

**Whoever said “easy as pie”  
never made cheesecake.**



**It's a Piece of (Cheese)cake**







**"BRANDON IS  
FURIOUS!"**



**Kristen & Dax  
DESTROYED  
BY LIES!  
INSIDE THEIR  
MARRIAGE  
FROM HELL**

**Kelly's**

# DIVORCE REGRET!

**Second Thoughts & A Nasty Lawsuit**

- Why pushing for more kids ruined her fairy-tale marriage
- How Kelly **BETRAYED** Blake!



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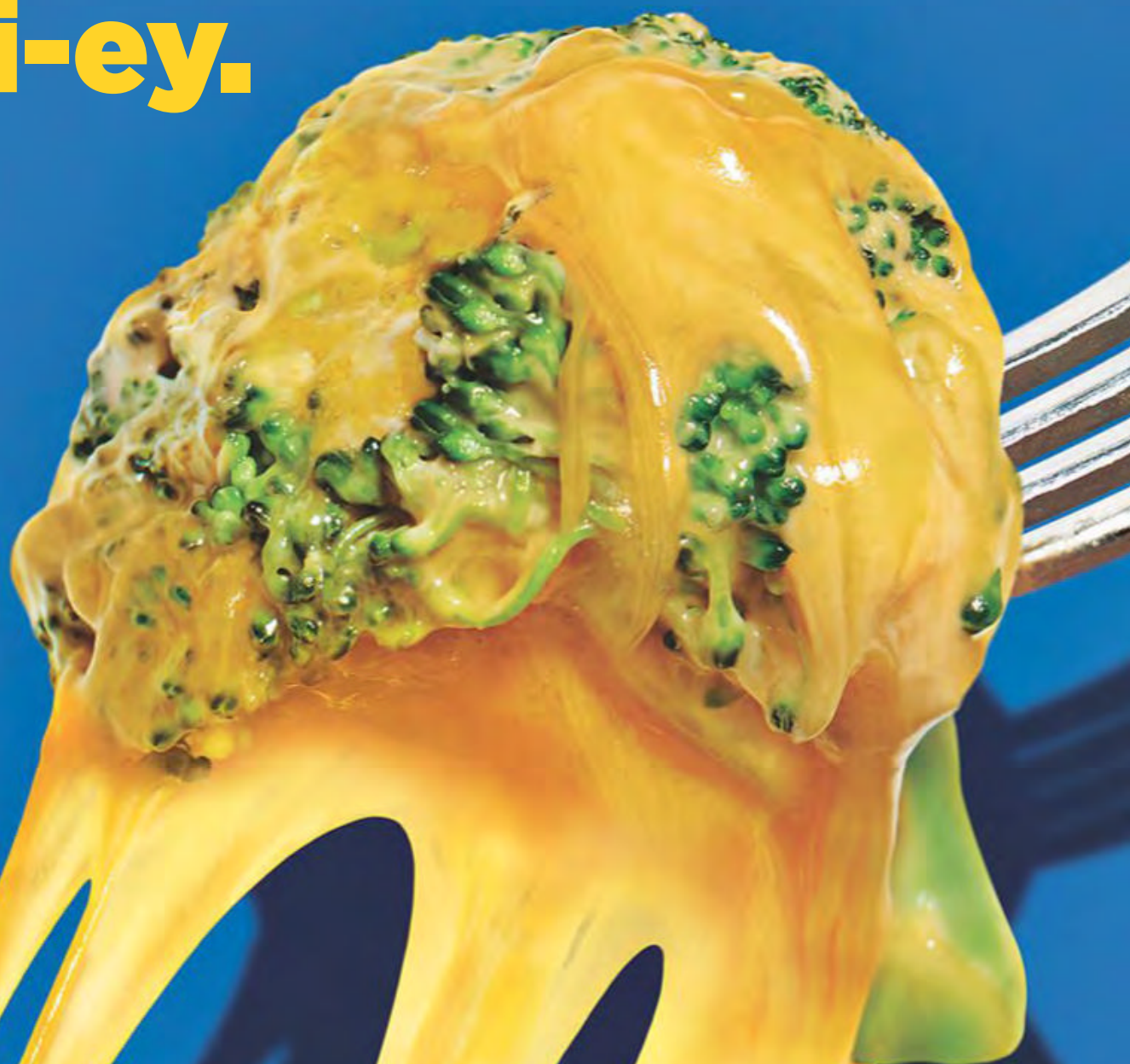
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broccoli less  
broccoli-ey.**



**For the win win**

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# photo Flash

Not a  
fan of  
the look!

## \$CHOOL \$PENDING

Sept. 30

Awful or “aw”-inducing? When **KYLIE JENNER** posted this back-to-school pic of daughter **STORMI**, many — including **BETHENNY FRANKEL** — were shocked by the 2-year-old’s Hermès backpack, which retails for a whopping \$12,000. “It’s everything wrong with everything,” the *Real Housewives* alum blasted, adding that the “flaunting” was inappropriate “during a pandemic and the greatest unemployment crisis in our lifetime.”



# Life & Style contents

OCTOBER 19, 2020 • VOL. 17 ISSUE 42



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# The Top 10 High-



**PETSCH**  
Elie Saab  
LA

**SHAY MITCHELL**  
Honayda  
LA

**DUA LIPA**  
Mugler  
London

**BEYONCÉ**  
Cong Tri  
London

**HAILEY BALDWIN**  
Atelier Versace  
LA



# Slit Looks

The thigh's the limit for these stars who flex their right to bare leg in skin-sational gowns!



**ROSIE HUNTINGTON-  
WHITELEY**  
Versace  
LA

**NICOLE KIDMAN**  
Michael Kors  
LA

**HAILEE STEINFELD**  
Aadnevik  
Newark, N.J.

**ARIEL WINTER**  
Effie Kats  
LA

**OLIVIA MUNN**  
Kate Spade New York  
LA



*inside*

HOLLYWOOD

"It's long overdue," a source says of rethinking Brit's conservatorship. "She wants her independence."

Britney's mom, Lynne, and sister, Jamie Lynn, support the #FreeBritney movement, which calls for the end of dad Jamie's conservatorship.

## Inside Britney's

# BID FOR FREEDOM

**O**verprotected? According to court documents obtained by *Life & Style*, an attorney for Britney Spears has requested that Bessemer Trust Company, a private wealth management firm, take over her estate, effectively bringing her father Jamie Spears' conservatorship to an end. A judge is ex-

pected to sign off on an official decision in November. "This is what Britney has always wanted," shares a source, "to get out from under her dad's thumb." When the Princess of Pop, 38, suffered a much-publicized breakdown in 2009, her father, 68, was given control of her financial and personal assets. He tem-

porarily relinquished the powers of conservatorship in 2019 to deal with his health — and it wasn't long before Britney took steps to make it permanent, stating in an August court filing that she is "strongly opposed to having [Jamie] return" as her conservator. "[Britney] is trying to regain some measure of personal autonomy," her

lawyer stated, "[and] welcomes and appreciates the support of her many fans." As well as the rest of her family. "Whether someone's coming in peace to help or coming in with an attitude," Britney's older brother, Bryan, has recently said, "having someone constantly tell you to do something has got to be frustrating." **L&S**



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smile today







Naya's ex was recently seen holding hands with her sister, Nickayla, at a Target in LA.

## DISTRAUGHT RYAN BLASTS RELATIONSHIP RUMORS

Setting the record straight! Naya Rivera's ex-husband, Ryan Dorsey, spoke out on Instagram about the "absurd" claims that he's in a romantic relationship with the late *Glee* actress' sister, Nickayla. In an emotional video, the *Ray Donovan* star, 37, revealed that the 25-year-old model is simply helping him take care of his and Naya's son, Josey, and that it was the 5-year-old who asked his aunt to move in with them, two months after his mom's tragic death. "Ryan insists there's nothing scandalous going on. Of course, not everyone believes him," dishes a source. "Naya always worried about Ryan remarrying, but some say she'd be happy knowing that Josey is being looked after by her sister."



The cast of SATC is reportedly on board with Kim's replacement.

## Sharon Stone THE NEW SAMANTHA JONES?

Fans were devastated when Warner Bros. scrapped plans for a third *Sex and the City* movie after Kim Cattrall refused to reprise her role as iconic cougar Samantha Jones. However, an insider says the studio may have found another actress to sip cosmos alongside Sarah Jessica Parker, Kristin Davis and Cynthia Nixon. "There's buzz about bringing the ladies back with Sharon Stone filling in as Samantha," reveals the insider. "It's the perfect casting choice. If anyone can bring justice to the role, it's Sharon." And the cast agrees! When asked about potentially replacing Kim, 64, with the 62-year-old actress, Cynthia replied, "I think Sharon would be, of course, totally amazing. [She] would totally make it her own."



