. Serve with sweet chilli sauce.



# Corn & Egg Drop Soup

**SERVES** 4-6 (6 CUPS) **PREPARATION** 5 MINUTES **COOKING** 5 MINUTES

4 cups chicken stock (see tip)  
400g can creamed corn  
2 eggs, beaten  
soy sauce to taste  
½ red capsicum, seeded, finely chopped  
100g sugar snap peas, halved  
2 long spring onions, shredded

1. In a medium saucepan, combine stock and corn. Bring to the boil on high.
2. Reduce heat until stock mixture is simmering. Gradually pour in eggs, stirring constantly to separate into thin strands. Simmer stock mixture for a further 2-3 minutes.
3. Season with soy sauce. Serve soup topped with capsicum, sugar snap peas and spring onion.

## Top tip

♦ We used stock left over from cooking our white cut chicken.



## Top tip

♦ Brush warm tarts with some extra sugar syrup for shine after baking.



# Egg Custard Tarts

**MAKES** 12 **PREPARATION** 30 MINUTES (PLUS CHILLING) **COOKING** 20 MINUTES

2 cups plain flour  
⅔ cup caster sugar  
180g chilled butter, diced  
1 egg yolk  
**CUSTARD**  
½ cup caster sugar  
½ cup water  
395g can condensed milk  
5 eggs

12-hole muffin pan and line with two strips of baking paper that cross at the base. Using a 12cm round cutter, cut out circles from pastry. Ease into recesses. Chill until required.

4. Preheat oven to 200°C.

5. **CUSTARD.** In a medium saucepan, combine sugar and water. Stir over a low heat until sugar dissolves. Increase heat to high and bring to the boil. Remove syrup from heat and cool. Whisk condensed milk and eggs into cooled syrup. Pour into a large jug.

6. Pour custard mixture evenly among cases. Bake tarts for 15-20 minutes or until set. Serve warm.

1. In a food processor, combine flour, sugar and butter, pulsing until crumbs form. Add egg yolk and process until mixture binds together.

2. Turn pastry out onto a lightly floured surface. Use hands to gently bring together to form a disc. Cut in half. Roll each half out between 2 sheets of baking paper to 3-4mm thick. Chill for 10 minutes.

3. Lightly grease a





## White Cut Chicken

**SERVES 4 PREPARATION 20 MINUTES**  
(PLUS COOLING) **COOKING 20 MINUTES**

1.5kg chicken, rinsed, dried  
 ½ cup shaoxing cooking wine  
 4 long spring onions, cut into 10cm lengths, plus extra to serve  
 50g ginger, peeled, sliced  
 4 garlic cloves, bruised  
 1 teaspoon salt  
 long red chilli, finely sliced to serve  
**DIPPING SAUCE**  
 ¼ cup soy  
 2 tablespoons black vinegar  
 2 teaspoons caster sugar  
 1 long red chilli, finely sliced

Bring to the boil, then reduce heat to low and simmer, covered, for 12 minutes.

2. Remove from heat and allow chicken to cool in liquid until tepid.

3. Using tongs, carefully remove chicken from stock, being careful not to rip the skin. Place on a rack over a tray to drain (reserve stock for corn and egg drop soup, see previous page).

4. **DIPPING SAUCE.** Combine soy, vinegar, sugar and chilli.

5. Cut chicken into quarters. Using a cleaver, remove wings and legs, then chop breast and thighs into 3cm slices. Arrange on platter, topped with spring onions and sliced red chilli. Serve with dipping sauce.

1. Place chicken in a large saucepan with remaining ingredients. Cover with cold water and place on high heat.

### Top tip

♦ Chicken is cooked if a skewer is easily inserted and removed.

## Salmon in XO Sauce

**SERVES 4 PREPARATION 15 MINUTES**  
**COOKING 15 MINUTES**

2 tablespoons peanut oil  
 1 long spring onion, finely chopped  
 2cm piece ginger, finely grated  
 3 garlic cloves, finely sliced  
 ¼ cup water  
 ¼ cup fish stock  
 ¼ cup shaoxing cooking wine  
 2 tablespoons XO sauce  
 2 teaspoons sugar  
 4 x 180g fillets salmon, skin removed

### SALAD

200g snow peas, trimmed, thinly sliced  
 1 bunch coriander, leaves finely chopped  
 2 long spring onions, finely shredded  
 1 bird's eye chilli, finely chopped

1. Heat half the oil in a wok or large frypan on medium. Stir-fry onion for 1-2 minutes until tender. Add ginger and garlic, stir-frying for 30 seconds or until fragrant. Add water, stock, shaoxing, XO sauce and sugar. Bring to a simmer, cooking for 1-2 minutes or until just thickened.

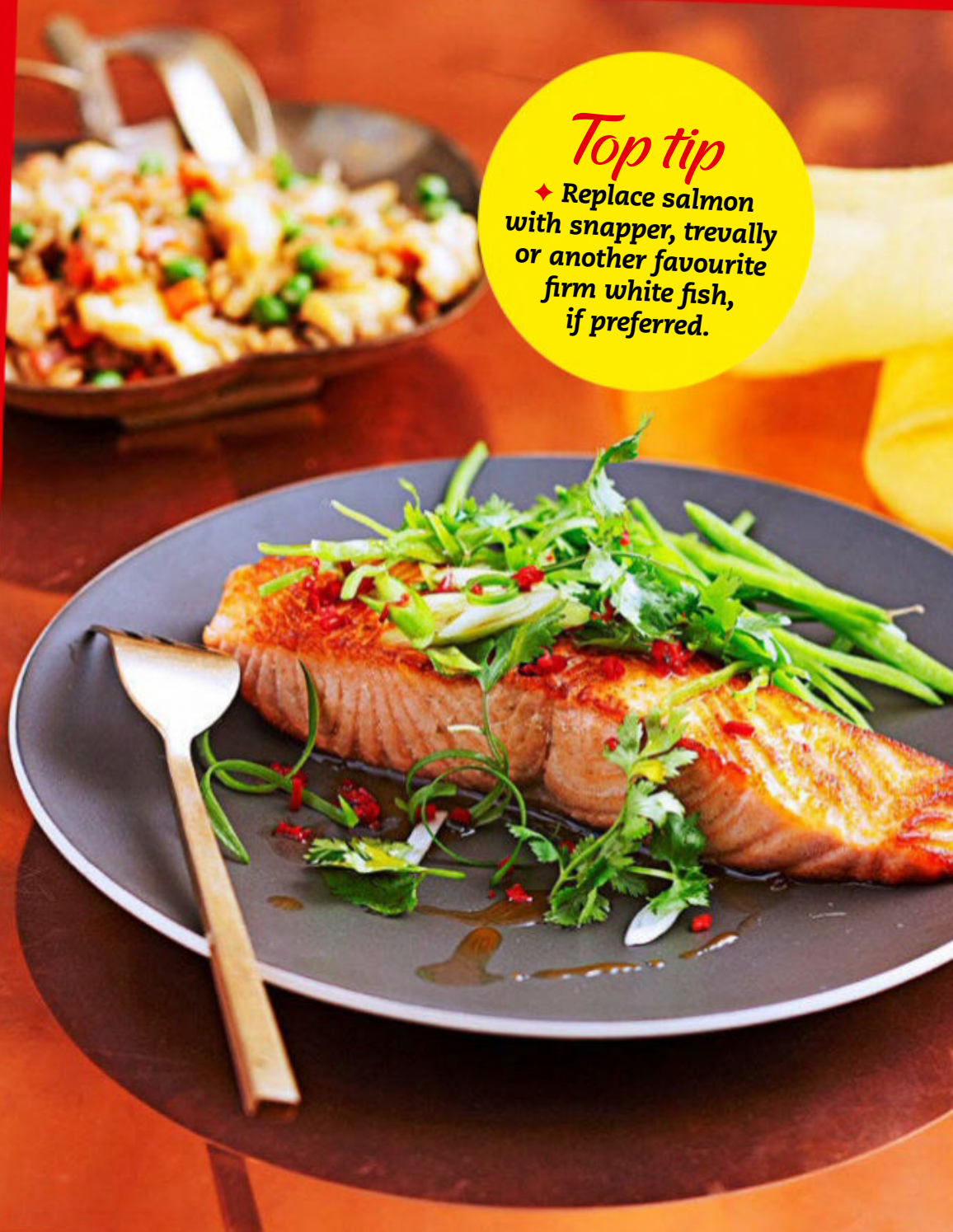
2. **SALAD.** In a bowl, toss all ingredients together.

3. Heat remaining oil in a frypan on high. Season salmon. Cook for 3 minutes; turn and cook for a further 2-3 minutes for medium or until cooked to your liking.

4. To serve, spoon sauce over salmon and top with salad.

### Top tip

♦ Replace salmon with snapper, trevally or another favourite firm white fish, if preferred.





# Roast Duck Salad

**SERVES 4 PREPARATION 30 MINUTES**

**COOKING 1 HOUR, 50 MINUTES**

1 tablespoon sugar  
1 tablespoon salt  
1 teaspoon ground Sichuan pepper  
1 teaspoon five-spice powder  
1.8kg duck, trimmed, rinsed, dried  
3cm piece ginger, sliced  
1 garlic clove, sliced  
1 long spring onion, chopped

## DRESSING

2 tablespoons orange juice  
1 tablespoon soy sauce  
2 teaspoons malt vinegar  
1 teaspoon ginger, grated  
½ teaspoon sesame oil

## SALAD

1 bunch asparagus, trimmed, finely sliced  
200g sugar snap peas, trimmed, halved lengthways  
2 oranges, segmented  
1 bunch watercress, trimmed  
100g packet vermicelli noodles, cooked

baking dish with baking paper.

2. Rub combined sugar, salt, Sichuan pepper and spice over the skin and cavity of duck. Place ginger, garlic and onion into cavity. Transfer to dish and bake for 1½ hours, basting with juices every 20 minutes.

3. Increase oven to 220°C. Bake for a further 15-20 minutes, basting once, until skin is crisp.

4. Remove from oven and rest, covered loosely with foil, for 15 minutes. Remove duck breast and remaining meat with skin attached. Slice thinly.

5. DRESSING. In a small jug, whisk all ingredients together.

6. SALAD. In a large bowl, combine all ingredients.

7. Drizzle salad with half the dressing, tossing to coat. Add duck and drizzle with remaining dressing to serve.

## Top tip

♦ Use a rotisserie chicken in place of duck, if preferred.

1. Preheat oven to 180°C. Line a





**Cooking extra**

# Jam SESSION

*Relish the feeling of making your own preserves*

## **Tasty Tomato & Chilli Jam**

**MAKES 2 CUPS PREPARATION & COOKING 1 HOUR, 40 MINUTES  
(PLUS STANDING)**

**1kg ripe tomatoes, peeled and chopped**  
**2 cups white sugar**  
 **$\frac{1}{4}$  cup lemon juice**  
 **$\frac{1}{3}$  cup white vinegar**  
**6 long red chillies, sliced (see tip)**  
**2 teaspoons sea salt**  
**2 tablespoons fish sauce**

**1.** Place tomato and sugar in a non-metallic bowl. Cover with cling film and stand overnight at room temperature.

**2.** Transfer to a pan. Add remaining ingredients. Heat on medium-high, stirring occasionally until boiling. Reduce heat to medium-low and simmer for 1 hour and 30 minutes, or until thick.

**3.** Wash jars in hot, soapy water. Rinse, then dry in oven at 100°C for 10-15 minutes to sterilise. Spoon hot jam into jars and seal. Store in a cool, dry place for up to 12 months.

### **Top tip**

♦ Remove seeds from the chillies if you prefer a milder relish.



# WANT TO FRESHEN UP YOUR SUMMER?

*We can help with that*



Want a delicious and healthy way to make the most of this season's juicy tomatoes? This beautiful Sweet Chilli Chicken, Tomato and Corn salad will do just that.

## Sweet Chilli Chicken, Tomato and Corn Salad

Serves 4

Prep Time 45

Cook Time 20

Dairy Free DF

Gluten Free GF

### Ingredients

- 3 chicken breasts
- 1/2 cup olive oil
- 1/3 cup sweet chilli sauce
- 2 cloves garlic, crushed
- 4 corn cobs, husk and silk removed
- 2 Tbsp lemon or lime juice
- 1 spring onion, finely chopped
- 2 cos lettuce, leaves separated
- 2 avocados, cut into wedges
- 400g cherry tomatoes, halved
- 1/3 cup coriander leaves

### Method

- 1 Place chicken breasts in a large bowl. In a small bowl, whisk together 2 tablespoons of the oil, half of the chilli sauce and half of the garlic. Pour the mix over the chicken and coat well. Cover bowl and refrigerate for 30 minutes to marinate.
- 2 Heat a BBQ plate or char-grill pan on medium-high. Brush corn with 1 tablespoon of oil and grill, turning several times, for 8-10 minutes, until browned and tender. Transfer to a chopping board and cut into 2cm thick slices.
- 3 Grill chicken for 5 minutes on each side, until browned and cooked through. Transfer to a plate. Cover with foil and rest for 5 minutes, then cut into slices.
- 4 In a small bowl, whisk remaining oil, sweet chilli sauce, garlic and lemon or lime juice. Stir in spring onion and 1 tablespoon of water.
- 5 On a platter, arrange lettuce leaves, avocado, corn, chicken and tomatoes. Drizzle with dressing and sprinkle with coriander to serve.

#### PER SERVE

- Energy 3519KJ • Protein 39g • Total Fat 57g
- Saturated Fat 10g • Carbohydrates 37g
- Sugars 27g • Sodium 446mg



Dietary and nutritional info supplied by NZ Nutrition Foundation

**GROWER FRESH**

For more recipes and fresh ideas, visit [countdown.co.nz/foodhub](https://countdown.co.nz/foodhub)

countdown



# Gluten-free LUNCHBOX

*There'll be no more hiding boring snacks at the bottom of bags!*

BACK TO  
*School*  
SPECIAL



## **Banana & Sultana Mini Loaves**

**MAKES 12 PREPARATION 20 MINUTES COOKING 30 MINUTES (PLUS COOLING)**

125g butter, at room temperature  
 $\frac{3}{4}$  cup firmly packed brown sugar  
2 eggs, lightly whisked  
3 small overripe bananas, mashed  
1 cup gluten-free self-raising flour  
 $\frac{1}{3}$  cup rice flour

$\frac{1}{2}$  teaspoon baking soda  
1 teaspoon xanthan gum  
 $\frac{1}{3}$  cup sultanas, chopped  
1 cup icing sugar  
1 tablespoon hot water  
2 teaspoons lemon juice

**1.** Preheat oven to 180°C. Grease and line the base and sides of 2 x 6-hole ( $\frac{3}{4}$ -cup)

mini loaf trays. Using an electric mixer, beat butter and brown sugar until light and fluffy.

**2.** Gradually add eggs, beating well. Fold banana through. Sift together flours, baking soda and xanthan gum. Add to banana mixture, stirring to combine. Stir in sultanas.

**3.** Divide mixture between prepared holes. Bake for 30 minutes or until a skewer inserted in the centre of a loaf comes out clean. Stand in pans for 5 minutes. Turn out onto a wire rack to cool. Whisk icing sugar, hot water and juice in a small bowl. Drizzle over cooled loaves.



# Chicken, Spinach & Pineapple Focaccia

**SERVES 6 PREPARATION & COOKING 30 MINUTES**  
(PLUS 45 MINUTES TO PROVE)

**2½ cups gluten-free pizza and pastry flour**  
**7g sachet dried yeast**  
**1 cup warm water**  
**1 tablespoon vegetable or olive oil**  
**2 chicken breast fillets**  
**¼ cup sun-dried tomato pesto**  
**3 spring onions, finely chopped**  
**1 cup grated pizza cheese**  
**½ cup canned chopped pineapple, drained**  
**¼ cup chopped flat-leaf parsley**  
**50g baby spinach leaves**

**1.** Combine sifted flour, yeast and a pinch of salt in a bowl. Make a well in the centre. Add water and oil, then mix to form a soft dough. Turn out onto a lightly floured surface and knead until smooth. Place dough in a lightly oiled bowl. Cover with cling film, then stand in a warm place to prove

for 45 minutes or until doubled in size.

**2.** Heat a non-stick frying pan over moderate heat. Cook chicken, turning, for 5 minutes or until browned and cooked through. Transfer to a heatproof plate. Cool, then shred.

**3.** Preheat oven to 200°C. Punch down dough, then knead on a lightly floured surface until smooth. Roll dough out to fit a 30cm x 20cm slice pan. Bake for 10 minutes or until lightly coloured.

**4.** Spread pesto over dough. Top with onion, half the cheese, chicken, pineapple, parsley and spinach. Top with the remaining cheese. Bake for 30 minutes or until top is golden and base is crisp.



## Top tip

♦ Bake up to 3 days ahead. Store in an airtight container in a cool place.

# Raspberry & Cinnamon Pinwheel Biscuits

**MAKES 32 PREPARATION 25 MINUTES (PLUS CHILLING) COOKING 10 MINUTES**

**110g butter, at room temperature**  
**½ cup caster sugar**  
**1 egg, at room temperature**  
**1½ cups gluten-free plain flour, plus ¼ cup extra**  
**¼ cup rice flour**  
**½ teaspoon ground cinnamon**  
**¼ teaspoon baking soda**  
**½ teaspoon xanthan gum**  
**⅓ cup raspberry jam**

**1.** Preheat oven to 160°C. Grease 2 oven trays and line with baking paper. Using an electric mixer, beat butter and sugar until light and fluffy. Add egg and beat until combined. Add flours, cinnamon, baking soda and gum, mixing well.

**2.** Turn out onto a lightly floured surface and knead lightly until dough comes together. Cover with cling film and chill for 30 minutes.

**3.** Roll out dough between 2 sheets of baking paper to a 25cm x 30cm rectangle. Spread jam over top of dough. Starting from the long side, roll up dough to form a pinwheel. Chill until firm.

**4.** Cut log into 32 x 5mm slices. Place on prepared trays. Bake for 10 minutes or until firm. Cool on trays (pinwheels will firm further).





## Courgette, Pumpkin & Bacon Slice

**SERVES 6 PREPARATION 20 MINUTES (PLUS STANDING) COOKING 1 HOUR, 15 MINUTES**

**300g pumpkin, coarsely chopped**  
**1 tablespoon vegetable or olive oil**  
**1 teaspoon ground cumin**  
**4 rashers rindless bacon, finely chopped**  
**2 courgettes, coarsely grated**  
**2 x 250g packets frozen spinach, thawed**  
**2 spring onions, finely chopped**  
**12 eggs, at room temperature**  
**1 cup cream**  
**2 garlic cloves, crushed**  
**1 cup grated tasty cheese**

**1.** Preheat oven to 200°C. Grease and line base and sides of a 22cm (base measurement) square cake pan with baking paper.