## Pregnant Eugenie

## LEAVING LONDON

Princess Eugenie and husband Jack Brooksbank are moving to the English countryside in preparation for the arrival of their first child, reports a source. The 30-year-old royal, who's due in early 2021, "wants to live closer to her mom, Fergie, when her baby is born," says the source, "so they're looking for a place of their own in Windsor." Although the duo currently reside in London's Ivy Cottage, a three-bedroom home within the Kensington Palace walls, the parents-to-be spent most of lockdown with her family at Windsor's Royal Lodge "and really loved it," says the source. "It just feels like home."

**Nesting mode!** "Eugenie and Jack are so excited for the baby," a source tells *Life & Style*. "They can hardly wait to meet their little bundle of joy."



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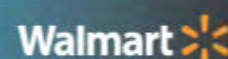
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\* product availability varies by store



# *the week in* **PHOTOS**



*S'more  
than meets  
the eye!*

## **HAPPY CAMPER**

*England, Sept. 29*

**KATE MIDDLETON**, a former Brownie herself, roasted marshmallows around the fire with a group of young Scouts in northwest London.





# BARTENURA

BEST SERVED  
*You're*  
WHEN CHILLED.





## the week in PHOTOS



### SUGAR & SPICE

Sept. 28

*The Office's* **JENNA FISCHER** made apple muffins using fruit from her backyard. "OMG they were so good," she said.

### SITTING PRETTY

Sept. 21

You got it, dude! *Fuller House* alum **CANDACE CAMERON BURE** posed for a festive pic on the set of Hallmark's *Home & Family*.



# FALL FUN!



Need a  
hand?

## HOLIDAY PREP

LA, Sept. 27

'Tis the season! **GWEN STEFANI** and her sons, **KINGSTON**, 14, **ZUMA**, 12, and **APOLLO**, 6, shopped for pumpkins and festive flowers at a local grocery store.





## HARD CORE

Sept. 20

"Apple picking is going swimmingly," actress **MICHELLE MONAGHAN** wrote.



## GOURD TIMES

Sept. 27

Olympic gymnast **SHAWN JOHNSON** picked pumpkins with her daughter, **DREW**, 11 months.





NEW SOCKS



NEW PET

Give them the everyday awesome of





# the week in PHOTOS



Say  
cheese!



## HAND IN HAND

NYC, Sept. 25

Now that's amore!  
**KATIE HOLMES** and  
boyfriend **EMILIO  
VITOLO JR.** grabbed  
slices of pizza at his  
family's Italian eatery,  
Emilio's Ballato.

AND TAKE  
**BRUNCH**  
TO AN  
**AWESOME**  
LEVEL



**Lunchables**  
**BRUNCHABLES**  
Breakfast Sandwiches





**"PEOPLE SAID [IT'S] BECAUSE SHE WAS BORING. I CERTAINLY DIDN'T HAVE A GOOD EXPERIENCE WITH HER, SO BORING WOULD BE ONE OF THE NICER THINGS THAT I COULD SAY."**

- **LISA VANDERPUMP**, SHADING TEDDI MELLENCAMP ARROYAVE AFTER HER *HOUSEWIVES* CONTRACT WASN'T RENEWED



**"I'M NOT FAMOUS. I'VE BEEN AROUND REAL FAMOUS PEOPLE. MY WIFE WAS FAMOUS."**

- **NICK CANNON**, WHO WAS WED TO MARIAH CAREY FROM 2008 TO 2016

# say WHAT?!

ONLY CELEBS CAN GET AWAY WITH THIS!



**"MY LONGEST BREATH HOLD WAS 7 MINUTES AND 14 SECONDS."**

- **KATE WINSLET** ON LEARNING HOW TO FREE-DIVE FOR HER ROLE IN THE *AVATAR* SEQUELS



**"DOING AN AWARDS SHOW WHERE ALL THE WINNERS ARE AT HOME IS A STRANGE EXPERIENCE. IT WAS PROBABLY THE FIRST TIME IN HISTORY THAT SOMEONE WON AN EMMY AND THEN, 10 MINUTES LATER, PUT A LOAD OF LAUNDRY IN THE DRYER."**

- **JIMMY KIMMEL** ON HOSTING THE EMMY AWARDS' 2020 VIRTUAL CEREMONY



**"I CAN'T WAIT TO HAVE MY BABY DAUGHTER NAMED LONDON."**

- **PARIS HILTON** ON BEING READY TO START A FAMILY WITH BEAU CARTER REUM



# celeb-worthy **SWAG**

All the loot we're obsessing over right now!



## ALL WRAPPED UP

There's more than meets the eye with California Cowboy's La Sirena Kimono. Available in a variety of pretty prints, the \$148 statement piece features a super-soft terry lining, champagne bottle-size back pocket (wink, wink), sunglasses loop and water-resistant dry pocket – so wearers are stylishly covered whether lounging poolside or at home. [shop.californiacowboy.com](http://shop.californiacowboy.com)

## TOTAL PACKAGE

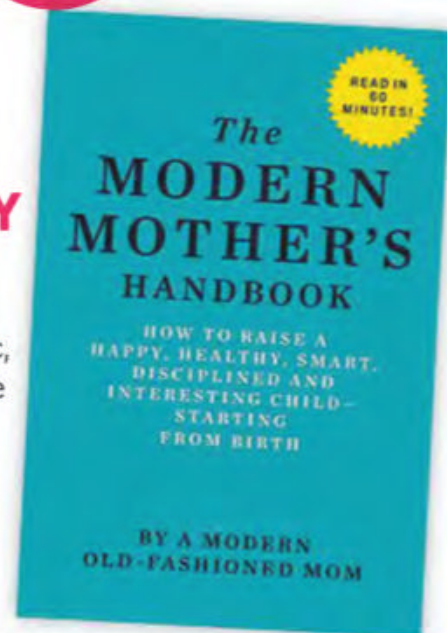
For premium essentials designed to elevate the everyday, look no further than the Prince & Spring Collection from Boxed. Boasting more than 130 products – including paper towels, detergents and snacks – that are deliverable to doorsteps, the line combines quality with convenience.

[boxed.com/princespring](http://boxed.com/princespring)



## WORDS TO LIVE BY

Even when there's not a global pandemic, parenting can be overwhelming. That's why an anonymous NYC mom of two wrote the *The Modern Mother's Handbook*. Recently revised and expanded, the \$12.95 how-to manual offers simple, no-nonsense ideas and solutions for raising happy, healthy, intelligent, disciplined and interesting children. No wonder Kate Middleton is a fan! [amazon.com](http://amazon.com)



## FORM & FUNCTION

BIOEFFECT's new Limited Edition EGF Serum is a vanity must-have – in more ways than one. Proven to reduce the appearance of wrinkles and fine lines while plumping and firming skin, the black barley-derived formula sits in a sculptural, volcanic rock-inspired bottle that just begs to be displayed. Price tag for this ageless wonder? \$495. [bioeffect.com](http://bioeffect.com)

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## luxe locale OF THE WEEK

Posh  
privacy!



## A FIVE-STAR STAY SOUTH OF THE BORDER

The amenities may be as breathtaking as the views at Waldorf Astoria Los Cabos Pedregal. Located at the southernmost tip of Mexico's Baja California Peninsula – and only accessible via tunnel! – the resort wows with plunge pools in every room, four acclaimed dining establishments, an on-site spa and fresh guacamole delivered daily to guests' accommodations. Is this heaven? [waldorfastoria loscabospedregal.com](http://waldorfastoria loscabospedregal.com)



# FIGHT PAIN WITH POSTURE

*What if better posture was as simple as getting dressed in the morning? Tommie Copper is changing the game by using compression clothing to fight posture-related pain. With an innovative line of back support solutions designed to work with you, Tommie Copper compression can help you improve your posture and live more comfortably every day.*

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## Why Posture Matters

Shoulders down, back, and relaxed. Abs engaged. Flat back. You know the reminders, but is your body always listening? There are several reasons to start paying attention to your posture and working to improve it.

### Less Stress & Strain

Proper posture prevents added stress on your joints and can reduce the risk of injury to surrounding muscles. Being mindful of your posture while performing repetitive motions or lifting heavy objects reduces stress and strain.

### Better Breathing

Your lungs are made of soft tissue so the more space you open up in your chest by standing tall and pulling your shoulders back, the more your lungs will be able to expand. That means fuller, more effective breaths.

### Neck & Spine Health

Consistently healthy posture prevents your spine from becoming fixed in an abnormal position. When your neck and spine are properly aligned, their long term health is positively impacted.

## PRO-GRADE

## Shoulder Support Shirt

- Double support panels promote healthy posture
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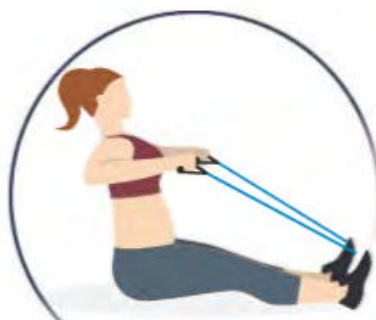
## Building Strength: **UPPER BACK**



### Y-Raise

1. Hold a light dumbbell in each hand and lie face down with belly centered on a stability ball, legs extended behind you, feet wider than shoulders. Extend arms toward the ground to make a "Y," palms facing each other.
2. Pull shoulders down and back, and then lift the arms up to shoulder height, squeezing shoulder blades together. Return to starting position, and relax the shoulders.

Do 3 sets of 12 to 15 reps.



### High Row

1. Anchor the center of a resistance tube at chest height while sitting on the floor. Hold both handles shoulder-width apart at chest height in front of you, palms facing the ground.
2. Bend elbows, drawing hands toward shoulders. Return to starting position and repeat.

Do 3 sets of 15 to 20 reps.



### Reverse Fly

1. Hold a resistance band on both ends. Start with arms stretched out in front of you at chest height.
2. Keeping arms straight (but not locked) extend arms out to sides to stretch the band, squeezing shoulder blades together at the end of the movement. Return to start, keeping the movement slow and controlled.

Do 3 sets of 15 reps.

## Building Strength: **LOWER BACK**



### Seated Leg Lifts

1. Sit with your legs extended straight out, your hands on either side of you, palms facing down.
2. Keep back straight, lean back slightly, then lift one leg until foot is 6-12 inches off the floor. Keep core tight, hold leg in position for 5 seconds, then slowly lower back to the ground. Repeat with other leg.



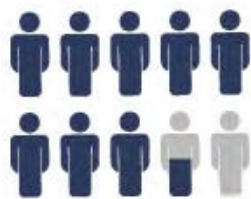
### Side Plank

1. Lie on side with body in a straight line. Prop up torso with forearm, press into side of foot, then raise hips off the ground. Body forms straight line from shoulders to feet.
2. Hold position for 1 minute without letting hips sag. Lower gently to ground and repeat on opposite side.



### Bird Dog

1. Start on all fours with knees directly below hips and hands directly below shoulders. Keep back flat and abs engaged.
2. Lift right hand and left leg off floor simultaneously. Extend arm and leg until pointing straight and body aligns. Hold for 2-3 seconds, then switch sides.



In other words?  
You're not  
alone!

#### PRO-GRADE

#### Lower Back Support Tank Top

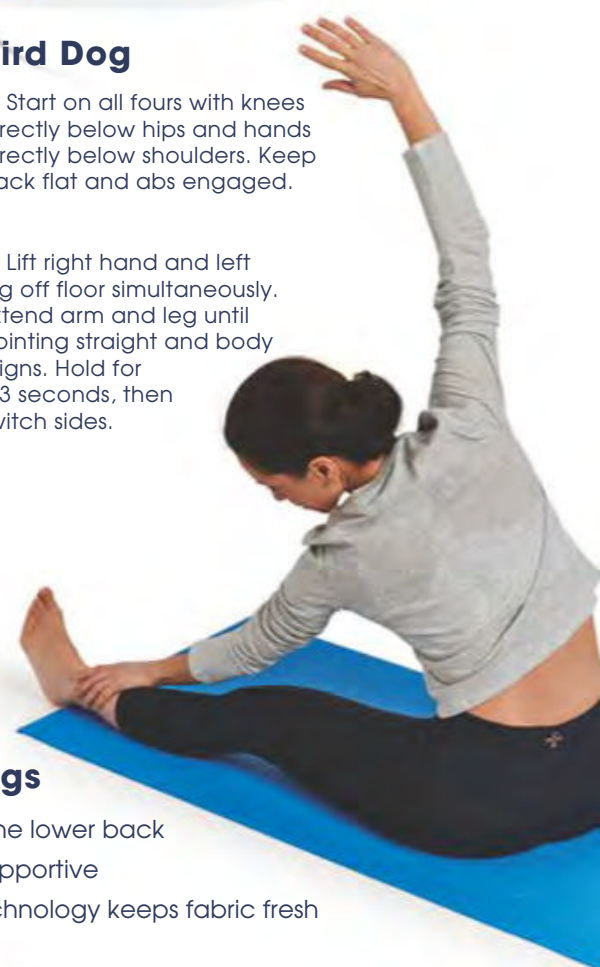
- 4-Panel Power Mesh System supports the lower back
- 4D stretch compression fabric soothes lower back pain
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#### PRO-GRADE

#### Lower Back Support Leggings

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"Joaquin has always wanted to be a dad," an insider tells *Life & Style*. "He can't believe he finally has a son!"

It's a  
Boy!

## Rooney & Joaquin's

# BABY JOY

**T**he Joker finally has a reason to smile! Joaquin Phoenix and fiancée Rooney Mara welcomed their first child together. Russian filmmaker Victor Kossakovsky revealed the happy news on Sept. 27 during a Q&A for the documentary *Gunda*, which the 45-year-old actor executive-produced, at the 2020 Zurich Film Festival. "He just got a baby, by the way...a beautiful son called River," the director announced while

explaining Joaquin's absence. Like most first-time parents, "he and Rooney are holed up at home with the baby," shares an insider. "They can't stop smiling and holding and kissing their little one."

It's a touching choice, naming their son after Joaquin's late brother, actor River Phoenix, who died in 1993 from a drug overdose. The Oscar winner, who was just 19 at the time, was the one to call 911 when River col-

lapsed outside the Viper Room nightclub on LA's Sunset Strip. New mom Rooney, 35, "was always on board with the name," says the insider. "There was even talk that if they had a girl, they would've still named her River. It's the ultimate tribute and a beautiful way to honor the memory of his brother." **L&S**

### Paying Tribute

The couple named their newborn after Joaquin's brother, River Phoenix, who died from a drug overdose at age 23.







## Lily & Charlie **ENGAGED!**

She said yes! Lily Collins announced her engagement to director Charlie McDowell via Instagram on Sept. 25. "I've been waiting my lifetime for you and I can't wait to spend our lifetime together," the actress, 31, captioned a sweet snap from the proposal. While Lily and Charlie, 37, are a relatively private couple, "they both come from showbiz families," notes a source, "so the wedding is sure to be a glamorous affair." Charlie's mom Mary Steenburgen "absolutely adores Lily," the source says, as does his stepdad, Ted Danson. Lily's own father, Phil Collins, "hasn't stopped singing since he heard the news," adds the source, "Of course, nobody would be surprised if he performed at the reception."

## Demi's **BREAKUP BALLAD**

Sorry not sorry! Demi Lovato released an emotional new single, "Still Have Me," on Sept. 30, just six days after ending her engagement to Max Ehrich. "I'm a mess and I'm still broken. But I'm finding my way back," the pop star, 28, sings. "And it feels like someone's stolen all the light I ever had." It's no secret that Demi's still hurting, admits a source, "but songwriting is like therapy for her." She reportedly split from the soap star, 29, after his intentions came into question. "Looking back, Demi wishes she'd seen the red flags earlier," the source says.



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# Kelly's

Months after separating from  
Brandon Blackstock, Kelly Clarkson  
rethinks her split decision

# DIVORCE REGRET

**K**elly Clarkson is known for her cheery disposition. And she didn't disappoint on the season premiere of her eponymous talk show — even while addressing her shock split from husband Brandon Blackstock. “We have four kids, and divorce is never easy,” she told *The Kelly Clarkson Show*’s viewers. “But I am okay. Everybody keeps asking, ‘Are you okay? Are you okay?’... The answer is yes.”

But Kelly, 38, seemingly wasn't telling her audience everything. *Life & Style* has learned that the “Because of You” singer is experiencing some serious remorse over her decision to file for divorce from Brandon, 43, back in June — and it's getting



## Family Matters

A child of divorce herself, Kelly admits she's worried about the effect her divorce will have on her and Brandon's four kids. There are “a lot of little hearts involved,” she says. “It's a lot to process and deal with, just as a family.”





## On Her Own

"Kelly's going through a lot right now," says an insider, who adds that, ironically, in the past it was always Brandon who helped her navigate difficult times. "It's hard going through this all by herself. She isn't too proud to admit she was wrong."

stronger as she approaches what would have been their seventh wedding anniversary on Oct. 20. "She's definitely having second thoughts," an insider reveals. "Kelly's admitted that the split has been very difficult and it's taken an emotional toll on her. She also just misses Brandon, though — he was always her rock. Now she's regretting being so quick to file for divorce."