**2.** Line an oven tray with baking paper. Place pumpkin on prepared

tray, season, drizzle with oil, sprinkle with cumin and bake for 15 minutes. Sprinkle pumpkin with bacon and bake for a further 5 minutes. Cool slightly.

**3.** Using your hands, squeeze any excess liquid from courgette and spinach. Place in a large bowl; add pumpkin, bacon and half the onion to courgette mixture, mixing well.

**4.** Whisk eggs, cream, garlic and half the cheese in a jug. Spoon courgette mixture into prepared pan. Pour over egg mixture, stirring to distribute evenly. Sprinkle with remaining onion and cheese. Bake for 1 hour or until just set at centre. Stand in pan for 15 minutes. Transfer to a wire rack to cool. Slice.

## Peach & Coconut Muffins

**MAKES 12 PREPARATION 15 MINUTES COOKING 20 MINUTES**

**2 cups gluten-free self-raising flour**  
 **$\frac{2}{3}$  cup firmly packed brown sugar, plus  $1\frac{1}{2}$  tablespoons extra**  
 **$\frac{1}{3}$  cup desiccated coconut**  
**1 teaspoon xanthan gum**  
 **$\frac{1}{2}$  teaspoon mixed spice**  
**1 cup buttermilk**  
 **$\frac{1}{2}$  cup vegetable oil**  
**1 egg, lightly whisked**  
**3 peaches, peeled, finely chopped, plus 2 extra, peeled, sliced**

**1.** Preheat oven to 180°C. Line a 12-hole ( $\frac{1}{3}$  cup) muffin pan with paper cases. Combine flour, sugar, coconut, xanthan gum and mixed spice

in a bowl. Make a well in the centre.

**2.** Whisk buttermilk, oil and egg in a bowl. Add to dry ingredients, stirring until just combined (do not overmix). Add chopped peach, then mix until just combined. Spoon mixture into prepared holes and level surfaces.

**3.** Top muffins with extra peach slices. Sprinkle with extra sugar. Bake for 20 minutes or until a skewer inserted in the centre comes out clean. Stand in pan for 5 minutes, then turn out onto a wire rack to cool.

### Top tip

♦ Bake muffins up to 2 days ahead. Cover, then refrigerate.





### Top tip

♦ Quiches can be refrigerated for up to 3 days, or frozen for up to 3 months.

## Corn, Pea & Bacon Mini Quiches

**MAKES 24 PREPARATION**  
25 MINUTES (PLUS  
CHILLING) **COOKING**  
25 MINUTES

100g cold butter, chopped  
1 cup gluten-free plain flour  
¼ cup rice flour, plus extra to dust  
⅓ cup non-wheaten cornflour  
1 egg, lightly whisked, plus 4 extra  
2 tablespoons vegetable or olive oil  
¼ cup cream  
½ cup frozen corn and pea mix, thawed  
4 rindless bacon rashers, finely chopped  
150g fresh ricotta  
⅓ cup freshly grated parmesan

**1.** Process butter, flours and a pinch of salt in a food processor until mixture forms fine crumbs. Add whisked egg and process until combined. With motor running, slowly add oil until mixture comes together. Turn out dough onto a clean surface dusted with extra rice flour and knead until smooth. Cover dough with cling film and chill for 30 minutes.

**2.** Preheat oven to 200°C. Grease 2 x 12-hole (⅓ cup) muffin pans. Roll out pastry between 2 sheets of baking paper to 5mm thick. Cut 24 x 8cm rounds from pastry. Press each round into prepared pans. Bake for 10 minutes or until firm.

**3.** Whisk extra eggs and cream in a jug. Divide corn mix, bacon and ricotta among pastry shells. Top with egg mixture. Sprinkle with parmesan. Bake for 15 minutes or until just set.





## Fashion files

Style Director Leigh Matheson



Hugo wears  
tee, \$19.99,  
from Farmers.  
Shorts, \$34.90,  
from Seed  
Heritage.  
Sneakers,  
\$65.90, from  
Zara.

Asher wears  
tee, \$34.99, from  
EziBuy. Shorts,  
\$44.90, from Seed  
Heritage.  
Sneakers, \$39.99,  
from Number  
One Shoes.



Florence wears  
playsuit, \$64.90,  
from Country Road.  
Sandals, \$29.99, from  
Number One Shoes.



There are so  
many footwear  
options for the young  
ones these days – from  
cheap and cheerful  
sneakers to the  
essential slides  
and sandals.



Milla wears  
dress, \$34.99,  
from Farmers.  
Sneakers, \$65.90,  
from Zara.



Ashton wears  
tee, **\$14.99**, from  
Cotton On.  
Shorts, **\$54.90**,  
from Country  
Road. Sneakers,  
**\$49.99**, from  
Number One  
Shoes.

Oscar wears  
tee, **\$19.99**, from  
Cotton On.  
Shorts, **\$54.90**,  
from Country  
Road. Slides,  
**\$29.99**, from  
Number One  
Shoes.



# Class of 2020

*Start the  
year smart  
and stylish*

Amber  
wears  
dress,  
**\$34.99**, from  
Farmers.  
Sneakers,  
**\$59.99**, from  
Number  
One Shoes.





◀◀

Florence wears jumpsuit, \$39.99, from Cotton On. Sneakers, \$55.90, from Zara.

Asher wears tee, \$24.99, from Farmers. Shorts, \$27.90, and sneakers, \$55.90, both from Zara.

Milla wears dress, \$55.90, from Zara. Slides, \$14.99, from Number One Shoes.

Hugo wears tee, \$19.99, from Farmers. Shorts, \$39.90, from Zara. Sneakers, \$29.99, from Number One Shoes.



Amber wears dress, \$34.99, from Farmers. Slides, \$49.99, from Number One Shoes.

Ashton wears shirt, \$29.99, from Farmers. Shorts, \$44.99, from Just Jeans. Sneakers, \$150, from Adidas.

*An easy trick for a cohesive outfit for the kids is wearing tonal colours like these earthy combinations.*

Oscar wears tee, \$24.99, from EziBuy. Shorts, \$39.90, from Zara. Sneakers, \$49.99, from Number One Shoes.



# BACK TO SCHOOL

# HQ







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stationery

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# Fashion files



**\$8**  
**Postie**



**3-piece  
container set**  
**\$19.99**  
**Farmers**



**\$10**  
**Kmart**



**Lunchbag**  
**\$8**  
**The Warehouse**



**Phone stand**  
**\$11.99**  
**Typo**



**\$14.99**  
**Farmers**



**Lunchbag**  
**\$14.99**  
**Farmers**

**BACK TO  
School  
SPECIAL**



**\$17.99**  
**Smiggle**



**4-piece  
container set**  
**\$14.99**  
**Smiggle**



**\$3**  
**Warehouse  
Stationery**



**\$39.90**  
**Seed Heritage**

# Bri SPA

*This handy set with  
various sizes ensures  
you'll have a container  
to suit any snack  
or school lunch.*



**Lunchbox**  
**\$3**  
**The Warehouse**



**\$64.99**  
**Smiggle**



**\$12**  
**The Warehouse**



**\$1**  
**Kmart**



**\$64.90**  
**Seed Heritage**



**Tech sleeve**  
**\$89**  
**Herschel**





**\$3**  
**Warehouse Stationery**



**\$59.99**  
**Smith & Caughey's**



**\$24.99**  
**Farmers**



**Wallet**  
**\$19.99**  
**Smiggle**



**20-piece stationery set**  
**\$15**  
**Kmart**



**\$9.90 for set of 2**  
**Seed Heritage**



**\$9.99**  
**Smiggle**



**\$34.90**  
**Seed Heritage**



**Pen holder**  
**\$11.99**  
**Typo**

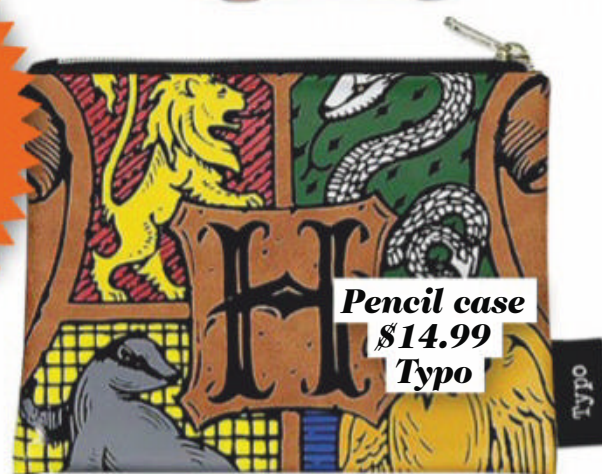
# ght RKs

*Let your  
kids stand  
out from  
the crowd!*

*A pair of bright  
yellow shorts like  
these will keep the  
summer vibes going,  
plus they make it easy  
to spot your kids!*



**Lunchbag**  
**\$24.99**  
**Farmers**



**Pencil case**  
**\$14.99**  
**Typo**



**3-piece container set**  
**\$19.99**  
**Farmers**



**\$19.99**  
**Farmers**



**\$9.99**  
**Smiggle**



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**Seed Heritage**



**\$5 for set of 3**  
**Kmart**



**\$79.99**  
**Skechers**





**\$64.99**  
**Smiggle**



**Lunchbox**  
**\$7**  
**The Warehouse**



**\$10**  
**Warehouse**  
**Stationery**



**\$29.90**  
**Seed Heritage**



**\$20**  
**Postie**



**Drawstring bag**  
**\$19.99**  
**Smiggle**



**Pencil case**  
**\$12**  
**Warehouse**  
**Stationery**



**3-piece eraser set**  
**\$2.50**  
**Warehouse**  
**Stationery**



**Card holder**  
**\$8**  
**Warehouse**  
**Stationery**

# Cool SCH

*Keep the kids  
breeze thr*

*Cute stationery  
items like these  
adorable erasers will  
help kids have fun  
as they learn.*



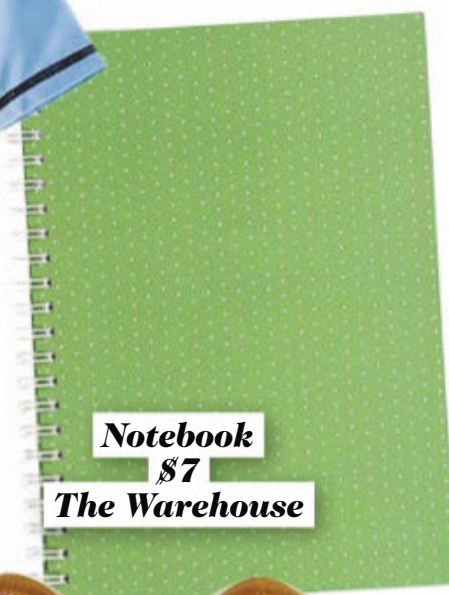
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**Warehouse**  
**Stationery**



**Mouse pad**  
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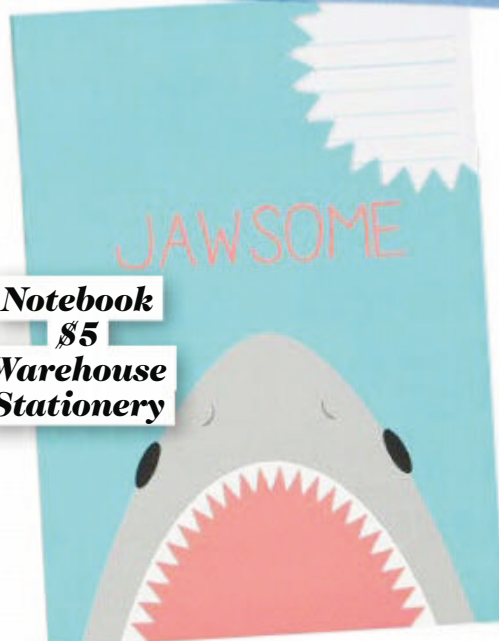
**Rash top**  
**\$10**  
**Postie**



**Notebook**  
**\$7**  
**The Warehouse**



**\$399**  
**Nood**



**Notebook**  
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**Warehouse**  
**Stationery**



**\$39.90**  
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**\$19.99**  
**Farmers**



**\$59.99**  
**Smith & Caughey's**



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**Farmers**



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**The Warehouse**



**\$6**  
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**Smiggle**



**\$62.99**  
**Smiggle**



**\$5**  
**Postie**



**\$99**  
**The Warehouse**

*Hello homework!  
Make sure you invest  
in a new desk so your  
kids have a dedicated  
space for studying.*

**1 for  
OOOL**

*calm and they'll  
ough lessons*



**\$59.99**  
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**Notebook**  
**\$11.99**  
**Typo**



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**\$54.90**  
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**\$69.99**  
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**Healthy living**

Health Editor Penny Lewis

# 10 HEALTHY H TO TEACH Y

*It's more than genes you pass on to  
health choices matter not just to you*

BACK TO  
*School*  
SPECIAL



## 1 MAKE BREAKFAST COUNT

Starting the day with the right fuel means your kids will be firing on all cylinders when they hit the classroom.

"Bread and cereal options should include good amounts of wholegrains and fibre," explains Karina Savage, a paediatric gut health dietitian. "These enable a slow release of sugar into the bloodstream, which means children have longer-lasting energy and concentration."

"Adding in fruit, avocado, nut butters or yoghurt will further boost their nutrient intake and nourish their little bodies."

TEXT: JESSICA MULTARI. PICTURES: GETTY IMAGES.



# ABITS OUR KIDS

*your children! Make  
u, but your brood too*

## 2 REDUCE PROCESSED CARBS

Rice crackers, crisps, puffed potato and corn products offer little else than fast sugar.

Karina explains, "These foods are usually very low in fibre and nutrients, and often high in salt."

To boost their nutritional value, pair with wholesome ingredients such as hummus, nut butters, pesto and avocado.

## 3 PRACTISE MINDFUL EATING

"Eat good food at the dinner table with no distractions, such as screens," advises Karina. "Talk to your kids about food giving us energy, making us fit and strong, and giving us the strength to fight off the bad bugs."

## 4 GIVE 'EM SOME SUGAR

Reducing your kids' sugar intake is important, says Karina, but don't deprive them altogether. "Healthy snacks with small amounts of sugar (wholesome muffins, banana bread, nut/seed slice) will be much tastier and

more accepted by kids. Even with a bit of sugar, these foods are still going to be much more nourishing than packaged salty carb snacks."

## 5 MAKE FOOD THEIR FRIEND

Teach your child to have a healthy relationship with food. "Talk about food in a positive manner – discuss food as 'sometimes foods' and 'everyday foods', rather than good and bad foods," says Karina. "Being too strict will create a 'forbidden fruit' mentality, which may encourage them to sneak treats when they're older."

## 6 BE BODY POSITIVE

Modelling self-love will go a

long way in encouraging body confidence. "We are their biggest influence and we need to talk about our own bodies in a positive way," asserts Karina. "Never talk fat/skinny, and always use words such as 'healthy', 'fit', 'strong', 'smaller' and 'larger'."

## 7 PLATE UP PROPERLY

Combining the right ratio of foods will help sustain your youngster's energy levels and maintain overall health. According to Karina, children ideally need meals comprised of one-third protein, one-third carbs and one-third vegetables.

## 8 EAT THE RAINBOW

Not all veges are created equal. "Talking to your kids about how different coloured fruit and vegetables give their body different 'superpowers' is a great way for kids to understand their health

benefits," says Karina. "You can't underestimate the importance of plant foods on our gut health, immunity and overall wellbeing."

## 9 STICK TO A ROUTINE

Repeated exposure to nutritious foods will set your child up to make healthy choices in the future.

"Repetition is key, especially with fussy eaters," asserts Karina, who recommends training your children to expect the same kinds of nutritious meals at school and at home.

## 10 GROW THEIR INTEREST

Many little ones assume all foods come direct from the supermarket. "Growing fruit and veges in pots at home is a great way to encourage your children's interest in them," adds Karina.







**Your beauty**

Beauty Editor Amy Houlihan

*A busy mum's guide to keeping a summer glow*

# Skin scho

## MASTERCLA

**W**hile there is no denying summer is totally amazing – long days at the beach, aperol spritzes in the sun, festivals – there can be some downsides. Skin is one area that can be negatively affected, with the occurrence of breakouts, heat rash and the dreaded sunburn.

Your skincare regime definitely needs a bit of a rework to cope with the change of temperature and the increase in humidity.

We quizzed Kristina Quintal, owner of Skin Boutique Browns Bay, about how we can avoid and treat summer skincare problems, and her top tips for the best protection under the sun.

**‘Oil is everybody’s friend and should be embraced, not stripped away, as it’s part of your skin’s protective barrier and is anti-ageing’**

### How is skin affected over summer?

Skin is usually better behaved over the summer months, but can be prone to more congestion. An increase in pigment is the biggest change – new freckles will emerge, existing ones get darker and melasma will increase in colour. Your sebaceous [oil] glands are more active due to the increase in core body temperature, and the oil they produce becomes more viscous, so you will notice a lot more shine on your face. Remember, oil is everybody’s friend and should be embraced, not stripped away, as it is part of your skin’s protective barrier and is very anti-ageing.

### How can you avoid and treat summer problems?

Skin may be more prone to breakouts and it’s important to adjust your skincare

routine accordingly. Lighter hydrators work well for daytime and some people wish to simplify their evening routine by using less serum.

It’s important to know your “sun limit” to avoid sunburn. For most people it is actually not long, even when you are using high-quality sun protection. It’s also good to understand that just because you are reapplying your SPF, it doesn’t mean you can stay in the sun all day. Once your skin has reached its sun exposure limit, the burning process will start. Stay in the shade, stay hydrated, wear a UV-protective top and invest in a sunhat. And if the worst happens, most good sunscreen brands also have an aftersun cream to use.

### Do you need to modify your at-home skincare routine during summer?

Definitely, if pigmentation is a concern, you should be using a serum in the morning with tyrosinase inhibitors to help slow the pigmentation process, and apply an SPF every day.

Your evening routine may need to take a step down with less layering and serums, or substituting for creams that are lighter in texture. The humidity should help your skin maintain better hydration levels, unless you work in an air-conditioned building.