## A RASH CHOICE?

She'd been at her wit's end. For the first few months of the coronavirus crisis, Kelly experienced anything but domestic bliss as she holed up with music manager Brandon, their children, River, 6, and Remington, 4, in addition to his kids, Savannah, 18, and Seth, 13, at the family's ranch in Montana. "I'm cooking all the time and cleaning all the time while doing work," she said, adding that homeschooling was also on her plate. "It's the most insane thing ever."

As stressful as the situation was, though, "Kelly and Brandon basically had a good marriage," the insider insists. "Their respective families got along, they had amazing kids together, they juggled their careers pretty well and seamlessly blended his children from his previous marriage."

In fact, the insider claims that their biggest dispute outside of the pandemic chaos was over having *more* kids. Despite making the decision together years earlier that



their family was complete — she got her tubes tied after her second pregnancy, while Brandon underwent a vasectomy — Kelly admits her feelings changed and Brandon wasn't receptive to them. "My husband is like, 'No! We have four!'" Kelly recalled on a May episode of her hit show when discussing how she "so" wanted another child and was in the throes of "baby fever."

Their different viewpoints were no doubt a factor in the divorce. But while Kelly was upset over it at the time, the insider notes, she no longer sees the kid issue as a deal-breaker. "The buzz is she thinks pushing for more kids is what ruined everything," says the insider. "Now, her big question is, is it too late to save their marriage?"

## RECEIVING BACKLASH

It appears that way. "Kelly has broached the subject of a reconciliation with Brandon," reveals the insider, noting that her estranged husband waited until July to file a response to the star's divorce petition. "But it didn't go well. She's the one who filed for divorce first, publicly humiliating him, and now she wants to get back together? Brandon is absolutely furious. The rest of his family was also left scratching their heads."

That includes former mother-in-law Reba McEntire. The music legend, 65, was married to Brandon's father, Narvel

# Things Are Getting COMPLICATED



As if things weren't bad enough, Kelly is now being sued by Starstruck Entertainment — the company founded by her father-in-law, Narvel Blackstock, where Brandon is still listed as working. The Nashville-based management firm alleges that the *Voice* coach and talk show host — who has already paid them \$1.9 million in commissions in 2020 — still owes another \$1.4 million for her hit series and other projects. "Over the course of approximately 13 years, Starstruck developed Clarkson into a mega superstar," court documents read. "Despite Starstruck's hard work and dedication, Clarkson has decided that she is going to stop paying Starstruck what is contractually owed. Through this lawsuit, Starstruck seeks to not only recover its commissions on millions of dollars that Clarkson has already earned, but also the millions of dollars that Clarkson will continue to earn." The strongly-worded filing, says an insider, "was a shock to Kelly. She's burned some serious bridges and she may not be able to repair them."

Blackstock, for 26 years between 1989 and 2015 — and has remained close to Brandon, with Kelly herself referring to him as Reba's "oldest son" in 2019. Ahead of the *American Idol* alum's divorce filing — in which she asked for their prenuptial agreement to be upheld and spousal support to be denied — "Reba warned Kelly not to throw away a good thing over some hurt feelings," shares the insider. "But she didn't listen."

Now it's led to some awkward times on the set of *The Voice*, which has already resumed filming and premieres on NBC on Oct. 19. Co-star Blake Shelton is managed by Brandon and counts him as a longtime friend. In fact, the singer, 44, says he was the one who urged Brandon to propose to Kelly back in the day. "Blake can't help but feel a little betrayed," notes the insider. "Brandon was blindsided by

the divorce. So he's Team Brandon all the way."

## LONELY GIRL

Kelly's life the past few months "has been a little bit of a dumpster," she says. These days, "the smallest thing sets her off," adds a source. "Some nights she'll cry herself to sleep. It doesn't help that all of this Brandon stuff is happening during a pandemic — she can't seek solace with friends and family. She feels so alone." **L&S**



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### Lonely Little Girl

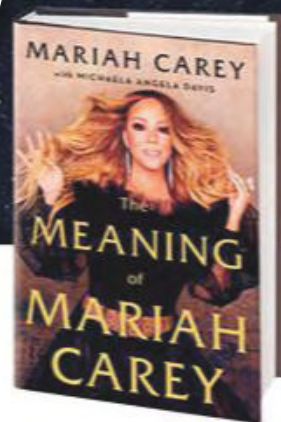
The Irish, Black and Afro-Venezuelan singer says her biracial roots also made her an outcast in her family's Long Island neighborhood.

### Still Worlds Apart

Mariah remains estranged from her sister Alison, 57, who has battled drug addiction and was arrested for prostitution in 2016.

# Mariah: 'I FELT LIKE AN OUTSIDER'

In an explosive new tell-all, superstar Mariah Carey shares the details of her difficult, often heartbreaking childhood



It seemed like a Cinderella story. At the tender age of 22, Mariah Carey — a then-unknown singer with a five-octave range — took the world by storm, winning the heart of Sony exec Tommy Mottola while scoring Grammy after Grammy.

But her beginnings were far from a fairy tale. In *The Meaning of Mariah Carey*, the diva's new memoir, she details an upbringing fraught with violence, poverty and conflict, during which she felt "uprooted and unprotected," like "an outsider" at home. "We shared common blood, yet I felt like a stranger among them

all," Mariah, 50, writes of her largely absent father, overworked mother and two troubled older siblings. "An intruder in my own family."

### FEAR AND ABUSE

While Mariah inherited her singing skills from her divorcée mom, Patricia, a former opera singer, she says most of her childhood was focused on survival. The star's tell-all describes several alleged violent incidents involving brother Morgan, as well as sister Alison's drugging her with Valium when Mariah was 12 and subjecting her to the ad-

vances of an unstable, gun-wielding boyfriend. Eventually, Alison went to live with their dad, the author notes, leaving her "caught between my brother's fury and my mother's sad searching."

It wasn't until she and ex-husband Nick Cannon welcomed twins Moroccan and Monroe, now 9, that Mariah truly understood the joy that family could bring. "When I became a mother...my heart grew two times over," she shares. "[And] as my capacity for pure love expanded, the ability to tow heavy pain from my past diminished." **LS**



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**Dax & Kristen**

# DARK FAMILY SECRETS

**As their seventh anniversary nears, Dax Shepard confesses to hiding a drug relapse from Kristen Bell**

**T**he lies were eating him up inside. On the Sept. 25 episode of his *Armchair Expert* podcast, Dax Shepard confessed that after getting sober 16 years ago amid a cocaine and alcohol addiction, he'd relapsed. Eight years in, he got high by taking more painkillers than he'd been prescribed following a motorcycle accident. He said he "felt bad" about what he'd done and stopped. This summer, however, he did it again, for months abusing opioids after being injured in ATV and motorcycle accidents. "I start getting really scared, and I'm starting to feel really lonely," Dax explained of concealing his addiction, which left him with "this enormous secret."

It festered and grew as he hid his problem from his wife, Kristen Bell.



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Dax, 45, admitted he'd even started "gaslighting" Kristen, 40, as he silently spiraled — until he couldn't take it anymore and in mid-September confessed that he'd been getting high. Though he's now a few weeks clean, it's changed everything. "Dax can say that his relapse was just a slip, but his sobriety revelation definitely affected his marriage," shares an insider, who says the dark secret has been devastating for Dax's family. "Kristen is all about openness and trust, and not telling her about his relapse right away was a betrayal."

### A HELLISH SITUATION

Kristen and Dax's romance has been rife with drama since it began 13 years ago. He was reluctant to commit early on and since welcoming daughters Lincoln, 7, and Delta, 5, the couple have fought bitterly at times. In January, Kristen admitted that an argument sparked by a note she wrote asking Dax for help around the house got so heated, they

"both blacked out," slept apart and didn't talk for three days.

They quickly reconciled, but they're now under a microscope. It hasn't helped that days before Dax's relapse reveal, Kristen was criticized after admitting she caught their girls drinking Dax's non-alcoholic beer while on a school Zoom call. "I'm like, 'What must these other parents and teachers think of me?'" she said, later confessing they let the girls order NA beer at restaurants too. "And then I remind myself, 'You don't care, Kristen.'"