Try using a BB/CC cream or a tinted SPF for daytime make-up instead of your normal foundation – they are lighter, softer and give a fabulous look for summer. And never spray your perfume on the sides of the neck or between the breasts (as has been popular in the past), as the alcohol dries the skin and diminishes the effectiveness of any sunscreen product on those areas.

### What in-clinic treatments work well over summer?

Maintenance and protection is key. At Skin Boutique, we perform few skin peels over summer as we want to keep the stratum corneum [outermost layer of the skin] and acid mantle [a fine film on the surface of the skin that acts as a barrier to bacteria] nice, thick and healthy. No IPL treatment is performed in summer as it’s better done over the cooler months, with minimal sun exposure.

### What are your top tips for protecting and maintaining good skin over summer?



# ol SS

Always  
top off  
your SPF  
protection  
with a  
sunhat.

Don't over-exfoliate, use a good morning serum (tyrosinase inhibitor) to help aid skin protection, and get SPF on at least 20 minutes before you go out in the sun.

Gel masks straight from the fridge are lovely and refreshing if you feel you had a little too much sun.

If you are going to the gym in the afternoon, try to remove make-up before you go. Do a gentle cleanse and put a light hydrator on, then once home, rinse and follow with your night routine. If you go first thing in the morning, do nothing to your skin, then once home cleanse and follow with your daytime routine.

Don't over-cleanse – let your acid mantle rebalance and settle.

## What's the difference between chemical and physical SPF?

Chemical SPF's have a great texture and they absorb and scatter the UV over the skin's surface. Physical SPF's are usually thicker and more noticeable on the skin's surface. A physical sunscreen deflects the UV rays off the skin's surface.

**'Gel masks straight from the fridge are lovely and refreshing if you feel you've had a little too much sun'**

### Serums

### Chemical SPF

### Physical SPF

### Mask



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# Hit the SHOPS

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Woman's Day

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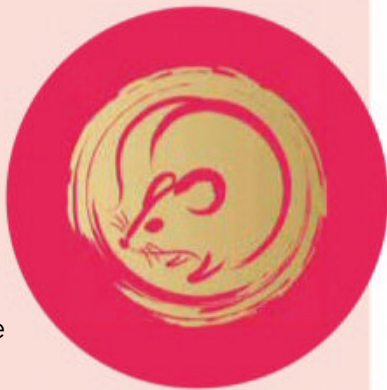


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## IT'S CHINESE NEW YEAR!

Farmers is celebrating with wonderful beauty offers, limited edition packaging and exclusive gifts with purchase from some of our favourite brands. Enjoy double Farmers Club points on some products, triple points on M.A.C lip products and red envelopes for lucky shoppers! See in store or online at [farmers.co.nz](http://farmers.co.nz) for full details.



## GET IT ALL ON DEMAND

NEON is a subscription streaming service with an all-inclusive package for \$13.95 per month, offering hundreds of hours of viewing – from critically acclaimed TV shows to blockbuster movies and highly anticipated premieres. It's also the only place where Kiwis can legally stream hit HBO shows. Watch on your smartphone and tablet, or go big with select Panasonic and Samsung Smart TVs and Sony Android TV. Also available on Chromecast, PS4 and Vodafone TV. Visit [neontv.co.nz](http://neontv.co.nz) to find out more.



## SMILING TUMS, HAPPY MUMS

Smiling Tums baby and toddler food is a medley of yumminess packed into a convenient pouch that gives parents and caregivers the option of a hassle-free mealtime – a lifesaver when you're on the go. Developed alongside nutritionists and naturally sweetened with fruit and veges, Smiling Tums contains no added sugar across the range, including fruit custards. RRP \$1.75 or any two for \$2.90. Look for Smiling Tums in the baby aisle at your local Countdown, or shop online at [countdown.co.nz](http://countdown.co.nz).

## GROWER FRESH TOMATOES

Sourcing the sweetest, juiciest, most flavoursome tomatoes is not just about what you know, but who you know – people like grower Jason Culbert of Pukekohe's NZ Hothouse, who Countdown's buyers have been going back to for 35 years. Taste the Grower Fresh difference for yourself this summer at your nearest Countdown store, or shop online at [countdown.co.nz](http://countdown.co.nz).



## SEND HAYFEVER PACKING!

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Always read the label and use as directed. If symptoms persist see your healthcare professional. Pharmacy Only medicine. Pharmabroker Sales Ltd. Auckland, [levrix.co.nz](http://levrix.co.nz).



# Lunar LUXE

Get your skin glowing like a lantern

**B**eauty companies have created lots of covetable Chinese New Year buys to usher in the Year of the Rat. From limited-edition products to gorgeous red and gold packaging, celebrate the festive occasion in style.



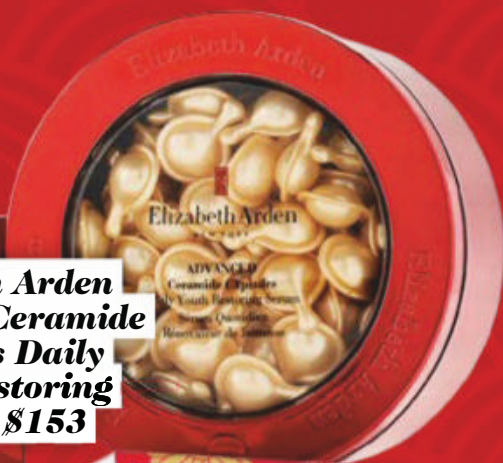
**Clarins**  
**Chinese New Year**  
**Golden Double Serum**  
50ml, \$175



**Clinique**  
**Zhi Zhi**  
**Cheek Pop**  
**Highlighter,**  
\$48



**Elizabeth Arden**  
**Advanced Ceramide**  
**Capsules Daily**  
**Youth Restoring**  
**Serum, \$153**



**Kiehl's Ultra**  
**Facial Cream,**  
\$98



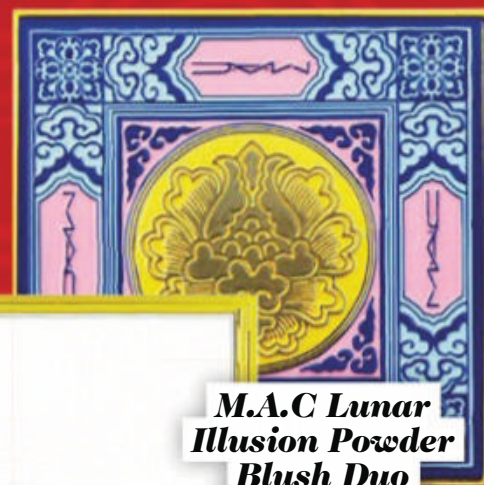
**Lancôme**  
**Génifique Yeux**  
**Light Pearl,**  
\$131



**Shiseido Ultimune**  
**Duo Set**  
\$259



**Clinique iD**  
**Dramatically**  
**Different**  
**Hydrating**  
**Jelly Base,**  
\$55



**M.A.C Lunar**  
**Illusion Powder**  
**Blush Duo**  
**in Dynastic**  
**Fantastic, \$54**

## LUCKY RED ENVELOPES

For customers who shop Lancôme, Estée Lauder, Clarins, Shiseido or Elizabeth Arden during Chinese New Year weekend, Farmers has some lucky red envelopes filled with fabulous beauty rewards! Not to be missed, these envelopes are available in selected stores for customers who spend \$150 or more.



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I'm just a girl,  
standing in front of  
a *salad*, asking it  
to be a *cake*.

Find me in the muesli bar aisle.



Have what you *cra*ve...

General Mills ©



# Happy FAMILY

*How to enrich your home life*

**T**he start of the new school year is the ideal time to set the stage for healthy habits for the whole family.

Take time to think about how you'd like your whanau to function in 2020 – set goals and communicate them with everyone in your household. Encourage all the members to get on board as it's never too early to start conversations around ways to increase your happiness and wellbeing.

## CUT THE SUGAR

Filling lunchboxes with sugar-laden snacks is an easy trap for busy parents. Ready-made muesli bars and salty snack packs are notoriously unhealthy, despite packaging that sometimes suggests they're a nutritious choice. Get into the habit of checking the labels for the lowest sugar option. Even better, set aside a couple of hours at the weekend to make your own muesli bar slice for the week ahead or bake some healthy muffins that can be frozen and popped into lunchboxes each morning.

## BE GREEN

Reducing packaged food is not only good for your diet, but for our planet too. Aim to ditch plastic wrap this year and give up on mini-sized snack packs. Instead, invest in bento-style lunchboxes, which have compartments for different foods and reduce the need for plastic wrap. Many have sealed lids, which means you can include things like yoghurt or hummus without spills.

## EARLY NIGHTS

If the kids have got used to having late nights during the holidays, it can be hard to suddenly enforce a stricter routine the night before school starts. Instead, bring forward bedtime by 10 minutes each day for the week before they go back. The kids are unlikely to notice the slight change and before you know it, they'll be back to normal routines just in time for school. Best of all, they'll be well-rested and hopefully rarin' to go.

## EAT LESS WHITE FOOD

White bread, white rice and white pasta are refined grains that contain virtually no fibre, so you don't feel satisfied after eating them. Introduce kids to healthier alternatives, such as quinoa, whole-grain pasta and brown rice – it will make their digestive systems function better, they'll feel fuller for longer and in turn you'll have healthier, happier children!

## PLAY AN ACTIVE ROLE

Research has shown that parents who are physically active are more likely to have children who enjoy exercise too. So be a role model to your kids, and spend less time indoors and more time outside. Start the weekend with a family bike ride, enrol your kids in activities that involve movement, and book holidays that include bush walks and adventures.

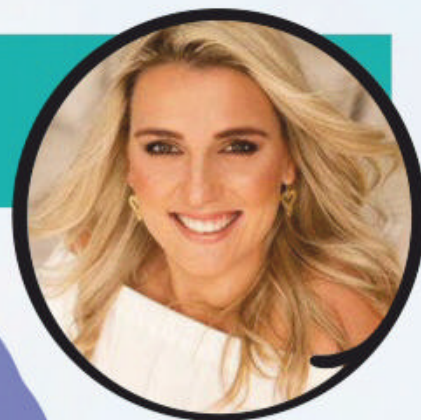
BACK TO  
*School*  
SPECIAL

## Questions for Gemma

Write to  
wdaynz@bauermedia.co.nz or  
Woman's Day, Private Bag 92512,  
Wellesley Street, Auckland.

Wellness

With Gemma McCare





# 5 reasons to go to NAPIER'S ART DECO FESTIVAL



## Lynley Ward steps back in time for a roaring good party

**R**ising from the rubble of our country's worst natural disaster, bold choices made nearly a century ago have put Napier on the world map as a wonderful example of Art Deco architecture. For the past three decades, locals and tourists alike have celebrated its unique heritage.

### 1 *There's so much to toast*

On the third weekend in February, Napier becomes party city for the annual Art Deco Festival (this year it's February 19-23). Music plays, people dance in the street and the martinis are plentiful as tourists pour into Hawke's Bay for a good time. As you walk around the main shopping area and dazzling waterfront, you have an appreciation for what was accomplished in the swift rebuild that took two years, embracing Art Deco and Spanish Mission styles. With the majority of city centre buildings thankfully spared the developers' wrecking ball in the '70s, the streets are a pastel-infused dream and worth taking the time to admire.

### 2 *It's the ultimate dress-up party*

If you are not in period costume, you're the odd one

out. To wander the city centre during the festival is like being in a time warp. This is the perfect opportunity to fish out your great-aunt's hats, brooches, pearls and costume jewellery – and fox stoles for the more daring fashionistas (yes, there were real pelts draped around shoulders) – to pair with and outfits for parading around town. Unless you already have a passion for Deco clothing, costume hire shops are a great go-to.

### 3 *You'll love the entertainment*

Whether you pay to hear a world-class opera or simply wander around the waterfront, strains of live music fill the air from morning to night. I loved taking a lazy stroll on a hot day and happening upon slick jazz ensembles performing outside shops, or joining the crowds captivated by street artists conjuring up magic. With entertainment options at so many venues within a stone's throw of the city centre, I didn't even mind falling asleep with music playing late into the night at the nearby Sound Shell. It was the perfect soundtrack to a weekend of celebration.

### 4 *Architecture made interesting*

I'd visit Napier as a young

girl and play in the brightly coloured Art Deco landmarks along Marine Parade, yet never appreciated the rich architecture until I went on a guided tour around town. The 90-minute walk was a valuable visual lesson in period features. No two buildings appeared the same and yet the distinct sunbursts, fountains and geometric shapes tied them all together. But for me, the gem was the grand ASB Bank building and its seamless fusion of koru alongside ziggurat patterns, making this edifice a treasure both in Aotearoa and the world.

### 5 *Bring the kids*

Who doesn't get a thrill watching a vintage plane fly high into the air before suddenly plummeting to earth in a heart-stopping death spiral? Or being crammed on a footpath with only a metal barrier between you and homemade soapbox carts careening down the road, wondering how many will crash before the finish line? This is a fun weekend that has dog and fashion shows, a spectacular vintage car parade, traction engine rides and picnics on the seashore so everyone in the family will end up having a good time, not just mum and dad.



My daughter Ashleigh and I were driven around town in a gorgeous green 1929 Chevy.



Paw parade! A classy canine joins the fun and dresses up with its family.



The waterfront Sound Shell comes alive with different acts performing all day long.



*A Forever Reminder that*  
**An Angel**  
**Watches**  
**Over You**



SPARKLING WITH  
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HANDCRAFTED OF  
STERLING SILVER

UNIQUE SCULPTED FEATHER  
DESIGN WITH  
HEART-SHAPED BAIL

While it is difficult to lose someone with whom you have shared so much, there is comfort in knowing that special person in your life can still be with you in spirit, watching over you, as a reminder of an everlasting love. This comforting reassurance is expressed in the touching poem shown above and is the inspiration for our uniquely beautiful new *"When Angels Are Near"* Diamond Pendant. Exquisitely hand-crafted in shimmering solid sterling silver, this stunning pendant is sculpted in the shape of a delicate angel's feather. A glittering channel of a dozen genuine diamonds extends from the precious heart-shaped bail—a reminder of your forever love—down the full length of the design. A matching 46cm sterling silver chain completes the look.

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01-27145-001



*Feathers Appear  
When Angels are Near*

*A feather from an angel,  
is one we rarely see.  
But this one is quite different,  
and as special as can be.  
This feather is a reminder,  
of my unending love.  
I am your Guardian Angel,  
watching over you from above.*

Comes with the  
touching poem  
*"Feathers Appear  
When Angels  
are Near"*



**A LIMITED-TIME OFFER... RESPOND TODAY!**

As beautiful as it is inspiring, this exclusively designed pendant arrives with a specially prepared "Feathers Appear When Angels are Near" poem card and Certificate of Authenticity in a velvet jewellery pouch and presentation box. An enduring keepsake for you or someone close to you, it's an exceptional value as well at just 3 instalments of \$49.99 or \$149.97, plus \$14.99 postage and handling. To reserve yours, backed by our 120-day guarantee, send no money now. Just return the coupon or go online today at [www.bradford.net.nz/faith](http://www.bradford.net.nz/faith)

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## A date with Sarah-Kate

# GROWING PAINS

*Sarah-Kate's caught the gardening bug*

**T**here are certain things that happen naturally as one ages. Grey hair. (Not if I can help it.)

**Coronation Street. (Not yet.) Groaning when you get in and out of a chair. (That's what Pilates is for.) Not understanding young people. (OK, Boomer!)**

So far, thanks to my native cunning and a sympathetic hairdresser, I have managed to avoid all the above. But I'm not immune. After literally decades of avoiding that other cruel obsession so beloved by those in their let's call them "extreme 40s", I have finally succumbed to ... gardening.

For years I've mocked the Ginger because he was born a gardener. Not for him waiting until retirement and bouts

between bowls – he's been in there boots and all ever since I met him. And he's good at it.

We've got quite a big section, which was bare when we bought it 13 years ago, but is now stuffed to the gunnels with flax and hedges and other things I don't know the name of.

My contribution? Two rose bushes. Not the best choice when you consider we live on the windy, wild west coast, but the Ginger doesn't do flowers. And I have to say, my Diamonds Are Forever yellow bloomer is a corker, showing way more gumption than our lime tree which is the same age and has yet to bear a single fruit. It'll be a long time between margaritas if I'm relying on that.

And I also have a flaming red Maggie Barry. The real

Maggie Barry is a longtime friend, well aware of the lack of green about my fingers, and I think she's quite surprised that I've managed to keep her namesake alive if not kicking for the past few years.

I value my friends, so letting her wither is not on the cards. Instead, I put banana peels on her and make sure she's never parched, and when she has more than one bloom at a time, I express my gratitude.

In fact, it was when I was out looking at my roses that I noticed the place where they are planted had big bald patches of earth interspersed only with raggedy weeds.

Normally, this would require one word: "Ginger!" But unfortunately he was working in the South Island and couldn't hear me. If that

turf was to be turned and something done to zhoosh it up, the zhooshing would have to be mine.

And so I went to a plant nursery. There's a fabulous one, it turns out, near us and with all its neat rows of gorgeous colourful things, I couldn't believe I hadn't been there before.

Fifteen star jasmine plants and some compost later, I was at home, seriously zhooshing. It was hot work and I didn't have the right shoes, but I have to say, the satisfaction I felt at the end of the day was right up there with baking a really good cake.

Is this the end, I wonder? Or just the beginning? The Ginger nearly died of shock when he saw it. But had he gone, it would have been with a smile on his face.



## Kate's home truths

# A CLASS ACT

*Kate's hoping her girl gets an A-plus teacher*

**H**eadling back to school is always a nerve-wracking time, no matter what age or what year you're in. It's the luck of the draw in terms of who you'll get as teachers, who'll be in your class, what dramas may unfold with friends and so on. You'd think it'd get easier as you get older, but my observation is the butterflies kick in day one no matter what age you are.

The biggest thing, I think, is the teacher. With the four different schools our five kids have attended, we've seen the whole gamut when it comes to teachers. We've had the great ones, the inspiring ones, the dedicated ones, the ones who go above and beyond.

We've also had the terrible

ones, the grumpy ones, the ones who clearly don't want to be there, the ones who can make a year miserable for a child. It's tough.

My youngest was lucky last year, she had the best teacher ever, one who was dedicated and always went the extra mile. One who made an effort to understand the students and their various learning styles, one who'd stay after school to help, a teacher who loved her job and made a solid commitment to it.