But she does care — deeply — about Dax's deceit. "While she's supportive, Kristen is also wary," says the insider. "Dax straight-out lied to her about his relapse." So as they prepare to celebrate their seventh wedding anniversary on Oct. 16, there's work to do. "They still love each other, 100 percent," notes the insider, "but the trust they had has been destroyed. Dax needs to gain it back." **LS**

## It Hasn't Always Been Easy for Kristen

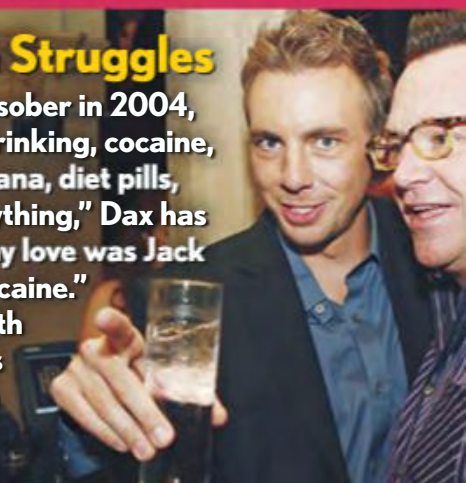
### He Got a Case of Cold Feet

Dax dumped Kristen early on because he wanted to keep seeing other women. Though he came crawling back, the actor didn't want to wed. She's said she "surrendered" to the idea of never marrying, but he later relented.



### Addiction Struggles

Before getting sober in 2004, "I just loved...drinking, cocaine, opiates, marijuana, diet pills, pain pills, everything," Dax has said. "Mostly my love was Jack Daniel's and cocaine." He relapsed with pills eight years later and again this summer.



### Scary Accidents

This spring, Dax broke his hand following an ATV mishap and needed more surgery in August after he "shattered his shoulder [and] broke his pinky and four ribs," Kristen said.



### Dishonesty Issues

Dax admitted he began "lying to other people," including Kristen, after he started abusing painkillers this summer — and faked his way through his sober anniversary on Sept. 1: "I was high," he recalls, "having people tell me they admire my sobriety."

### Affair Rumors

In 2018, Dax was accused of cheating with actress Julie Andrews' granddaughter, Kayti Edwards. He denied it, saying pics showing him passionately kissing Kayti were taken years before he started dating Kristen.







### They Don't Approve

According to the source, the queen, Charles and William don't like that Meghan has been so outspoken about things like the U.S. election. "Royals aren't supposed to get involved in such things," adds the source, "and Meghan does still have her duchess title. For now."

### Standing Up for Herself

"Meghan has only spoken to Harry's family a couple of times since leaving England," a source says. "There's no love lost between them."

## MEGHAN SLAMS THE ROYALS:

# 'If You Listen to W IT'S NOT CONTR



## Harry's Loving Life in California!



As much as he may miss his family in the U.K., Prince Harry has adjusted well to life on his and Meghan's stunning \$14.7 million estate in Montecito, Calif. "He enjoys the freedom," the source says, adding that the ginger-haired prince has even gotten a "little bit of a tan" from spending so much time outdoors lately. "He and Meghan are building a vegetable garden and growing their own fruit and herbs, too!" Another side effect of the planting besides golden skin? "Harry is eating healthier," shares the source. "He feels great."

son Archie, 16 months, he can't help but feel torn at times. "Harry 100 percent supports Meghan, but of course he misses his family, especially the queen, and friends back in London," explains the insider. "Meghan has practically no interest in returning to the U.K., though, so he's had to adjust."

And adjust, he has.

Since moving to Montecito, Calif., Harry has joined his wife in her many efforts — including a high-profile producing deal with Netflix that's generated more controversy back in the U.K. "It isn't going down well with the royals," the insider says. "But Harry and Meghan have learned that's not the end of the world." **L&S**

It seemed like an off-the-cuff comment. Interviewed virtually for *Forbes'* Most Powerful Women Summit, Meghan Markle was asked about the widespread criticism she's received for speaking her mind about politics and social justice — and she was quick to reply. "If you look back at anything I've said, what ends up being inflammatory is people's interpretation of it," Meghan shared. "But if you listen to what I actually say, it's not controversial."

While the statement appeared aimed at social media trolls, an insider claims it applies to Meghan's in-laws as well. "That was no doubt a jab at the royals," the insider tells *Life & Style*. "Meghan constantly feels under scrutiny from Prince Harry's family — and she's grown tired of them overreacting to every little thing she does."

### A LACK OF SUPPORT

In January, the Duchess of Sussex, 39, famously stepped away from the

monarchy along with Harry, 35, to start a new life in her native United States. "Meghan feels many of the royal traditions are old-fashioned and stuffy," says the insider, noting that the *Suits* actress' attempts to modernize things while living in England were met with resistance. "The way she sees it, she was just trying to help, but whenever she expressed her opinion, it backfired. More often than not, her suggestions were twisted to sound more extreme than they were."

The only person who did seem to take her seriously was Harry, who accused the British press and public of racism in its criticism of Meghan, and continues to support her — even if it has meant driving his own family away. Once inseparable from his brother, Prince William, 38, Harry now barely speaks to him or his wife, Kate Middleton, 38, and calls with his father, Prince Charles, 71, or even his beloved grandmother, Queen Elizabeth II, 94, are few and far between. And though he adores Meghan and their

# What I Actually Say, OVERSIAL'

Tired of being misinterpreted by the public — and her in-laws — Meghan Markle speaks out



# who lives here?

A simply complicated singer nabbed this \$7M mansion in LA's Studio City



## She's Confident in Her Success!

From child star to chart topper — this belter grew up in front of fans' eyes. And sorry, she's not sorry about it! Outspoken and unbroken, the 28-year-old keeps making music (plus TV, movies and even books) that are cool for the summer and every season.



## A Sober Sweet Spot

After an overdose two years ago, as well as a reported broken engagement in 2020, her heart needs a break. What better place for a fresh start than this 8,500-square-foot LA retreat? Whether relaxing by one of the pad's multiple fireplaces or blowing off steam in her new home gym, it would be hard not to feel #blessed.







### Dinner for One

A master chef, she is not. The performer had said her fiancé of two months was "the first person" she'd "ever really wanted to cook for." Her specialty? Rice. But now she'll seemingly be eating alone in this kitchen, which is equipped with an enormous marble-topped island and high-end appliances.

## GET A CLUE

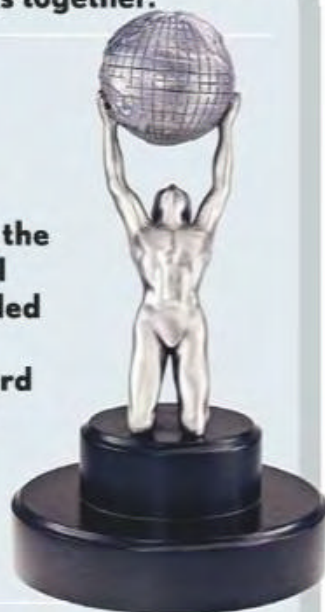


### Clue #1

Though the celebrity reveals they're "not friends" now, she insists she'll "always have love for" former bestie Selena Gomez. The two met on the set of *Barney & Friends* as co-stars and went on to become Disney darlings together.

### Clue #2

A longtime activist for LGBTQ rights, the openly bisexual star was awarded the GLAAD Vanguard Award in 2016 – and said it meant "more than any music award."

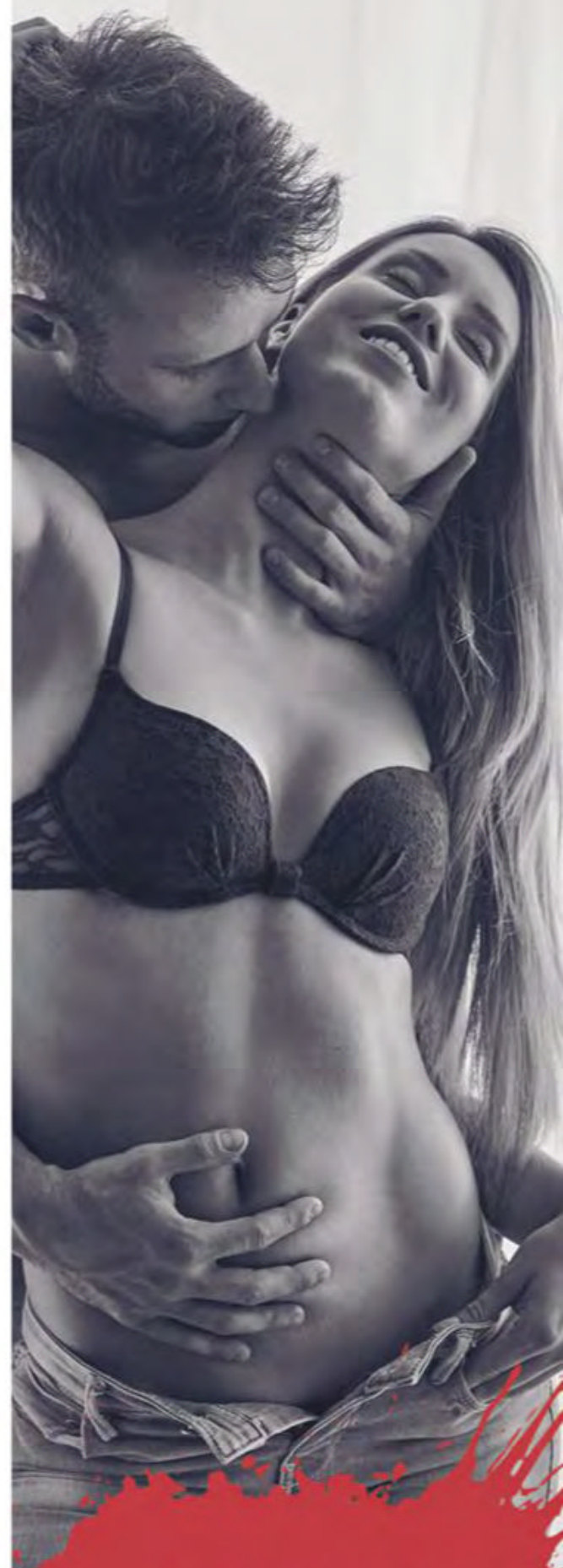


### Clue #3

She's got Texas ties! The daughter of a former Dallas Cowboys cheerleader, she was raised in Dallas and has an older sister named Dallas, to boot.

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## The Bachelorette

OCT. 13, 8 P.M., ABC

Every year, host Chris Harrison promises “the most shocking season yet,” but this time, the show may actually deliver. Bachelorette Clare Crawley arrives at the La Quinta Resort ready to find love — and it doesn’t take long. The 39-year-old reportedly refused to continue filming after falling for a contestant early on, sending producers scrambling. To save the season, *Bachelor in Paradise* alum Tayshia Adams was brought in to replace Clare and take over her remaining suitors.



## The Right Stuff

BEGINS STREAMING  
OCT. 9 ON DISNEY+

Based on the best-seller by Tom Wolfe, this space race drama follows the lives of the Mercury Seven, a group of military test pilots chosen by NASA in 1959 to become astronauts. Among them are John Glenn (Patrick J. Adams), the first American to orbit Earth, and Alan Shepard (Jake McDorman), the first American to travel into space.



## The Lie

BEGINS STREAMING OCT. 6 ON AMAZON PRIME

It was an accident...right? When their daughter Kayla (Joey King) confesses to killing her best friend, parents Jay (Peter Sarsgaard) and Rebecca (Mireille Enos) are convinced that she acted on impulse and decide to help cover up the crime. It’s not long, however, before they both begin to suspect there may be more to the story.



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## Grand Army

BEGINS STREAMING OCT. 16

Most likely to get people talking! Based on a 2013 play by creator Katie Cappiello, this gritty teen drama centers on five students — Joey (Odessa A'zion), Jayson (Maliq Johnson), Leila (Amalia Yoo), Siddhartha (Amir Bageria) and Dominique (Odley Jean) — from Brooklyn's largest public high school as they wrestle with important issues like sexual assault, school shootings and social justice.



## A Babysitter's Guide to Monster Hunting

BEGINS  
STREAMING  
OCT. 15

There's no such thing as monsters, or is there? When the little boy that high school freshman Kelly Ferguson (Tamara Strong) is babysitting on Halloween gets kidnapped by the Boogeyman (*Harry Potter*'s Tom Felton), she turns to the Order of the Babysitters, a super-secret organization that's been around for thousands of years, to help get him back before his mom comes home.



BEGINS  
STREAMING  
OCT. 16

## The Trial of the Chicago 7

Written and directed by Aaron Sorkin, this timely courtroom drama follows the trial of a group of anti-Vietnam War protestors charged with inciting riots at the 1968 Democratic Convention in Chicago. The cast consists of Mark Rylance, Eddie Redmayne and Sacha Baron Cohen, whose performance as activist Abbie Hoffman is already generating tons of Oscar buzz.

## star REVIEW

### Todd Chrisley

#### THE SHOW I CAN'T MISS:

"Oh, that's easy — *Yellowstone*! In my mind, I have convinced myself that I'm going to look like Kevin Costner when I get to that age. I've loved him since *The Bodyguard*."

#### THE LAST BOOK I READ:

"I read the Bible every day. It gives me comfort."

#### THE SONG I CAN'T STOP LISTENING TO:

"It's called 'Change Your Mind' by Keith Urban."

Todd is the executive producer of Rascal Flatts star Jay DeMarcus' new reality show, *DeMarcus Family Rules*, available now on Netflix.



as seen  
ON-  
SCREEN



**Q:** Selena Gomez wore a beautiful floral apron on her new cooking show, *Selena + Chef*. Do you know who makes it and where I can buy one? — Christy, Clemson, S.C.

**A:** It is Anthropologie's Printemps Apron, available for \$34 on [anthropologie.com](http://anthropologie.com).



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◀ Vitamin A Sunkissed EcoSoft Lounge Set, \$205, vitaminaswim.com

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◀ Breast Cancer Lokai bracelet, \$18 each, lokai.com

**\$1 from each purchase goes to the BCRF.**



► Natoria Odessa satin pajamas, \$135, and Addiction Nouvelle Pixi Sticks bra and thong set, \$79, underclub.com

**\$1 from every pink item purchased benefits the BCRF.**





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# DIVA OR down-to-earth?



## DIVA!

### Kaley Has Her Own Glam Squad

Mirror, mirror on the wall, who's the most pampered of them all? While **KALEY CUOCO** was busy checking out her reflection, a team of stylists worked to ensure she looked camera-ready on *The Flight Attendant* set in NYC on Sept. 17.

## DOWN-TO-EARTH! Miley Feeds the Meter

When you're famous, you get a lot of things for free — but parking isn't one of them. Just ask **MILEY CYRUS**, who avoided a ticket outside of her LA salon on Sept. 22.



## DIVA! The Situation Flies Private

Gym, tan, takeoff! On Sept. 24, **MIKE "THE SITUATION" SORRENTINO** and his wife, **LAUREN**, jetted out to film Season 4 of *Jersey Shore: Family Vacation*.





## DOWN-TO-EARTH! Sarah Jessica Waits on Customers

Talk about a hands-on owner! **SARAH JESSICA PARKER** helped a woman find her perfect fit at the SJP footwear flagship store in NYC on Sept. 23.



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### Bare Necessity

Gwyneth Paltrow thanked Goop's new body butter for giving her the confidence to pose for a pic wearing "nothing but my birthday suit" in celebration of turning 48.



*Social Stars*

# POSTS OF THE WEEK!

### Mother's Little Helper

Chrissy Teigen's daughter, Luna, 4, refused to let the pregnant model-author wash her own hair while she was on bed rest. "Girls, man. How did we get so lucky?" she asked hubby John Legend.

**CUTEST KIDDO**  
of the week



### Banging on Pots and Pans

Florence Pugh got to make ice cream with Jeni Britton Bauer of Jeni's Splendid Ice Creams. "To say I'm stoked is an understatement," she captioned a photo of herself with a colander on her head.



### She's an Open Book

Demi Moore shared a throwback from when she found a copy of her memoir, *Inside Out*, on display. "I truly feel so lucky to be able to share my story with you," the actress wrote.



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WEEK OF OCT. 12 - 18

By astrologer Josephine Collins (Instagram: @josephinecollinsbooks)

## SCORPIO

**Oct. 23 - Nov. 21**

The desire to push on with an important project draws you together with like-minded people. A perk of having you on the team? You're willing to dig deeper than most to find out what's going on behind the scenes, Scorpio.

## SAGITTARIUS

**Nov. 22 - Dec. 21**

Your plans may not unfold as you expected them to. But obstacles are easier to overcome if you're clear about your intentions.

## CAPRICORN

**Dec. 22 - Jan. 19**

With your entrepreneurial spirit riding high, you may feel inspired to take a leap of faith, Capricorn. An image makeover could provide an added boost of confidence.

## AQUARIUS

**Jan. 20 - Feb. 18**

You can reach new heights if you're willing to put in the work, so think big! Don't bother convincing anyone else, just believe in yourself.

## PISCES

**Feb. 19 - March 20**

An important message could soon be revealed. Emotions are intense, which may compel you to make some important changes to your personal life, Pisces.

## ARIES

**March 21 - April 19**

Love and loyalty are precious, and you work hard

to get the balance right.

Juggling everything can be tricky; just don't forget to make time for yourself.

## TAURUS

**April 20 - May 20**

As fresh challenges appear, there's a feeling that anything could happen. If someone is pushing your buttons, put some space between you.

## GEMINI

**May 21 - June 21**

Taking on too much can leave you feeling overwhelmed, so embrace the help that is available. Teamwork turns your troubles into triumph.