As a parent, you are so grateful to those educators. They can encourage and inspire your child no matter how tough the subject. So I always cringe when a renowned "bad teacher" gets tossed their way – they can really mess with a kid's head.

It's a vital and pivotal role being a teacher, and I know more and more is expected of them, but I can't tell you how much the good ones are appreciated.

So it's with slight trepidation we have the baby of the family heading off for another year of school. She wants to know who's in her class, who her teachers will be, what her subjects will be like and how hard the work will be.

There's so much unknown. But all you can do is hope for the best and work on building resilience for them if it's not.

One thing that does get better as they get older is they outgrow that whole coverseal-every-book-and-label-it-with-colourful-stickers thing. Yay! Coverseal is surely the work

of the devil. There's nothing worse than trying to apply it to their work books and getting your fingers and arms stuck on it in the process.

Then there's the endless hours of trying to straighten out those blasted bubbles with rulers, credit cards, anything that might make the books remotely presentable.

Thankfully, my daughter no longer cares about the fancy coverings.

"Flag it, Mum," she said dismissively one day when I pointed to a roll of the stuff at the stationery shop. "I'm over it," she proclaimed, much to my delight.

So off she goes with plain boring uncovered books, a handful of new pens and her fingers crossed for some good teachers.





# ASK POLLY

Get advice from fast-talking Rova and More FM star Polly Gillespie

## Pollyism of the week

**M**ost of my career so far has been in radio. I've done TV stuff. Hardly a career – more short-lived strange experiments, most of which have failed.

I always wanted to be an actor and I did spend my varsity days studying theatre. I only ever imagined myself as a stage actor or a foot specialist, which are odd alternate career paths.

Radio I live and breathe. Acting I relish. Feet I have gone off, but what I truly love and find utterly fulfilling is writing. Unfortunately, most of the men I know wish I'd stop.

I'm a talker, but one of the most important skills in radio – and life – is listening. It's the key to making friends, connecting with people and changing the world. If all you do is talk, then chances are 99% of what you say isn't worth hearing.

There is something, though, that I love about writing – it gives me a chance to roam about in my mind and pop down corridors that I can't seem to do as well when I'm speaking. It's like I cast off what few shackles I have and just let my thoughts flow out. This, I believe, is a good thing. Until it's not.

I'm an over-texter. I text novels. I text a stream of consciousness that challenges society's idea of what a text should be. SMS (or text message) stands for "short message service". That's the bit I don't seem to get – the first bit. The "short" bit. It's not as if I don't know that I "ramble text".

I'm fully aware that I

should at least break them down to 25 shorter messages.

Recently, I've noticed that a lot of men I know would like me to cease and desist texting them. Even men who like me. Even men who love me. Generally, all men.

Grant: "Polly, I've started muting your texts. They take hours to read."

Geoff: "Can we make it a firm rule that any important conversations are on the phone or face to face?"

Leon: "Pols, call me. No texting. Call me. Got that?"

Christian: "Polly, I think it might be easier if you just called me. Just repeating it – it might be easier if you just called me!"

Timothy: "Polly, I never read beyond your first 30 words, so put all important information first."

David: "Should I call you? I lost interest in your text after chapter eight."

Tom: "It might be easier to just walk down the hall and explain that, Mother."

McGregor: "I'm not reading your text, Mum. It's too long and you need auto correct."

Bond: "Lol, are you drunk?"

No, I'm not drunk. Yes, I do push "send" before checking for mistakes (and there are many!). The women in my life are far more polite and way less impatient.

I need to learn some kind of shorthand. Or maybe I just need to have a limited number of words I can text like in the olden days on the good old Nokia. I was not half as annoying with a limited character count.

*x Polly*



**Q** Should parents buy their teens alcopops so they know what they're drinking at parties – or not?

● Psst!, Auckland

**A** I'm sorry? Are you asking me if parents should buy their children booze? No!

No, they absolutely shouldn't. We have one job in life that matters. It's called parenting. Giving kids boundaries is part of parenting. What's next? Scoring them weed at the local tinny house? Your job is to be a parent, not an enabler. They will break rules, but they should know there are rules and repercussions. That's life!

**Q** With the new school year starting soon, I'm looking for ways to pull back from all the PTA stuff and

parent-helping. I've done my dash, but I know the busy-bee leader of the parent helpers' committee will try and guilt me into another year of work. How should I approach my exit?

● Bowing Out, Taupo

**A** One of the greatest things you can learn to do is to say no without explaining yourself. A firm, nice, softly spoken but absolute "no" is one of the most positive things you can do. Do it!

## Questions for Polly?

Write to  
wdaynz@bauermedia.co.nz or  
Woman's Day, Private Bag 92512,  
Wellesley Street, Auckland.



COOL THINGS TO WATCH, READ, HEAR  
AND DOWNLOAD THIS WEEK!



Chicks in charge!  
Funny females  
(from left) Tiffany,  
Salma and Rose  
team up for some  
hilarious hijinks.



## TIFFANY'S TAKEOVER

# FIERCELY FUNNY

**She keeps the laughs coming as her star continues to rise**

**S**he was the breakout hero of *Girls Trip* in 2017 and since then Tiffany Haddish has taken the world by storm. Now she's teaming up with fellow funny ladies Rose Byrne and Salma Hayek for the hilarious new girl-power comedy, *Like a Boss*.

The film follows Mia (Tiffany) and Mel (Rose), who built their cosmetic company from the ground up but find themselves in debt. When make-up mogul Claire Luna (Salma) offers to buy them out, the deal is too

good to pass up. But Claire's intentions aren't what they seem and the best friends must work together to save their business.

While tensions may flare on screen, there was nothing but love between the co-stars.

"I was in stitches most days," tells 40-year-old *Bridesmaids* star Rose.

Adds Salma, 53, "I knew [Tiffany] was going to be fun, but I didn't know she was going to be so nourishing to have around."

Despite only recently finding

success, Tiffany has been a performer all her life. At 18, she worked in the Air New Zealand transit lounge at LAX Airport and liked to treat passengers to shows to help them pass the time.

"People would say, 'It's boring in here,' so I would do monologues," the 40-year-old *Night School* actress says. "And sometimes I would bring my little radio in and I would put the speaker up to the PA system, play some music and start dancing. I just wanted everyone to be happy."

So what's next for Tiffany? She's looking for love, revealing, "I've been on Bumble ... I wanna meet a normal guy."

TEXT: REBEKAH HEBENTON.

### Q&A

UNDERWATER,  
IN CINEMAS  
THURSDAY

## KRISTEN GOES DEEP

**The actress faces her fears  
and dives into a dark new role**

**K**risten Stewart is best known for her role in the *Twilight* films, and she's recently reappeared on the big screen in the *Charlie's Angels* reboot. Now, ahead of the release of her new horror *Underwater*, the 29-year-old talks about the challenges she faced during filming.

**What was it about *Underwater* that drew you in?**

I have a great fear of water in

general, so I did think it was an appealing prospect because it's about survival instincts and how people react to trauma. And it's about a group of people who don't really know each other trying to come up with a solution and then realising that they've all gone to an inaccessible place that should not have been touched upon ... that we've dug up something really violent and unnatural and dangerous.

**Were you looking to face your fears on the film?**

That's always a massive draw for





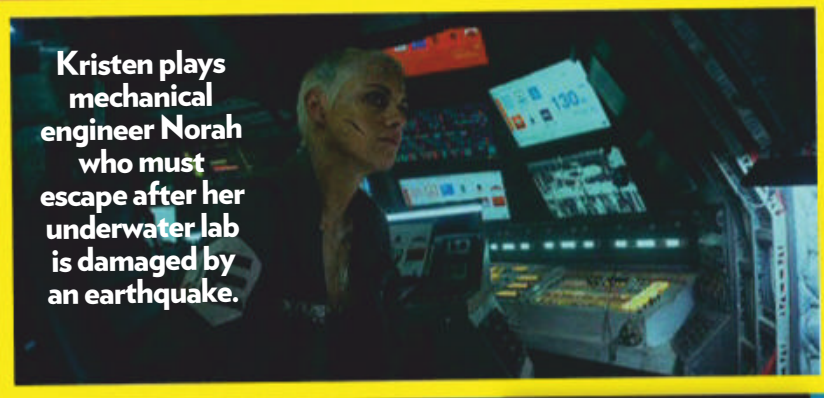
**NEW  
RELEASE**

**LIKE A BOSS,  
IN CINEMAS  
THURSDAY**

me – it's sort of a prerequisite on a job! Unless I'm feeling afraid of something, I usually find there's nothing there for me to get at, no reason to do the film. If I was cosy making the movie, it wouldn't have made sense. I thought it was going to be fun and it turned out to be utter hell, which really served the film!

**You had a say in your character Norah's look. What did you want to bring to her?**

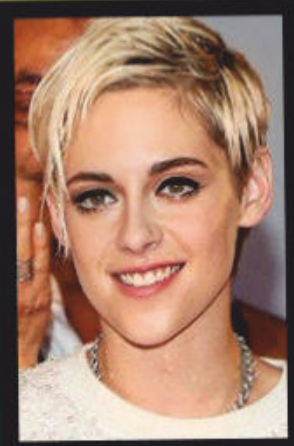
To be honest, it was just a very cool opportunity and an excuse to shave my head! But the look reflected somebody who was so spartan and didn't like herself very much. She's a little stripped, she doesn't have much left, so she wouldn't care how she looked.



**Kristen plays mechanical engineer Norah who must escape after her underwater lab is damaged by an earthquake.**

**What was it like working with director William Eubank?**

He was always very sympathetic. He was always willing to put himself in our shoes. One day he came to set and we were all so exhausted and struggling. So he put one of the suits on because he wanted to better understand our situation. On that level, he was really nice about our plight.



# THE BUZZ-O-METER

*What's buzzing on the page, stage and airwaves*



## TV

### **The Circle** Available on Netflix

This could be your new reality obsession! Think *Big Brother*, except the contestants never meet in person – they only interact via their 'Circle' social media profiles. Each week, they rank each other and the top two decide who is blocked from the game.

## EVENT

### **Laneway Festival** Monday, January 27

The popular music festival returns to Auckland's Albert Park with another incredible line-up. After being the runaway success at the Vodafone New Zealand Music Awards, Kiwi artist Benee has more than earned her spot alongside indie darlings The 1975 and British pop superstar Charli XCX. Get your tickets now!



## FILM

### **A Beautiful Day in the Neighborhood** In cinemas Thursday

Tom Hanks stars as America's much-loved children's entertainer Fred Rogers in this heart-warming biopic. Journalist Lloyd Vogel is tasked with writing a profile on Mr Rogers, which he approaches with scepticism, not believing anyone could be so good-natured. But Fred's empathy and kindness quickly chip away at Lloyd's jaded outlook and a lifelong friendship is formed.



## PODCAST

### **Office Ladies**

Best friends and co-stars on *The Office*, Jenna Fischer and Angela Kinsey are doing the ultimate series binge. Each week, the actresses break down an episode of the show and share fun behind-the-scenes stories from their days filming the beloved comedy.





COOL THINGS TO WATCH AND DOWNLOAD

HEAR EK!

Hats off to the captain! Hugh tries to keep things running smoothly after his ship gets into trouble.

# AVENUE 5 TAKES OFF!

Enjoy some out-of-this-world laughs

**S**et your phasers to fun! *Avenue 5* is a new space tourism comedy from *Veep* creator Armando Iannucci, following the captain and crew of a luxury space cruise liner as they navigate disgruntled passengers and unexpected events after a major systems malfunction. Read on to get to know the quirky crew ...

## HUGH LAURIE

**as CAPTAIN RYAN CLARK**  
The most well-known face in this sci-fi line-up, *House* star Hugh takes charge of the intergalactic vessel. Outwardly confident, controlled and personable, Ryan is the man you want in charge if something goes wrong.

## SUZY NAKAMURA

**as IRIS**  
Suzy plays Herman's right-hand woman and CEO of Judd Industries. Sharp and serious, she's there to figure out what Herman wants and to make sure it happens.

## JOSH GAD

**as HERMAN JUDD**  
The voice of *Frozen*'s lovable snowman Olaf, Josh plays the arrogant and flamboyant billionaire who owns the *Avenue 5*. Terrible at science, he leaves the running of the ship to the experts and employs people to give him the answers he wants.

## LENORA CRICLOW

**as BILLIE**  
She played a ghost for four years on *Being Human*, and now Lenora takes on the role of outspoken and career-focused engineer Billie, who loves building and fixing things but is terrified of dying in space.

## ZACH WOODS

**as MATT**  
*Silicon Valley* star Zach plays Matt who, as head of customer relations on board the *Avenue 5*, just wants a promotion to a more senior role back on Earth.

AVENUE 5, THURSDAY, 8PM, SOHO2

Passengers aboard the *Avenue 5* relax with some yoga before disaster strikes.

TEXT: JENNIFER REYNOLDS



## AND THE OSCAR GOES TO ...

Check out these films nominated for Best Documentary Feature

### For Sama

**In cinemas February 6**  
Syrian journalist Waad Al-Kateab made history when her film was nominated in four categories for the BAFTAs, making it the most nominated documentary ever. The movie shows Waad's life through five years of the uprising in Aleppo. She falls in love and gives birth to Sama while conflict begins to engulf the city. She and her doctor husband face an agonising decision: flee to safety or stay behind to help victims.



### American Factory

**Now on Netflix**  
This is the first film distributed by Barack and Michelle Obama's company, Higher Ground Productions. Documented over two years, the film is set in post-industrial Ohio, where a Chinese billionaire opens a new factory in the husk of an abandoned General Motors plant. The company's early days of hope and optimism give way to setbacks as high-tech China clashes with working-class America.



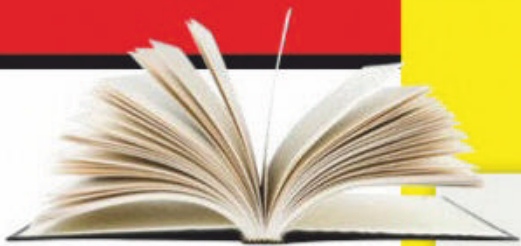
### Honeyland

**In cinemas March 6**  
Winner of the Grand Jury Prize at the Sundance Film Festival, this Macedonian documentary follows the life and labours of Hatidze Muratova, one of the last wild beekeepers in her remote village. Shot over three years and condensed from more than 400 hours of footage, it tells a surreal but poignant story of human struggle, persistence, plus our relationships with one another and with Mother Nature.





# BOOKS



## TOP READS

Deputy editor Marilynn McLachlan  
shares her page-turning picks

**OUT NOW**

### SUCH A FUN AGE

BY KILEY REID

(Bloomsbury, rrp \$32.99)

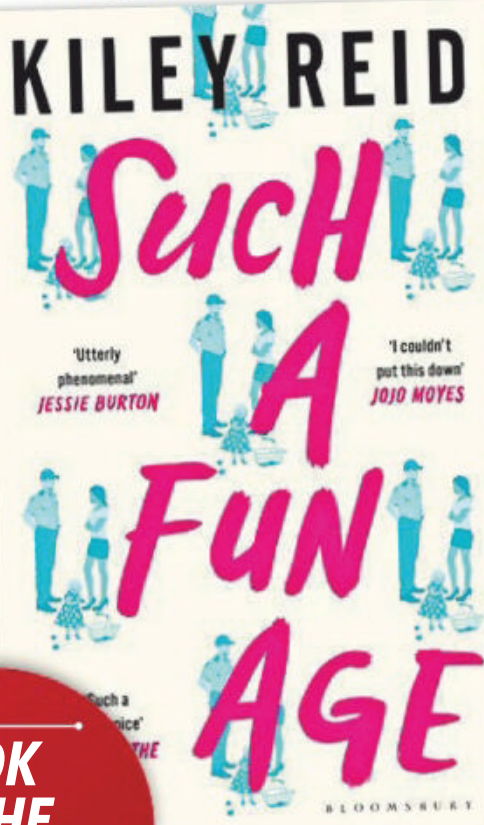
**I**t's the talk of the book world at the moment, and for very good reason.

This debut novel is easy to read yet covers topics such as privilege and racism, while capturing modern-day anxieties perfectly.

The story kicks off when Emira, a 25-year-old black woman, is cornered by security at a supermarket for 'kidnapping' a white child she is actually babysitting.

A bystander films the event and while she is humiliated, a furious Emira just wants the situation to go away. But her employer Alix decides she needs to put things right.

Wanting to have the kind



**BOOK OF THE MONTH!**

of relationship her pals do with their babysitters, she invites Emira to Thanksgiving dinner. But when she arrives with a boyfriend who once broke Alix's heart, things start turning pear-shaped very quickly!

marian keyes  
**Grown Ups**

**OUT FEBRUARY 4**

### GROWN UPS

BY MARIAN KEYES

(Penguin, rrp \$37.99)

Delving into the lives of three brothers, their relationships and their kids, Marian Keyes is back again with another stellar family drama. The story opens with a dinner party gone horribly wrong before going back to show us the months that led to this point. From birthday parties to weekends away, the seemingly perfect family unravels as desires and secrets are exposed and the adults are forced to wonder if it's actually time to grow up.

BETH MORREY  
**saving missy**

**OUT NOW**

### SAVING MISSY

BY BETH MORREY

(HarperCollins, rrp \$32.99)

Missy once had a wonderful life with two children, a loving husband and a degree from Cambridge University. But her world has changed and now she's 79, estranged from her children, living alone in a big house, and wanting nothing more than for her life to go back to how it once was. Then one day she meets a mother at a local park and makes a group of new friends who will ultimately change everything.

## NEW IN NON-FICTION

**OUT NOW**

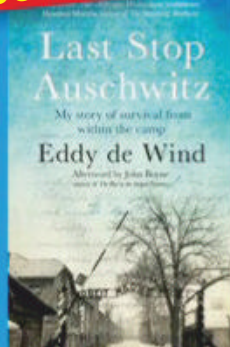


### LIFE AS A CASKETEER

Francis and Kaia Tipene  
(HarperCollins, rrp \$39.99)

They're two of New Zealand's favourite undertakers, with their own TV series about day-to-day life (and death) at their Auckland funeral business. Francis and Kaia open up about their modest yet culturally rich Maori upbringing, marriage and what it takes to grow a business.

**OUT NOW**

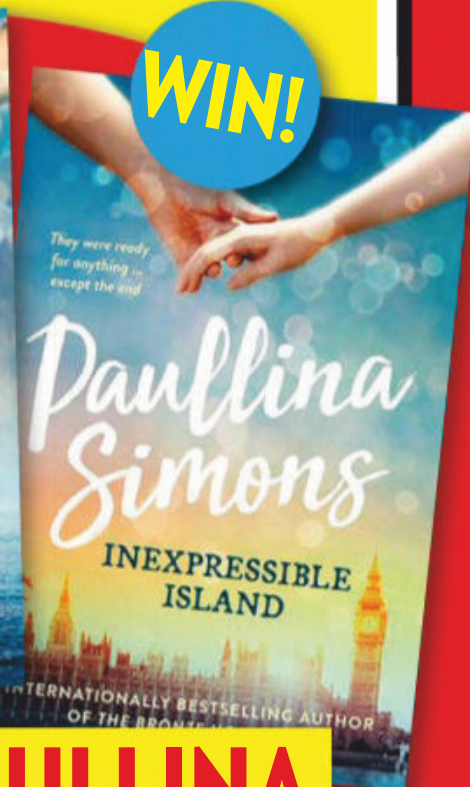


### LAST STOP AUSCHWITZ

Eddy de Wind  
(Penguin, rrp \$38)

Thought to be one of the only full books written from within Auschwitz, this is a Dutch doctor and psychiatrist's remarkable account of suffering and the daily struggle to survive in one of the most harrowing places on earth.

But it also tells of hope and the enduring power of love.



## THE POWER OF PAULLINA

International best-selling author Paullina Simons had a monumental year in 2019, releasing not one but three books in her End of Forever saga. Starting with *The Tiger Catcher* and continuing in *A Beggar's Kingdom* and *Inexpressible Island*, Paullina takes readers on an extraordinary adventure of love and loss, exploring the mystical forces that bind people across time and space. We have five sets of the trilogy to give away to kick-start your summer reading. To enter, send your name and address to [wdaynz@bauermedia.co.nz](mailto:wdaynz@bauermedia.co.nz) with the subject line "Paullina" by January 31. One entry per person.



# BEST ON THE



## 1 AUSTRALIAN SURVIVOR

MONDAY, 7.30PM, TVNZ 2

Pitting Champions and Contenders against each other has made for one of the most exciting seasons of *Australian Survivor* to date. We have seen super-fans and supermodels voted out in their bid to outwit, outplay and outlast their competitors. But now it's time to find out who will be crowned the ultimate sole survivor and claim the \$500,000 cash prize.



## 3 THE KINDERGARTEN TEACHER

THURSDAY, 8.30PM, SKY MOVIES EXTRA

Maggie Gyllenhaal stars as a 40-year-old married kindergarten teacher who is terminally bored with her banal middle-class existence. When she becomes convinced that her five-year-old student is a budding poetic genius, she goes to reckless and unreasonable lengths to nurture his talent.

## 2 CALL THE MIDWIFE CHRISTMAS SPECIAL

FRIDAY, 9.15PM, TVNZ 1

Your favourite midwives return with another heart-warming festive episode! Expect laughs and tears as Mother Mildred and the Nonnatus House team head to the Outer Hebrides in response to a nursing shortage. Back in Poplar, Reggie returns home for Christmas and is inspired to try to break a new world record.



## 4 AWKWAFINA IS NORA FROM QUEENS

THURSDAY, 9.35 PM, COMEDY CENTRAL

She just won a Golden Globe for her work in *The Farewell* and now you can catch Awkwafina in her very own comedy series! The show is loosely based on her experiences growing up in New York, where she was raised by her dad and grandma alongside her cousin. We follow Nora as she leans on her family while navigating life.





# BOX

## MONDAY JANUARY 20 – SUNDAY JANUARY 26



### 5 THE RADICAL STORY OF PATTY HEARST

TUESDAY, 9.30PM, PRIME

She's the granddaughter of one of the richest men in America, and in 1974 she was kidnapped by left-wing terrorist group the Symbionese Liberation Army (SLA). More than 40 years later, it's still one of the most bizarre stories in modern US history. In the final part of this thrilling documentary series, we see how the heiress used the power of her family's media empire to rebuild her image, and explore who Patty Hearst really is: victim or villain?

### 6 NCIS

TUESDAY, 8.30 PM, THREE

A brand-new season of the naval crime drama sees the return of a familiar face. As the episode begins, it is revealed that Agent Ziva David is alive and well after faking her death. She's on the run with Gibbs at her side and a pack of trained killers after them. Without the help of their team, the pair must figure out who wants Ziva dead and why.



### 7 THE DARK KNIGHT RISES

MONDAY, 8.30PM, PRIME

In the epic conclusion to Christopher Nolan's superhero saga, Batman (Christian Bale) is forced out of self-imposed exile when Bane (Tom Hardy) starts wreaking havoc in Gotham City. But the masked vigilante has met his match and falls into Bane's trap. With the help of Catwoman (Anne Hathaway), the Caped Crusader must take down the terrorist before he completely destroys the city.

**DON'T MISS!**

THE BEST OF STREAMING



### THE DEAD LANDS

Thursday on TVNZ OnDemand

Rating: ★★★★★

This local series follows Waka Nuku Rau, a murdered Māori warrior who has been sent back to the world of the living to redeem his sins.



### STATION 19

Friday on TVNZ OnDemand

Rating: ★★★★★

In what promises to be the most gripping season yet, we follow our favourite group of Seattle firefighters as they put their lives and hearts on the line.



### SEX EDUCATION

Now on Netflix

Rating: ★★★★★

The quirky British comedy returns for a second season, with Otis set to dish out more sex and relationship advice to his classmates.



### FIGHTING WITH MY FAMILY

Thursday on Neon

Rating: ★★★★★

Starring *Little Women's* Florence Pugh, this film follows the true story of Paige's journey from being a wrestling fan in small-town England to becoming one of the biggest stars in the WWE.



# Woman's Day PUZZLES

Relax with our fantastic collection of fun puzzles and you could win cash!

Win  
\$100

## Spot the difference JAMIE OLIVER

Can you find the sixth difference between these two pictures of the British celebrity chef in New York City? Write your answer on the entry form on page 80. January 6 solution: Shadow is longer. Winner: J Edens, Christchurch.



Answers: 1. Title missing from book 2. Jamie's trainers are a different colour 3. Cactus gone from jacket 4. T-shirt removed 5. Jamie's hand disappears 6. ???

## Who am I?

I was born in the US in 1984. Dad was an architect and my sister and I were raised in a small town in New York. As a kid, I was very musical, playing the piano and cello. From the age of five, I began doing funny voices. As a shy person, I found it an easy way to communicate to an audience. After school I attended Columbia, a prestigious Ivy League university, to study theatre, and it was there that I got into comedy. After graduating, I lived in New York, where I performed live sketch comedy, and in 2007 I started appearing on a TV show featuring up-and-coming comics. Over the following years, my profile on the comedy scene increased until, in 2012, I got my break on *Saturday Night Live*. Film roles followed, including *Ted 2* and *Sisters*, and in 2016 I starred in the *Ghostbusters* reboot. Since then, I've become the longest-serving female member on *SNL*, thanks to my hilarious impersonations, and appeared in movies such as *Rough Night* and *The Spy Who Dumped Me*. Currently starring alongside Charlize Theron and Nicole Kidman in *Bombshell*, who am I?

SOLUTION NEXT WEEK

### ACROSS

1. UK actress, ... Rampling
6. Leap about happily
11. Smooch
13. Learner
15. Speakers
17. Mechanic's tool
18. Building pins
19. Is important
21. Grow older
23. Beat about the bush
25. Directing and controlling (2,6)
26. Expert
28. Made changes to magazine
30. Old stringed instrument
31. Adolescent
33. Not yours!
34. Have
36. Buddy, pal
37. Golf or tennis championship
39. Breach
42. Insensitive
44. Arab tourist destination
46. Hangman's loop
47. Courtroom declaration
49. Operatic solo
51. Burglar deterrent
52. Inuit dwelling
53. All-powerful leader
54. Old hunting weapon
57. Slide unintentionally
59. Drains of (vitality)
61. Be in debt
63. Not outside
66. Showy daisy
68. Place of discussion
69. Persuade by flattery
70. Country bordering Lebanon and Israel
73. Pond flowers
74. Less courteous
75. Bert's *Sesame Street* pal
76. Llama-like animal
77. Injured by a poisonous plant or animal
80. Highest point
81. Speaks
82. Makes a recording of
85. Athens' country
88. Golf ball support
90. Compass direction
92. Gesture of farewell
94. Garnish
97. Past master
98. Courtroom defence
100. Now broadcasting (2,3)
102. Doctor *Zhivago* star, ... Sharif
103. Amaze
104. Tear into strips
106. Sound or fjord, eg
108. Commonsense
111. Slightly warm
113. Egypt's river
114. Scorch, brand
116. Honey producer
117. Hundredth part of a dollar
119. Exist
120. Traditional dance
121. Alternative to petrol
123. Metalworkers
126. Make operative
127. Dislodge from a saddle
129. Timid
131. Focused
134. Planet satellites
135. *Dirty Dancing* star, ... Swayze
136. Futile
137. Cargo duty on ships
138. Portable icebox (Aussie)
139. Beatles singer, John ...
140. Thinks too highly of

### DOWN

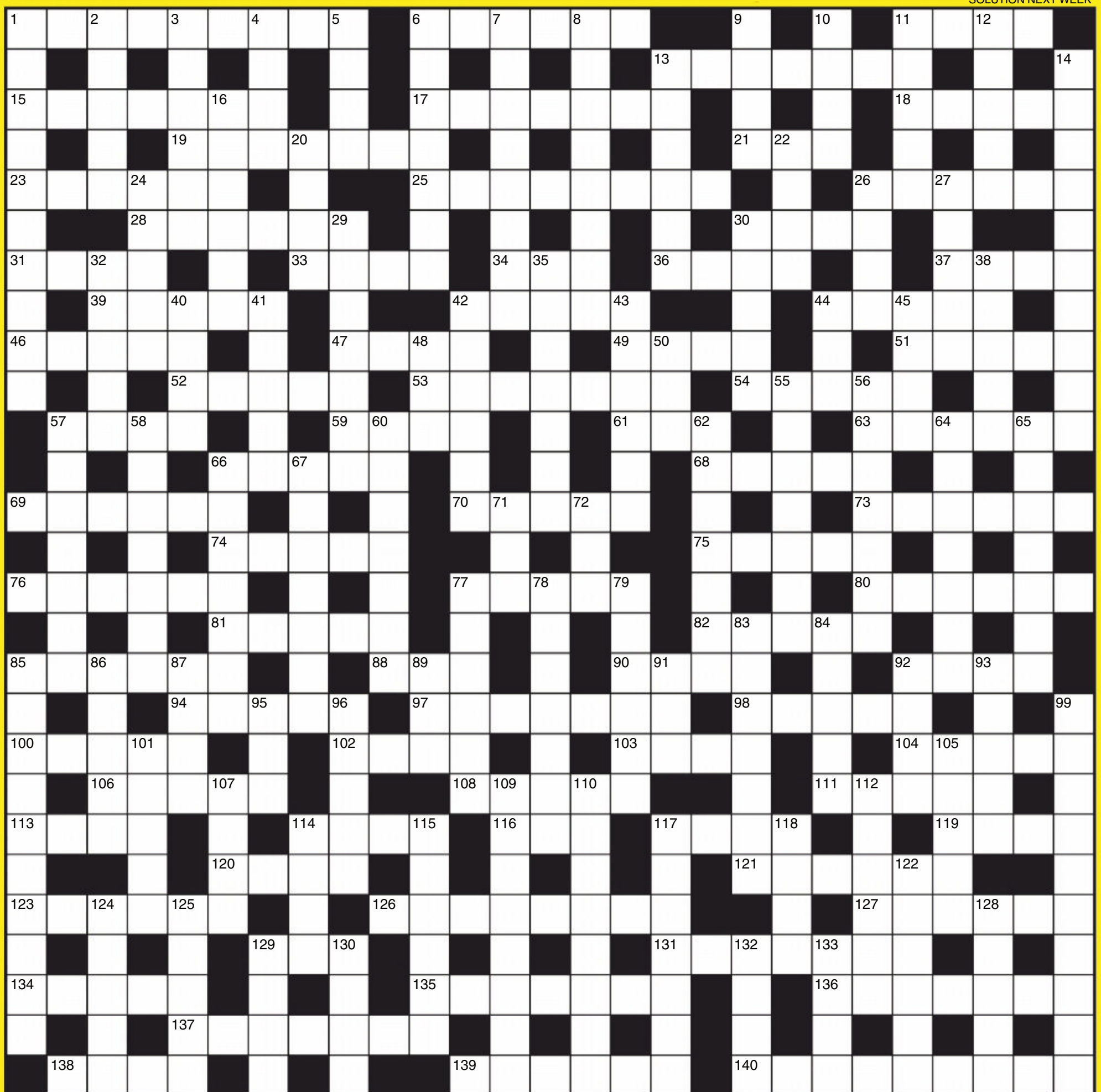
1. Weaving with a hooked needle
2. Prize for merit
3. Overhung threateningly
4. Exam
5. Relieve
6. Lethargic
7. Moored (2,6)
8. Curbs
9. Buddhist holy man
10. Actress, ... Hathaway



# Big crossword

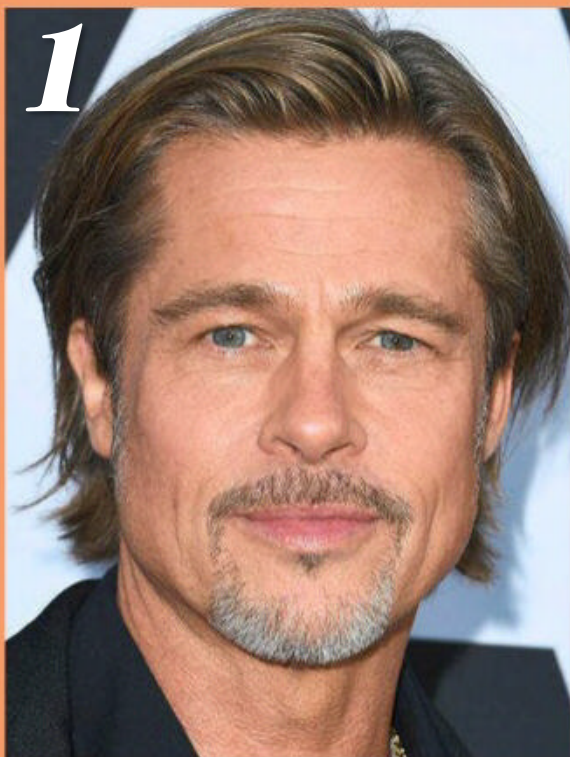
- |  |   |                                 |  |   |
|--|---|---------------------------------|--|---|
| 11. Nairobi's country                    | 40. <i>American Pie</i> actress, Tara ... | 62. Personal belongings         | via computer                                   | once made with wormwood                   |
| 12. Man's garment                        | 41. Leans over                            | 64. Quandary                    | 87. Famous Swiss psychologist, ... Jung        | 110. Annoyance                            |
| 13. Grievously sad                       | 42. Brings about                          | 65. Former (3,4)                | 89. <i>Casino Royale</i> actress, ... Green    | 112. Happens as a consequence             |
| 14. Person who studies the stars         | 43. Indian-spiced pastry                  | 66. Filled with carbon dioxide  | 91. Termite-like insect                        | 114. Actor, ... Rogen                     |
| 16. Half a diameter                      | 44. Bruce Willis film, ... <i>Hard</i>    | 67. Child just learning to walk | 92. Tendril                                    | 115. Cooking formula                      |
| 20. Rain copiously                       | 45. Farm animals' shelter                 | 71. Nevertheless                | 93. Composer of <i>La Traviata</i>             | 117. Record your arrival at a hotel (5,2) |
| 22. Despondent                           | 48. Supernatural power (inits)            | 72. 007 writer, ... Fleming     | 95. Choose not to participate, ... out         | 118. Colour lightly                       |
| 24. Group of species                     | 50. Heated argument                       | 77. Guides using a rudder       | 96. Strikingly new                             | 122. Arouse affection                     |
| 26. Meals list                           | 55. Root vegetable                        | 78. Disconcert                  | 99. Publicises                                 | 124. UK actor, Jeremy ...                 |
| 27. Big group of fish                    | 56. Without a point                       | 79. Oil smeared                 | 101. Clumsy                                    | 125. Speedy                               |
| 29. Get rid (of)                         | 57. Not as large                          | 83. Finished (2,2,3)            | 105. Eddie Murphy film, <i>Beverly ... Cop</i> | 128. Straight backed                      |
| 30. <i>Star Wars</i> creator, George ... | 58. Cut off from                          | 84. Turn onto the street        | 107. Corn spikes                               | 129. Warble                               |
| 32. Electronic device for reading (1,4)  | 60. Leaned upon part of a sofa            | 85. Gosh! (8,2)                 | 109. Green liqueur                             | 130. Calendar's duration                  |
| 35. Soldier                              |   | 86. Send a message              |  | 132. Forbidden (area) (2,2)               |
| 38. Keyboard instrument                  |   |                                 |  | 133. Ploy, tactic                         |

SOLUTION NEXT WEEK





# Brainbusters



- 1** What is *Ad Astra* star Brad Pitt's birth name?
- 2** Beatrice and Benedick are the lead characters in which Shakespeare play?
- 3** Which African country was previously known as Rhodesia?
- 4** By what nom de plume is spy writer David Cornwell better known?
- 5** What did the USA purchase from Russia in March 1867 for the princely sum of what was then two cents an acre?
- 6** Which is the hottest planet in the solar system?
- 7** The Broadway hit musical *Spamalot* is based on the work of which British comedy group?
- 8** Olivia Newton-John represented the UK at the 1974 Eurovision Song Contest, placing fourth behind which winning group?
- 9** Which fictional detective made her novel debut in *Murder at the Vicarage*?
- 10** What is mainland Europe's most westerly capital city?