## CANCER

**June 22 - July 22**

Relationships are put under the microscope. You could encounter some tension during a heart-to-heart, but careful handling should dispel any hard feelings.

## LEO

**July 23 - Aug. 22**

New ideas spur you on to greater opportunities, Leo. If old routines are no longer working for you, try something new and make sure you leave space for a little spontaneity.

## VIRGO

**Aug. 23 - Sept. 22**

This week, it's all about taking control and creating the life you want. Don't be distracted by others' mini dramas; instead, focus on what really matters to you! And watch for sparks to fly with an old pal.

**Felicity Jones**

Oct. 17,  
1983

## LIBRA

**Sept. 23 - Oct. 22**

Working and playing hard is the name of the game — and with so many ideas surfacing, there's little time to chill. If you're in the mood for change, put feelers out and see what comes back.

### They're Not Together, But They Should Be!

An ambitious and persistent Capricorn man like Bradley may awaken a passion in nurturing Cancer woman Christina.

CHRISTINA ANSTEAD  
JULY 9, 1983

BRADLEY COOPER  
JAN. 5, 1975

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## CROSSWORD

### ACROSS

- 1 *Thor* star Hiddleston
- 4 Corn unit
- 6 Affleck, Stiller and Kingsley
- 9 Makes like a volcano
- 10 *Ad Astra* star Pitt
- 11 Yank
- 12 *Moonstruck* star
- 13 Hayworth or Moreno
- 15 Dry, as a desert
- 18 Brain scan, for short
- 19 *Cold Mountain* star Kidman
- 20 Owl's question
- 23 Desire, craving
- 25 Actor \_\_\_ Patrick Harris
- 28 Tracy of *30 Rock*
- 31 Used to own
- 32 Single name card game
- 33 *Wonder Woman* star Gadot
- 35 Army address
- 37 Did lunch
- 39 Zac Efron movie: *The Lucky \_\_\_*
- 41 *Full House* star John
- 43 Existence
- 45 She sings "Chandelier"
- 47 Fawn's mother
- 48 Kingdoms
- 52 Actress Larter
- 54 Natalie Wood classic: \_\_\_ *Side Story*
- 55 Ms. Flynn Boyle
- 57 Actress Lena
- 59 Belonging to us
- 60 Finished
- 61 *Wedding Crashers* star Vince \_\_\_
- 62 Faris or Paquin
- 63 Plead with
- 64 Joanne Woodward classic: *The Three Faces of \_\_\_*

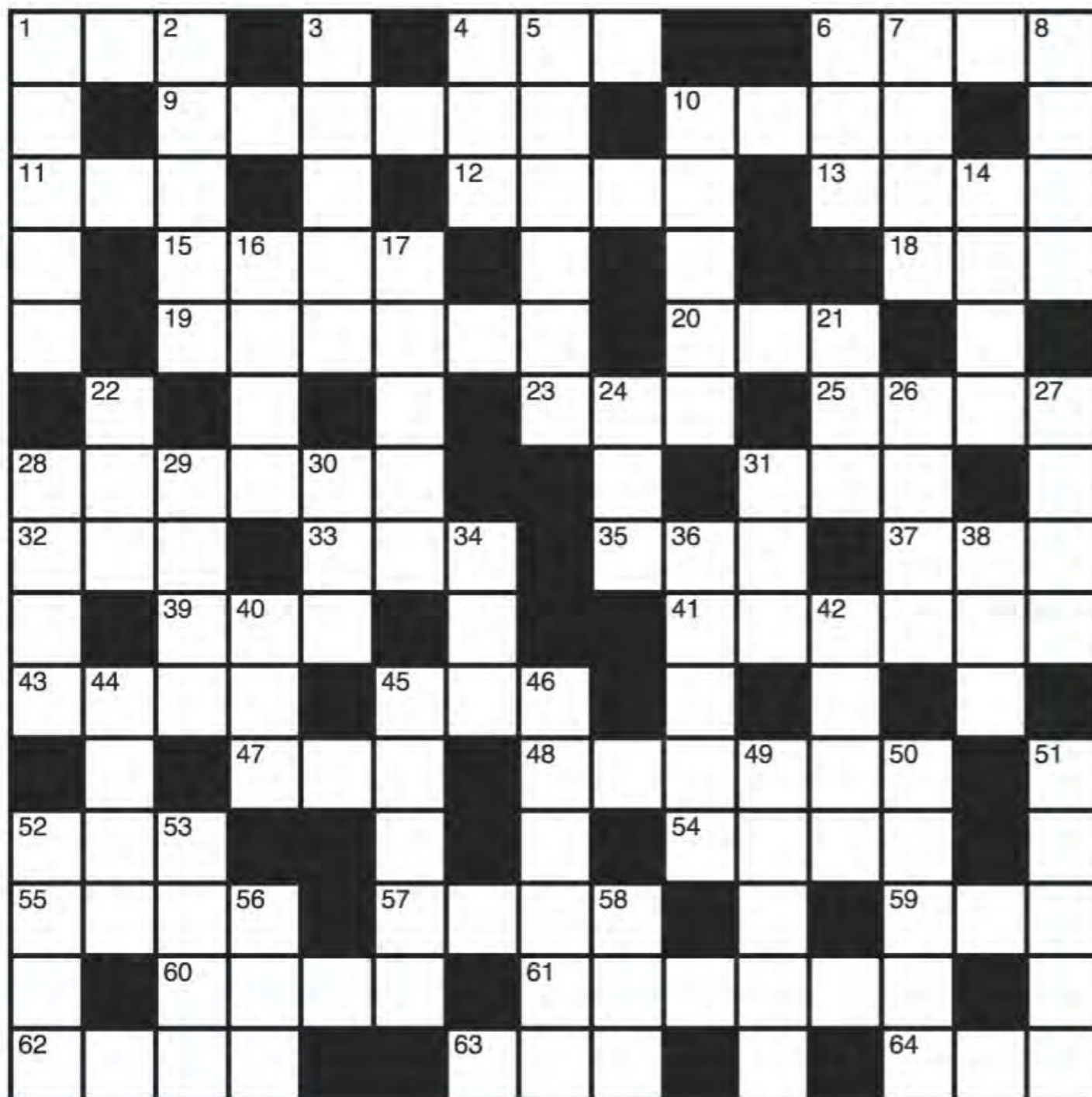
- 21 Out \_\_\_ limb
- 22 Actor Hamm
- 24 *Casino Royale* star Green
- 26 Cheese choice
- 27 Bruce and Spike
- 28 Think it over
- 29 House top
- 30 Vital statistic



- 31 Wendie Malick sitcom: \_\_\_ in *Cleveland*
- 34 Necklace for a luau

- 36 Expression of disbelief
- 38 Go one better
- 40 Actor Beatty
- 42 Charitable donations
- 44 *Definitely, Maybe* star Fisher
- 45 Mister, in Madrid
- 46 Get there

- 49 *The Hateful Eight* star Jennifer Jason \_\_\_
- 50 Actress Sharon
- 51 Number of little pigs
- 52 *Arrested Development* actress Shawkat
- 53 Club for the fairway
- 56 Screen great Gardner
- 58 Harp on



### DOWN

- 1 Actor Channing
- 2 *Will & Grace* star Mullally
- 3 Jazz or classical
- 4 And so forth
- 5 Actress Judd
- 6 Lawyer's exam
- 7 Nurse Jackie star Falco
- 8 Dateless
- 10 *This Is Us* star Sterling K.
- 14 Actress Hatcher
- 16 *The Avengers* star Diana
- 17 Ms. Karan the designer

## SUDOKU

DIFFICULTY LEVEL: MEDIUM

There are nine sections of nine squares. Fill in the blank spaces with numbers from 1 to 9 — in any order. No number can be repeated in any section or in any horizontal or vertical line.

	3		4			6	9	
	6	2			7	4	3	1
4	1	9	8			7	2	5
3	8				5			9
	5	6	1	9	3	8	7	
			2	8	4	3	5	
1	4						8	
5	2	8		4		9	6	7
					8		4	

DIFFICULTY LEVEL: ADVANCED

6			7	8	5	3		1
	8	3				7		9
1	4	7		9	3	5	8	
			9		7			
4						9	5	7
9	7	5	4	1			3	6
8	5		2					3
7	9	1	5			8		4
2		6				1	7	5



# MADE YA LOOK!

Find the 10 things that make these two pictures different!



He's got moves! John Leguizamo plays a game of chess in NYC's Washington Square Park.



## WORD SCRAMBLE

Each of these clues can be found within the grid horizontally, vertically, diagonally, backward or forward. Circle them all to solve the puzzle.