**Answers:** 1. William 2. Much Ado About Nothing 3. Zimbabwe 4. John le Carré 5. Alaska 6. Venus 7. Monty Python 8. ABBA 9. Miss Marple 10. Lisbon, Portugal

# Cryptic crossword

## ACROSS

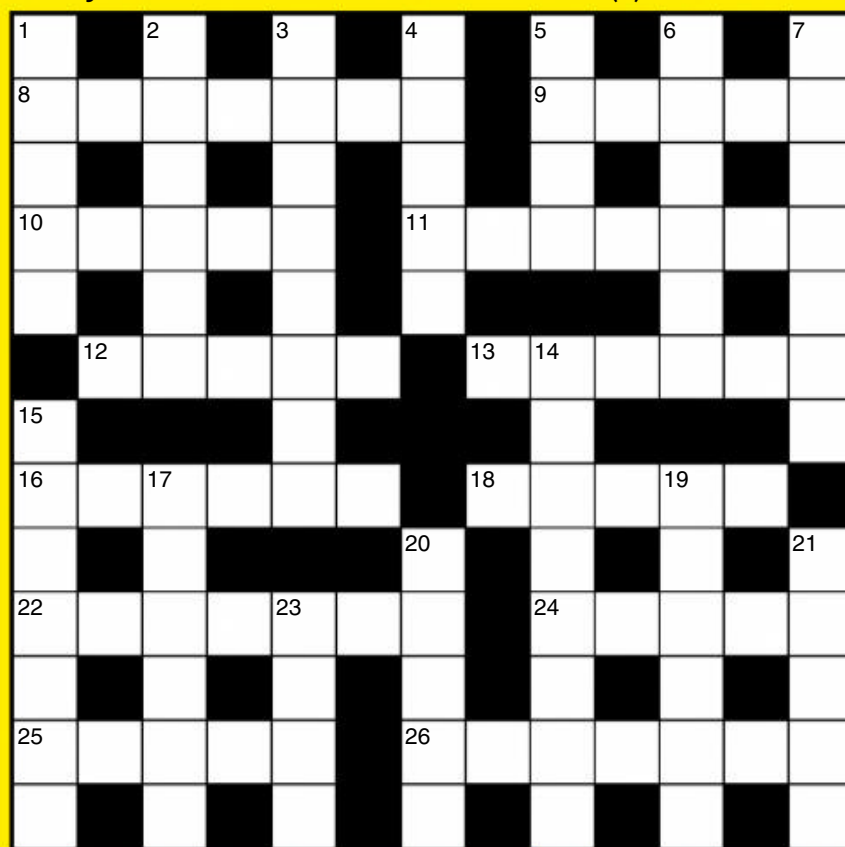
- 8.** Lara gains flips a little over North American waterfall (7)
- 9.** Share out what sounds like many (5)
- 10.** Some show his tricks in card game (5)
- 11.** Walked by Rod and Den on junction (7)
- 12.** Lady turns on first news of folk singer Bob (5)
- 13.** Rip off woolly coat! (6)
- 16.** Rain on movie alien in hold (6)
- 18.** With an open mouth at a page turner (5)
- 22.** Nick ate up from baking container (4,3)
- 24.** Ural flows from right of country (5)
- 25.** Clean and search intently (5)
- 26.** A hip cat cooked Indian bread (7)

a long poem (5)

- 5.** Hal finds nothing but ring of light (4)
- 6.** Hammer with sporting jibe! (6)
- 7.** Smelly person to point to mischievous child (7)
- 14.** Cricket delivery sounds painful! (3,5)
- 15.** System for rotten

corpses (7)

- 17.** Poor Kate on to adopt (4,2)
- 19.** Entrance leads Al to fortified wine (6)
- 20.** Bite to eat not initially found in sack (5)
- 21.** Patterned fabric quietly put down (5)
- 23.** Weary of noisy part of wheel (4)



SOLUTION NEXT WEEK

## DOWN

- 1.** Understands nose, we hear (5)
- 2.** Equality sees one enter party (6)
- 3.** Mar pitas remade with spicy beef (8)
- 4.** Can't circle one part of

# Wordfind

The names, words and titles listed below all relate to actress Amy Adams. All except one of them can be found in the grid. Words may read backwards or forwards, vertically, horizontally or diagonally. Some letters are used more than once. CIRCLE LETTERS ONLY, DO NOT CIRCLE WORDS. The leftover name, title or word is the mystery solution. Write your answer on the entry form on page 80. January 6 solution: *Raging Bull*. Winner: K Baldwin, Auckland.

Win \$100

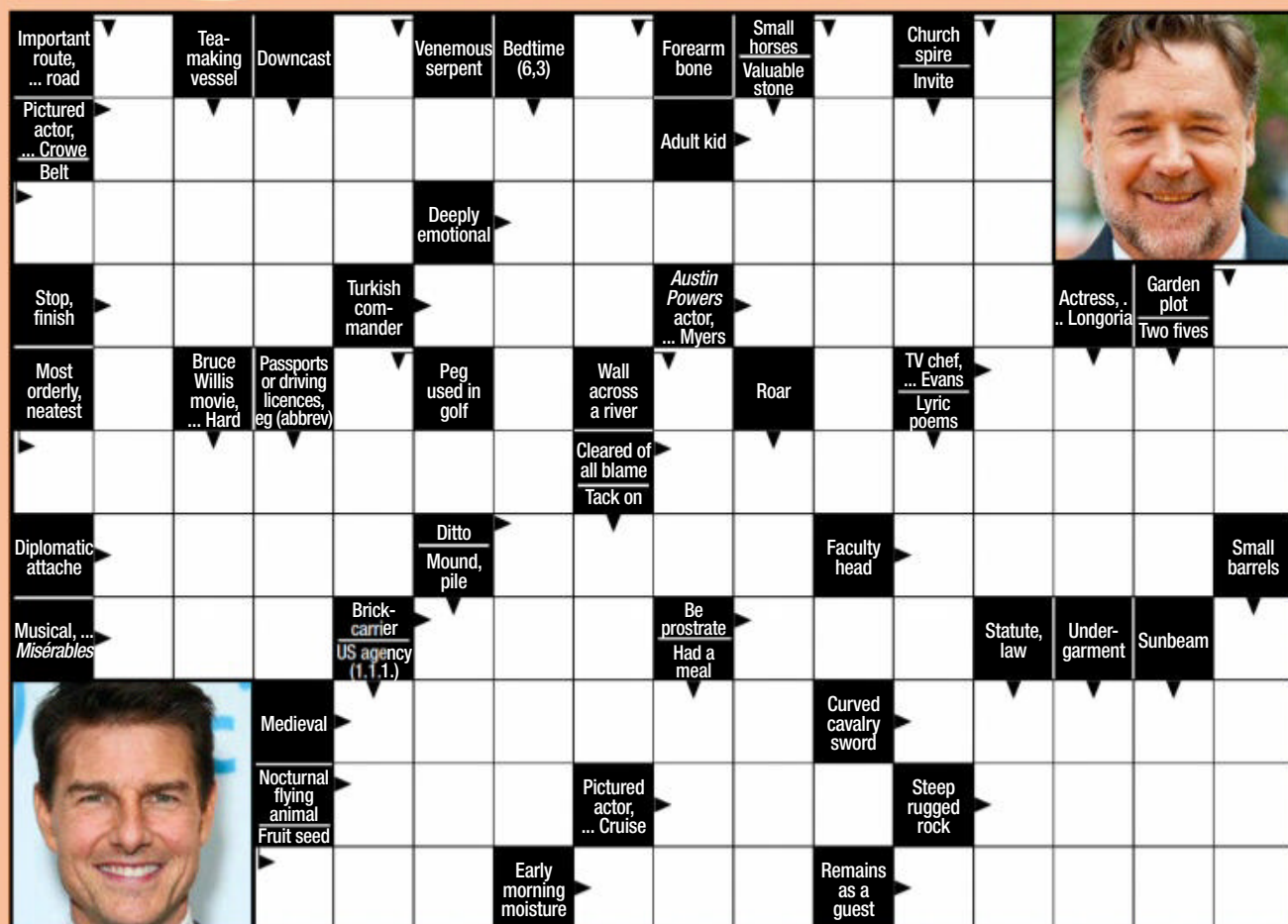


- Anna  
Ashley  
*Big Eyes*  
Bonnie  
Brenda  
Camille  
Charlene  
*Doubt*  
Elise  
Emily  
*Enchanted*  
*Her*  
Jane  
*Junebug*  
*Justice League*  
*Leap Year*  
Lois Lane  
Louise  
*Lullaby*  
Margaret  
Mary  
*Nocturnal Animals*  
Peggy  
*Sharp Objects*  
Sister James  
*Standing Still*  
Susan  
Sydney  
*The Ex*  
*The Fighter*  
*The Muppets*  
Vice



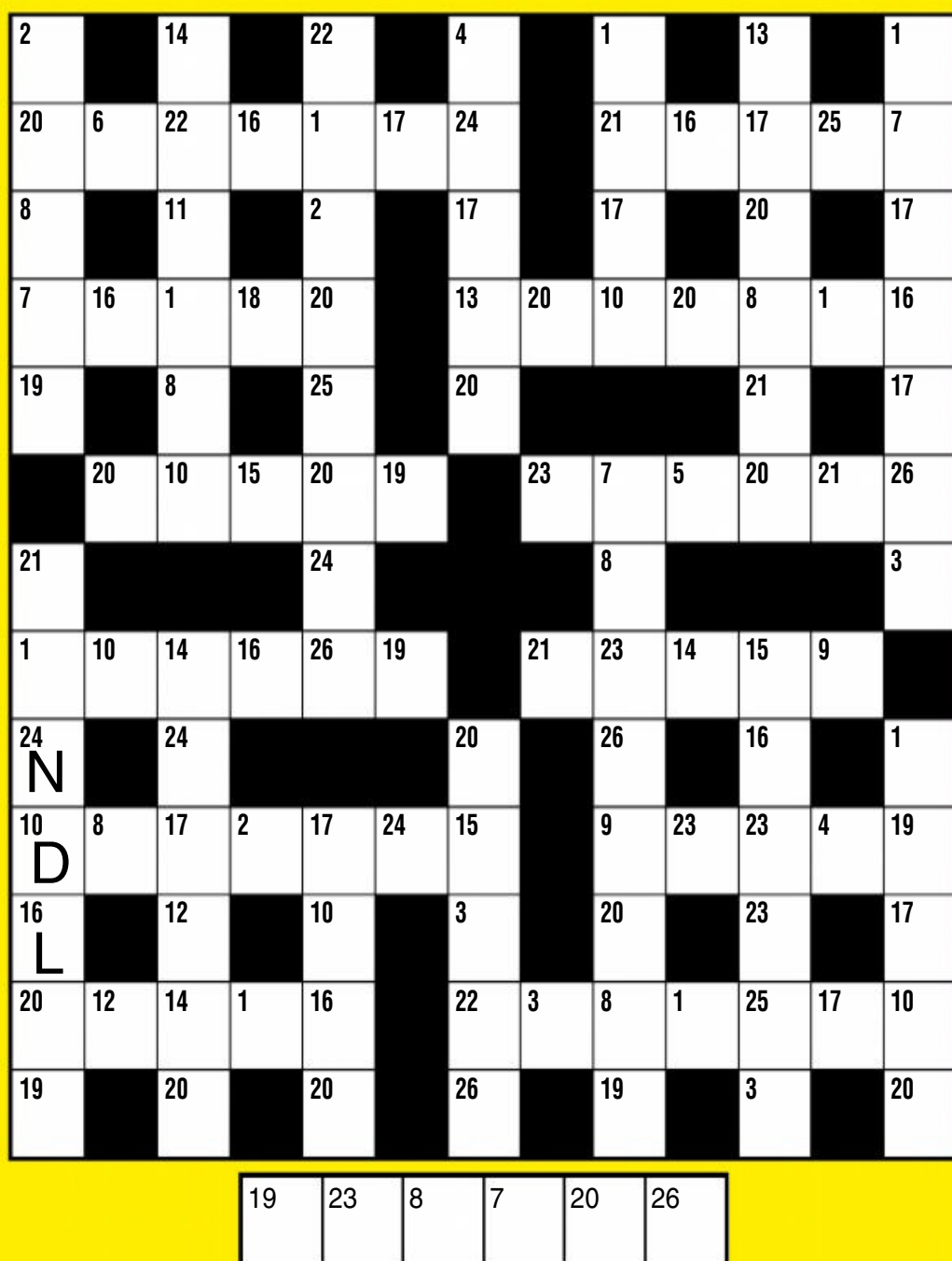
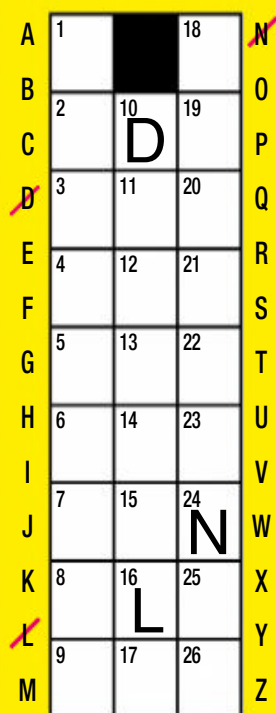
# Starburst

Work out the names of the pictured stars, then write your answer on the entry form on page 80. The winner is the first correct entry. January 6 winner: R Bealin, Dunedin.



# Code cracker

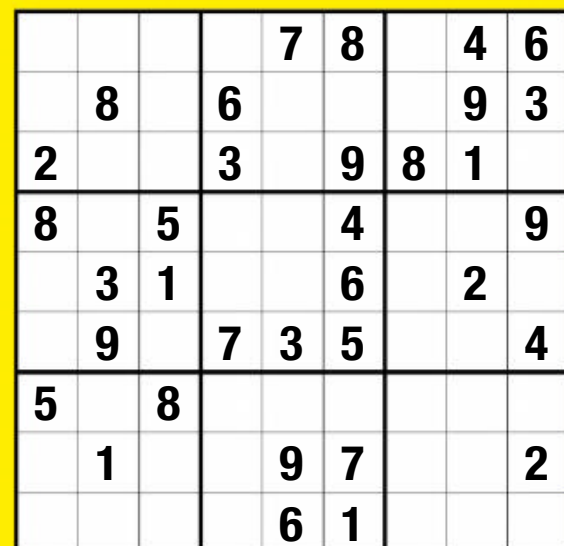
Each number in the grid represents a letter of the alphabet. Work out which number stands for each letter, write them in the grid and cross it off the list – we've given you three to start you off. Fill in the letters in the box beneath to spell out the mystery word.



SOLUTION NEXT WEEK

# Sudoku

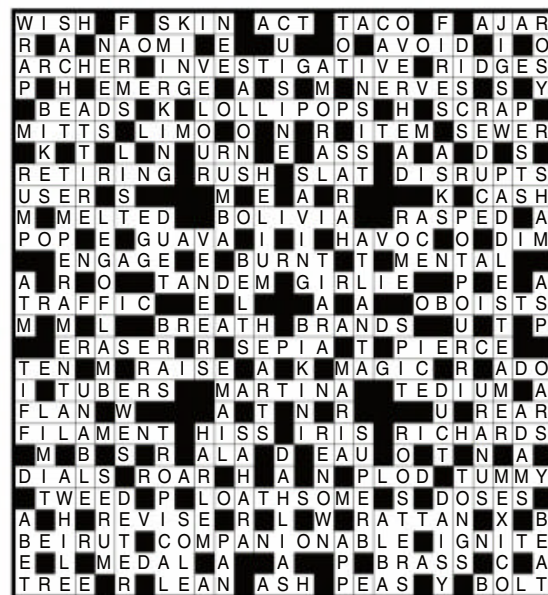
Fill in the blank squares with the numbers 1 to 9 so that each row, each column and each smaller 3 x 3 block contains all the numbers from 1 to 9.



SOLUTION NEXT WEEK

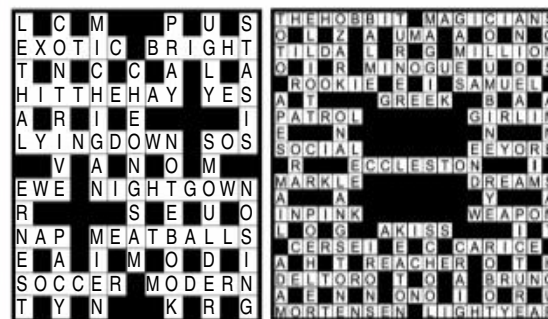
# Solutions

LAST WEEK'S BIG CROSSWORD



LAST WEEK'S  
CRYPTIC

JANUARY 6  
SUPERSTAR



## LAST WEEK'S WHO AM I?

■ HARRY STYLES

LAST WEEK'S JANUARY 6  
SUDOKU STARBURST



## LAST WEEK'S CODE CRACKER

A=26, B=21, C=24, D=3, E=23, F=4, G=11,  
H=18, I=6, J=17, K=10, L=16, M=20, N=15,  
O=5, P=8, Q=9, R=7, S=25, T=12, U=13,  
V=14, W=2, X=19, Y=22, Z=1  
SOLUTION: COUSIN



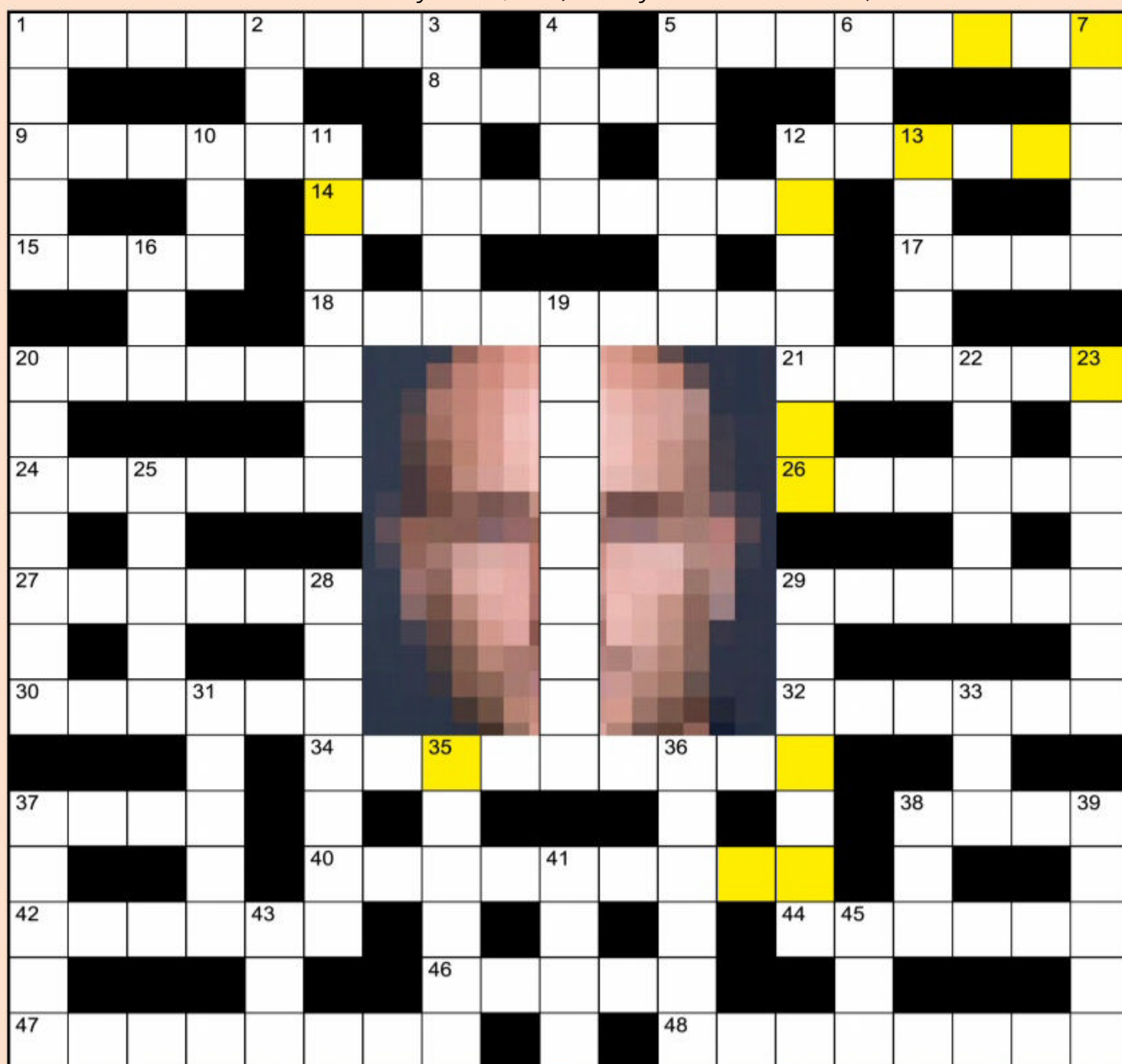
Win  
\$100

# Superstar crossword

## ACROSS

1. Will Smith's *Bad Boys* co-star, Martin ... (8)
5. Jennifer Aniston comedy, ... *Bosses* (8)
8. Actress married to Ellen DeGeneres, Portia de ... (5)
9. *Reservoir Dogs* actor, Harvey ... (6)
12. *Star Wars* character, Obi-Wan ... (6)
14. *The Legend of Tarzan* star, ... Skarsgård (9)
15. *Marriage Story* actor, ... Driver (4)
17. Reese Witherspoon Oscar-winning biopic, *Walk the ...* (4)
18. Idris Elba and Kate Winslet drama, *The Mountain ...* (7,2)
20. James Bond film, *Quantum of ...* (6)
21. Peter Pan's fairy friend, ... Bell (6)
24. Kate Hudson rock band drama, ... *Famous* (6)
26. Murder mystery novel and Sean Connery film, *The ... the Rose* (4,2)
27. *Pacific Rim* star, Charlie ... (6)
29. Donald Trump's eldest daughter (6)
30. English actor who played Bilbo Baggins in *The Hobbit* films, ... Freeman (6)
32. Mila Kunis comedy, *The ... Dumped Me* (3,3)
34. *Love Actually* actor (4,5)
37. Tom Cruise action biopic film, *American ...* (4)
38. Jack Lemmon rom-com based on French stage musical, ... *la Douce* (4)
40. Ricky Gervais comedy, *The ... of Lying* (9)
42. Harrison Ford drama, ... *Hearts* (6)
44. Shakespeare play, *The ... of the Shrew* (6)
46. Keanu Reeves film, *My Own Private ...* (5)
47. Cult horror film with a possessed 12-year-old,

The shaded letters spell the name of our pictured star. Write your answer on the entry form below. The first correct entry wins \$100. January 6 winner: E Smith, Christchurch.



- The ...* (8)  
48. Elizabeth Taylor classic, ... *Velvet* (8)

## DOWN

1. Tiffany Haddish and Rose Byrne comedy, ... *Boss* (4,1)
2. "Fab Five" makeover show, *Queer ...* (3)
3. *For Whom the Bell Tolls* writer, ... Hemingway (6)
4. *The Hate U Give* actress, ... Rae (4)
5. Period biopic with Taraji P. Henson, ... *Figures* (6)
6. Classic novel, *The Catcher in the ...* (3)
7. *Into the Wild* actor, ... Hirsch (5)
10. First name of actors Hiddleston and Hardy (3)
11. American singer, Adam ... (7)
12. *The English Patient* actress, ... Scott Thomas (7)
13. *Interstellar* and *Dunkirk* director, Christopher ... (5)
16. Crime thriller starring Michelle Williams, ... *the Money in the World* (3)
19. *Zombieland: Double Tap* star, Jesse ... (9)
20. *The Meg* actor, Jason ... (7)
22. Actor best known for

- his role in *American Pie*, Chris ... (5)  
23. Bruce Banner/Hulk in *Thor: Ragnarok*, Mark ... (7)  
25. British sitcom, *To the ... Born* (5)  
28. *Ghost Whisperer* actress, Camryn ... (7)  
29. Mark Wahlberg comedy-drama, ... *Family* (7)  
31. Novel and film, *Where Angels Fear to ...* (5)  
33. Superhero sequel, *Avengers: Infinity ...* (3)  
35. Minnie Driver rom-com, *I ... a Year* (4,2)  
36. *How to Be Single* actress, ... Brie (6)  
37. Homer Simpson's blue-haired wife (5)  
38. Post-apocalyptic film, ... *Legend* (1,2)  
39. Cyberpunk action film, *Alita: Battle ...* (5)  
41. Ryan Gosling's character in *The Notebook*, ... Calhoun (4)  
43. *The Lord of the Rings* monster (3)  
45. Academy Award-winning *Green Book* actor, Mahershala ... (3)

## Entry form

Write the answers to the puzzles in the spaces provided.

You can enter one puzzle or try them all – it's up to you! Send your entry form, with your name and address on the back of an envelope, to: *Woman's Day*/Puzzles No. 4, Private Bag 92041, Victoria Street West, Auckland 1141. Entries must be received by January 31.

### WORD FIND

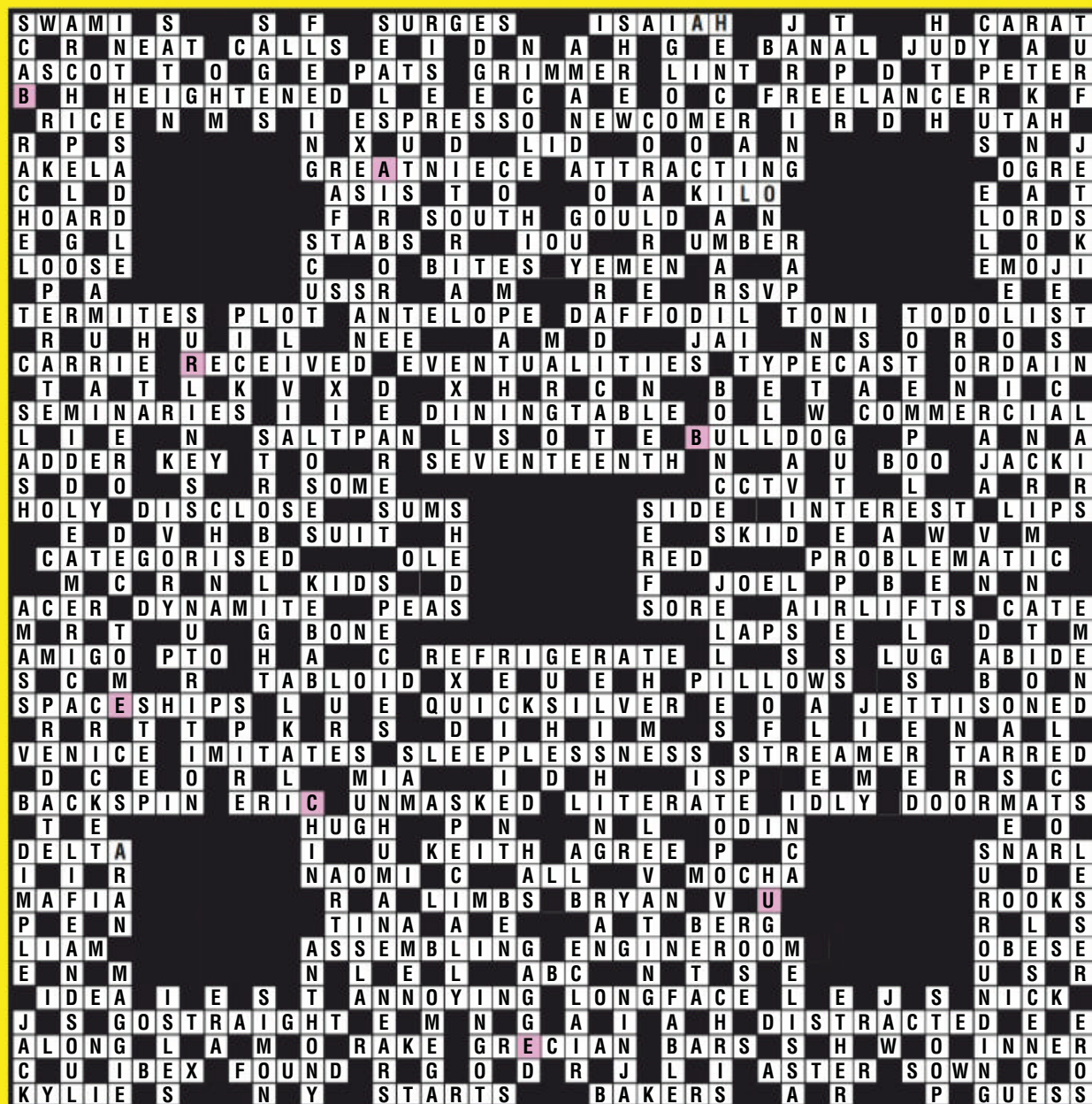
### SPOT THE DIFFERENCE

### STAR BURST

### SUPERSTAR CROSSWORD

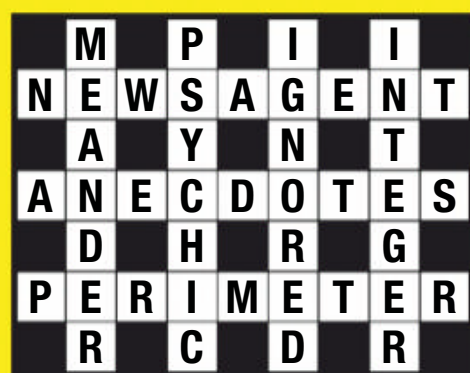


## THE GIANT CROSSWORD



SOLUTION: BARBECUE  
WINNER: S HOGG, LEVIN

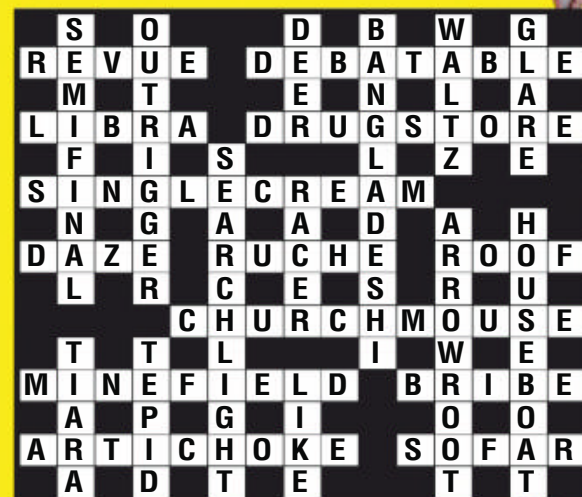
## ALL-A-GRAMS



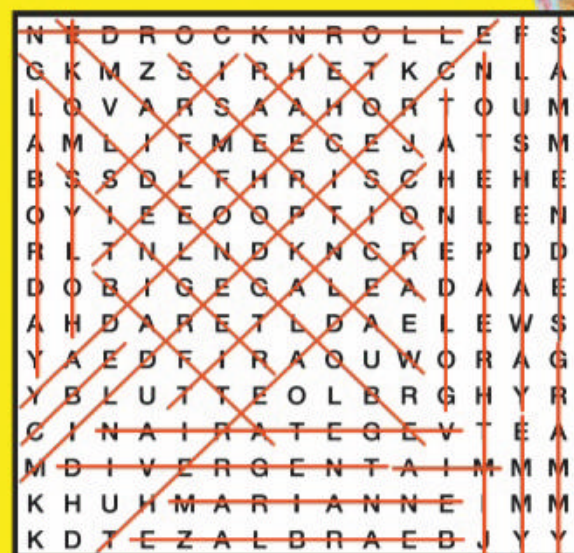
## STARWORD



## CRYPTIC CROSSWORD



## WORDFIND



SOLUTION: QUILLS

## FILL-IN



## CODE CRACKER

A=23, B=5, C=16, D=3, E=11, F=4,  
G=8, H=17, I=14, J=1, K=19, L=22,  
M=9, N=21, O=6, P=25, Q=20, R=26,  
S=10, T=24, U=18, V=7, W=13,  
X=15, Y=12, Z=2  
SOLUTION: JARGON

## SUDOKU

7	3	8	4	1	6	9	2	5
9	2	6	7	3	5	8	1	4
1	5	4	2	9	8	3	6	7
2	7	1	6	5	9	4	8	3
6	9	3	8	7	4	2	5	1
4	8	5	1	2	3	7	9	6
8	6	7	5	4	2	1	3	9
3	1	2	9	6	7	5	4	8
5	4	9	3	8	1	6	7	2

3	6	7	8	5	1	2	9	4
8	2	1	7	9	4	6	3	5
9	5	4	3	6	2	1	7	8
2	8	5	6	3	9	4	1	7
7	1	9	5	4	8	3	6	2
4	3	6	2	1	7	8	5	9
5	7	2	1	8	3	9	4	6
6	9	3	4	2	5	7	8	1
1	4	8	9	7	6	5	2	3

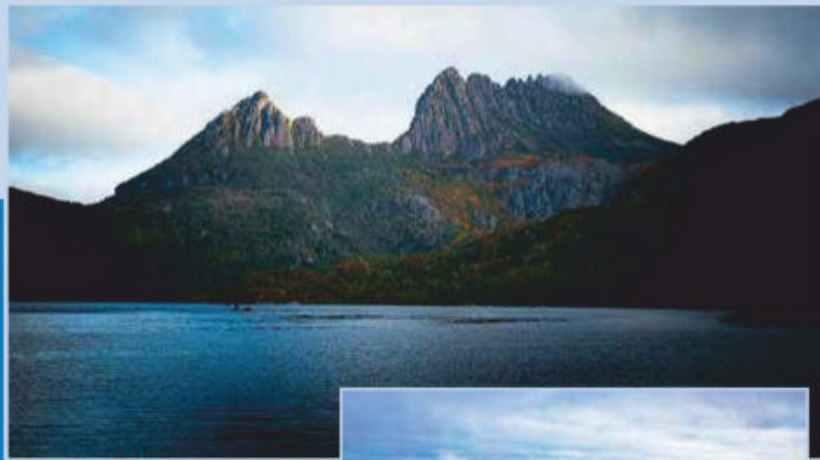


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From: Wellington, Christchurch, New Plymouth, Blenheim + MORE - add \$199pp. Home Pickup on Day 1, Fly to Auckland. Day 7: Fly back, met & home return. (Subject to availability)  
Departs: 16 Feb, 15 Mar, 19 Apr. Day 1: Home Pickup, Matakohi Kauri Museum, Dalmatian Lamb on Spit Dinner (+ non-lamb / vege options), Opononi (2 nt). 2: Tane Mahuta Giant Kauri & Footprints Waipoua Experience. 3: Rawene, Clendon House & Old Jail, Taipa (2 nt). 4: Tour 90 Mile Beach on the beach inc Te Paki Stream & Giant Sand Dunes, Cape Reinga. 5: Kerikeri, Stone Store & Kemp House, Makana Chocolates, Te Waimate Mission House, Haruru Falls, Paihia (2 nt) 6: Russell Visit, Evening Dinner Cruise. 7: Kawakawa, Hundertwasser Toilets, Kawiti Glow Worm Caves, Afternoon Tea Puhoi Pub, Returned Home. \*Christmas Dinner served Midday - Lamb on a Spit.

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Stay in touch

# Have your SAY

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Your three great columnists do a wonderful job in giving readers an entertaining "slice of life" each week. Sarah-Kate Lynch, Kate Hawkesby and Polly Gillespie collectively make reading *Woman's Day* a real pleasure. This is reality lifestyle writing no TV show can resemble! Some get their daily dose from the small screen, but give me print media any day!

♦ Peter, Auckland

## Royal contradiction

The fallout of Harry and Meghan's decision to scale back their duties as senior royals is a big deal, and personally I think if they want out they should completely leave the royal family. But I was intrigued to read about the Sussexes and then the Tindalls further in the mag (*WD*, Jan 3). Harry and Meghan seem to be vilified for wanting a simpler life, but Zara and Mike appear to be encouraged and applauded for their potential desire to move to Australia. It is probably time for the royals to change their focus and slim down the monarchy. Of course Harry and Meghan are more senior members than Zara and Mike, but shouldn't this generation all be allowed to make their own choices?

♦ Jessie, Wellington

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Leon, nine, and Summer,  
12, stay cool in the pool.

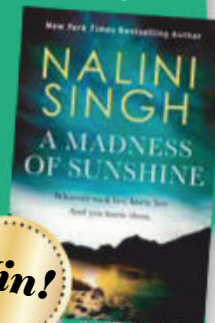
♦ Teresa, Auckland

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In Nalini Singh's *A Madness of Sunshine* (Hachette, rrp \$34.99), Golden Cove is a peaceful town until one summer when tragedy shatters the trust holding the community together. All that's left are whispers behind closed doors, broken friendships and a silent agreement to never look back. Eight years later, a young woman disappears and the residents of Golden Cove wonder if their home shelters something far more dangerous than an unforgiving landscape.

Win!



## Day details

To send a letter to the  
editor or if you have  
a story, contact us:



Woman's Day, Private  
Bag 92512, Wellesley  
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## Aquarius

JAN 21 – FEB 19



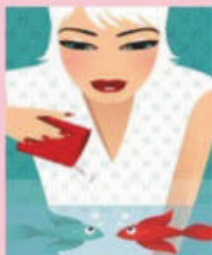
With the sun, moon and Mercury all energising your sign, it's time to shine! As your sparkle increases, stimulating new people will come into your orbit – via the kids, local groups or work. Casual catch-ups could morph into full-blown parties this week, so be prepared.