### COOKBOOK AUTHORS

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GWYNETH PALTROW	STANLEY TUCCI
JESSIE JAMES DECKER	TRISHA YEARWOOD

H	U	V	R	Z	J	P	G	X	Y	B	M	O	L	M	L	C	R	P	N
P	Y	V	G	Q	P	T	C	Q	K	D	I	S	Y	I	T	X	J	I	E
I	C	C	U	T	Y	E	L	N	A	T	S	I	P	X	V	S	E	P	G
J	E	S	S	I	E	J	A	M	E	S	D	E	C	K	E	R	Z	P	I
I	R	A	L	L	A	V	A	C	N	I	T	S	I	R	K	Y	N	A	E
J	O	A	N	N	A	G	A	I	N	E	S	J	B	Y	S	R	I	M	T
T	M	M	X	E	V	A	L	O	N	G	O	R	I	A	N	R	R	I	Y
M	N	S	G	L	V	M	G	Y	I	M	A	O	W	R	O	U	P	D	S
D	O	O	W	R	A	E	Y	A	H	S	I	R	T	Y	O	C	E	D	S
E	U	U	K	X	O	U	M	L	Y	E	G	Q	B	X	P	A	I	L	I
D	K	D	X	L	Q	E	X	L	S	V	H	J	A	Y	D	H	D	E	R
G	W	Q	V	I	P	S	E	D	E	L	Y	E	F	X	O	S	D	T	H
G	W	Y	N	E	T	H	P	A	L	T	R	O	W	T	G	E	E	O	C
F	X	V	J	O	L	P	K	Z	A	P	I	L	Z	X	G	Y	R	N	X
K	G	Z	M	I	T	W	X	H	P	J	L	Y	C	S	C	A	F	V	B

### ANSWERS TO THIS WEEK'S PUZZLES

1. Window missing.  
2. Opponent's hoodie made green.  
3. New York Mets logo added to John's zip-up.  
4. Stripes extended onto zip-up cuff.  
5. John's blue hat made green.  
6. Stripe erased from zip-up sleeve.  
7. Metal post added in foreground.  
8. New York Mets logo removed from John's hat.  
9. Back of bench extended upward.  
10. Light added on brick wall.

WORD FIND: COOKBOOK AUTHORS

H	U	V	R	Z	J	P	G	X	Y	B	M	O	L	M	L	C	R	P	N
P	Y	V	G	Q	P	T	C	Q	K	D	I	S	Y	I	T	X	J	I	E
I	C	C	U	T	Y	E	L	N	A	T	S	I	P	X	V	S	E	P	G
J	E	S	S	I	E	J	A	M	E	S	D	E	C	K	E	R	Z	P	I
I	R	A	L	L	A	V	A	C	N	I	T	S	I	R	K	Y	N	A	E
J	O	A	N	N	A	G	A	I	N	E	S	J	B	Y	S	R	I	M	T
T	M	M	X	E	V	A	L	O	N	G	O	R	I	A	N	R	R	I	Y
M	N	S	G	L	V	M	G	Y	I	M	A	O	W	R	O	U	P	D	S
D	O	O	W	R	A	E	Y	A	H	S	I	R	T	Y	O	C	E	D	S
E	U	U	K	X	O	U	M	L	Y	E	G	Q	B	X	P	A	I	L	I
D	K	D	X	L	Q	E	X	L	S	V	H	J	A	Y	D	H	D	E	R
G	W	Q	V	I	P	S	E	D	E	L	Y	E	F	X	O	S	D	T	H
G	W	Y	N	E	T	H	P	A	L	T	R	O	W	T	G	E	E	O	C
F	X	V	J	O	L	P	K	Z	A	P	I	L	Z	X	G	Y	R	N	X
K	G	Z	M	I	T	W	X	H	P	J	L	Y	C	S	C	A	F	V	B

DIFFICULTY LEVEL: MEDIUM

7	3	5	4	1	2	6	9	8
8	6	2	9	5	7	4	3	1
4	1	9	8	3	6	7	2	5
3	8	4	7	6	5	2	1	9
2	5	6	1	9	3	8	7	4
9	7	1	2	8	4	3	5	6
1	4	7	6	2	9	5	8	3
5	2	8	3	4	1	9	6	7
6	9	3	5	7	8	1	4	2

CROSSWORD

A	N	N	A																
I	O	V	E	R															
L	A	R	A		O	L	I	N											
A	L	I			N														
S																			
L	I	F	E		S	I	A												
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M	O	R	G	A	N														
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T	U	G																	
A	E	R	U	P	T	S													
T	B	R	A	D															
B	E	N	S																



Paw prints

Poseable to cuddle with his best friend ... and you!

# Aiden, My Snuggle Pup

An Exclusive  
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Baby Doll

•  
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•  
Weighted cloth body

•  
Comes with  
magnetic pacifier

•  
Pose Aiden for  
lots of realistic  
interactions



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Paw prints

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  - Poseable for multiple realistic displays
- Complete with plush pup and magnetic pacifier
  - Backed by our 365-Day Guarantee
- An U.S. based employee-owned company



## Just dog-gone cute, pose after pose!

Whether he's playing or about to settle in for a nap, you'll find little *Aiden* is happiest when he's cuddling his floppy best friend!

Award-winning Master Doll Artist Sherry Rawn beautifully captures the joy of a little boy who loves snuggling his plush pal in *Aiden, My Snuggle Pup*. This premium-quality doll is artfully handcrafted in soft *RealTouch®* vinyl with hand-painted features, and soft hand-rooted hair. *Aiden* wears a classic cable knit sleeper complete with a cap decorated with puppy ears and matching socks. He also has a weighted cloth body to feel So Truly Real® in your arms, and comes with a magnetic pacifier for those quiet moments.

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail Address \_\_\_\_\_

**03-02986-001-D50501**

\*Plus a total of \$13.99 shipping and service. Please allow 2 to 4 weeks after initial payment for delivery. Sales subject to product availability and order acceptance.



# what i'm into!



## CURRENT READ

**Becoming**  
by Michelle Obama

*"It tells the story of how Michelle and Barack met and why they are who they are today. It's a very inspirational book."*



## GO-TO RESTAURANT Olivetta in LA

*"They recently had to change locations because of the COVID-19 crisis, but the Bolognese dish is amazing!"*

## FAVORITE HOTEL The Ritz-Carlton Bacara, Santa Barbara

*"I love it there. It's so well-run and beautiful and close by — so it's an easy trip."*



Selling  
Sunset star **Mary Fitzgerald** gives  
**Life & Style** readers  
a peek inside her  
fun and oh-so-  
fabulous world



**TV MUST-SEE** **Good Girls** *"The characters make light of issues that are normally very heavy, like the devil and God. It's a witty, clever show."*



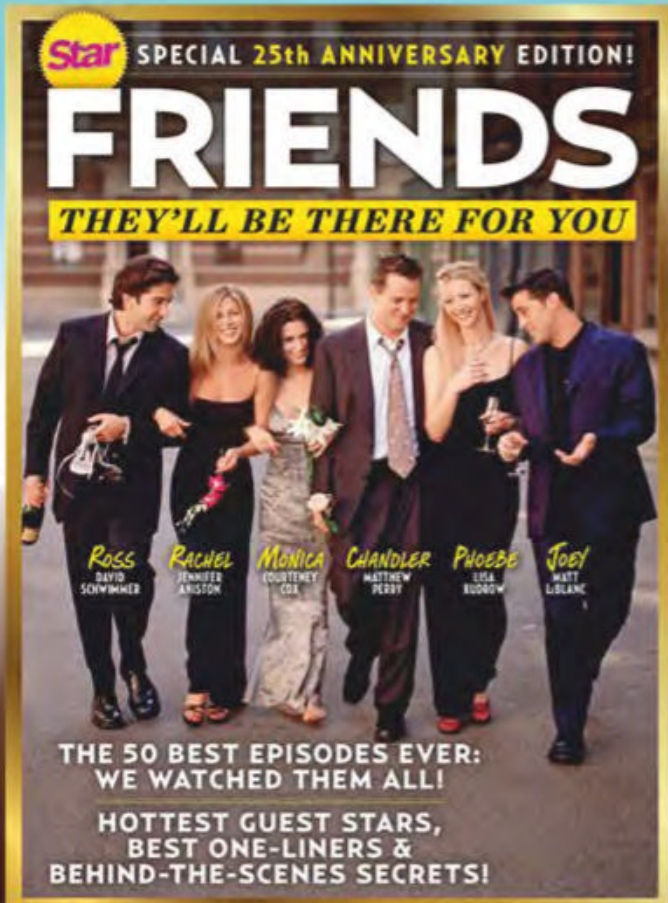
**TUNE ON REPEAT** DJ Khaled's  
**"POPSTAR"** *"It's fun. I like anything that's energetic and uplifting."*





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