# Your STARS

*Your heavenly destiny for the week January 20–26*

## Pisces

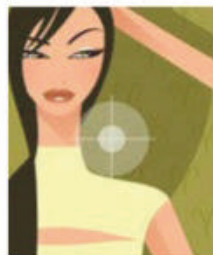
FEB 20 – MAR 20



After a hectic few weeks, ground yourself by spending time in nature or indulge your cultural side. As your thoughts and feelings become more buoyant, don't be surprised if your financial situation follows suit. Looking for a lucky charm? Find a moonstone!

## Aries

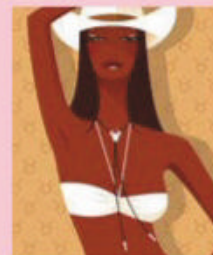
MAR 21 – APR 20



Social stars may be exerting a powerful pull, but your inner world also needs sustenance. As February approaches, yoga classes, swims or walks might balance the busyness. For singles, make a wish under Saturday's new moon, then look out for a like-minded soul heading your way.

## Taurus

APR 21 – MAY 21



Something exciting is coming! This week's new moon might bring a whole new phase – just try to stay true to yourself and don't let negativity drag you down. For lovers, Venus and Mars could amp up the romance, while for singles, a casual friendship may develop into more.

## Gemini

MAY 22 – JUN 21



With your luck and resolve both soaring, a long-held dream could become a reality. Make time to reflect on what you truly want, then draw up a game plan under Saturday's inventive moon. As you open up to others about your ideas, the support might take you by surprise.

## Cancer

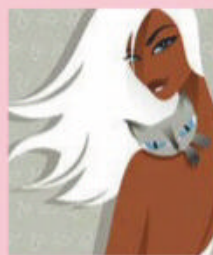
JUN 22 – JUL 23



Reinventing yourself should be easy this month, so if there's room for improvement – in any aspect of life – embrace change and take some positive steps. If regaining fitness is a goal, social pursuits like tennis might hit the spot, or if you're up for a challenge, try a team sport.

## Leo

JUL 24 – AUG 23



Ready for some honesty? An ongoing issue might come to a head this week, but afterwards the air should feel clearer than ever. Couples could find themselves entering a whole new era, while on the family front, an unusual pastime may be more fun than expected.

## Virgo

AUG 24 – SEP 23



Feeling fit and healthy is important to you, but if you've been struggling of late, keep it simple and fun. If music or laughter is in the mix, you shouldn't go wrong. For house-proud Virgos, new furnishings or appliances might beckon, but avoid spending sprees under Sunday's "quiet moon".

## Libra

SEP 24 – OCT 23



With creative stars hanging overhead, it's time to release that crafty side or indulge your passion for music and the arts. Old-fashioned cards and games of skill may appeal, along with family-friendly pastimes and picnics. Kids should bring great joy – in fact, that clucky streak might be hard to contain!

## Scorpio

OCT 24 – NOV 22



Struggling to make up your mind? This week's new moon should sweep away any doubts. Some might decide to move house or renovate, while for others, a new car or holiday could hit the agenda. Watch that spending, for repairs – and your busy social life! – may prove expensive.

## Sagittarius

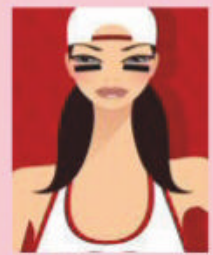
NOV 23 – DEC 22



Do you seem to have a bigger spring in your step than usual? Why not celebrate with friends or book a holiday? With travel catching the spotlight, you're probably itching to get away. Alternatively, hire a boat or spend time around water. Under the new moon, aquatic pursuits could also set the scene for romance.

## Capricorn

DEC 23 – JAN 20



Deep and meaningful this week may inspire some very important decisions, while on the health front, new foods or routines could set you onto a more positive path. Family-related expenses might cost a small fortune this month, but an influx of cash is not far away.





## 1 NAPKINS THAT POP

Brighten up some old napkins (or plain new ones) with eye-catching designs inspired by traditional patterns using Resene paint. Iron out your napkin, fold it in half down the centre, crease and unfold. Using the crease as your centre line, tape washi masking tape in varying widths from the centre line out to the edge of the napkin at a roughly 45° angle (we used 18mm and 36mm wide washi tape from Resene). Repeat this at intervals down the entire piece of fabric. Paint the exposed fabric in alternating colours. We used Resene Bastille, Resene Half New Denim Blue, Resene Vibe and Resene Quarter White Pointer. Once dry, carefully peel off the tape revealing a stripe of unpainted fabric.

### WHAT YOU'LL NEED

- Resene testpot paints
- Iron • Plain napkins
- Resene washi masking tape
- Paintbrushes

# Painting three ways FOR WAITANGI DAY

Simple stripes create stunning results with these great craft ideas by Emily Somerville-Ryan



## 2 TAKE YOUR PAINTING TO NEW HEIGHTS

Record your little ones' growth with this stylish wall chart inspired by tukutuku panel designs. Lightly draw a centre line down the middle of the pine 45mm in from either edge. Using 48mm-wide Resene washi masking tape, mask out from the centre line to the edge at roughly a 45° angle, alternating each side down to the bottom of the wood. Paint each exposed panel in your chosen colours. We used Resene Bastille, Resene Half New Denim Blue, Resene Vibe and Resene Aquaclear waterborne urethane varnish to enhance the woodgrain and preserve its colour.

Once dry, peel off the tape and tape over the painted area. Paint the remaining sections. When dry, peel off the tape and hang on the wall.

### WHAT YOU'LL NEED

- Resene testpot paints
- Resene Aquaclear waterborne urethane varnish
- Pine slab W90 x D18 x L120mm • Resene washi masking tape • Ruler
- Paintbrushes
- Pencil

## 3 BRIGHTEN UP YOUR GAME OF TĪ RĀKAU

Upcycle some found wood to create a simple yet fun stick game for Waitangi Day. Head to the coastline or bush and collect at least four pieces of driftwood or twigs roughly 20-25cm in length. Give each stick a quick sand with some light sandpaper, smoothing off any sharp edges. Using Resene paints (and masking tape for clean lines), embellish the sticks in lots of fun patterns and stripes. We used Resene Bastille, Resene Half New Denim Blue, Resene Vibe and Resene Quarter White Pointer.

### WHAT YOU'LL NEED

- Resene testpot paints
- Driftwood or twigs
- Resene washi masking tape
- Paintbrushes
- Sandpaper



Visit your Resene ColorShop or [resene.co.nz](http://resene.co.nz) for more decorating ideas and inspiration.



# The A-list celebrity hot shots



**PUCKER UP!**

After enjoying a sunny stroll, Michael and his lady love share a smooch.

## Kitty's big CATCH



**MAJOR BLING!**



Purr-fect! Kitty's ring is set with multiple emerald-cut diamonds.

►► No wonder Lady Kitty Spencer looks like the cat that got the cream! The British model – niece of Princess Diana – is sporting a \$590,000 diamond sparkler following her engagement to fashion tycoon Michael Lewis.

Last week, soon after news broke that Kitty, 29, said yes to South African-born Michael, 60, the happy twosome took a stroll

through Cape Town, stopping for a smooch in a local café before heading home to their \$37 million mansion.

Michael, dad of three adult children, might be almost six years older than Kitty's dad, Earl Spencer, 55, but word has it her family is thrilled. Says an insider, "Michael is loved by all of them. Despite his wealth, he's very humble and low key."





*Lucy Hale*  
in MIU MIU

*Laura Dern*  
in EMILIA WICKSTEAD

*Anne Hathaway*  
in VERSACE

*Alison Brie*  
in BRANDON MAXWELL

*Nicole Kidman*  
in ARMANI PRIVÉ

*Zendaya*  
in TOM FORD



LEADING LADIES





*Kate  
Winslet*  
in JULIEN X  
GABRIELA

*Saoirse  
Ronan*  
in ERDEM

*Olivia  
Wilde*  
in VALENTINO

*Awkwafina*  
in ELIE SAAB

*Kristen  
Bell*  
in CONG TRI

PICTURES: GETTY IMAGES, SHUTTERSTOCK



# The A-list

## Celebrity hot spots

### Wheelie excited

On ya bike! BEYONCÉ, 38, is raring to launch her new unisex and gender-neutral collection of Ivy Park activewear in collaboration with Adidas.



### FAMILY BOARD GAMES!

### Flower power!

YARA SHAHIDI looks fresh as a daisy! The 19-year-old is in New York promoting the new season of her show *Grown-ish*.



### Making waves

Is there anything this dude can't do? Daddy cool CHRIS HEMSWORTH, 36, takes his daughter INDIA, seven, for a surf at Byron Bay.



PICTURES: GETTY IMAGES, MEDIA MODE, MEGA, SHUTTERSTOCK, SPLASH, THE IMAGE DIRECT.



**KICK UP  
YOUR HEELS!**

### *The thigh's the limit*

A mighty wind helps **RITA ORA**, 29, do her best Marilyn Monroe impression during a photo shoot in Miami.



### *Family matters*

He refuses to reveal the names or ages of his two gorgeous kids, but *Game of Thrones* star **PETER DINKLAGE**, 50, and his director wife **ERICA SCHMIDT**, 44, still like mixing and mingling in NYC.



**SHE'S  
LOVIN' IT!**

### *Shirtless love*

Wowza! **BROOKE SHIELDS**, 54, can't hold back her delight when hubby **CHRIS HENCHY**, 55, flashes some flesh during a mid-winter heatwave in New York.



### *Another win under her belt*

Billowing in blue, **JENNIFER LOPEZ**, 50, floats on cloud nine before winning the Best Supporting Actress gong at the Los Angeles Film Critics Association Awards.





# The A-list

## Celebrity hot shots

### It's the fun police!

Longtime co-stars **WILL SMITH, 51,** and **MARTIN LAWRENCE, 54,** couldn't look less like *Bad Boys* as they share a joke at the LA premiere of the cop franchise.

### Step right up, folks!

Spot the royal! She once ran away to live with an elephant tamer, so it's no wonder **PRINCESS STEPHANIE, 54,** looks right at home with festival performers in Monaco.

### Animal attraction

Cheeky *Dolittle* co-stars **RAMI MALEK, 38,** **SELENA GOMEZ, 27,** and **ROBERT DOWNEY JR., 54,** monkey about at the film's LA premiere.

**RAMI RABBIT!**

### Red-dy to pop!

A glowing **JENNA DEWAN, 39,** boldly bares her bump in LA before her March due date.

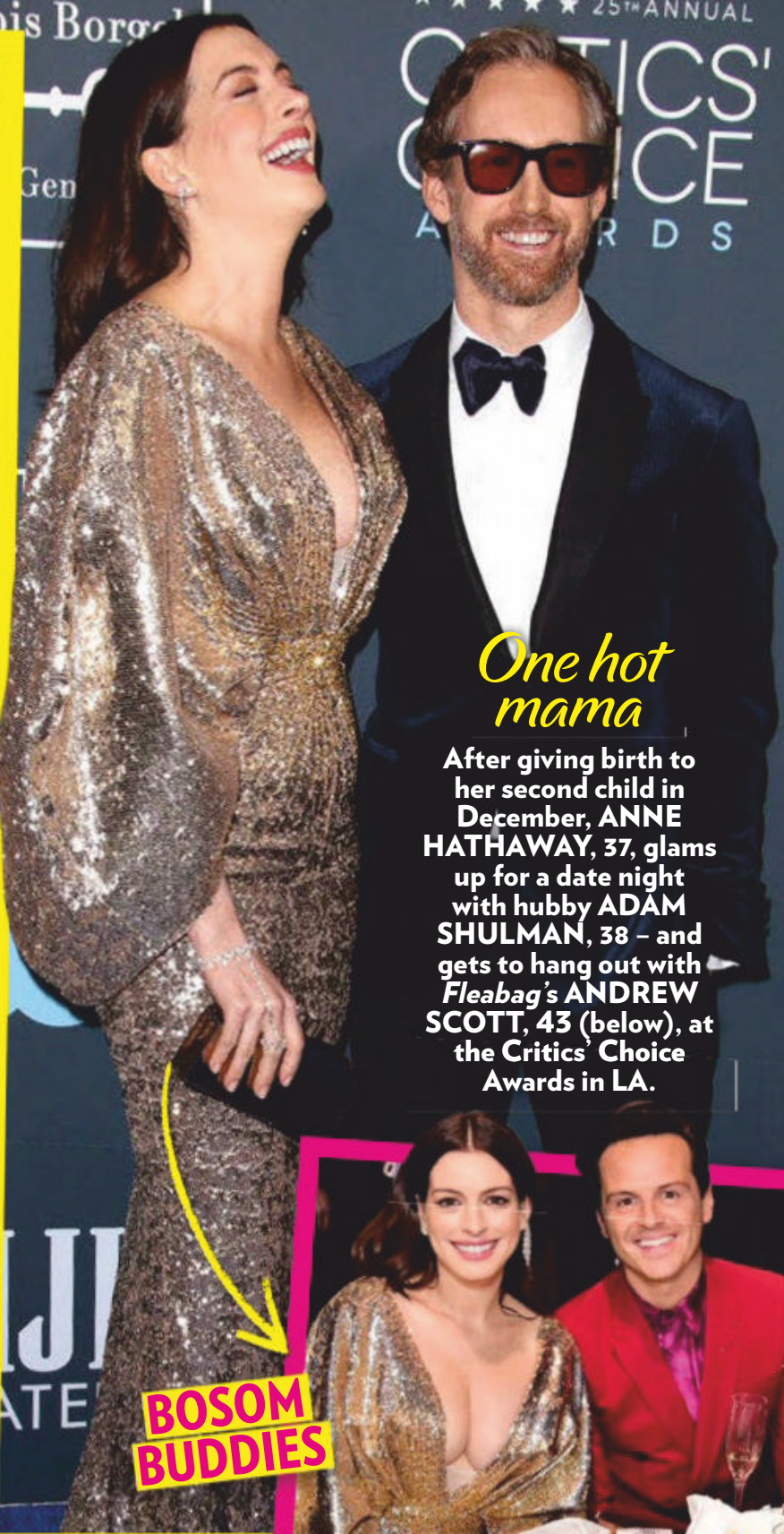
PICTURES: AAP; GETTY IMAGES; MEDIA MODE; SHUTTERSTOCK.





### Copper look!

She may have to tweak an earring, but everything else on KIM KARDASHIAN WEST, 39, is a perfect 10 on a trip to Cabo San Lucas.



### One hot mama

After giving birth to her second child in December, ANNE HATHAWAY, 37, glams up for a date night with hubby ADAM SHULMAN, 38 – and gets to hang out with *Fleabag*'s ANDREW SCOTT, 43 (below), at the Critics' Choice Awards in LA.



### BOSOM BUDDIES



### Hot to trot!

While a royal crisis rages back home, ZARA, 38, and MIKE TINDALL, 41, are winning in the fashion stakes at the Magic Millions Carnival on Australia's Gold Coast.

### Queen of Calcutta

From Hollywood to Bollywood! A colourful KATY PERRY, 35, dazzles during a cover photo shoot for *Vogue India* magazine.

Katy's  
Enies



# The **A-list**

## Celebrity hot shots

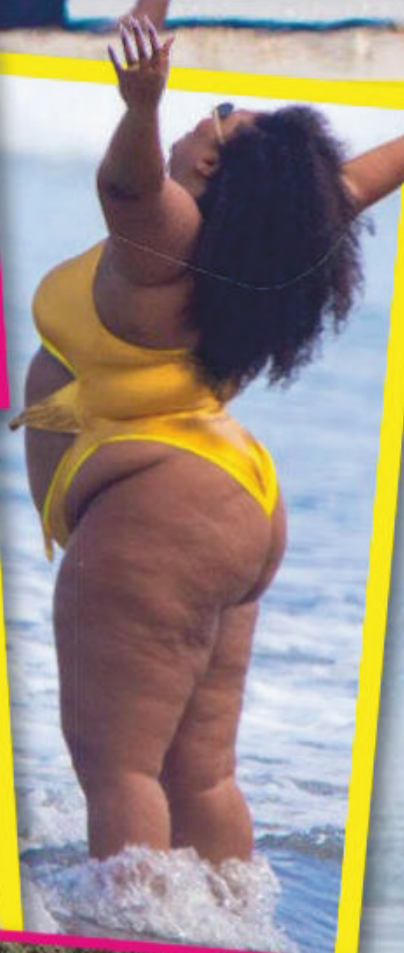
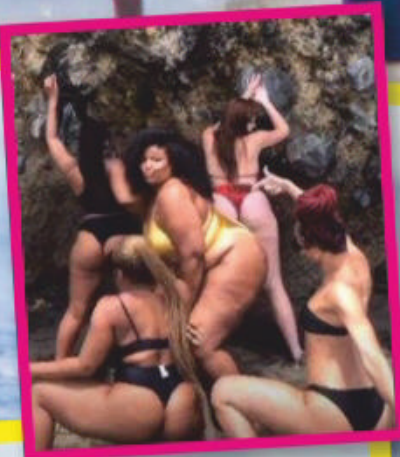
The singer and her squad take over the beach for a fun shoot.



# Lizzo

# LETS

# LOOSE



Making waves: Lizzo sure knows how to twerk the camera!



▶▶ Lizzo's feeling "Good as Hell"! The singer, 31, took a well-deserved break from her busy tour schedule and enjoyed a day at Piha beach with her back-up dancers.

Twerking and posing for pictures and videos, she had no worries showing off her figure in a glamorous gold bikini.

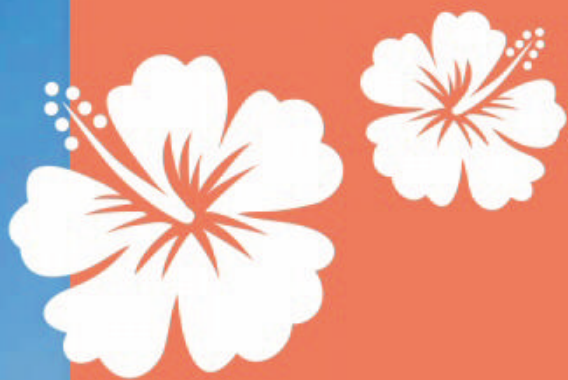
Lizzo faced criticism over her size last week from *The Biggest Loser* trainer Jillian Michaels, but the body positive singer didn't let it get to her.

"I love myself," she said. "I'm making music to make us smile, to make you love yourself."



Strapped in for fun! The star has a blast performing at the FOMO Festival in Auckland.





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WAIKIKI BEACH

  
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AIRLINES

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